



# The Health Equation

Welcome everyone!



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Dr. Bill Caradonna developed the "Health Equation"

**Health Status = Physical Inheritance + Environment + Emotional/Spiritual Health + Age**



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**Physical Inheritance:** What we receive from our ancestors as reflected in the iris of the eye.

**Environment:** How we were taught by our families and how we have chosen to care for our bodies and spirits thorough diet, exercise, spiritual development, etc.

**Emotional and Spiritual Health:** Are we connected to our feelings and our spiritual growth and development as human beings (not just human doings).

**Age:** Age does take its toll. Are we vibrant 70-year old's or tired 40-year old's? How much of it is our choice? All of this together contributes to the status of someone's health. A trained iridologist can initiate a client's journey toward a younger-feeling, more alive and connected healthy mind and body.