

CERTIFIED AROMATHERAPY COUNSELOR COURSE – SESSION 17 – SUPPLIERS

Essential Oils:

Mountain Rose Herbs: They carry wild crafted and some organic Essential oils. Trusted company with quality products. They also have bulk herbs, nut butters, carrier oils and containers. Visit them at <http://www.mountainroseherbs.com/cgi-bin/Main.pl?AID=102335&BID=30>

Ananda Apothecary: A Boulder Colorado company that carries organic and wild crafted essential oils, carrier oils and essential oil blends. They also have diffusers and various other items. Visit them at <http://anandaapothecary.com/>

Liberty Natural: This is for those of us who need to order sometimes in bulk. They have a \$50.00 minimum order. They carry bulk essential oils, carrier oils, herbs & spices, bottles and jars, nut butters. I have used them many times. They also carry some hard to find essential oils. The prices are very good. Visit them at <http://www.libertynatural.com>

Nature's Sunshine: Natural supplements, herbs, salves and ointments. They also carry a very limited supply of essential oils. Visit them at <http://www.naturessunshine.com> or talk to Brenda at Joyful Living Services.

More Than Alive: Excellent company that carries bulk supplies like clays, herbs, spices, carrier oils. Great prices on shipping. Visit them at http://www.morethanalive.com/?a_aid=b966f1e5&a_bid=6bd66856

Essential7: GC/MS 100% Pure Therapeutic grade essential oils, carrier oils, supplies. Visit them at <http://www.essential7.com>

Amrita: Every one of Amrita's essential oils has been verified for purity and authenticity by gas chromatography (GC). After 14 years of analyzing essential oils, Christoph emphatically states, "An in-house gas-chromatographic laboratory is an absolute necessity to ensure the purity and effectiveness of essential oils and essential oil products."
Visit Amrita at <http://www.amrita.net>

CERTIFIED AROMATHERAPY COUNSELOR COURSE – SESSION 17 – SUPPLIERS

Books by Author:

Kurt Schnaubelt: Expert in the use of Essential oils both externally and internally. All of his books can be found on Amazon. I suggest his book “Medical Aromatherapy healing with essential oils”, “Advanced Aromatherapy”, “The Healing Intelligence of Essential Oils”.

Dr. David Stewart: Although Dr. Stewart is a distributor for Young Living his book “The Chemistry of Essential Oils made easy” is well worth the read. Most essential oil books on the chemistry are highly complicated and hard to understand. Dr. Stewart puts it in layman terms anyone can understand.

Valerie Ann Worwood: Another expert on the many uses of essential oils. Her books are wonderful and full of valuable information. She also provides excellent recipes to follow. Books I recommend are: “Aromatherapy for the Soul”, “The complete book of essential oils and aromatherapy”, “Aromatherapy for a Healthy Child”.

Kristen Leigh Bell: Excellent advise, research and alternative with animals. She teaches you about essential oils, hydrosols and recipes to start you off. Her book is well worth owning if you are an animal lover and wish to work with them. Her book is called “Holistic Aromatherapy for Animals”.

There are many books on the market today. My only suggestion is research before you purchase a book. I have over the years purchased Aromatherapy books that now sit on a shelf and collect dust. They are not based on sound research. Most are feel good books with recipes for personal care.

Please feel free to email me if you have any questions on books, DVD's or to further your education in the field of Aromatherapy.