

Become a Certified **Fertility Counselor Online Course**

Joyful Living Services' is pleased to offer a Certified Fertility Counselor Online Course.

Course Details

This course runs for 13 weeks. It contains 12 lessons on the web. The files are in Adobe PDF format and are ready to download. You will receive a certificate at the end of this course. There is homework with each session and there is a test at the end of the course. The homework and test will be graded as you turn them in. They will need to be mailed, faxed, or e-mailed to us. This course is on your own time so you can complete the lessons at your own pace. If you are going on vacation, are ill, or don't have the time every week to read the lesson and complete the homework you will not be penalized. Because this course is online and is on your own time, you are responsible for turning in your



homework when it is done. You will receive your certificate once all the homework has been turned in and once your final exam is graded and passed.

Course Cost

Course cost is \$300. The course can be paid in full up-front, in two payments, or monthly (whichever is easier for you). It can be paid by check, credit card, or bank wire.

Special Double Course Discount

If you would like to take two courses at the same time, you can take them for a discount of \$100. Both courses you choose will cost \$500 instead of the regular price of \$600. Let us know if you want to take advantage of this special double course discount when you register.

Questions & Registration

Fill out the attached registration form and e-mail it to Joyful Living Services at iridology@netzero.net or contact us by phone to 530-878-1119 or 800-704-9800. We will need your name, company if you have one, mailing address, phone, fax, e-mail, and payment information to complete your registration process.

Course Definition

The term "fertility" refers to a person's ability to produce offspring. Getting to know your body and the signs associated with your most fertile days is an important aspect of your sexual health. If you want to become pregnant it will help you to achieve those results more quickly. If you want to avoid having children, understanding your fertility will enable you to avoid having unprotected intercourse during your peak fertile times. . Seeking the help of a fertility specialist is recommended when a couple has been unable to conceive within a year. If you are over the age of 35, time is of greater importance as successful conception becomes more and more unlikely as we age. Infertility affects at least 1 in 5 couples. That's a whopping 25% of the world's population that suffer from infertility in some fashion! Luckily, the majority of couples who suffer from fertility will find help - usually through finding the right fertility clinic and or doctor

where infertility therapy can begin. Some couples will adopt, some will decide upon surrogacy and many will eventually time conception just right and manage it without outside help. This course is designed to teach you about fertility and infertility as well as the alternative options available for yourself and others.

About the Instructor

Amanda Brown has been an advocate in the field of fertility for over four years. As a Certified Herbal Counselor, Amanda continues to advocate for resolve.org and educate about infertility, health, and wellbeing. Amanda is a columnist for Woman's Essence Magazine; Housewives Magazine, examiner.com and has helped many women with her columns on health and nutrition. Amanda has also created a large educational fertility website, and contributes to a large online infertility forum which has brought voices to many women. Amanda shares her own personal experience with secondary infertility and recurrent losses.

Course Schedule

- 1 Introduction to Fertility and Brief History of Infertility
- 2 First Half of Cycle (Follicular Phase) and Hormones
- 3 Ovulation: What can Interrupt Ovulation and Tools for Ovulation
- 4 Egg (Ovum) and Sperm
- 5 Conception and Pregnancy Testing
- 6 Luteal Phase and Hormones
- 7 Menstruation Details Clotting, What's Normal or Abnormal
- 8 Infertility and What can Compromise it Including Blood Tests
- 9 How to Help Fertility in Both Men and Women Through the Use of Foods and Dietary Changes
- 10 What Can Harm Fertility
- 11 List of Hormones Involved with the Fertility Cycles
- 12 Alternative Treatments for Fertility and Infertility: The Use of Medicinal Herbs
- 13 Final Exam, Certification, and Class Evaluation



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