



# *History of Iridology*

Welcome everyone!



# History of Iridology

World, European and American History

Australia  
China  
Egypt  
Greece  
India  
Italy  
Europe  
America



World, European and American History

China  
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Iridology is rooted in ancient history and ancient cultures. It is an ancient practice which dates back more than 3000 years in China, Egypt and India, where it was first used to study the iris and its relation to the organs and systems of the body.

As science evolves we need to keep pace and change



# History of Iridology

## Egypt



1333-1323 BC (18th Dynasty Pharaoh of Ancient Kemet (Egypt))

King Tut Tutankhamun (alternately spelled with Tutenkh-, -amen, -amon)  
His original name, Tutankhaten, means "Living Image of Ra" He reigned during the 18th Dynasty in Ancient Kemet.

In 1922 archaeologist Howard Carter discovered silver plates while exploring King Tut's Tomb. It is thought that the silver plates are some of the first lessons of Iridology dating back thousands of years in Kemet (Egypt).

It was from there that iridology spread from Africa (Egypt) to Babylon, Tibet, China, Europe and other regions (E. Velkhover).

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## History of Iridology

### Greece



Hippocrates 460 BC – 370 BC

Was known as a Greek physician of Athens. He is referred to as the Father of Western Medicine.

Hippocrates Founded the Hippocratic School of Medicine. Hippocrates is credited with advancing the medical understanding and practices in Greece.

When Doctors receive their license today, they take an ethical standards oath called "The Hippocratic Oath."

The Hippocratic Oath is an oath of ethics historically taken by physicians. It is one of the most widely known of Greek medical texts. In its original form, it requires a new physician to swear, by a number of healing gods, to uphold specific ethical standards.

### Hippocratic Oath

- I swear to fulfill, to the best of my ability and judgment, this covenant:
- I will respect the hard-won scientific gains of those physicians in whose steps I walk, and gladly share such knowledge as is mine with those who are to follow.
- I will apply, for the benefit of the sick, all measures [that] are required, avoiding those twin traps of overtreatment and therapeutic nihilism.
- I will remember that there is art to medicine as well as science, and that warmth, sympathy, and understanding may outweigh the surgeon's knife or the chemist's drug.
- I will not be ashamed to say "I know not," nor will I fail to call in my colleagues when the skills of another are needed for a patient's recovery.
- I will respect the privacy of my patients, for their problems are not disclosed to me that the world may know. Most especially must I tread with care in matters of life and death. If it is given me to save a life, all thanks. But it may also be within my power to take a life; this awesome responsibility must be faced with great humbleness and awareness of my own frailty. Above all, I must not play at God.
- I will remember that I do not treat a fever chart, a cancerous growth, but a sick human being, whose illness may affect the person's family and economic stability. My responsibility includes these related problems, if I am to care adequately for the sick.
- I will prevent disease whenever I can, for prevention is preferable to cure.
- I will remember that I remain a member of society, with special obligations to all my fellow human beings, those sound of mind and body as well as the infirm.
- If I do not violate this oath, may I enjoy life and art, respected while I live and remembered with affection thereafter. May I always act so as to preserve the finest traditions of my calling and may I long experience the joy of healing those who seek my help.

Written in 1964 by Louis Lasagna, Academic Dean of the School of Medicine at Tufts University, and used in many medical schools today.



# History of Iridology

## European



Ignatz Von Peczley, 1826 AD – 1907 AD, Budapest, Hungary

Ignatz Von Peczely was a Hungarian physician known as "The Father of Western Iridology"

If you believe the story, when Ignatz was a child of only 10 years of age, he was attempting to release a trapped owl when the bird broke its leg. He observed a dark mark in the owl's iris, which gradually turned white as the leg healed.

Unfortunately no one has been able to replicate this in a wild bird.



In 1881 he published a book "Discoveries in the Field of Natural Science and Medicine, a Guide to the Study and Diagnosis from the Eye."

It was in this book that Von Peczely built up the first known accurate chart of the iris.

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# History of Iridology

## European



Pastor Nils Liljequist, 1851-1936, Stockholm, Sweden

**Nils Liljequist** was a Swedish priest, healer, doctor, and one of the fathers of iridology. Growing up, he studied medicine and homeopathy, which was practiced on their customers who come to him in order to remove toxins.

*Works:*

- *Quinine And Iodine Change The Colour Of The Iris; I Formerly Had Blue Eyes, They Are Now A Greenish Colour With Reddish Spots* – 1871.
- *Ögondiagnostiken* (Diagnoza z oczów) – 1890.
- *The Diagnosis from the Eye: Iridology* – Uniwersytet w Chicago, 1916, Wydawnictwo Iridology Publishing Company.

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## European



Pastor Emmanuel Felke, 1856-1926, Kladen, Germany

The Protestant Pastor Leopold Erdmann Emanuel Felke was a naturopath. He also practiced iris diagnosis (iridology) and is considered the co-father of combination homeopathic remedies.

Felke was known for his practice of iridology. While the technique was a readily accepted method of diagnosis by many physicians, many others shunned it. Felke was accused of causing bodily harm in a total of 16 lawsuits and in the last case he was even accused of manslaughter, but he was always acquitted. In the last trial, which took place in 1909, Felke had to, in front of a number of doctors—including some very prominent ones, such as the surgeon and privy councilor Garre—diagnose 20 patients only by looking at their irises. Felke protested because talking to the patients, which he usually did to take their medical histories, was not permitted. The normal process of interrogation by the therapist of the patient as a human being who is able to relate his feelings and physical ailments was shunned by doctors. How many diagnoses were correct is not known, but he was able to convince the judges.

Work published:

- "The Eye: Diagnosis Based Upon the Principles of Pastor Felke by E. Muller".

**The Felke Cure:** The Felke cure has the following basic elements:

- Felke sitz-bath
- Light-and-air bath
- Clay bath
- Ground sleeping (lying down on and sleeping on the ground at night)

The applications were supplemented by a nearly meat-free diet with plenty of vegetables, unripe spelt, potatoes and fruit, with which Felke hoped to detoxify the body through undernourishment. For some patients Felke prescribed different diets, depending on their diagnoses. In 1992, a [barefoot walk](#) was created in Bad Sodenheim. This 3.5 km loop has different stations, such as natural stones, gravel, wood, mud pools, water, balancing stations and grassy areas, to activate the senses, the foot's reflex zones, and the [musculoskeletal system](#). There are still a number of Felke societies today. [Bad Sodenheim](#) continues to be a center of Felke cures with three health resorts, with another one in [Diez](#) on the [Lahn](#) and one in [Meddersheim](#). Both clay cures and iridology have become an established part of the practice of naturopathy in the early 21st century. The Felke Institute for Iridology was established in 1984. There is also a Medical Working Group for Felke Therapy with offices in [Bad Sodenheim](#) and a manufacturer of combination homeopathic remedies, Hevert-Arzneimittel GmbH & Co. KG.

Like [Kneipp](#), [Preissnitz](#), [Rikli](#), [Kuhne](#) and [Just](#), Felke is one of a number of influential lay practitioners who played major roles in developing [naturopathy](#) in the early 20th century. Even so, Felke never made a secret of the fact that he did not consider himself the inventor of a new treatment. "[Homeopathy](#) is what won me over with its simplicity and uniformity. It is the backbone of my entire method..." While Pastor Felke initially prescribed mostly single homeopathic remedies, later on he created his combination [homeopathic](#) remedies based on his practical experiences. He used these remedies almost exclusively in the last 10 years, acting on the principle that a treatment would work the fastest if the "complex diseases" present in most patients were countered with a "complex remedy."



# History of Iridology

## European

Rudolph Schnabel, 1882-1952, Cologne, Germany

He raised the standard of eye diagnosis in his time. Schnabel, was an exceptional person, a naturopath who through further studies became a Doctor of Medicine.

The Schnabel beak lacuna sign has been named after him.

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Joseph Angerer, 1907-1994, Passau, Germany

He founded the Heilpraktiker-Fachschule in Munich (today called the Joseph Angerer Schule) and, under his direction, it became one of the foremost schools of its kind in the world. One of his most important teachers was Rudolf Schnabel, who had raised the standard of eye diagnosis in his time. Schnabel, was an exceptional person, a naturopath who through further studies became a Doctor of Medicine.

Angerer compiled a twelve-volume work on "Ophthalmotropic Phenomenology", which sets forth the pathological signs to be read, not only in the iris but also the sclera, the cornea, the conjunctiva, the eyelids, the eyebrows and the eyelashes. In short, everything pertaining to the eye. In this, he was aided by the participation of a group of Germany's best naturopaths.

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## European



Joseph Deck, 1914-1992, Ettlingen, Germany

He founded the famed Iridology Research Institute in Ettlingen, Germany

Works Published:

- Book titled "Differentiation of Iris Markings". Translated by R. Freystuck-Baynham, Ulrike Fuchs, and Hans-Jurgen Fuchs. 2nd ed. Ettingen, Germany:
- 1982 Book Titled "Principles of Iris Diagnosis". Translated by R. Freystuck-Baynham, and Hans-Jurgen Fuchs. Ettlingen, Germany 1982.

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# History of Iridology

## European

Theodore Kriege, 1900's, Germany

Kriege claimed that iris diagnosis is the Science of diagnosing illness from the marks and colour changes in the iris of the human eye, developed from the original observations and research of Ignaz von Peczley, a Hungarian, who published his findings in 1880.

Much research has followed and this method of diagnosis is now applied by homeopathic and naturopathic practitioners in both Europe and America.

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- Fundamental Basis of Iris Diagnosis

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# History of Iridology

## American



Dr. Bernard Jensen, DC, 1908-2001

In 1950 Dr. Bernard Jensen pioneered the science of iridology in the US. He developed one of the most comprehensive iridology charts showing the location of the organs as they reflect in the iris of the eyes.

Dr. Bernard Jensen wrote in his book "The Science and Practice of Iridology" in reference to the early Pioneers of Iridology "It is very interesting to note that although these men lived many miles apart, and did not know each other, they wrote similar books at the same time, even writing word for word in many instances."

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# History of Iridology

## American

Dr. Harri Wolf, 1980 -

- Dr. Harri Wolf along with Dr. Bill Caradonna, ND started the **National Iridology Research Association** (NIRA) in 1982 which published a monthly Iridology journal.
- Dr. Harri Wolf was the first President of the NIRA
- NIRA became the International Iridology Practitioner's Association (IIPA)

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# History of Iridology

## American



Dr. Bill Caradonna, ND, 1980 -

- Naturopathic Doctor and Pharmacist
- Naturopathic Primary Care
- Homeopathic Trigger Point Injections for Pain Management
- Relief & Treatment of Sleep & Energy Deficits
- Co-management of Prescription Medication with Natural Medicines
- Iris Analysis (Iridology)
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- Dr. Bill Caradonna and Dr. Peter Guhl worked as an IIPA Iridology Research Team for many years and still advise IIPA

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## History of Iridology

## Iridology Charts



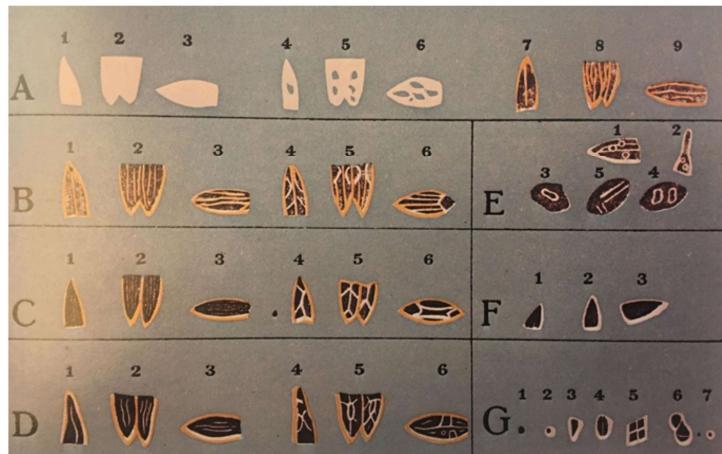
First iridology chart by Hungarian Physician, Ignatz Von Peczely

## Older Iridology Charts



# History of Iridology

## Iridology Charts



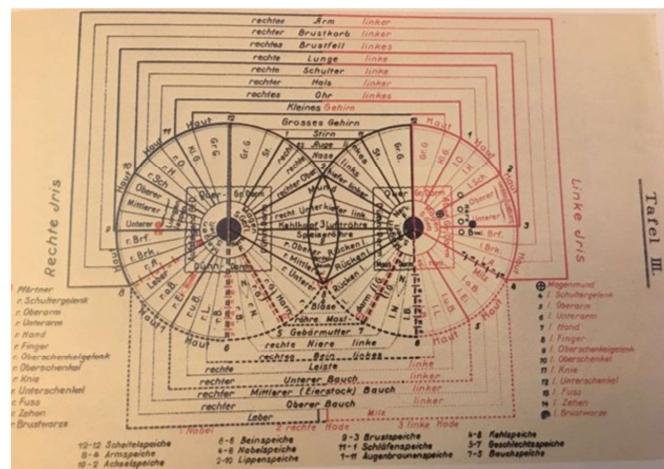
Detailed Iris Drawings by the Early Pioneer Nils Liljequist

## Older Iridology Charts



# History of Iridology

## Iridology Charts



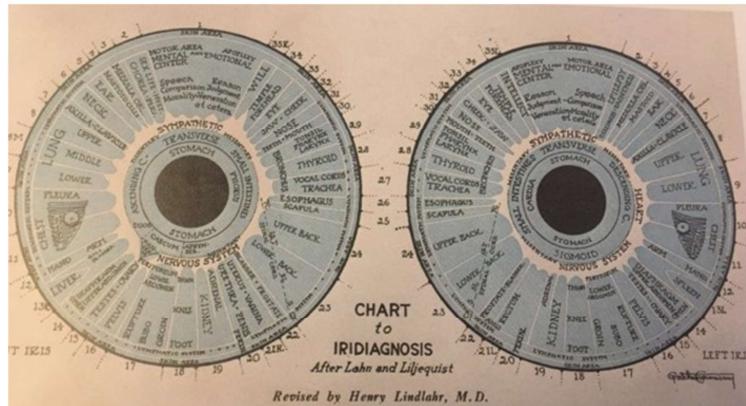
Iris Chart Developed by German Iridologist, Peter Thiel

## Older Iridology Charts



# History of Iridology

## Iridology Charts

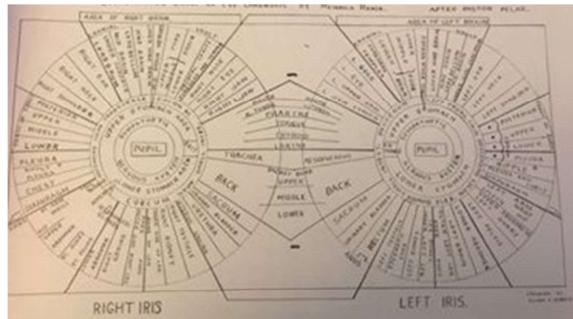


Iris Chart Developed by Henry Lindlahr

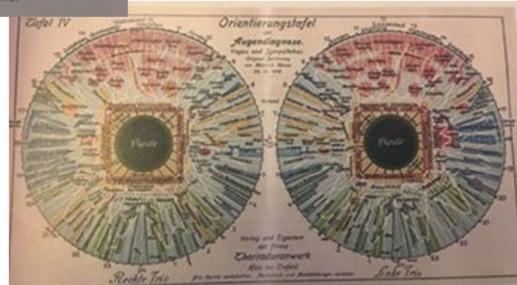
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## History of Iridology



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Iris Chart Developed by  
Heinrich Hense, Germany

Older Iridology Charts



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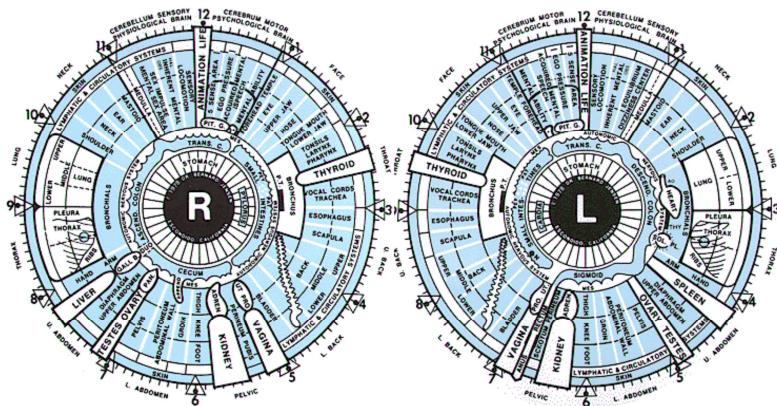
Iris Charts by Dr. Manuel Lazaeta Acharan of Chile

Iris Chart



# History of Iridology

## Iridology Charts



## Iridology Chart by Dr. Bernard Jensen

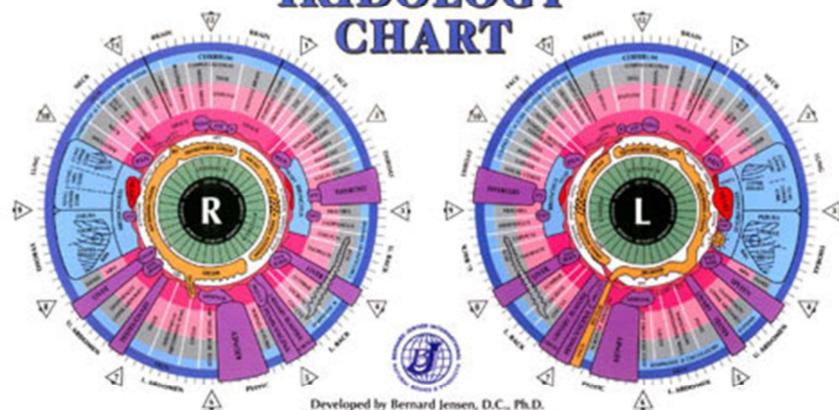
## Dr. Jensen's Iridology Chart



# History of Iridology

Iridology Charts

## IRIDOLOGY CHART



Developed by Bernard Jensen, D.C., Ph.D.  
with revisions by Ellen Jensen, Ph.D., D.Sc.  
© 2000

Iridology Chart by Ellen Tart-Jensen, Ph.D, D.Sc.

Ellen Tart-Jensen's Updated Iridology Chart



# History of Iridology

Combining the Best of all Iridology

## North America has 3 styles of iridology:

1. Jensenian
2. Rayid (Emotional Iridology): Denny Johnson and Jim Vergus (Behavioral Iridology)
3. Constitutional

## Constitutional Iridology:

1. Originated with Joseph Deck and others
2. Used by MDs in Italy, Germany & Russia as a screening tool
3. Correlative medical studies are being done
4. Teaches the eyes are a reflection of genetic or inherent structure of the body.
5. It is not transitional at all.
6. Does not give us answers. It tells us what questions to ask.
7. Other iris and sclera changes may continue to become visible with time revealing areas that may need support.
8. Background information is important so readings are not done "cold"

## **North America has 3 styles of iridology:**

1. Jensenian
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3. Constitutional
  - Dr. Bernard Jensen taught that there are only two true iris colors: blue and brown
  - Hazel or green eyes are a combination of the two.
  - In iridology today we see 3 iris types: blue, brown, and mixed
  - Blue/Lymphatic are more likely to have drainage problems relating to kidney, lymph, and mucus membranes
  - Mixed Biliary are hazel and are more likely to have inherent weaknesses in the digestion, bowels, and the autonomic nervous system.
  - Brown/Hematogenic are more likely to have more silent pathology such as high blood pressure, blood sugar problems, blood anemia, and bowel issues.

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# History of Iridology

International Iridology Practitioner's Association (IIPA)

<https://www.iridologyassn.org/>

Become a Member of IIPA

<https://www.iridologyassn.org/join>

Supporting Member: \$65



## Mission and Vision

- The International Iridology Practitioners Association was founded for the purpose of increasing and communicating knowledge concerning the art and science of Iridology and to provide a forum for the exchange of information and research with the goal of promoting excellent international Iridology standards.
- To see Iridology utilized as an assessment tool in all branches of medicine, both alternative and allopathic, in all countries and made readily available to every man, woman, and child.

See separate word document for **IIPA History and My IIPA Vision**  
**by: Ellen Tart-Jensen, Past President**



# History of Iridology

Modern Studies and Research

- Harri Wolf and Bill Caradonna bridged European and American iridology and formed the National Iridology Research Association
- For an in depth look at the history of the masters of iridology, read Ellen Tart-Jensen's book "Through the Eyes of the Masters, A History of Iridology".
- "IIPA History and My IIPA Vision" by Ellen Tart-Jensen, Past IIPA President
  - Dr. Ellen Tart-Jensen, Bernard Jensen Int, <http://www.bernardjensen.com/>
  - Denny Johnson, Rayid Iridology, <https://rayid.com/denny-johnson/>
  - Dr. David J. Pesek, International College of Iridology, <https://iridologycollege.org/>
  - Toni Miller, ND, Integrated Iridology, <https://www.iridologyonline.com/>
  - IIPA Iridologists: <https://www.iridologyassn.org/>
  - Jim Vergus, Behavioral Iridology, <https://www.behavioraliridology.com/>
  - Emotional Iridology Courses: <http://iridology-courses.com/emotional-iridology/>
  - Mercedes Colburn, Through the Eye International, Canine, Feline, Equine Iridology: <https://animaliridology.com/>

For more information on iridology educators worldwide, check out  
[iridologyassn.org](https://iridologyassn.org)

1. Harri Wolf and Bill Caradonna bridged European and American iridology and formed an organization for iridology, NIRA, now known as the International Iridology Practitioner's Association (IIPA) to certify practicing iridologists and to uphold certain standards among practitioners.
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  - And Many, Many more..,