



Certified Chinese Herbology Online & CD-ROM Course

Joyful Living Services is offering a Certified Chinese Herbology Online and CD-ROM Course.

Course Details

This course contains 18 lessons on the web or on CD-ROM. The files are in Adobe PDF format and are available to download. You will receive a certificate at the end of this course. There is homework with each session and there is a test at the end of the course. The homework and test will be graded as you turn them in. They will need to be mailed, faxed, or e-mailed to us. This course is on your own time so you can complete the lessons at your own pace. If you are going on vacation, are ill, or don't have the time every week to read the lesson and complete the homework you will not be penalized. Because this course is online and is on your own time, you are responsible for turning in your homework when it is done. You will receive your certificate once all the homework has been turned in and once your final exam is graded and passed.



Course Cost

This course costs \$300. The course can be paid in full up-front, in two payments, or monthly (whichever is easier for you). It can be paid by check, credit card, or bank wire. This course must be paid in full up-front if on CD-ROM.

Special Double Course Discount

If you would like to take two courses at the same time, you can take them for a discount of \$100. Both courses you choose will cost \$500 instead of the regular price of \$600. Let us know if you want to take advantage of this special double course discount when you register.

Questions & Registration

Fill out the attached registration form and mail it to us along with your payment to Joyful Living Services, P.O. Box 485, Weimar, CA 95736-0485, USA or fax it to us at 530-878-1119. You can also contact us via e-mail at iridology@netzero.net, by phone at 530-878-1119 or 800-704-9800. We will need your name, company if you have one, mailing address, phone, fax, e-mail, and payment information to complete your registration process.

Course Definition

Chinese Herbology is the theory of Traditional Chinese herbal therapy, which accounts for the majority of treatments in Traditional Chinese medicine (TCM). Traditional Chinese Medicine has its origin in ancient Taoist philosophy which views a person as an energy system in which body and mind are unified, each influencing and balancing the other. Unlike allopathic medicine which attempts to isolate and separate a disease from a person, Chinese Medicine emphasizes a holistic approach that treats the whole person. Many people have found Traditional Chinese methods of healing to be excellent tools for maintaining optimum health and preventing illness.

The following is the course schedule:

1. Session 1: Introduction and History, What is Traditional Chinese Medicine? How can Chinese Herbs help?, What does Yin and Yang mean?
2. Session 2: Yin and Yang Continued; Properties and Actions of Chinese Medicinal Herbs: The Five Natures: Cold Properties
3. Session 3: Raw Materials, Preparation, Toxicity, Efficacy, Ecological Impact; Chinese Patent Medicine, How are Chinese Herbs prescribed?, Age-to-Dose and Weight-to-Dose Dosing Guidelines; Correct and Incorrect Ways of Choosing Herbs: Benefits and Pitfalls in Choosing and Using Herbal Products
4. Session 4: Etiology, 5 Elements, Organs, Diagnostic Methods, Zang-Fu, Meridians, 8 Extra Channels, Proportional Measurements, Properties of Herbs
5. Session 5: Chinese Herbs for Various Ailments by a Traditional Chinese Medicine Doctor
6. Session 6: Chinese Herbs Listed Alphabetically - Part 1: A-F
7. Session 7a: Chinese Herbs Listed Alphabetically - Part 2: G
8. Session 7b: Chinese Herbs Listed Alphabetically - Part 2: H
9. Session 8a: Chinese Herbs Listed Alphabetically - Part 3: J-L
10. Session 8b: Chinese Herbs Listed Alphabetically - Part 3: M-P
11. Session 9: Chinese Herbs Listed Alphabetically - Part 4: Q-S
12. Session 10: Chinese Herbs Listed Alphabetically - Part 4: T-Y
13. Session 11: Chinese Herbs Listed Alphabetically - Part 5: Z
14. Session 12: How does Chinese herbal practice differ from other types of clinical herbology? The dangers of using simple symptoms or medical disease labels to choose herbs, The dangers of not paying attention to one's symptoms and sensations, The most common mistake people make when using herbs, Choosing herbs is like following a road map; first, you need the right map, Ancient Chinese physicians compile precise symptom-sign "maps" of human health, Age-to-Dose and Weight-to-Dose Dosing Guidelines
15. Session 13: What is Acupuncture, What is Cupping, What is Ear Acupuncture, What is Chinese Face Reading, What is Qi Gong? A Brief History, Yan Xin Qigong, Introduction to Medical Qigong, The Twenty-Four Rules for Chi Kung Practice, A T'ai chi Primer: T'ai Chi Ch'uan Explained, What is Tongue Diagnosis, What is Tui Na - Chinese Bodywork Therapy.
16. Session 14: Chinese Nutrition: Applying Dietary Therapy, Chinese Nutrition by Food Group, Medicinal Action of Food
17. Session 15: Herbalism for Pets
18. Session 16: Chinese Herbal Websites and Course References
19. Final Exam, Certification, and Class Evaluation



Certified Chinese Herbology Online Course Registration

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Name: _____

Company: _____

Address: _____

Address: _____

City, State: _____

Zip Code: _____

Country: _____

Telephone: _____

Fax: _____

E-mail: _____

Course Name: _____

Course Type Preferred: (Please Circle One) Online Correspondence CD-ROM

Manuals: (If Correspondence Course – Please Circle One or Both) Printed & Bound On CD-ROM
There is an additional charge of \$25 for manuals for courses on CD-ROM.

Payment By: (Please circle one) VISA MasterCard American Express Bank Wire Check Money Order

Payment Option: (Please circle one) 1 payment 2 payments 4 payments

Credit Card #: _____ Exp. Date: _____

Date Funds were Wired (if bank wire): _____ Check Number (if personal check mailed): _____