



# *Introduction to Iridology*





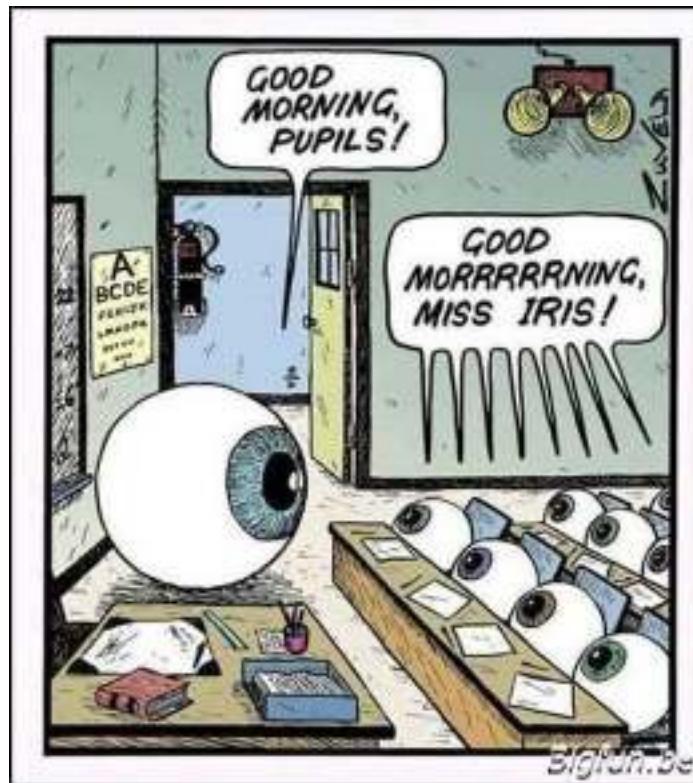
# Introduction to Iridology

- My Path to Iridology began in 1983.
- I had personal health issues that began at the age of twelve.
- My path led me to Dr. Bernard Jensen in Escondido CA and in 1989 I became certified.
- I started my career in iridology which led me to develop Joyful Living Services.
- My main mission is to help others improve their health.
- In 2018 I became a member of IIPA.
- I am a Comprehensive Iridology Instructor with IIPA.
- Today I see clients from all over the world.
- Future goals include writing an iridology book and becoming a Sanctioned School through IIPA.





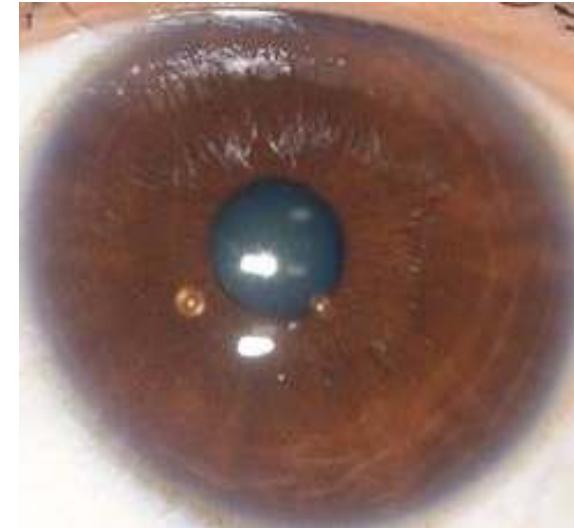
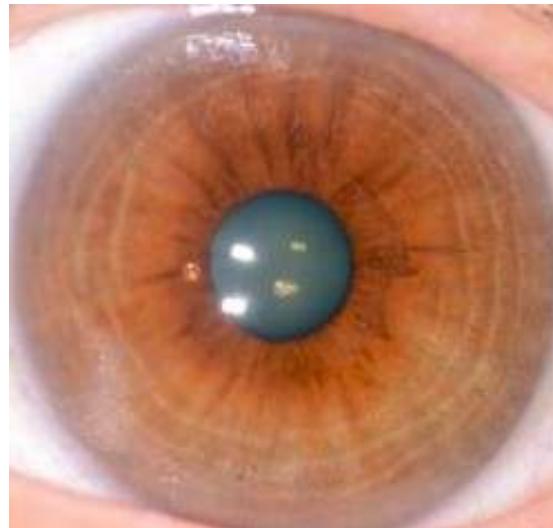
# Introduction to Iridology





# Introduction to Iridology

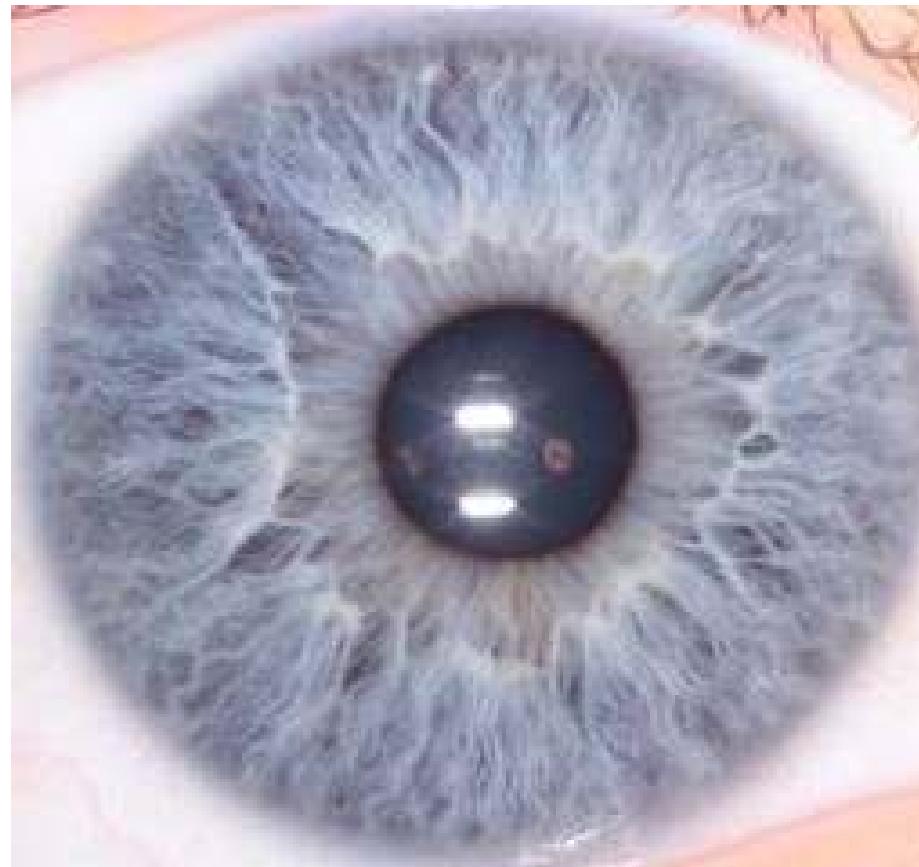
- ▶ Three Iris Colors: Blue, Mixed, Brown





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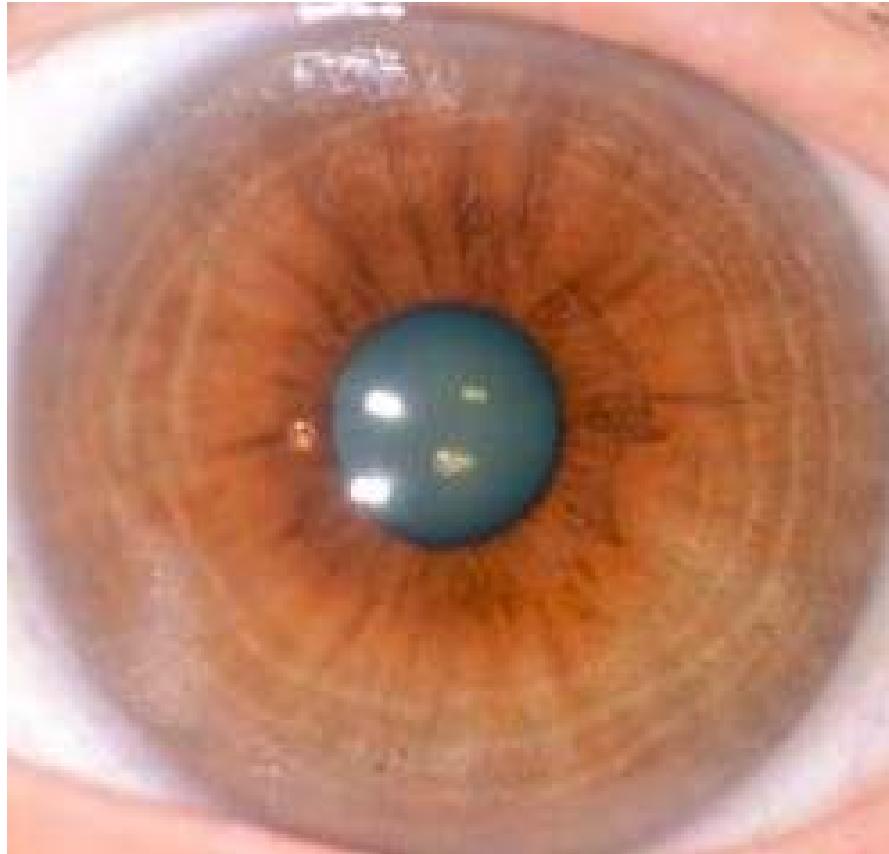
Blue Iris: Lymphatic Iris Constitution





# Introduction to Iridology

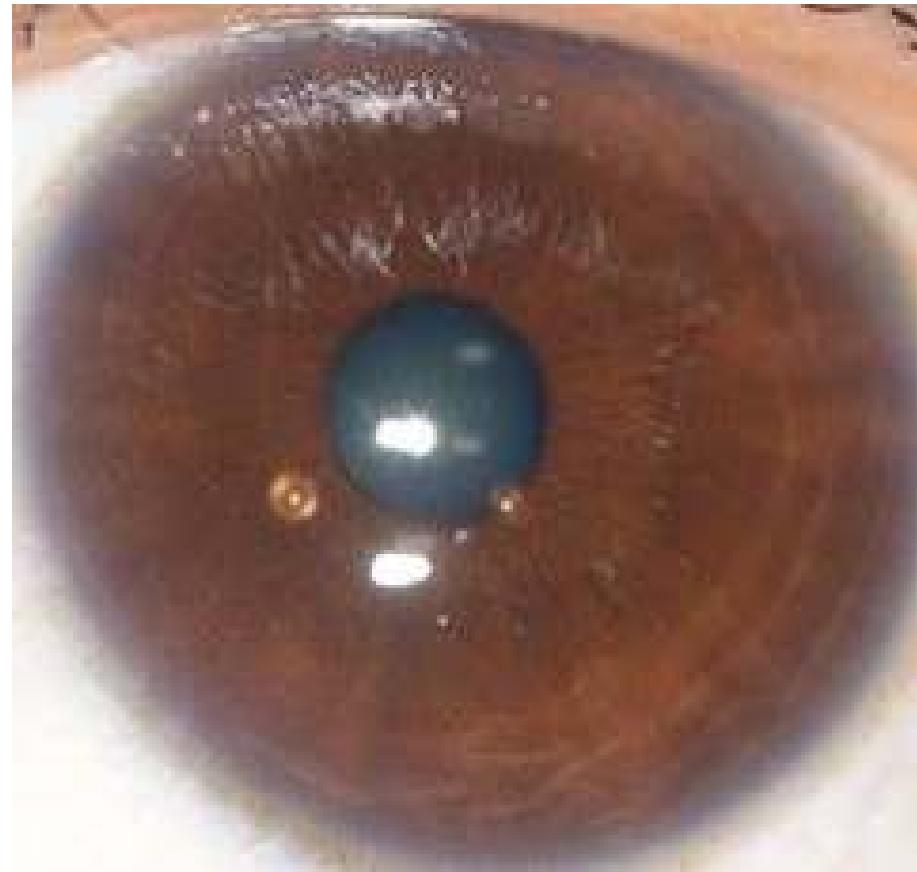
Mixed Iris: Mixed-Biliary Iris Constitution





# Introduction to Iridology

Brown Iris: Hematogenic Iris Constitution





# Introduction to Iridology

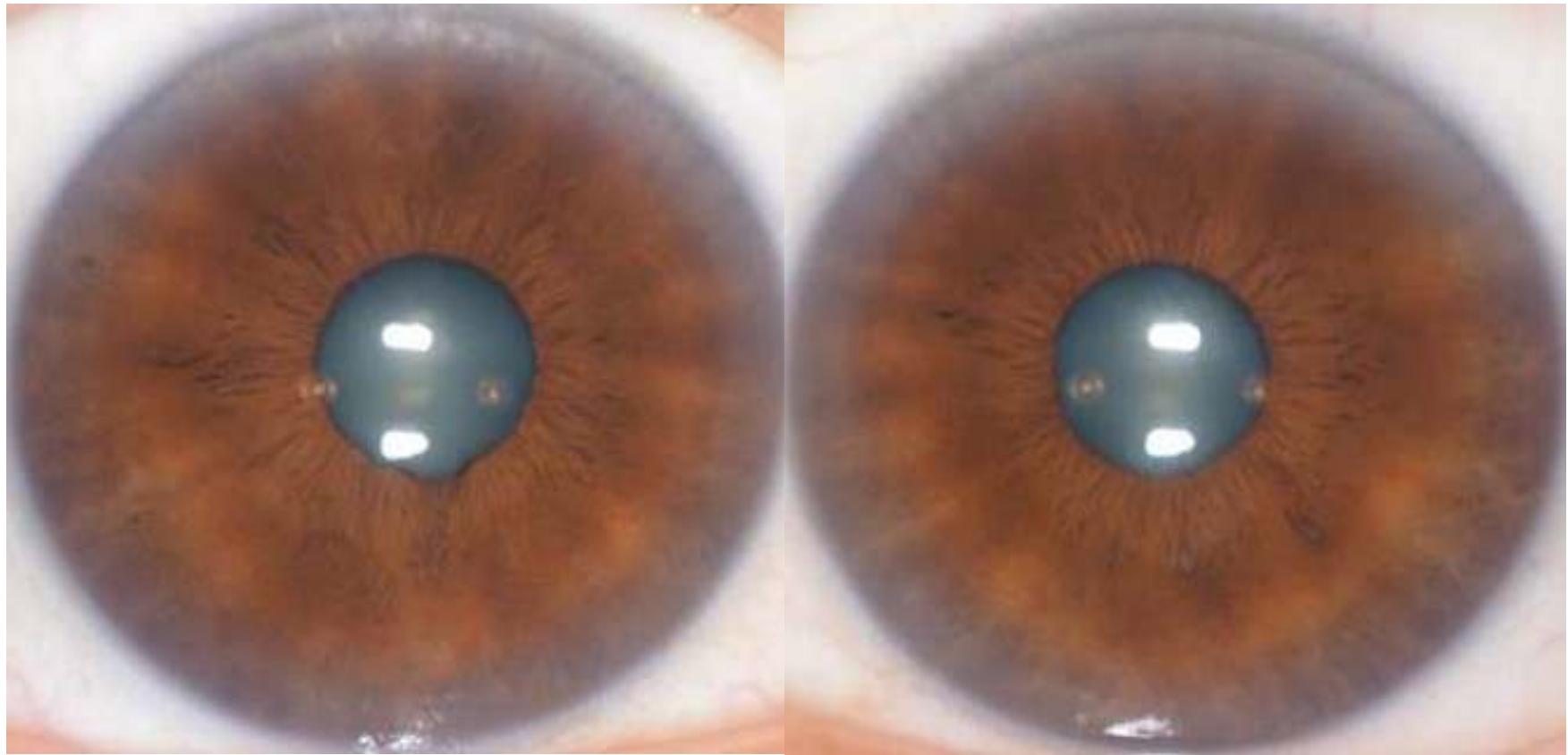
## Iris Color Practice – #1





# Introduction to Iridology

Iris Color Practice - #2





# Introduction to Iridology

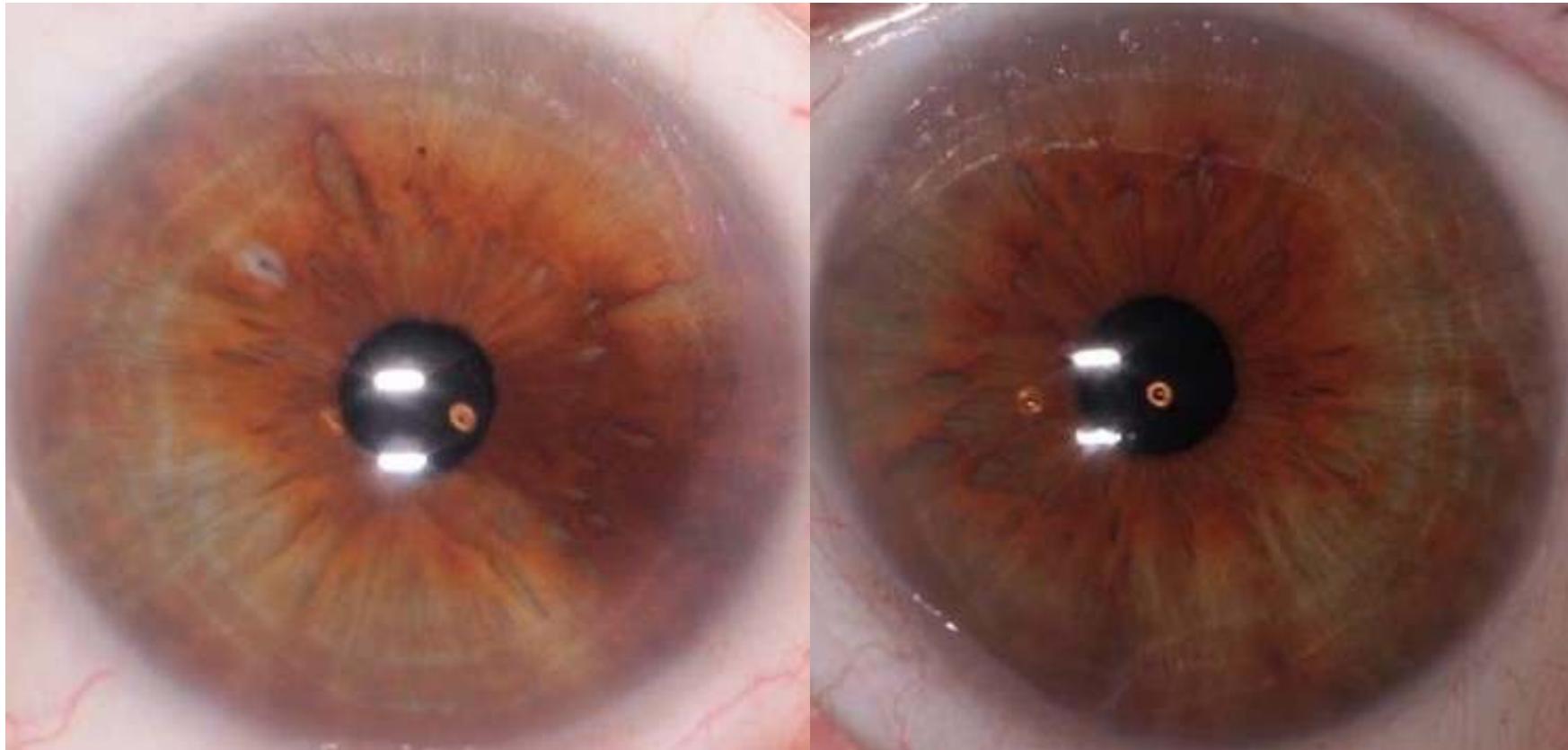
Iris Color Practice – #3





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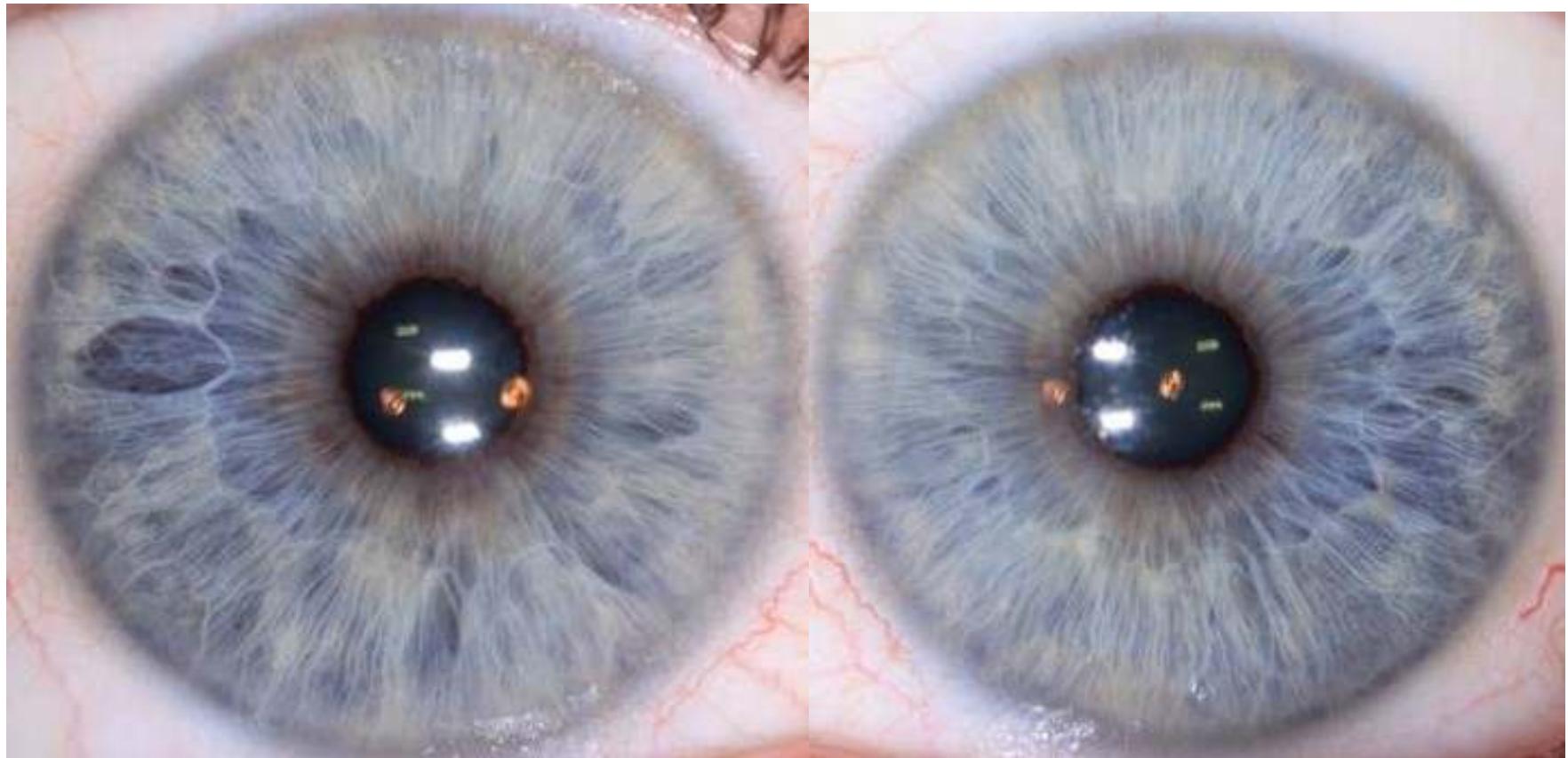
Iris Color Practice – #4





# Introduction to Iridology

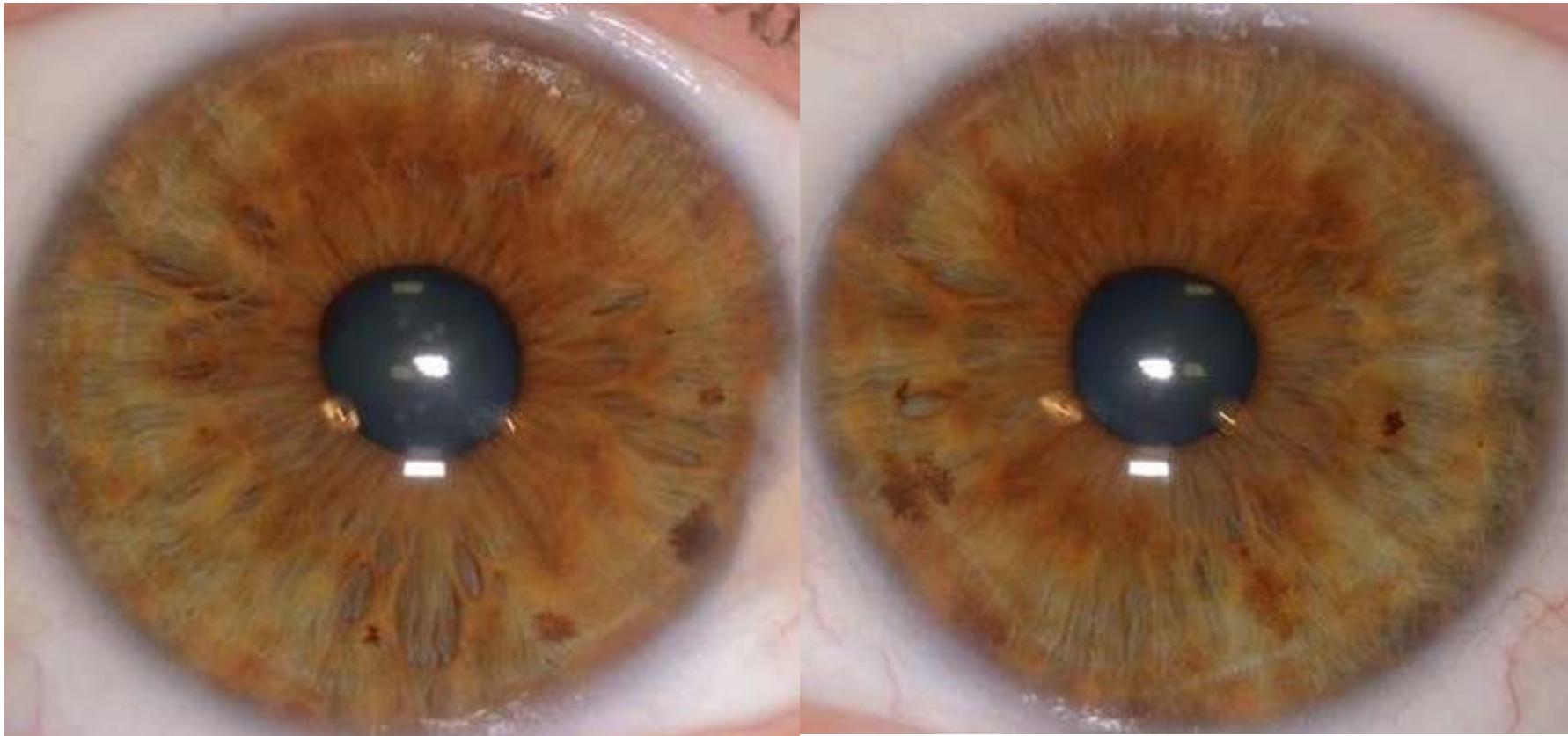
Iris Color Practice – #5





# Introduction to Iridology

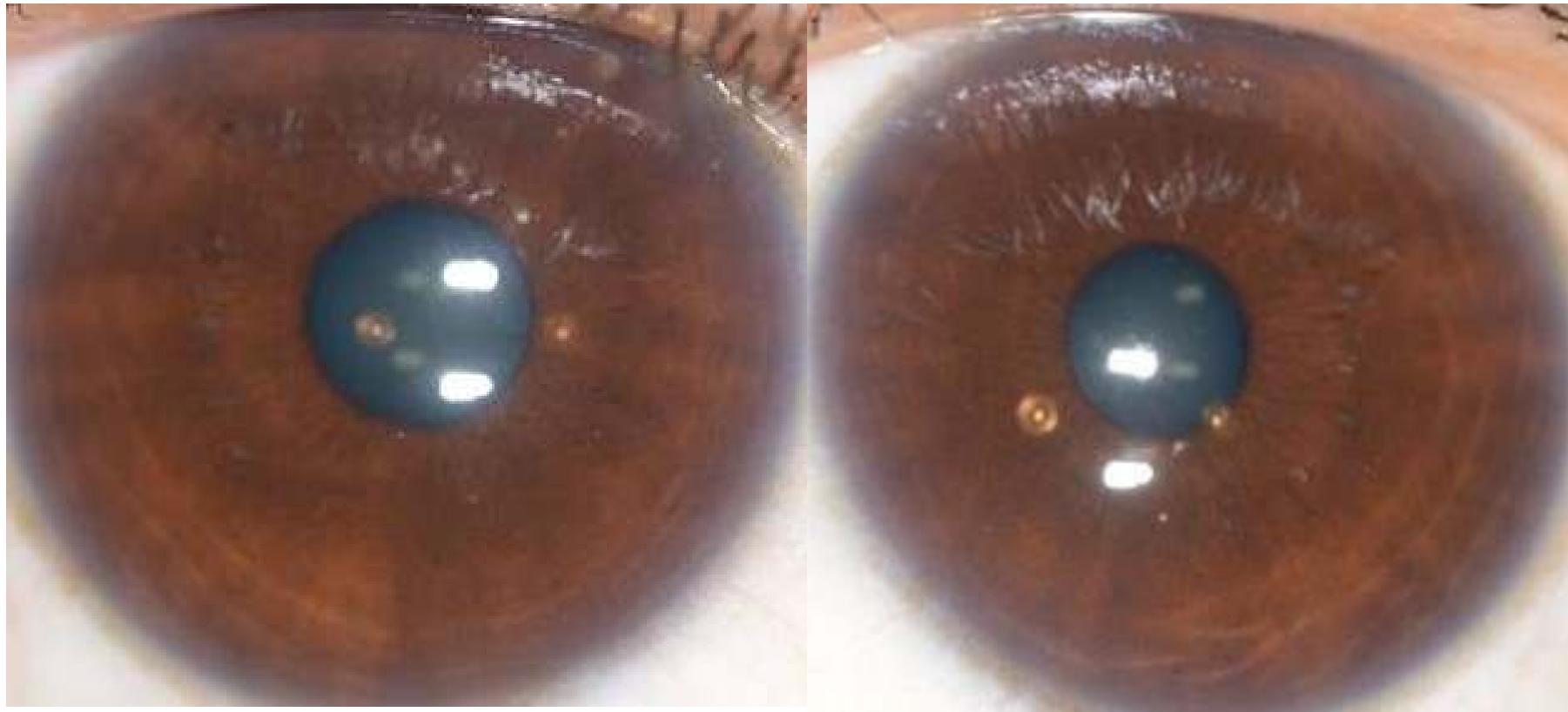
Iris Color Practice – #6





# Introduction to Iridology

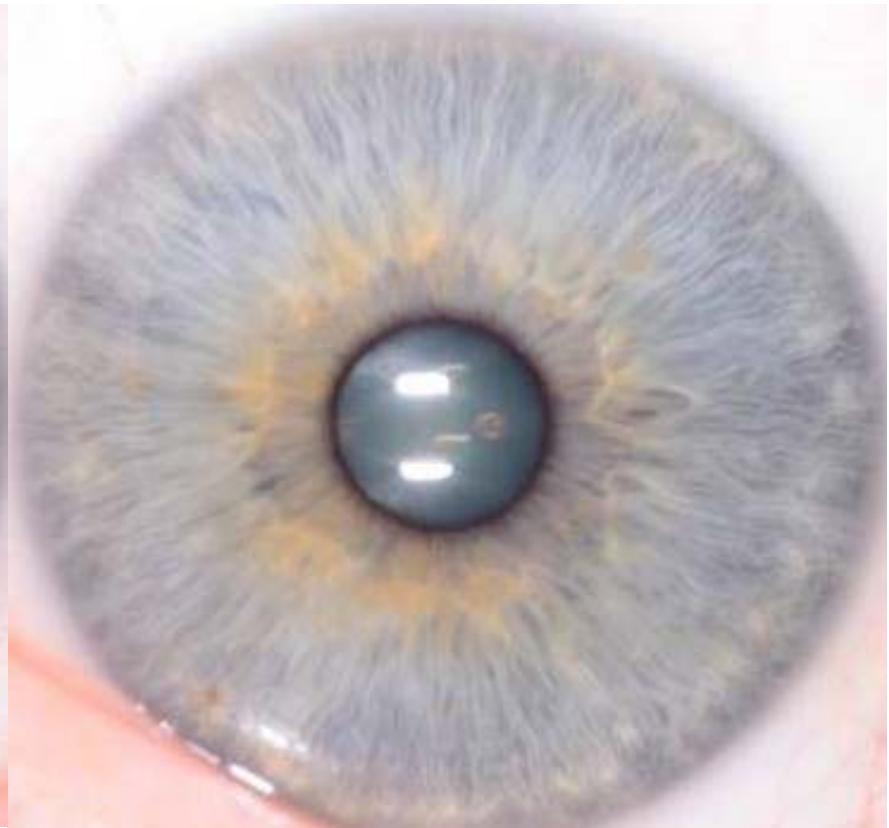
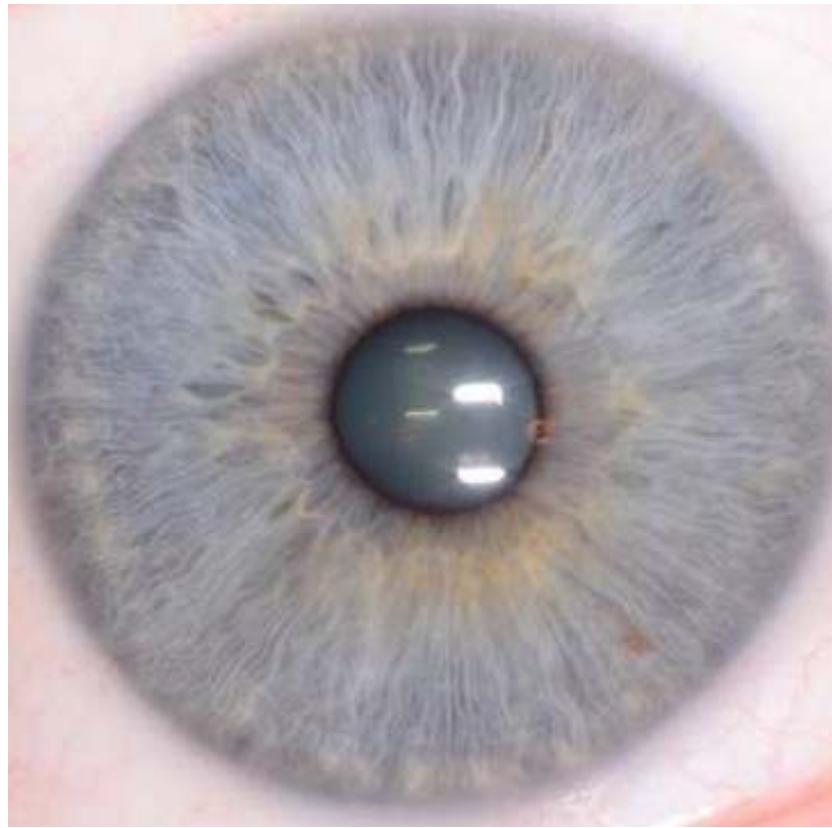
Iris Color Practice – #7





# Introduction to Iridology

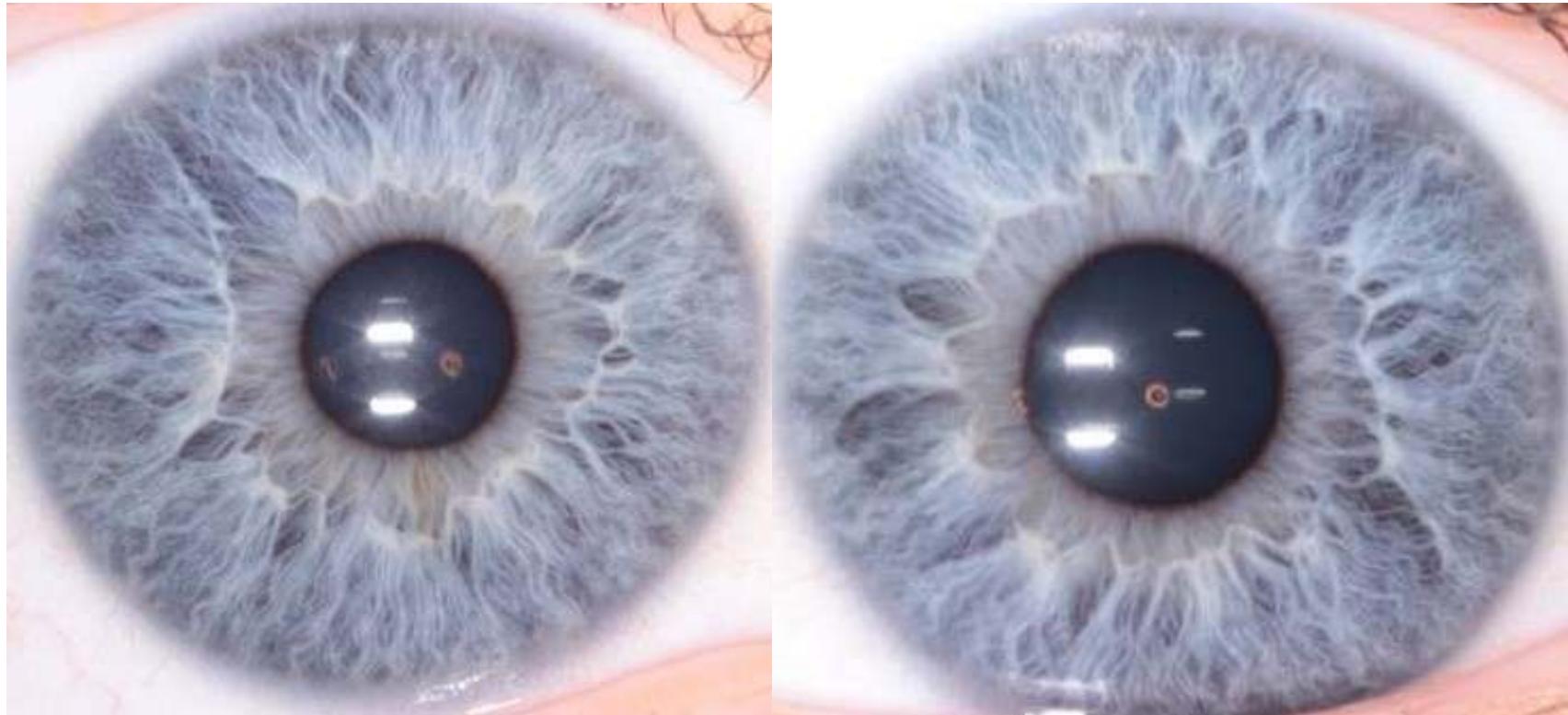
Iris Color Practice – #8





# Introduction to Iridology

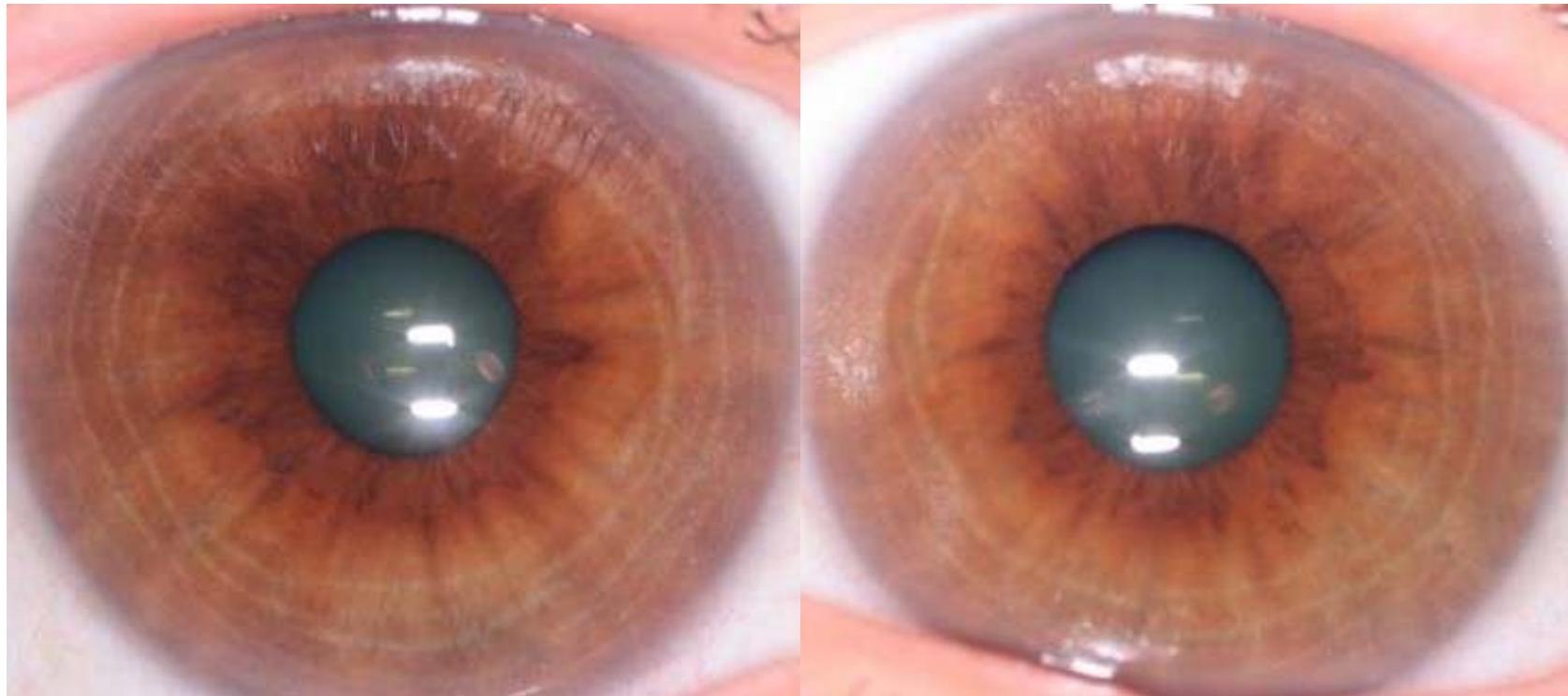
Iris Color Practice – #9





# Introduction to Iridology

Iris Color Practice – #10





# Introduction to Iridology

What is Iridology?

- ▶ Iridology is the study of the color and structure of the iris of the eye as it relates to the genetic predisposition and health of the body systems.



# Introduction to Iridology

## How is Iridology Used?

- ▶ By looking at the iris of the eye we can see genetic tendencies.
- ▶ By learning about your genetic tendencies you can learn what you should eat, drink, what type of exercise you should do, supplements, lifestyle, and anything else that will help you live comfortably in your body.
- ▶ Iridology doesn't name the disease but it shows us what areas need nurture or what body systems need strengthening.





# Introduction to Iridology

## What Iridology Can Show

- ▶ Inherent strengths and deficiencies of organs, glands, and tissues.
- ▶ Potential ability of an organ to react to illness.
- ▶ Familial patterns of various syndromes and pathologies.
- ▶ Certain foods that a person could have difficulty digesting or utilizing.





# Introduction to Iridology

## What Iridology Can Show

- ▶ Areas of the spine that may have subluxation.
- ▶ Potential central and autonomic nervous system imbalance.
- ▶ Potential circulatory disturbances.
- ▶ Potential connective tissue weakness.
- ▶ Potential for glandular deficiencies.
- ▶ Potential for high uric acid levels, serum cholesterol levels, and lymphatic congestion.





# Introduction to Iridology

## What Iridology Cannot Show

- ▶ Diagnose or give the name of any disease a person may have, or have had or identify pathology.
- ▶ Determine if a person has had surgery.
- ▶ Indicate precise blood pressure levels.
- ▶ Determine if a person has parasites or indicate the presence of yeast infections.





# Introduction to Iridology

## What Iridology Cannot Show

- ▶ Confirm the presence of viruses, germ life, or bacterial invasion.
- ▶ Determine if a woman is pregnant or has had an abortion.
- ▶ Indicate whether a tumor is present, or what size it may be.
- ▶ Show whether or not a person has kidney stones or gallstones.





# Introduction to Iridology

## What Iridology Cannot Show

- ▶ Give exact cholesterol or uric acid levels in the body.
- ▶ Determine whether or not hemorrhage exists or where it is located unless it is located in the visible layers of the eye.
- ▶ Show if arteries are blocked or hardened, though a potential for this may be seen in the sclera.
- ▶ Distinguish the gender or age of a person, predict a person's life span, or impending time of death.



# Introduction to Iridology

## What Iridology Cannot Show

- ▶ Tell whether or not a person needs surgery.
- ▶ Iridology cannot locate a specific tooth that may be problematic.
- ▶ Show if a person has ingested poison or been bitten by a poisonous spider or snake.





# Introduction to Iridology

## Legal Wording

- ▶ Iridology does not diagnose but instead analyzes or assesses predispositions and genetic inheritance.





# Introduction to Iridology

Reverence, Honor and Respect

- ▶ It is important to look at the eyes with reverence, honor and respect.
- ▶ When you are looking at the iris you are looking at a person.
- ▶ Members of IIPA are dedicated individuals sincerely concerned with the interest of all who come in contact with the profession.

