

Joyful Living Services' News

P.O. Box 485
Weimar, CA 95736-0485
TELEPHONES: 530-878-1119 or 800-704-9800
FAX: 530-878-1119

E-Mail: iridology@netzero.net
Web Site: <http://www.joyfullivingservices.com>
BLOG: <http://joyfullivingservices.blogspot.com/>
eBay Store: <http://stores.ebay.com/Joyful-Living-Services>

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Back to School!!



Summer has been wonderful with lots of trips and sights to see. Hiking to Yosemite to the top of Vernal Falls was wonderful! We saw a bear, several bucks, chipmunks and squirrels of course, and some fantastic California scenery. Glacier Point was awesome as we had quite a view of Half Dome. The Mariposa Grove of Redwoods was a sight to see too. It's amazing to see a fallen tree that was 1,000 years old before it fell. Just imagine what it saw in it's years of life. If you ever have a chance to come to California, Yosemite is a place to visit. This weekend is the last "hurrah" and we're off to Salt Point on the coast for some abalone fishing and camping with friends. We went to water slides, mini golf, ice skating, buggy races, batting cages, parks, birthday parties, karate trainings, decade party, to see the cousins, to grandma's and grandpa's, to church camp, and to Rollins Lake for some swimming and sliding. We even bought a fishing boat. Plus we have our pool and have had lots of parties with friends and family. It's amazing how much we were able to accomplish in only 2-1/2 months.

Our garden is fantastic this year. With the rains being late we thought our garden would never start but now that the sun is out and the heat is on the garden is producing. We're growing tomatoes of course, carrots, beets, potatoes, zucchini, celery, corn, red and green cabbage, eggplant, green beans, sweet peas, all sorts of peppers, cucumbers, giant pumpkins, watermelon, cantalope, and spices such as basil, parsley, sage, thyme, rosemary, peppermint, spearmint, horseradish, and oregano. We still have our chickens and they are laying fresh fertile organic eggs daily. We still have rabbits too. It's been really great.

Now it's "back to reality" as they say. Back to School. Back to the "grindstone". My kids go back to school on the 24th. Some friend's of ours went back to school today. Others are going back to school next Wednesday. Here comes the rigid schedule. Back to setting the alarm at 6:30 to start school at 8:05 returning home at 3:15. Back to soccer practice, clay classes, ice skating lessons, girl scouts, boy scouts, and homework. Dinner at 6 and bedtime at 7:45. Part of me is looking forward to this schedule again and part of me is going to miss playing with my kids. My son is going to be a big 3rd grader and my daughter is going to be a big 5th grader. Amazing what they learn these days and how different it is from when I was going to school. My daughter already types 32 words per minute. I didn't learn how to type until 8th grade. Math, spelling, social studies, science, PE, sports, camps, etc., etc.. It's all part of a kid's routine these days.

Which brings me to the topic of this newsletter. It's Back to School!! Not only for our kids, but for us adults too. We might as well learn too and the alternative health field is the place to be with the new Health Reform staring us right in the face. The public will need help faster than they will be able to get it at the doctor's office and they will come to us. It's important that everyone know what they are talking about and how to help.



We just announced Iridology Continuing Education Courses, started a Certified Homeopathic Online Course and are starting a Certified Chinese Herbal Online Course the first week in September. We also give courses in Iridology, Herbs, Health and Nutrition, Anatomy and Physiology, Business Development, Muscle Testing, and offer some small courses. If you are interested in increasing your knowledge in the alternative health field please check us out. Go to <http://www.joyfullivingservices.com/education.html>

Iridology Continuing Education Courses

There has been an enormous amount of interest in Iridology Continuing Education Programs through Joyful Living Services. We are happy to announce that we now have 2 Continuing Education Programs to follow our Iridology Certification.

1. IIPA Certification

To become Certified by IIPA (International Iridology Practitioner's Association <http://www.iridologyassn.org>) through Joyful Living Services complete the following:

- Certified Iridologist Course - Complete and pass the 3 levels of iridology (beginning, intermediate, advanced, final exam) and become a Certified Iridologist approved by the Board of Registered Nursing and Joyful Living Services. Special Price: \$450 when 3 courses purchased together (normally \$900)
- Anatomy and Physiology Course – Complete and pass the Certified Anatomy and Physiology course. This course is approved by the Board of Registered Nursing and Joyful Living Services. A&P is required by IIPA for certification. All Iridologists need an understanding of how the various organs, glands and tissues interact. Special Price: \$100 (normally \$300)
- Purchase and Study: “Iridology: A Handbook” by Kianna Smith. \$40
- IIPA Exam: Apply to take the IIPA Certification Exam. Apply through Joyful Living Services. Includes a 1-year membership to IIPA. Special price: \$100 (normally \$200)

Once the 4 items above are completed you will have a “**Double Certification**” through Joyful Living Services as well as through the International Iridology Practitioner's Association. A whole world of iridology will open up to you!!

If you are already a Certified Iridologist through us, you can upgrade your certification by completing items 2, 3, and 4 above.

To Sign up for the IIPA Certification contact Brenda or go to <http://www.joyfullivingservices.com/handouts/bcii.pdf>

2. Certified Iridologist Practitioner (CIP)

To become a Certified Iridologist Practitioner you will need to complete the following courses:

Anatomy and Physiology	NES 01	Credit 3
Natural Health and Nutrition	NES 02	Credit 3
Natural Health Approaches 1	NES 03	Credit 4
Kinesiology	NES 32	Credit 3
Beginning Iridology by Joyful Living Services		Credit 3
Intermediate Iridology by Joyful Living Services		Credit 3
Advanced Iridology by Joyful Living Services		Credit 3

Total Semester Credit Hours: 22

Tuition: 1100.00

50.00 per credit hour

Award: **Diploma in Iridology**

Tuition includes manuals, testing, mentorship, DVD'S, CD'S, except certain text books

Graduates are encouraged to be members of the: International Iridology Practitioners Association (IIPA)

To Register to Become a CIP Call Larry De Santis: 1-630-403-8149 Email: info@newedenschool.com

Certified Homeopathic Online Course

Homeopathy, also known as homeopathic medicine, is a whole medical system that was developed in Germany more than 200 years ago and has been practiced in the United States since the early 19th century. Homeopathy is used for wellness and prevention and to treat many diseases and conditions. The following is the course schedule and is subject to change:



- Session 1: Introduction
- Session 2: What are Homeopathics? Why Use Homeopathics?
- Session 3: Homeopathy - Like Cures Like
- Session 4: Classical Homeopathy - Treating the Whole Person
- Session 5: Classical Homeopathy - Finding the Simillium
- Session 6: Using Homeopathic Medicine
- Session 7: Guide to Self Diagnosis and Treatment with Homeopathy
- Session 8: Homeopathy at Home
- Session 9: Homeopathy and the Scientific Evidence
- Session 10: Is homeopathy regulated?
- Session 11: What Sort of Problems Does Homeopathy Help With? Adults and Children
- Session 12: Examples of Specific Problems Where Homeopathy May Help
- Session 13: Clinical Studies, Basic Research, Research Articles,
- Session 14: 36 Homeopathic Remedies
- Session 15: Using homeopathy for ailments - Articles
- Session 16: Homeopathy Training, Courses and Schools – Directory, Homeopathic Remedy Suppliers, Homeopathy Associations and Societies, Homeopathy Software

Final Exam and Course Review

To sign up for the Homeopathic Online Course contact Brenda at Joyful Living Services or go to <http://www.joyfullivingservices.com/handouts/homeopathiccourse.pdf>

Certified Chinese Herbal Online Course

Chinese Herbology is the theory of Traditional Chinese herbal therapy, which accounts for the majority of treatments in Traditional Chinese medicine (TCM). Traditional Chinese Medicine has its origin in ancient Taoist philosophy which views a person as an energy system in which body and mind are unified, each influencing and balancing the other. Unlike allopathic medicine which attempts to isolate and separate a disease from a person, Chinese Medicine emphasizes a holistic approach that treats the whole person. Many people have found Traditional Chinese methods of healing to be excellent tools for maintaining optimum health and preventing illness. The following is the course schedule and is subject to change:



- Session 1: Introduction and History, What is Traditional Chinese Medicine? How can Chinese Herbs help?
- Session 2: What does Yin and Yang mean?
- Session 3: Categorization: The Four Natures, The Five Flavors, The Meridians, Specific Function
- Session 4: Raw Materials, Preparation, Toxicity, Efficacy
- Session 5: Chinese Patent Medicine, How are Chinese Herbs prescribed?
- Session 6: 50 Fundamental Herbs in Use
- Session 7: Other Chinese Herbs
- Session 8: How does Chinese herbal practice differ from other types of clinical herbology?, The dangers of using single symptoms or medical disease labels to choose herbs, The dangers of not paying attention to one's symptoms and sensations, Choosing herbs is like following a road map; first, you need the right map.
- Session 9: Ancient Chinese physicians compile precise symptom-sign "maps" of human health, How does Chinese herbal practice differ from other types of clinical herbology?
- Session 10: Syndromes A-Z and Chinese Herbal Remedies
- Session 11: Conditions A-Z and Chinese Herbal Remedies
- Session 12: Chinese Nutrition: Applying Dietary Therapy, Chinese Nutrition by Food Group, Medicinal Action of Food
- Session 13: Self-Healing: What is Qi Gong? What is Tongue Diagnosis?, What is Tuina?
- Session 14: What is Acupuncture? What is Cupping?, What is Ear Acupuncture?, What is Mien Shiang (Chinese Face Reading)?
- Session 15: Age-to-Dose & Weight-to-Dose Dosing Guidelines
- Session 16: Herbalism for Pets

Final Exam and Course Review

To sign up for the Homeopathic Online Course contact Brenda at Joyful Living Services or go to <http://www.joyfullivingservices.com/handouts/chineseherbalcourse.pdf>

Joyful Living Services' New Review



Hi Brenda; My SD8004 Super Digital Iridology Camera has arrived and I am taking eye photos!!! This has been a wonderful purchasing experience and you do a great job at Joyful Living Services. It's been an absolute pleasure working with you. The camera is great (I did adjust the settings a bit as - in my photos, the details in the sclera are very important) but I've done 35mm photography with a Canon for many years so it was no problem and everything is great!!! Blessings from here – Amy G

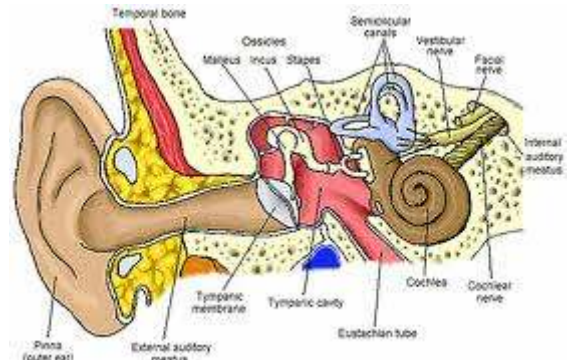
For more information on the SD8004 Super Digital Iridology Camera as an 18.1 MP or 15.1 MP go to page 4 of this newsletter and to the handout at:

<http://www.joyfullivingservices.com/handouts/sd8004digitaliridologycamera.pdf>

Stop Your Child's Ear Infections Naturally Without Antibiotics or Tubes

Instead of giving antibiotics every time your child has an ear infection, homeopathy can strengthen your child's health so that the whole pattern of getting sick stops. One of the hardest things for a parent is to watch their child in pain and not be able to help. If your child has a pattern of repeated ear infections, you probably feel helpless. The conventional medical approach is to give antibiotics every time an ear infection is diagnosed. Or if these are ineffective, a tympanostomy (tubes) is performed. Most doctors will convince you that there is no other option. But is this intervention really necessary?

Otitis Media (middle ear infection) is responsible for about 8% of all visits to the pediatrician and 17% of all infections that are diagnosed. One of the reasons that parents run to the doctor with ear infections is the mistaken belief that ear infections may lead to permanent loss of hearing or mastoiditis. According to Dr. Robert Mendelsohn M.D., in 25 years of pediatric practice he has never seen either occur from ear infections left untreated. Hearing loss is no more common when antibiotics are not used than when they are.



Recent medical studies have shown that giving antibiotics does not affect the course of ear infections at all. They do not help. But they can hurt. There are many negative consequences of antibiotic over use. These include destruction of beneficial bacteria in the body leading to more health problems. Also abuse of antibiotics has led to the current situation where many antibiotics when needed no longer work, because many bacteria have developed immunity to all known antibiotics. Studies have also shown that decongestants, antihistamines and ear tubes do not help. One study showed that where both ears were infected and tubes were put in only one - results were identical in both ears - showing the tubes didn't help. Also the tubes are risky and can have severe side effects. Tympanostomies are done by puncturing a hole in your child's eardrum and inserting a tube. This can result in loss of hearing from scarring or hardening of the ear drum.

If the conventional approach doesn't work - what does work?

One possibility is Classical Homeopathy. This 200 year old system of medicine is common in Europe and most of the world, and is becoming better known in the U.S. Classical Homeopathy is a system of health care using natural remedies. It differs from conventional health care in that it doesn't focus on treating each ear infection separately, but instead looks at the child who has a pattern of ear infections and works to stop the pattern. It does this by not treating the ear infections as a separate problem but instead treating the child as a whole. This same child who has ear infections probably also has other physical problems and maybe also have some emotional ones. They have a certain type of personality, certain likes and dislikes and many other things that make them a unique person. All of this information helps us choose the right homeopathic remedy which matches the whole pattern of symptoms. This one right homeopathic remedy works to strengthen the health of the child. As your child's health improves, the ear infections and other problems will go away. Unlike conventional medical care, the initial homeopathic appointment is long enough (2-3 hours) for all of your child's problems to be fully explored. The pattern of how these symptoms fit together is compared to the pattern of each of 3000 homeopathic remedies. We will choose the remedy that will bring your child back into balance and allow their body to heal itself. The correct remedy will produce a profound improvement in their health and well-being. Homeopathic remedies are natural, safe, regulated by the FDA and produce no side effects.

Contact Brenda at Joyful Living Services for homeopathic referrals.

SD8004 Super Digital 18.1 MP Iridology Camera

Joyful Living Services, in partnership with Allison Imaging, is excited to announce that we now offer both a 15.1MP and an 18.1MP C Digital Iridology Camera system that has the capability of extremely high resolution and uncompromising quality at affordable prices.



Our Iridology Systems are based on either the 15MP Canon T1i E or the 18MP Canon T2i EF-S. Both Iridology systems use a highly rated, crystal clear 105mm macro lens for unparalleled performance and clarity.

Both cameras feature a newly designed oversized Canon CMOS sensor specifically optimized for low noise and high saturation, giving you the best image quality available. They also come with the DIGIC 4 Image Processor, a 3.0-inch Clear View LCD with anti-reflective and scratch-resistant coating. You'll have uncompromised Digital performance with power and flexibility in the palm of your hands.

We use a highly regarded macro lens along with two flash units for a consistently better flash than from any fiber optic unit. This allows for greater depth of field and consistently clearer pictures. The flashes are still within the pupil so no part of the eye is obscured.

The portable fully adjustable custom camera stand is made of heavy duty plate aluminum with a beautiful "Brite Dipped" face mount rather than the plastic found in other systems. This gives you unequaled beauty, strength, stability and longevity. It is easy to set up on any table, at any location for ultimate portability and comfort.

The lighting system gives you perfectly illuminated shots every time without flash spots on the iris. The twin head focus light is embedded in the flash ring giving you ease in focusing while being easy on the client.

The camera comes with all the drivers, manuals and instructions making it easy to take stunning pictures that will impress your clients and offer excellent clinical advantages over any other camera in this price range. We recommend the Iridology Station 5.1 software that will automatically scan the iris and compile a report that you can share with your clients making the start of your business a breeze. Camera comes with a 1-year manufactures warranty.

Because of the power of our unique Iridology systems, you can greatly magnify the size of the image on your computer screen. This gives you the option to zoom in and observe minute nuances that are simply unavailable with other cameras. Scroll down to the end of this flier to see examples of the quality you can add to your practice. Now compare the images from other cameras and see why we are so excited to offer this package at this price.



Pricing:

Full System:

Full System with Camera, Stand and Case: Retail for \$4,600.

On sale this month for \$3,600.

Upgrade Option: Upgrade to the 18.1MP camera for \$350 for a total of \$3,950.

Handheld:

Handheld Camera: Retail for \$2,950. **On sale this month for \$2,690.**

Upgrade Option: Upgrade to the 18.1MP camera for \$350 for a total of \$3,040.

Optional Case: \$100.

Stand Alone: \$800.00 + shipping

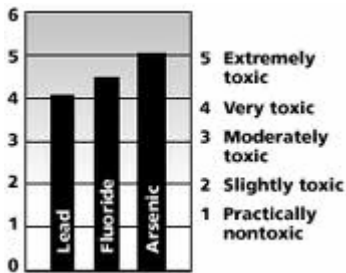
Shipping and Handling:

\$125 within the United States

Call or e-mail Brenda for quote outside the United States

Fluoride is NOT good for kids

Submitted by Janice Fera



Consumer Alert on Water Fluoridation: 41% of American Teenagers Have This Disease. The CDC, ADA, and local health officials continue to promote fluoridation even though just this January, the U.S. Department of Health and Human Services recommended a nation-wide reduction in fluoride levels after it learned that 41 percent of American adolescents, ages 12-15, have dental fluorosis, a clear sign of overexposure to fluoride, and that the rate is continuing to increase steadily. Only now is the U.S. Environmental Protection Agency's Office of Water reviewing the allowable amount of fluoride in drinking water, more than four years after the National Research Council reported to Congress that the current allowable fluoride levels (MCL/MCLG) were too high. In the face of lax federal regulation, health activists are acting locally.

More than 250 communities that have rejected fluoridation. This year in New Hampshire and Arkansas, citizen groups got legislation introduced at the state-level which would require notices on all municipal water bills warning parents not to feed infants fluoridated water. Citizens in Tennessee, led by the Lillie Center were successful in getting a prominent team of bi-partisan legislators to call for an end to the promotion of fluoridation by the state. In Alaska, Fluoride Free Fairbanks along with many concerned citizens urged their city council to review fluoridation, and in March the city council's task force charged with studying the issue recommended that the city stop adding fluoride to their water. Clearly, a small group of educated and dedicated citizens can accomplish a lot when they organize locally against fluoridation.

[Watch this video from the Fluoride Action Network to learn more.](#)

Learn more about the dangers of fluoride by reading, "*The Case Against Fluoride: How Hazardous Waste Ended Up in Our Drinking Water and the Bad Science and Powerful Politics That Keep It There.*" Called a "painstakingly researched exposé of fluoridation's overall ineffectiveness and toxicity", it is a must read for anyone interested in fluoride issues, and provides a complete science-based analysis of the entire practice of fluoridation.

[Read more about this book](#)

CADI, eyePIX, SD8004, Used Iridology Cameras, and Iridology Station 5.1 Software

Go to the following links to learn about the cameras and software we sell:

CADI WV5533 Handheld Digital Iriscope, 8.0 Megapixel: <http://www.joyfullivingservices.com/cadi8megapixel.pdf>

EyePIX Handheld Iridology Camera, 10.0 Megapixel: <http://www.joyfullivingservices.com/handouts/eyePIX.pdf>

SD8004 Super Digital 18.1 MP Iridology Camera: <http://www.joyfullivingservices.com/handouts/sd8004digitaliridologycamera.pdf>

Iridology Station 5.1 Software: <http://www.joyfullivingservices.com/iridologystation5.1.html>

New Iridology Cameras: <http://www.joyfullivingservices.com/iridologycameras.html>

Used Iridology Cameras: <http://www.joyfullivingservices.com/usediridologycameras.html>

Course Instructors

We are happy to let you know that we have several new instructors for our iridology, health & nutrition, herb, anatomy & physiology, and colon health courses. Go to: <http://www.joyfullivingservices.com/certifiedinstructors.html> for information.

JLS Certified Instructors and Distributors

We are happy to let you know that we have several distributors of our courses and products. You can find a distributor in your area by going to: <http://www.joyfullivingservices.com/iridologydistributorlist.html>. We offer distributorships for all our products and this includes all our courses and iridology and health supplies. If you are interested in becoming a distributor for us let Brenda know and we can discuss this possibility. There is no fee to become a distributor for us.

Referrals

Joyful Living Services offers referrals for our distributors who sell our products and courses, Certified Iridologists, Certified Herbal Counselors, Certified Health and Nutrition Counselors, Certified Anatomy & Physiology Professionals, Certified Colon Health Care Professionals, Certified Advanced Herbalism Professionals, Certified Muscle Response Testers, Chiropractors, Massage Therapists, Iridology Distributors, Nature's Sunshine Distributors, and more. Go to:

<http://www.joyfullivingservices.com/referrals.html> to find the right professional.

Recipe of the Month – Spaghetti Sauce with Zucchini

By: Brenda Generali

Ingredients:

1 large can tomato sauce
1 large can diced tomatoes
1 bag peeled and chopped yellow onions
1 large jar chopped garlic with juice
Italian Seasoning to taste

As many zucchini as you can chop

Mix all together. Cook on medium heat until melded. Pressure Cook according to directions.

Brenda's Note: I made this recipe last summer when we had zucchini "coming out of our ears" and it lasted us all winter long. You know it has no preservatives or additives and is healthy. Best thing is that it camouflages the zucchini and kids will eat them!!!!

Online Shopping Cart

We are continuously updating our online shopping cart. You can order all our products online using PayPal. PayPal is a secure system that requires your e-mail address. It's free to use and was created by EBay. To find out about PayPal go to <http://www.paypal.com>. To access our online shopping cart, go to:
<http://www.joyfullivingservices.com/products.html>.

Monthly Specials and Catalog

To view and download our monthly specials and updated catalog, click on the following links:

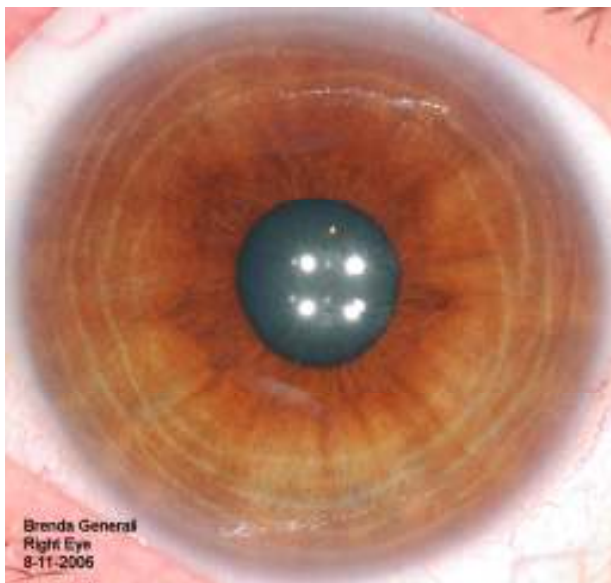
Monthly Specials: <http://www.joyfullivingservices.com/handouts/jlsspecials.pdf>

Updated Catalog: <http://www.joyfullivingservices.com/handouts/jlscatalog.pdf>

The Study of Iridology

I realized that I have not shown my own iris in the newsletter and you cannot see it from my picture. For those of you whom are studying iridology with us, you should recognize this iris from the practices and tests. For those of you whom have not studied with us, it's my iris.

My iris reminds me of the Mariposa Grove of Redwoods we just visited in Yosemite last month. Notice all the rings. In trees you can count the rings to find out how old a tree is. With humans it has to do with the amount of stress and how sensitive someone is. Notice that I was very stressed out in 2006. To find out my history go to <http://www.joyfullivingservices.com/bio.html>



I would be very interested, for those of you whom are studying iridology or are professional iridologists, if you would like to submit an analysis of my iris to me. Send it to iridology@netzero.net and I will publish it in the September newsletter as well as your business information.