



# Become a Certified Aromatherapy Counselor Online Course

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Joyful Living Services is giving a Certified Aromatherapy Counselor Online Course.

## Course Details

This course contains 16 lessons on the web. The files are in PDF format and are ready to download. You will receive a certificate at the end of this course. There is homework with each session and there is a test at the end of the course. The homework and test will be graded as you turn them in. They will need to be mailed, faxed, or e-mailed to us. This course is on your own time so you can complete the lessons at your own pace. If you are going on vacation, are ill, or don't have the time every week to read the lesson and complete the homework you will not be penalized. Because this course is online and is on your own time, you are responsible for turning in your homework when it is done. You will receive your certificate once all the homework has been turned in and once your final exam is graded and passed.



## Course Cost

The course cost is \$300. The course can be paid in full up-front, in two payments, or monthly (whichever is easier for you). It can be paid by check, credit card, or bank wire.

## Special Double Course Discount

If you would like to take two courses at the same time, you can take them for a discount of \$100. Both courses you choose will cost \$500 instead of the regular price of \$600. Let us know if you want to take advantage of this special double course discount when you register.

## Questions & Registration

Fill out the attached registration form and mail it to us along with your payment to Joyful Living Services, P.O. Box 485, Weimar, CA 95736-0485, USA or fax it to us at 530-878-1119. You can also contact us via e-mail at [iridology@netzero.net](mailto:iridology@netzero.net), by phone at 530-878-1119 or 800-704-9800. We will need your name, company if you have one, mailing address, phone, fax, e-mail, and payment information to complete your registration process.

## Course Definition

An essential oil is a concentrated hydrophobic liquid containing volatile aroma compounds from plants. Essential oils are also known as volatile oils, ethereal oils or aetherolea, or simply as the "oil of" the plant from which they were extracted, such as *oil of clove*. An oil is "essential" in the sense that it carries a distinctive scent, or essence, of the plant. They are used in perfumes, cosmetics, soaps and other products, for flavoring food and drink, and for adding scents to incense and household cleaning products. Various essential oils have been used medicinally at different periods in history. Interest in essential oils has revived in recent decades with the popularity of aromatherapy, a branch of alternative medicine that claims that essential oils and other aromatic compounds have curative effects. Oils are volatilized or diluted in a carrier oil and

used in massage, diffused in the air by a nebulizer, heated over a candle flame, or burned as incense. This course is designed to teach you about essential oils and how to use them to improve your health and the health of others.

*This course is designed to teach you about essential oils and how to use them to improve your health and the health of others. This course is not a means to obtain or take the Registered Aromatherapy Certification exam with the National Association of Holistic Aromatherapy. You would need to further your education with a 200 hour credited Aromatherapy Course.*

### **About the Instructor**

Cindy runs her alternative health business through Sacred Earth Aromatics. She has spent most her life studying Alternative Health through herbs, essential oils, chemical free products, and healthy eating. Cindy is a certified Holistic Health Practitioner, and has been practicing for over 30 years. Cindy has studied Essential Oils, attended a C.A.R.E or Center for Aromatherapy Research and Education 3 day intensive with Certifications of Completion and Certified in Spiritual Aromatherapy. Cindy believes that knowledge is power which helps change our lives and the lives of those around us. Cindy has made products for over 25 years using herbs and essential oils. Cindy's qualifications include:

- Certified Holistic Health Practitioner
- Bachelor Degree in Spiritual Healing
- Certified Spiritual Aromatherapist
- Certified Meditation Instructor/Coach
- Trained in Raindrop and Vita Flex via C.A.R.E
- Certified Life Therapy Coach - Life Coach
- Certified Belief Therapist - Bible Based Therapy
- Herbalist
- Registered Healer - International Natural Healers Association
- Certified Vision Board Counselor/Coach
- Christian Reiki Master/Teacher
- Certified Crystal Healing

### **Course Schedule**

- Session 1: Course Overview and Introduction to Essential Oils
- Session 2: Using Essential Oils
- Session 3: Fixed Carrier Oils
- Session 4: Nut Butters and Waxes
- Session 5: Natural Preservative
- Session 6: Prepare Your Own
- Session 7: Animal Care
- Session 8: Baby and Children
- Session 9: Chemical Free Home and Cleaning
- Session 10: Skin Types
- Session 11: Masks, Facial Steams, Herbal Baths, Infused Oils, and Soaps
- Session 12: Healing Bath Oils and Bath Gelee
- Session 13: Herbal Tinctures
- Session 14: Body & Facial Scrubs, Lip Balms, Lotions, Creams, Salves and Ointments
- Session 15: Herbal Vinegars and Glycerites
- Session 16: Essential Oils for Holistic Healing: Healing Body, Mind, and Spirit
- Session 17: Suppliers
- Session 18: Final Exam, Certification, and Class Evaluation



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Name: \_\_\_\_\_

Company: \_\_\_\_\_

Address: \_\_\_\_\_

Address: \_\_\_\_\_

City, State: \_\_\_\_\_

Zip Code: \_\_\_\_\_

Country: \_\_\_\_\_

Telephone: \_\_\_\_\_

Fax: \_\_\_\_\_

E-mail: \_\_\_\_\_

Course Name: \_\_\_\_\_

Payment By: (Please circle one) VISA    MasterCard    American Express    Bank Wire    Check    Money Order

Payment Option: (Please circle one)    1 payment    2 payments    3 payments    4 payments

Credit Card #: \_\_\_\_\_ Exp. Date: \_\_\_\_\_

Date Funds were Wired (if bank wire): \_\_\_\_\_ Check Number (if personal check mailed): \_\_\_\_\_

Referred By: \_\_\_\_\_