



E-Tea

Essiac tea, a traditional Native American anti-cancer formula, in capsule form

E-Tea is a product based on Essiac Tea, a blend of herbs most commonly used as a natural formula for cancer. Essiac tea was created by a Canadian nurse named Rene Caisse (“Essiac” is “Caisse” spelled backwards). She learned about the recipe in 1922 from a woman who had been successfully treated by a native American medicine man.

After trying the formula on a relative, with excellent results, Rene Caisse started using the formula with numerous cancer patients, many of whom were thought to be incurable, having terminal forms of cancer. During the years that followed, she successfully treated hundreds of cancer patients administering the Essiac tea blend both orally and by injection. Many patients who were thought to be hopelessly ill were cured and lived 35 to 45 years after treatment.

The story of Essiac is well-documented in the book, *The Essiac Report* by Richard Thomas. The book includes many letters and documents attesting to Rene’s success in treating cancer with these herbs.

E-Tea is not the original Essiac formula, which is a liquid. It is an encapsulated product containing the same ingredients. E-Tea is useful as part of a natural protocol for cancer, but also has other properties. Like most anticancer herbal formulas, it is a blood purifier, which means it enhances immunity and helps the body detoxify. This makes it potentially useful for eruptive skin diseases such as acne, chicken pox, measles, eczema and rashes. It may also aid other chronic conditions and degenerative diseases.

The ingredients in Essiac and E-Tea are as follows:

Burdock Root

The bitter root of this common “weed” is the basis of several popular anticancer herbal formulas besides Essiac. Researchers have found the herb to contain arctigenin which inhibits tumor growth and also stops cell mutation which in turn can cause cancer.

Burdock has been traditionally used as a blood purifier and mild laxative, and as a treatment for skin conditions such as acne and eczema. It has also been used to treat conditions such as arthritis, rheumatism, sciatica and lumbago.

Slippery Elm

Found in Central and North America and Asia, slippery elm is a mild and agreeable herb that is both soothing and nourishing. It was eaten by George Washington’s soldiers at Valley Forge to keep them alive through the harsh winter. Even today, many herbalists

employ Slippery Elm as a food to help revitalize the health of the weak and debilitated.

Slippery elm contains large amounts of mucilage, which soothes irritated tissues, stops inflammation, absorbs toxins and nourishes the system. In particular, it is helpful for people whose gastrointestinal tracts have been weakened from chemotherapy or radiation treatments.

Sheep Sorrel

Native to central and southeastern Europe, Sheep Sorrel is widely distributed throughout most of the world. It is a dock species, related to yellow dock and curly dock. Its pleasantly sour-tasting leaves have been steamed as greens for culinary purposes and have also been used as a nourishing medicine.

Sheep Sorrel is a cooling, anti-inflammatory herb. It is used to aid blood disorders, gravel in the kidneys, liver complaints and fevers. It is a very nourishing plant.

Turkey Rhubarb

An effective, but gentle natural laxative, Turkey Rhubarb is related to the garden rhubarb you sometimes see in the grocery store. It has been used in medicine for more than 2,000 years. Turkey rhubarb stimulates digestion, improves bile flow and helps clear toxins from the system.

Suggested Use

For cancer, this blend is best used as a tea. To make a tea, empty the contents of 2 capsules into 4 ounces of hot water. Drink the tea right before going to bed. You can also take 2-4 capsules with water before bed. For skin diseases and other conditions, you can also take 2 capsules three times daily on an empty stomach.

Warnings

Cancer is a serious illness. Do not rely on one herbal formula as your sole treatment. Consult a qualified practitioner and develop a complete health program.

Selected References

The Essiac Report by Richard Thomas

Common Herbs for Natural Health by Juliette de Bairacli Levy

Medicinal Plants and their Uses by Hans Fluck with Dr. Rita Jaspersen-Schib

The Healing Herbs by Michael Castleman

The Illustrated Encyclopedia of Herbs edited by Sarah Bunney

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