

Advanced Iridology
Course
Practice
Manual

By:

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**Certified Nutritional Consultant
Certified Iridologist
Certified Herbalist
Nature's Sunshine Manager**

JOYFUL LIVING SERVICES

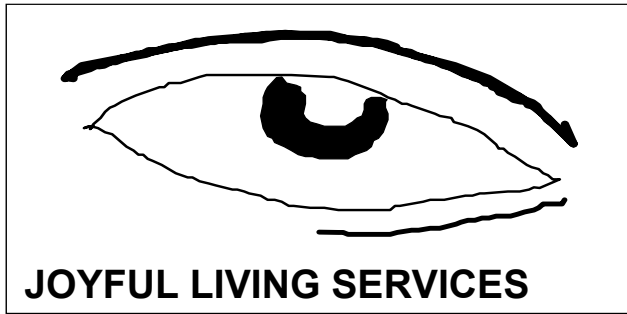
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Advanced Iridology Sworn Notarized Statement

Name _____ Degree
Initials _____
if any: _____
Street Address _____
City _____ State _____ Zip _____
Phone Number (____) _____

Registration Number: _____ To be assigned by the examiner and filled in at
Joyful Living Services.

SWORN NOTARIZED STATEMENT

Required for certification by
Joyful Living Services

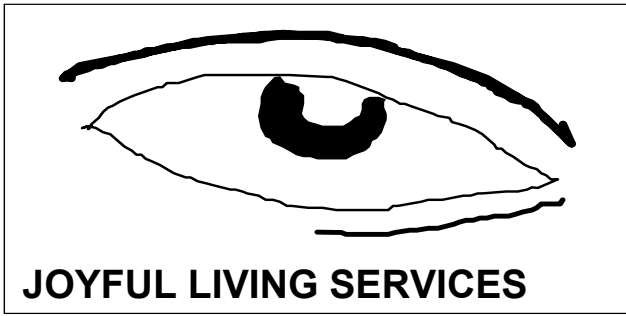
I hereby make oath and say that the answers to all questions in the 10 practice sessions and test were provided by me without direct assistance from any second party, and that all research involved in the Certification process are my exclusive work and not that of any second party.

Sign below in Notary's presence:

Notary Stamp Here

NOTARIZED: Subscribed and Sworn before
me this _____ day of _____ 20____
My commission expires: _____ 20____

NOTARY PUBLIC



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Practice #1*

For Each Iris, Determine Specific Signs. Put an “x” next to the ones that relate. Be sure to mark all markings as each marking needs to be counted.

Iris 1

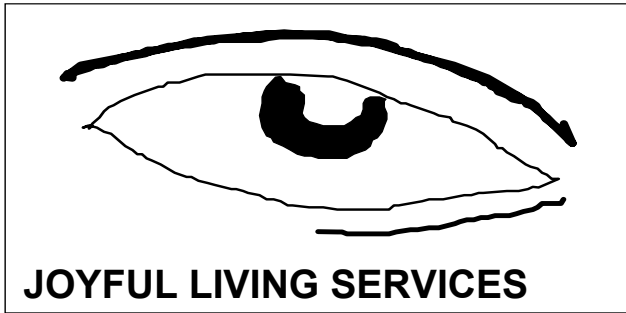
- _____ Transversals
- _____ Fatty Deposits in Whites
- _____ Honeycomb Lacuna
- _____ Ribleaf Lacuna
- _____ Stair Step Lacuna
- _____ Red Lines in Iris
- _____ Red Lines in Whites

Iris 2

- _____ Transversals
- _____ Fatty Deposits in Whites
- _____ Honeycomb Lacuna
- _____ Ribleaf Lacuna
- _____ Stair Step Lacuna
- _____ Red Lines in Iris
- _____ Red Lines in Whites

Iris 3

- _____ Transversals
- _____ Fatty Deposits in Whites
- _____ Honeycomb Lacuna
- _____ Ribleaf Lacuna
- _____ Stair Step Lacuna
- _____ Red Lines in Iris
- _____ Red Lines in Whites



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Practice #1*

For Each Iris, Determine Specific Signs. Put an “x” next to the ones that relate. Be sure to mark all markings as each marking needs to be counted.

Iris 4

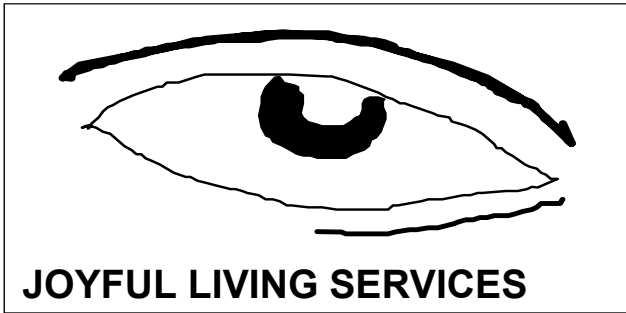
- _____ Transversals
- _____ Fatty Deposits in Whites
- _____ Honeycomb Lacuna
- _____ Ribleaf Lacuna
- _____ Stair Step Lacuna
- _____ Red Lines in Iris
- _____ Red Lines in Whites

Iris 5

- _____ Transversals
- _____ Fatty Deposits in Whites
- _____ Honeycomb Lacuna
- _____ Ribleaf Lacuna
- _____ Stair Step Lacuna
- _____ Red Lines in Iris
- _____ Red Lines in Whites

Iris 6

- _____ Transversals
- _____ Fatty Deposits in Whites
- _____ Honeycomb Lacuna
- _____ Ribleaf Lacuna
- _____ Stair Step Lacuna
- _____ Red Lines in Iris
- _____ Red Lines in Whites



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Practice #1*

For Each Iris, Determine Specific Signs. Put an “x” next to the ones that relate. Be sure to mark all markings as each marking needs to be counted.

Iris 7

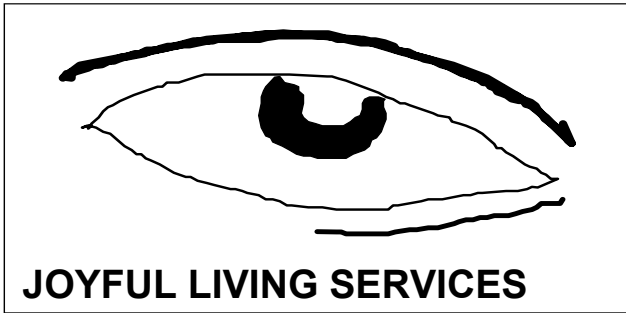
- _____ Transversals
- _____ Fatty Deposits in Whites
- _____ Honeycomb Lacuna
- _____ Ribleaf Lacuna
- _____ Stair Step Lacuna
- _____ Red Lines in Iris
- _____ Red Lines in Whites

Iris 8

- _____ Transversals
- _____ Fatty Deposits in Whites
- _____ Honeycomb Lacuna
- _____ Ribleaf Lacuna
- _____ Stair Step Lacuna
- _____ Red Lines in Iris
- _____ Red Lines in Whites

Iris 9

- _____ Transversals
- _____ Fatty Deposits in Whites
- _____ Honeycomb Lacuna
- _____ Ribleaf Lacuna
- _____ Stair Step Lacuna
- _____ Red Lines in Iris
- _____ Red Lines in Whites

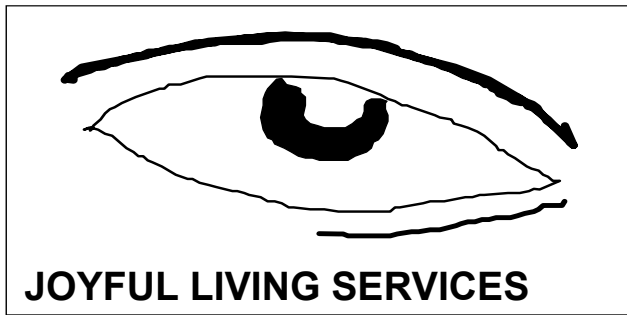


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Practice #1

For Each Iris, Determine Specific Signs. Put an "x" next to the ones that relate. Be sure to mark all markings as each marking needs to be counted.

Iris 10

- | | |
|-------|---------------------------------|
| _____ | Transversals |
| _____ | Fatty Deposits in Whites |
| _____ | Honeycomb Lacuna |
| _____ | Ribleaf Lacuna |
| _____ | Stair Step Lacuna |
| _____ | Red Lines in Iris |
| _____ | Red Lines in Whites |



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Practice #2

For Each Iris, Determine the Personality (Fiber Structure) Typing. Put an "x" next to the ones that relate.

Iris 1

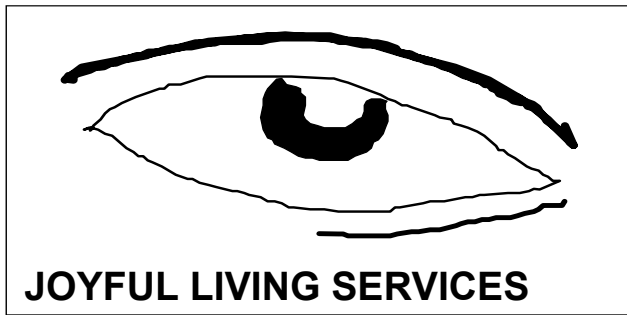
Basic: _____ Emotional Spontaneous
 _____ Polyglandular (Daisy Petal)
 _____ Analytical/Thinking
 _____ Active/Kinesthetic (Robust)
 _____ Active/Kinesthetic (Neurogenic)
 _____ Extremist/Innovator

Mixed: _____ Emotional/Kinesthetic
 _____ Analytical/Kinesthetic
 _____ Emotional/Extremist
 _____ Analytical/Extremist
 _____ Kinesthetic/Extremist

Iris 2

Basic: _____ Emotional Spontaneous
 _____ Polyglandular (Daisy Petal)
 _____ Analytical/Thinking
 _____ Active/Kinesthetic (Robust)
 _____ Active/Kinesthetic (Neurogenic)
 _____ Extremist/Innovator

Mixed: _____ Emotional/Kinesthetic
 _____ Analytical/Kinesthetic
 _____ Emotional/Extremist
 _____ Analytical/Extremist
 _____ Kinesthetic/Extremist



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Practice #2*

For Each Iris, Determine the Personality (Fiber Structure) Typing. Put an "x" next to the ones that relate.

Iris 3

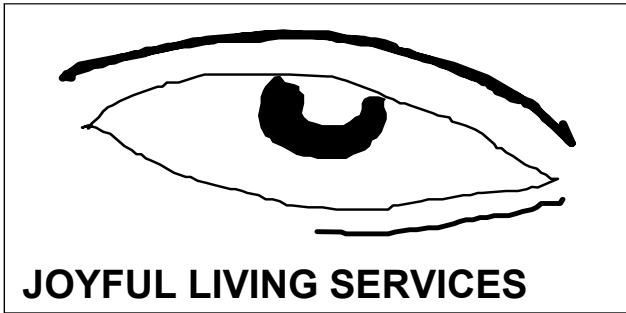
Basic: _____ Emotional Spontaneous
 _____ Polyglandular (Daisy Petal)
 _____ Analytical/Thinking
 _____ Active/Kinesthetic (Robust)
 _____ Active/Kinesthetic (Neurogenic)
 _____ Extremist/Innovator

Mixed: _____ Emotional/Kinesthetic
 _____ Analytical/Kinesthetic
 _____ Emotional/Extremist
 _____ Analytical/Extremist
 _____ Kinesthetic/Extremist

Iris 4

Basic: _____ Emotional Spontaneous
 _____ Polyglandular (Daisy Petal)
 _____ Analytical/Thinking
 _____ Active/Kinesthetic (Robust)
 _____ Active/Kinesthetic (Neurogenic)
 _____ Extremist/Innovator

Mixed: _____ Emotional/Kinesthetic
 _____ Analytical/Kinesthetic
 _____ Emotional/Extremist
 _____ Analytical/Extremist
 _____ Kinesthetic/Extremist



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For Each Iris, Determine the Personality (Fiber Structure) Typing. Put an "x" next to the ones that relate.

Iris 5

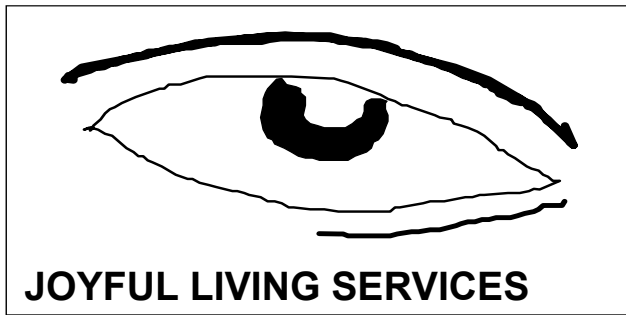
Basic: _____ Emotional Spontaneous
 _____ Polyglandular (Daisy Petal)
 _____ Analytical/Thinking
 _____ Active/Kinesthetic (Robust)
 _____ Active/Kinesthetic (Neurogenic)
 _____ Extremist/Innovator

Mixed: _____ Emotional/Kinesthetic
 _____ Analytical/Kinesthetic
 _____ Emotional/Extremist
 _____ Analytical/Extremist
 _____ Kinesthetic/Extremist

Iris 6

Basic: _____ Emotional Spontaneous
 _____ Polyglandular (Daisy Petal)
 _____ Analytical/Thinking
 _____ Active/Kinesthetic (Robust)
 _____ Active/Kinesthetic (Neurogenic)
 _____ Extremist/Innovator

Mixed: _____ Emotional/Kinesthetic
 _____ Analytical/Kinesthetic
 _____ Emotional/Extremist
 _____ Analytical/Extremist
 _____ Kinesthetic/Extremist



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For Each Iris, Determine the Personality (Fiber Structure) Typing. Put an "x" next to the ones that relate.

Iris 7

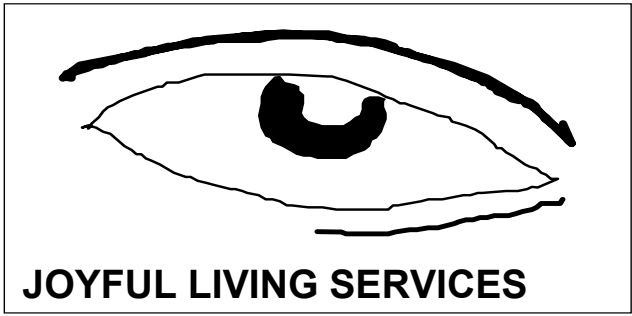
Basic: _____ Emotional Spontaneous
 _____ Polyglandular (Daisy Petal)
 _____ Analytical/Thinking
 _____ Active/Kinesthetic (Robust)
 _____ Active/Kinesthetic (Neurogenic)
 _____ Extremist/Innovator

Mixed: _____ Emotional/Kinesthetic
 _____ Analytical/Kinesthetic
 _____ Emotional/Extremist
 _____ Analytical/Extremist
 _____ Kinesthetic/Extremist

Iris 8

Basic: _____ Emotional Spontaneous
 _____ Polyglandular (Daisy Petal)
 _____ Analytical/Thinking
 _____ Active/Kinesthetic (Robust)
 _____ Active/Kinesthetic (Neurogenic)
 _____ Extremist/Innovator

Mixed: _____ Emotional/Kinesthetic
 _____ Analytical/Kinesthetic
 _____ Emotional/Extremist
 _____ Analytical/Extremist
 _____ Kinesthetic/Extremist



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For Each Iris, Determine the Personality (Fiber Structure) Typing. Put an “x” next to the ones that relate.

Iris 9

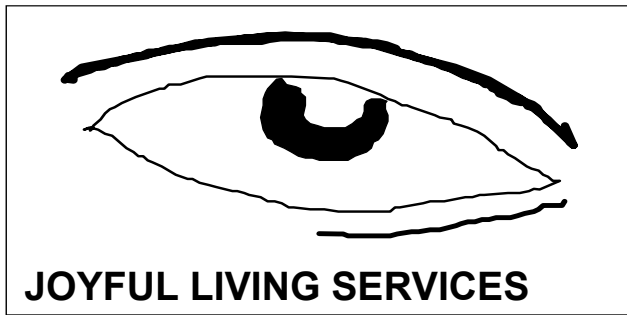
Basic: _____ Emotional Spontaneous
 _____ Polyglandular (Daisy Petal)
 _____ Analytical/Thinking
 _____ Active/Kinesthetic (Robust)
 _____ Active/Kinesthetic (Neurogenic)
 _____ Extremist/Innovator

Mixed: _____ Emotional/Kinesthetic
 _____ Analytical/Kinesthetic
 _____ Emotional/Extremist
 _____ Analytical/Extremist
 _____ Kinesthetic/Extremist

Iris 10

Basic: _____ Emotional Spontaneous
 _____ Polyglandular (Daisy Petal)
 _____ Analytical/Thinking
 _____ Active/Kinesthetic (Robust)
 _____ Active/Kinesthetic (Neurogenic)
 _____ Extremist/Innovator

Mixed: _____ Emotional/Kinesthetic
 _____ Analytical/Kinesthetic
 _____ Emotional/Extremist
 _____ Analytical/Extremist
 _____ Kinesthetic/Extremist



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Practice #3*

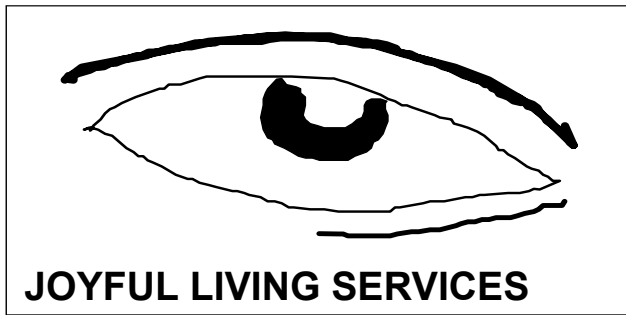
For Each Iris, Determine which system is the weakest and note what you would suggest to strengthen that.

Iris 1

System:	Weakest?	Suggestions
Digestive:	_____	_____
Intestinal:	_____	_____
Nervous:	_____	_____
Glandular:	_____	_____
Urinary:	_____	_____
Respiratory:	_____	_____
Lymphatic:	_____	_____
Circulatory:	_____	_____
Structural:	_____	_____

Iris 2

System:	Weakest?	Suggestions
Digestive:	_____	_____
Intestinal:	_____	_____
Nervous:	_____	_____
Glandular:	_____	_____
Urinary:	_____	_____
Respiratory:	_____	_____
Lymphatic:	_____	_____
Circulatory:	_____	_____
Structural:	_____	_____



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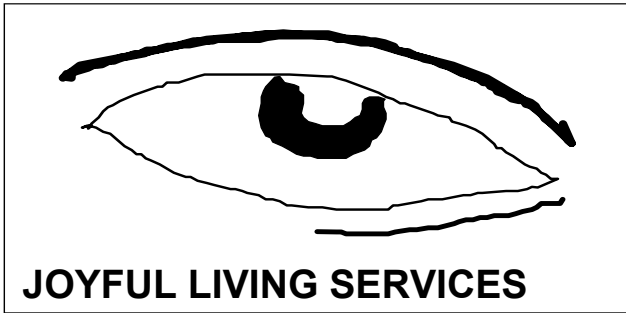
For Each Iris, Determine which system is the weakest and note what you would suggest to strengthen that.

Iris 3

System:	Weakest?	Suggestions
Digestive:	_____	_____
Intestinal:	_____	_____
Nervous:	_____	_____
Glandular:	_____	_____
Urinary:	_____	_____
Respiratory:	_____	_____
Lymphatic:	_____	_____
Circulatory:	_____	_____
Structural:	_____	_____

Iris 4

System:	Weakest?	Suggestions
Digestive:	_____	_____
Intestinal:	_____	_____
Nervous:	_____	_____
Glandular:	_____	_____
Urinary:	_____	_____
Respiratory:	_____	_____
Lymphatic:	_____	_____
Circulatory:	_____	_____
Structural:	_____	_____



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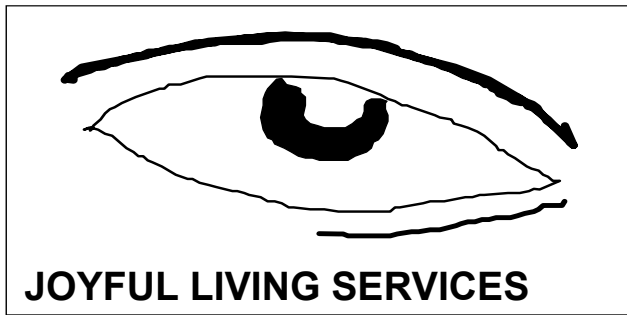
For Each Iris, Determine which system is the weakest and note what you would suggest to strengthen that.

Iris 5

System:	Weakest?	Suggestions
Digestive:	_____	_____
Intestinal:	_____	_____
Nervous:	_____	_____
Glandular:	_____	_____
Urinary:	_____	_____
Respiratory:	_____	_____
Lymphatic:	_____	_____
Circulatory:	_____	_____
Structural:	_____	_____

Iris 6

System:	Weakest?	Suggestions
Digestive:	_____	_____
Intestinal:	_____	_____
Nervous:	_____	_____
Glandular:	_____	_____
Urinary:	_____	_____
Respiratory:	_____	_____
Lymphatic:	_____	_____
Circulatory:	_____	_____
Structural:	_____	_____



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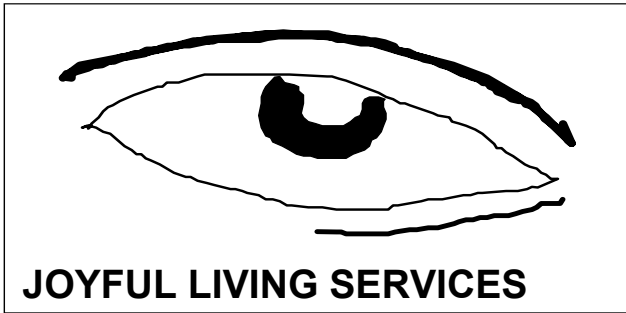
For Each Iris, Determine which system is the weakest and note what you would suggest to strengthen that.

Iris 7

System:	Weakest?	Suggestions
Digestive:	_____	_____
Intestinal:	_____	_____
Nervous:	_____	_____
Glandular:	_____	_____
Urinary:	_____	_____
Respiratory:	_____	_____
Lymphatic:	_____	_____
Circulatory:	_____	_____
Structural:	_____	_____

Iris 8

System:	Weakest?	Suggestions
Digestive:	_____	_____
Intestinal:	_____	_____
Nervous:	_____	_____
Glandular:	_____	_____
Urinary:	_____	_____
Respiratory:	_____	_____
Lymphatic:	_____	_____
Circulatory:	_____	_____
Structural:	_____	_____



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Practice #3

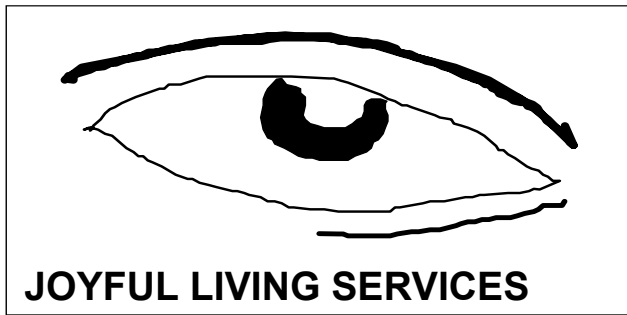
For Each Iris, Determine which system is the weakest and note what you would suggest to strengthen that.

Iris 9

System:	Weakest?	Suggestions
Digestive:	_____	_____
Intestinal:	_____	_____
Nervous:	_____	_____
Glandular:	_____	_____
Urinary:	_____	_____
Respiratory:	_____	_____
Lymphatic:	_____	_____
Circulatory:	_____	_____
Structural:	_____	_____

Iris 10

System:	Weakest?	Suggestions
Digestive:	_____	_____
Intestinal:	_____	_____
Nervous:	_____	_____
Glandular:	_____	_____
Urinary:	_____	_____
Respiratory:	_____	_____
Lymphatic:	_____	_____
Circulatory:	_____	_____
Structural:	_____	_____



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Practice #4

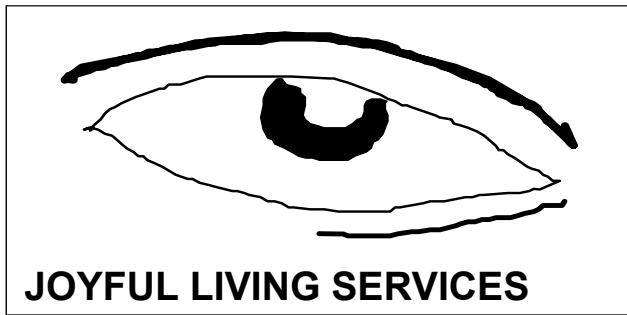
For Each Iris, Determine British Signs. Put an “x” next to the ones that relate. Be sure to mark all markings as each marking needs to be counted.

Iris 1

- _____ Annoyance Line
- _____ Asparagus Head
- _____ Asthenic Ridge
- _____ Black Hair Pigment
- _____ Coral Formation
- _____ Cryptiform Lacuna
- _____ Encapsulated Lacuna
- _____ Granular Pigment
- _____ Grape Lacuna
- _____ Iodine Lacuna
- _____ Radial Plait
- _____ Thyroxine Lacuna
- _____ Tulip

Iris 2

- _____ Annoyance Line
- _____ Asparagus Head
- _____ Asthenic Ridge
- _____ Black Hair Pigment
- _____ Coral Formation
- _____ Cryptiform Lacuna
- _____ Encapsulated Lacuna
- _____ Granular Pigment
- _____ Grape Lacuna
- _____ Iodine Lacuna
- _____ Radial Plait
- _____ Thyroxine Lacuna
- _____ Tulip



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Practice #4

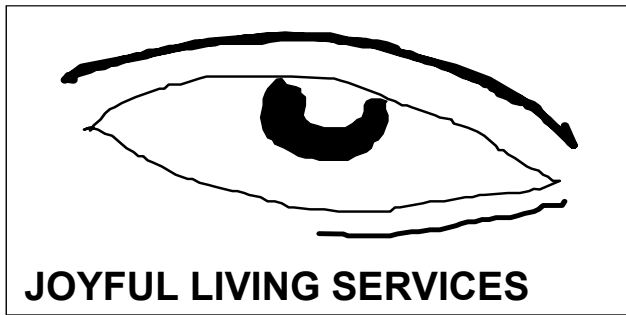
For Each Iris, Determine British Signs. Put an “x” next to the ones that relate. Be sure to mark all markings as each marking needs to be counted.

Iris 3

- _____ Annoyance Line
- _____ Asparagus Head
- _____ Asthenic Ridge
- _____ Black Hair Pigment
- _____ Coral Formation
- _____ Cryptiform Lacuna
- _____ Encapsulated Lacuna
- _____ Granular Pigment
- _____ Grape Lacuna
- _____ Iodine Lacuna
- _____ Radial Plait
- _____ Thyroxine Lacuna
- _____ Tulip

Iris 4

- _____ Annoyance Line
- _____ Asparagus Head
- _____ Asthenic Ridge
- _____ Black Hair Pigment
- _____ Coral Formation
- _____ Cryptiform Lacuna
- _____ Encapsulated Lacuna
- _____ Granular Pigment
- _____ Grape Lacuna
- _____ Iodine Lacuna
- _____ Radial Plait
- _____ Thyroxine Lacuna
- _____ Tulip



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Practice #4

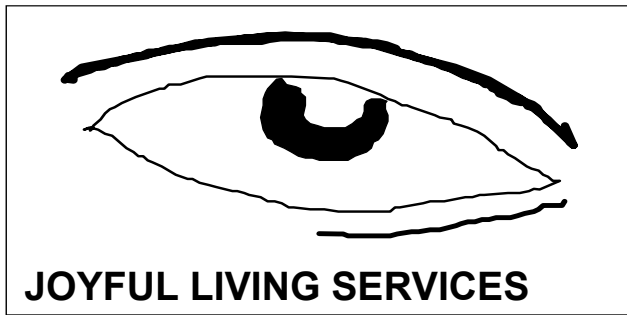
For Each Iris, Determine British Signs. Put an “x” next to the ones that relate. Be sure to mark all markings as each marking needs to be counted.

Iris 5

- _____ Annoyance Line
- _____ Asparagus Head
- _____ Asthenic Ridge
- _____ Black Hair Pigment
- _____ Coral Formation
- _____ Cryptiform Lacuna
- _____ Encapsulated Lacuna
- _____ Granular Pigment
- _____ Grape Lacuna
- _____ Iodine Lacuna
- _____ Radial Plait
- _____ Thyroxine Lacuna
- _____ Tulip

Iris 6

- _____ Annoyance Line
- _____ Asparagus Head
- _____ Asthenic Ridge
- _____ Black Hair Pigment
- _____ Coral Formation
- _____ Cryptiform Lacuna
- _____ Encapsulated Lacuna
- _____ Granular Pigment
- _____ Grape Lacuna
- _____ Iodine Lacuna
- _____ Radial Plait
- _____ Thyroxine Lacuna
- _____ Tulip



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Practice #4*

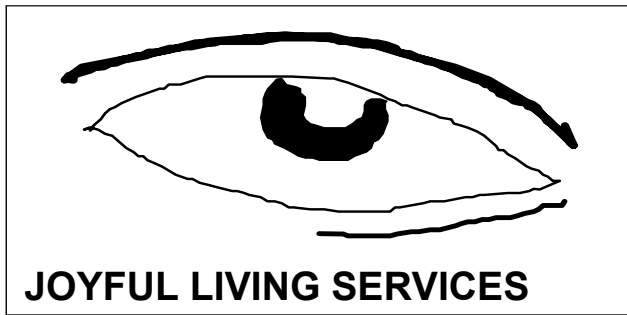
For Each Iris, Determine British Signs. Put an “x” next to the ones that relate. Be sure to mark all markings as each marking needs to be counted.

Iris 7

- _____ Annoyance Line
- _____ Asparagus Head
- _____ Asthenic Ridge
- _____ Black Hair Pigment
- _____ Coral Formation
- _____ Cryptiform Lacuna
- _____ Encapsulated Lacuna
- _____ Granular Pigment
- _____ Grape Lacuna
- _____ Iodine Lacuna
- _____ Radial Plait
- _____ Thyroxine Lacuna
- _____ Tulip

Iris 8

- _____ Annoyance Line
- _____ Asparagus Head
- _____ Asthenic Ridge
- _____ Black Hair Pigment
- _____ Coral Formation
- _____ Cryptiform Lacuna
- _____ Encapsulated Lacuna
- _____ Granular Pigment
- _____ Grape Lacuna
- _____ Iodine Lacuna
- _____ Radial Plait
- _____ Thyroxine Lacuna
- _____ Tulip



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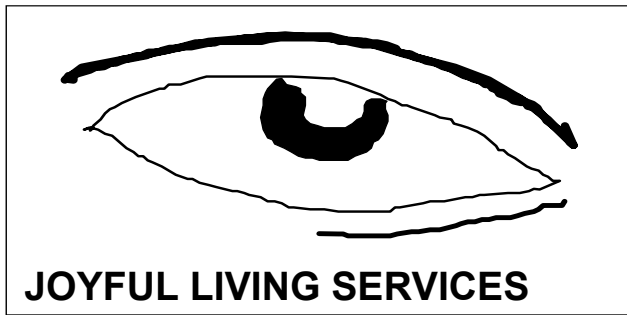
For Each Iris, Determine British Signs. Put an “x” next to the ones that relate. Be sure to mark all markings as each marking needs to be counted.

Iris 9

- _____ Annoyance Line
- _____ Asparagus Head
- _____ Asthenic Ridge
- _____ Black Hair Pigment
- _____ Coral Formation
- _____ Cryptiform Lacuna
- _____ Encapsulated Lacuna
- _____ Granular Pigment
- _____ Grape Lacuna
- _____ Iodine Lacuna
- _____ Radial Plait
- _____ Thyroxine Lacuna
- _____ Tulip

Iris 10

- _____ Annoyance Line
- _____ Asparagus Head
- _____ Asthenic Ridge
- _____ Black Hair Pigment
- _____ Coral Formation
- _____ Cryptiform Lacuna
- _____ Encapsulated Lacuna
- _____ Granular Pigment
- _____ Grape Lacuna
- _____ Iodine Lacuna
- _____ Radial Plait
- _____ Thyroxine Lacuna
- _____ Tulip



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Practice #5

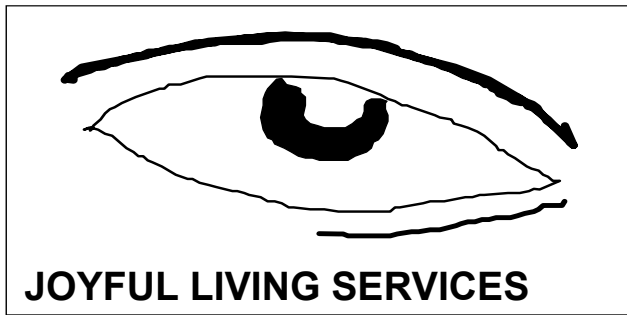
For Each Iris, Determine Signs in the Sclera. Determine which Organs are Physically Affected.

Iris 1

Iris	Quadrant	Organs Affected
Left	Medial	_____
Right	Medial	_____
Left	Lateral	_____
Right	Lateral	_____
Left	Upper	_____
Right	Upper	_____
Left	Lower	_____
Right	Lower	_____

Iris 2

Iris	Quadrant	Organs Affected
Left	Medial	_____
Right	Medial	_____
Left	Lateral	_____
Right	Lateral	_____
Left	Upper	_____
Right	Upper	_____
Left	Lower	_____
Right	Lower	_____



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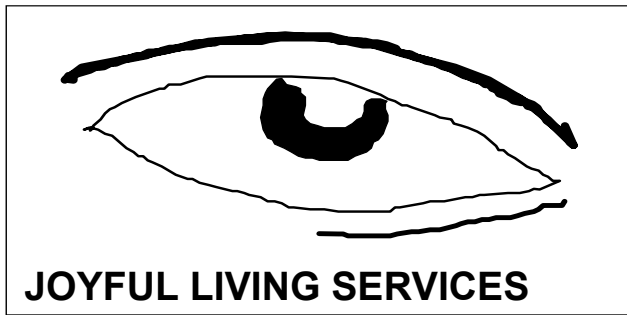
For Each Iris, Determine Signs in the Sclera. Determine which Organs are Physically Affected.

Iris 3

Iris	Quadrant	Organs Affected
Left	Medial	_____
Right	Medial	_____
Left	Lateral	_____
Right	Lateral	_____
Left	Upper	_____
Right	Upper	_____
Left	Lower	_____
Right	Lower	_____

Iris 4

Iris	Quadrant	Organs Affected
Left	Medial	_____
Right	Medial	_____
Left	Lateral	_____
Right	Lateral	_____
Left	Upper	_____
Right	Upper	_____
Left	Lower	_____
Right	Lower	_____



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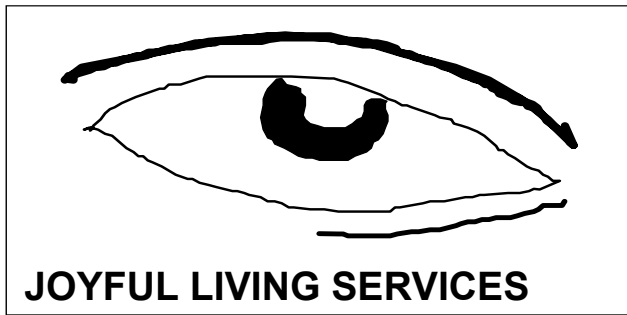
For Each Iris, Determine Signs in the Sclera. Determine which Organs are Physically Affected.

Iris 5

Iris	Quadrant	Organs Affected
Left	Medial	_____
Right	Medial	_____
Left	Lateral	_____
Right	Lateral	_____
Left	Upper	_____
Right	Upper	_____
Left	Lower	_____
Right	Lower	_____

Iris 6

Iris	Quadrant	Organs Affected
Left	Medial	_____
Right	Medial	_____
Left	Lateral	_____
Right	Lateral	_____
Left	Upper	_____
Right	Upper	_____
Left	Lower	_____
Right	Lower	_____



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Practice #5

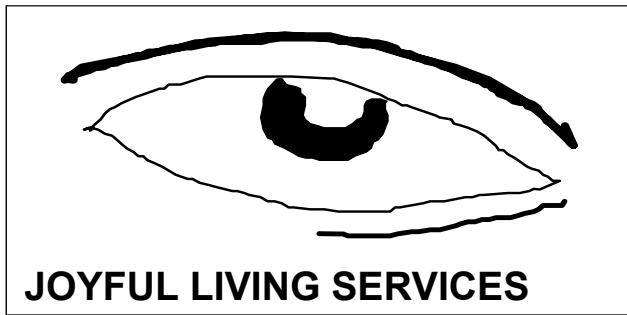
For Each Iris, Determine Signs in the Sclera. Determine which Organs are Physically Affected.

Iris 7

Iris	Quadrant	Organs Affected
Left	Medial	_____
Right	Medial	_____
Left	Lateral	_____
Right	Lateral	_____
Left	Upper	_____
Right	Upper	_____
Left	Lower	_____
Right	Lower	_____

Iris 8

Iris	Quadrant	Organs Affected
Left	Medial	_____
Right	Medial	_____
Left	Lateral	_____
Right	Lateral	_____
Left	Upper	_____
Right	Upper	_____
Left	Lower	_____
Right	Lower	_____



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Practice #5

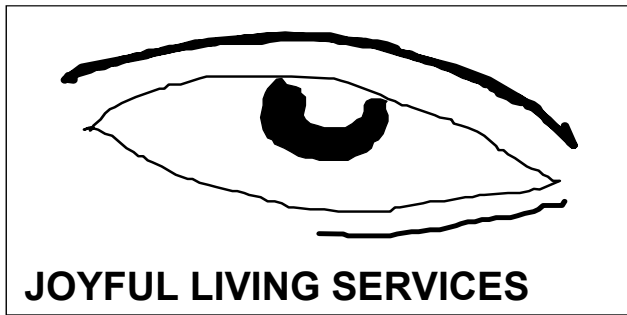
For Each Iris, Determine Signs in the Sclera. Determine which Organs are Physically Affected.

Iris 9

Iris	Quadrant	Organs Affected
Left	Medial	_____
Right	Medial	_____
Left	Lateral	_____
Right	Lateral	_____
Left	Upper	_____
Right	Upper	_____
Left	Lower	_____
Right	Lower	_____

Iris 10

Iris	Quadrant	Organs Affected
Left	Medial	_____
Right	Medial	_____
Left	Lateral	_____
Right	Lateral	_____
Left	Upper	_____
Right	Upper	_____
Left	Lower	_____
Right	Lower	_____



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Practice #6

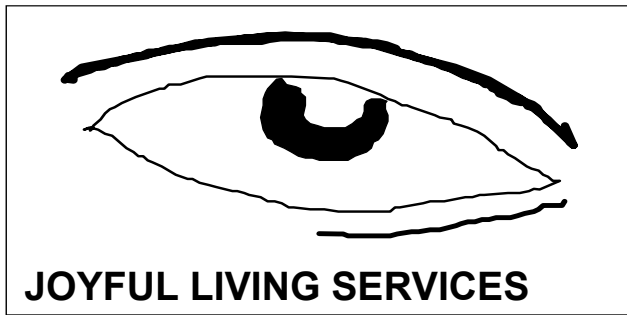
For Each Iris, Determine Signs in the Congunctiva. Determine which Organs are Affected by Emotions.

Iris 1

Iris	Quadrant	Organs Affected
Left	Medial	_____
Right	Medial	_____
Left	Lateral	_____
Right	Lateral	_____
Left	Upper	_____
Right	Upper	_____
Left	Lower	_____
Right	Lower	_____

Iris 2

Iris	Quadrant	Organs Affected
Left	Medial	_____
Right	Medial	_____
Left	Lateral	_____
Right	Lateral	_____
Left	Upper	_____
Right	Upper	_____
Left	Lower	_____
Right	Lower	_____



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Practice #6

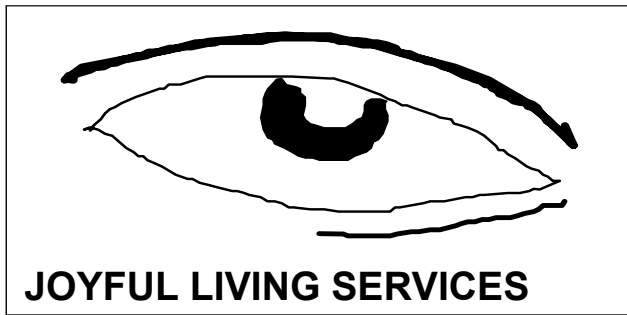
For Each Iris, Determine Signs in the Congunctiva. Determine which Organs are Affected by Emotions.

Iris 3

Iris	Quadrant	Organs Affected
Left	Medial	_____
Right	Medial	_____
Left	Lateral	_____
Right	Lateral	_____
Left	Upper	_____
Right	Upper	_____
Left	Lower	_____
Right	Lower	_____

Iris 4

Iris	Quadrant	Organs Affected
Left	Medial	_____
Right	Medial	_____
Left	Lateral	_____
Right	Lateral	_____
Left	Upper	_____
Right	Upper	_____
Left	Lower	_____
Right	Lower	_____



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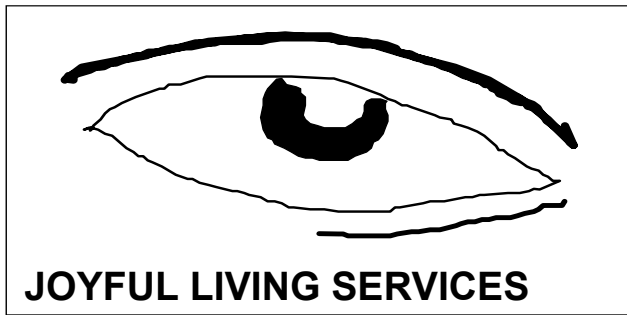
For Each Iris, Determine Signs in the Congunctiva. Determine which Organs are Affected by Emotions.

Iris 5

Iris	Quadrant	Organs Affected
Left	Medial	_____
Right	Medial	_____
Left	Lateral	_____
Right	Lateral	_____
Left	Upper	_____
Right	Upper	_____
Left	Lower	_____
Right	Lower	_____

Iris 6

Iris	Quadrant	Organs Affected
Left	Medial	_____
Right	Medial	_____
Left	Lateral	_____
Right	Lateral	_____
Left	Upper	_____
Right	Upper	_____
Left	Lower	_____
Right	Lower	_____



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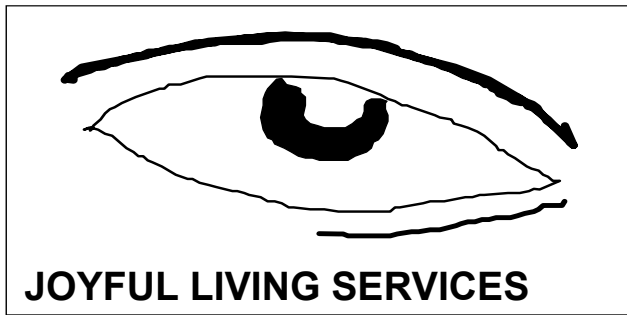
For Each Iris, Determine Signs in the Congunctiva. Determine which Organs are Affected by Emotions.

Iris 7

Iris	Quadrant	Organs Affected
Left	Medial	_____
Right	Medial	_____
Left	Lateral	_____
Right	Lateral	_____
Left	Upper	_____
Right	Upper	_____
Left	Lower	_____
Right	Lower	_____

Iris 8

Iris	Quadrant	Organs Affected
Left	Medial	_____
Right	Medial	_____
Left	Lateral	_____
Right	Lateral	_____
Left	Upper	_____
Right	Upper	_____
Left	Lower	_____
Right	Lower	_____



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Practice #6

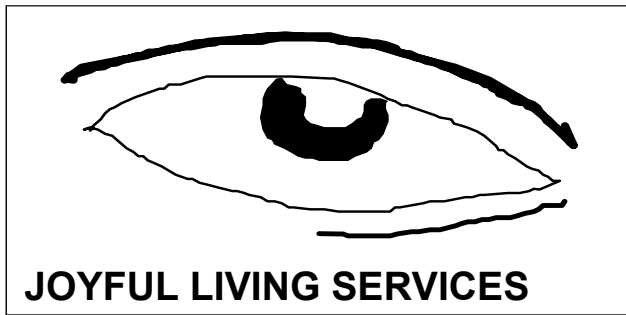
For Each Iris, Determine Signs in the Congunctiva. Determine which Organs are Affected by Emotions.

Iris 9

Iris	Quadrant	Organs Affected
Left	Medial	_____
Right	Medial	_____
Left	Lateral	_____
Right	Lateral	_____
Left	Upper	_____
Right	Upper	_____
Left	Lower	_____
Right	Lower	_____

Iris 10

Iris	Quadrant	Organs Affected
Left	Medial	_____
Right	Medial	_____
Left	Lateral	_____
Right	Lateral	_____
Left	Upper	_____
Right	Upper	_____
Left	Lower	_____
Right	Lower	_____



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For Each Iris, Determine if the Iris is Miasmic/Murky or Medeic. Then Determine if the Body can be Cleansed. Put an “x” next to the ones that relate.

Iris 1

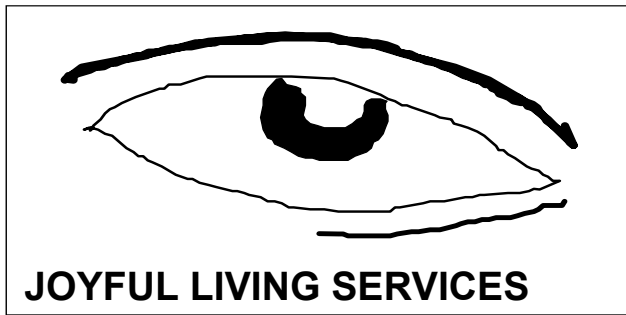
- _____ Miasmic or Murky
- _____ Medeic
- _____ Cannot be Cleansed
- _____ Can be Cleansed
- _____ Need to be Built Up Before Cleansing
- _____ Loose Structure
- _____ Tight Structure

Iris 2

- _____ Miasmic or Murky
- _____ Medeic
- _____ Cannot be Cleansed
- _____ Can be Cleansed
- _____ Need to be Built Up Before Cleansing
- _____ Loose Structure
- _____ Tight Structure

Iris 3

- _____ Miasmic or Murky
- _____ Medeic
- _____ Cannot be Cleansed
- _____ Can be Cleansed
- _____ Need to be Built Up Before Cleansing
- _____ Loose Structure
- _____ Tight Structure



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For Each Iris, Determine if the Iris is Miasmic/Murky or Medeic. Then Determine if the Body can be Cleansed. Put an “x” next to the ones that relate.

Iris 4

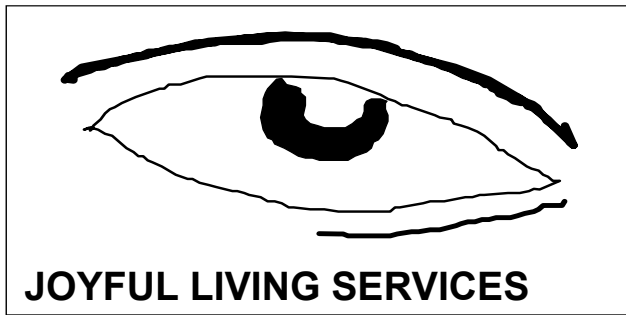
- Miasmic or Murky
- Medeic
- Cannot be Cleansed
- Can be Cleansed
- Need to be Built Up Before Cleansing
- Loose Structure
- Tight Structure

Iris 5

- Miasmic or Murky
- Medeic
- Cannot be Cleansed
- Can be Cleansed
- Need to be Built Up Before Cleansing
- Loose Structure
- Tight Structure

Iris 6

- Miasmic or Murky
- Medeic
- Cannot be Cleansed
- Can be Cleansed
- Need to be Built Up Before Cleansing
- Loose Structure
- Tight Structure



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For Each Iris, Determine if the Iris is Miasmic/Murky or Medeic. Then Determine if the Body can be Cleansed. Put an “x” next to the ones that relate.

Iris 7

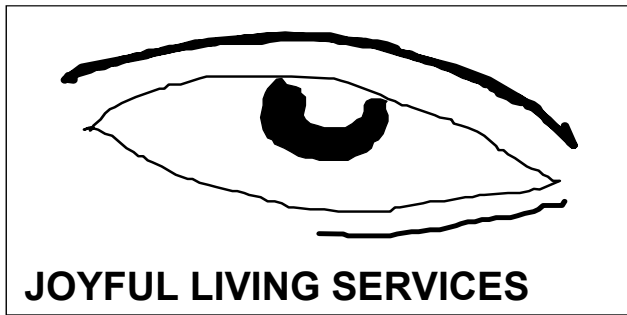
- Miasmic or Murky
- Medeic
- Cannot be Cleansed
- Can be Cleansed
- Need to be Built Up Before Cleansing
- Loose Structure
- Tight Structure

Iris 8

- Miasmic or Murky
- Medeic
- Cannot be Cleansed
- Can be Cleansed
- Need to be Built Up Before Cleansing
- Loose Structure
- Tight Structure

Iris 9

- Miasmic or Murky
- Medeic
- Cannot be Cleansed
- Can be Cleansed
- Need to be Built Up Before Cleansing
- Loose Structure
- Tight Structure

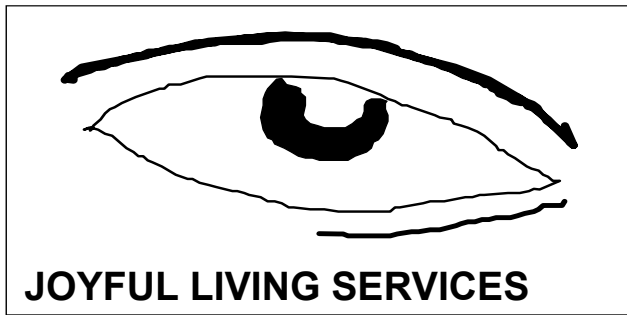


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For Each Iris, Determine if the Iris is Miasmic/Murky or Medeic. Then Determine if the Body can be Cleansed. Put an “x” next to the ones that relate.

Iris 10

- _____ Miasmic or Murky
- _____ Medeic
- _____ Cannot be Cleansed
- _____ Can be Cleansed
- _____ Need to be Built Up Before Cleansing
- _____ Loose Structure
- _____ Tight Structure

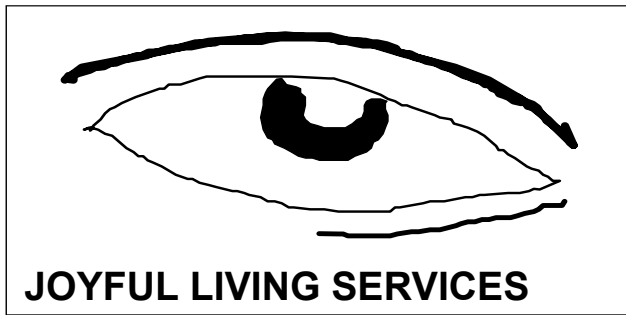


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Practice #7

Draw Each Iris in your Photo Packet Below. Make any Notes you feel are Necessary Below.

Iris 1

NOTES:

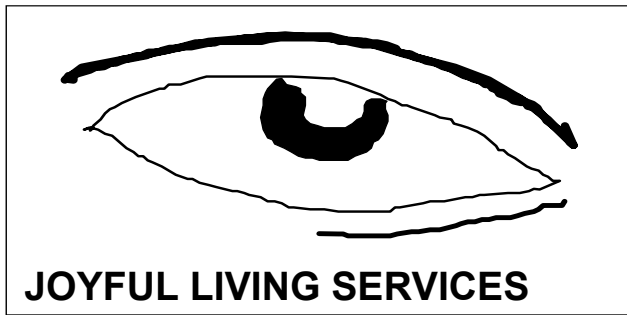


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Draw Each Iris in your Photo Packet Below. Make any Notes you feel are Necessary Below.

Iris 2

NOTES:

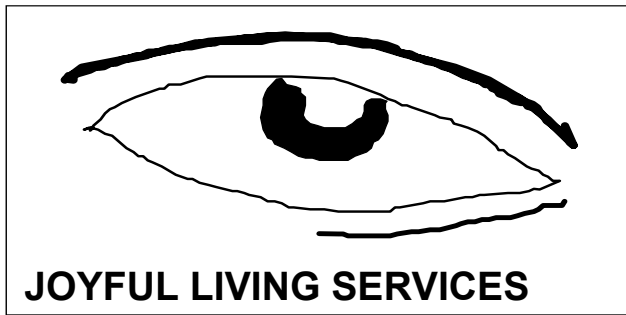


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Draw Each Iris in your Photo Packet Below. Make any Notes you feel are Necessary Below.

Iris 3

NOTES:

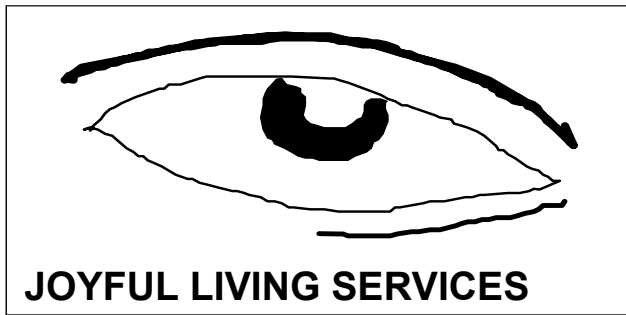


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Draw Each Iris in your Photo Packet Below. Make any Notes you feel are Necessary Below.

Iris 4

NOTES:

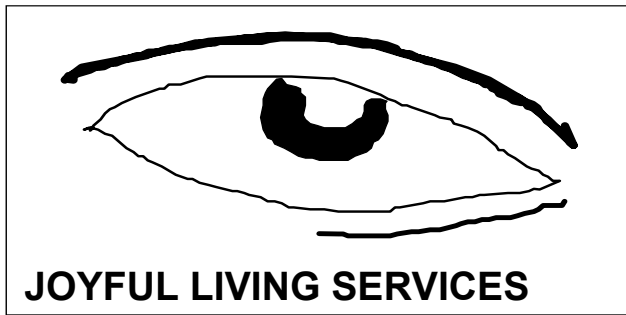


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Draw Each Iris in your Photo Packet Below. Make any Notes you feel are Necessary Below.

Iris 5

NOTES:

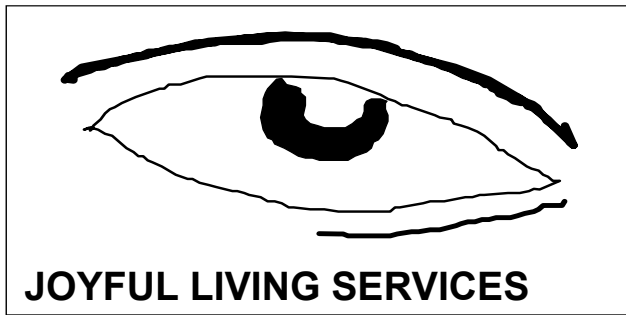


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Draw Each Iris in your Photo Packet Below. Make any Notes you feel are Necessary Below.

Iris 6

NOTES:

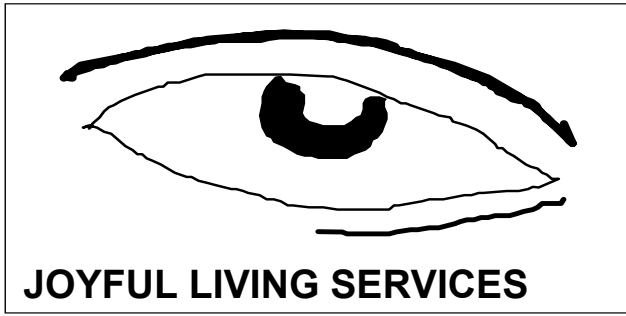


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Draw Each Iris in your Photo Packet Below. Make any Notes you feel are Necessary Below.

Iris 7

NOTES:

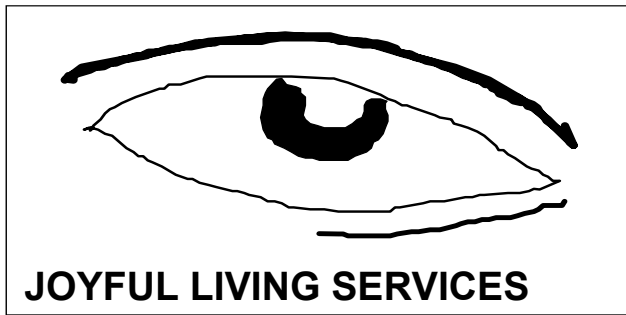


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Draw Each Iris in your Photo Packet Below. Make any Notes you feel are Necessary Below.

Iris 8

NOTES:

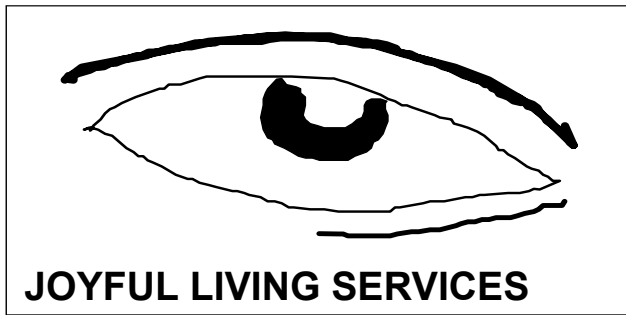


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Draw Each Iris in your Photo Packet Below. Make any Notes you feel are Necessary Below.

Iris 9

NOTES:

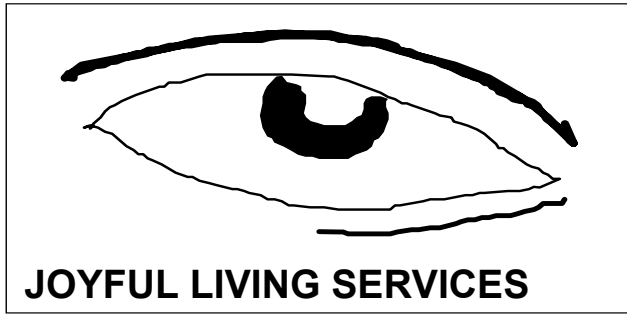


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Draw Each Iris in your Photo Packet Below. Make any Notes you feel are Necessary Below.

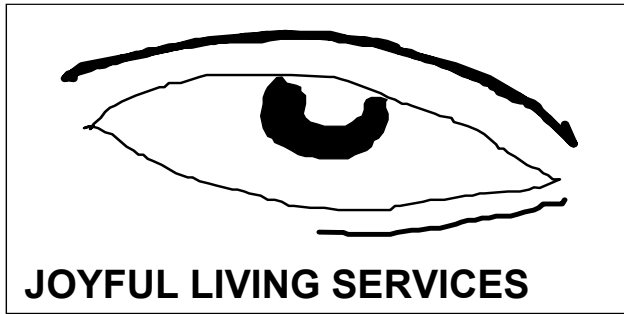
Iris 10

NOTES:



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For Each Iris, Fill out Part I, II, III, IV, V, and VI of the Constitutional Iridology Form.



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Practice #10*

For Each Iris, Fill out Pages 1, 2, & 3 of the “Body Systems to Focus On” sheets of the Constitutional Iridology Form