

CERTIFIED CHINESE HERBOLOGY ONLINE COURSE - SESSION 15

- Herbalism for Pets

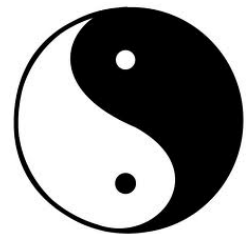
Chinese herbal medicine has been used in the treatment of humans and animals for over 2,000 years. It is based on combining herbs together to promote balance and healing. We call our herbal formulas “Qi Blends” since they are blended together to promote health and restore harmony to the “Qi” (or vital energy) of dogs.



The aim of any treatment with Chinese herbs is to bring the body and emotions into balance. We've identified the areas of imbalance that most often lead to health problems in dogs and chosen herbs to address them.

Balance is achieved in Chinese medicine by addressing:

Yin & Yang – Yin and Yang are opposites. Symptoms can be looked at in terms of yin/yang parameters. For example, dampness is yin and dryness is yang. Cold is yin and heat is yang. An herbalist's job is to apply the theories of yin and yang to the patient. For a dog with sores on the skin – are they wet looking or dry? Are they red (indicating heat) or white (indicating cold)? Similarly with a cough – does it sound wet and phlegmy or dry? Is the dog hyperactive (indicating heat) or lethargic (indicating cold)?



Qi, Blood, and Body Fluids – Qi (vital energy), blood, and body fluid are fundamental substances that sustain health. Imbalances in these three areas can cause a variety of imbalances for a dog. Qi, blood, and body fluids can be weak and deficient, in which case they are unable to nourish the body and function properly. Deficient qi can cause fatigue or dull achy pain. Deficient blood and body fluids can lead to dry, itchy skin. On the other hand – qi, blood and body fluids can be excess and overflowing in which case they become stuck or stagnant. Qi and blood that are stuck can cause a sharp, fixed pain that may be severe. On the emotional side, stuck qi can cause frustration and irritability. To attain balance, these three vital substances need to be strong and healthy in their flow.

Channels and Collaterals – The channels and collaterals are considered to be a series of connecting passages through which qi and blood flow. The primary channels are indicated by the lines that are shown on acupuncture charts. Eleven of the 12 primary channels are named for organs they are associated with. It's important to note that these organs in Chinese medicine are not the same as their western counterparts. The Chinese Kidney, for example, may have some of the same functions as the western Kidney, but it is a much broader concept than simply the anatomical organ. Chinese organs have emotions associated with them. The Chinese kidney is associated with fear. They also have an associated tissue and orifice. The tissue of the Chinese kidney is bone and the orifice is the ear. Therefore, hearing problems, brittle bones, and a feeling of fear indicate imbalance in the Kidney meridian. The anatomical kidney may be perfectly healthy in this scenario, but herbs are required to treat the Kidney meridian.

Why Choose Chinese Herbs for Dogs?

Chinese herbal medicine has been used in the treatment of humans and animals for over 2,000 years. It is based on combining herbs together to promote balance and healing. We call our herbal formulas “Qi Blends” since they are blended together to promote health and restore harmony to the “Qi” (or vital energy) of dogs.

The aim of any treatment with Chinese herbs is to bring the body and emotions into balance. We’ve identified the areas of imbalance that most often lead to health problems in dogs and chosen herbs to address them.

Dogs with Digestive Problems – What does Chinese Medicine Say?

Chinese medicine teaches that healthy digestion depends on the proper functioning of the Spleen and Stomach. (As a reminder, organs in Chinese medicine are not the same as the organs of Western medicine. The Chinese “Spleen” has very little to do with the anatomical spleen.)

The Spleen and Stomach make up a yin/yang pair. The Stomach’s job is to “rot and ripen” food. This separates the pure essences of food (which become energy) from the turbid waste (which is excreted). The Spleen transforms the food into energy (or Qi) and transports this Qi throughout the body.

Digestive problems occur when the Stomach and Spleen aren’t functioning as they should. The Qi of the Stomach can become rebellious and flow upward leading to nausea and vomiting. Heat in the Stomach meridian causes foul smelling breath. Weakness in the Qi of the Spleen can lead to a build-up of turbid dampness that causes flatulence, bloating, or loose stools. Food can also become stuck or stagnant when the Spleen Qi is weak leading to loss of appetite, abdominal discomfort or pain, and bad breath.

It is common that a diet heavy in rich and fatty foods (like many commercial dog foods) damages the Qi of the Spleen and Stomach. Eating a healthy diet is crucial to restore good health.

Qi Blends Digestive Blend is a formulation of herbs that address the most common dysfunctions of the Spleen and Stomach seen in dogs.

Here’s what one of our customers wrote -

“Our Lab, Max, used to have loose stools and bad flatulence all the time. We tried switching foods several times, but finally found relief when we discovered Qi Blends Digestive Blend. We used to be embarrassed when we had friends over and Max was in the house passing gas. Dealing with the pooper scooper was also a pain. Now, thanks to Digestive Blend, we’re much happier — and so is Max!”

Gracie's Joint Pain and Chinese Herbs

My first case study is about Gracie, a dog near and dear to my heart. Gracie is prone to getting joint pain – particularly in her knees and hips. At times she hobbles on three legs, unable to put any weight on her hind leg.



From a Chinese medicine perspective Gracie suffers from “Bi pain.” The translation of “Bi pain” is painful obstruction. When a dog has pain and stiffness in the muscles, tendons, bones, or joints, it falls into this category. Pain from arthritis is largely looked at as “bi pain” in Chinese medicine.

According to the theories of Chinese medicine, the factors that cause “bi pain” are wind and dampness. Change in the location of pain indicates wind. Heaviness, swelling, or numbness indicates dampness. Wind and dampness will commonly combine with either heat or cold.

Gracie was treated with Qi Blends Joint & Muscle blend. Qi Blends is the line of Chinese herbs that I created specifically for dogs. We’ve launched with 12 blends – 10 internal blends which are mixed with food. Two of the blends are topical – an ointment for itching and a powder for hot spots and sores.

Gracie does very well with Joint & Muscle blend, which has the primary function of treating “bi pain”. After taking the herbs for several days, she began to run and play with youthful vigor. For the most part she appears to be pain free. Since joint pain *is* Gracie’s weakness, it will sometimes creep back up on her. But when it does re-emerge, a few doses of Joint & Muscle blend is all it takes to take care of it.

Qi Blends Remedy for Senior Dogs



Feel Young Again

For the treatment of -

- * Low energy
- * Aches & Pains associated with old age
- * Impaired movement
- * Diminished Vision and Hearing

To order any of the Qi Blends visit www.qiblends.com

About Feel Young Again Blend, Chinese Herbal Remedy for Dogs

As an animal ages the Qi (energy) and vital essences begin to weaken. This causes their normal flow to become inhibited. Many symptoms an older dog experiences come from a complex picture of Qi and blood that is both weak and stuck.



At the center of this picture is a deficiency of Qi in the Spleen and Stomach. This results in general weakness and fatigue which may or may not be accompanied by digestive problems.

A further continuation of weakness from aging is when the deficiency affects the Kidney meridian. The Kidney is the source of Yin, Yang, and Jing (essence). Weak Kidney essence leads to difficulty hearing. The Kidneys govern the low back and knees and weakness can result in back and knee pain. Herbs that benefit Kidney yang strengthen the sinews and the bones which may be painful and creaky. Extreme fatigue comes from weak Kidney qi.

In addition, a key aspect of treating older dogs is to move (or quicken) the blood. This resolves blood stasis that can come from various causes, and is nearly always present in elderly animals. It can result in pain, impaired movement, and is always present in enduring illnesses. The blood may also be weak and deficient resulting in dry, brittle fur and nails and weak vision. For the blood to move, it also needs to be nourished. Blood nourishing herbs benefit the eyesight, skin, fur and nails.

The Chinese medicine treatment principles of the blend are to -

- * Supplement the Spleen & Boost the Qi
- * Quicken the Blood
- * Supplement Kidney Yin, Yang, and Jing
- * Nourish the Blood

Ingredients

Feel Young Again Blend is made with these highest quality ingredients: Huang Qi (Radix Astragali Membranacei), Dang Shen (Radix Codonopsis Pilosulae), Bai Zhu (Rhizoma Atractylodis Macrocephalae), Dang Gui (Radix Angelicae Sinensis), Chi Shao (Radix Rubrus Paeoniae Lactiflorae), Hong Hua (Flos Carthami Tinctorii), Niu Xi (Radix Achyranthis Bidentatae), Shan Yao (Radix Dioscoreae Oppositae), Du Zhong (Cortex Eucommiae Ulmoidis), Gou Qi Zi (Fructus Lycii Chinensis), Shan Zhu Yu (Fructus Corni Officinalis), Chen Pi (Pericarpium Citri Reticulatae), Sheng Ma (Rhizoma Cimicifugae), Chai Hu (Radix Bupleuri), and Zhi Gan Cao (Radix Glycyrrhizae) in a base of pure vegetable glycerine, water, and organic alcohol (total alcohol content less than 4%)

Directions & Dosage

Treatment Course - As a general rule, the longer a dog has suffered with a health problem the longer it takes to resolve. Some conditions heal within a week or two. Others require longer treatment. If treatment is given for more than two weeks, we recommend treating for 8 days on and two days off.

Mix blend into food. Refrigerate when open.

Because of the sweet flavor of the glycerine in blends, most dogs enjoy the taste. Some dogs may need the herbs to be mixed into wet food.

Dosage

1-25 pound dogs - 10-15 drops, 2-3x/day.

26-60 pound dogs - 20-40 drops, 2-3x/day.

61 pounds and up - 1-2 dropper-fulls, 2-3x/day.

A squeeze of the dropper bulb fills it about half way up. This is considered a "dropper-full". One dropper is approximately 45 drops.

As a general rule, the longer a dog has suffered with a health problem the longer it takes to resolve. Some conditions heal within a week or two. Others require longer treatment. If treatment is given for more than two weeks, we recommend treating for 8 days on and two days off.

Herbal remedies are not intended as a replacement for professional veterinary care. If you think your dog may have a health problem, please consult a veterinarian. If side effects occur or symptoms persist, please discontinue use and consult your vet

Qi Blends, Serenity Blend



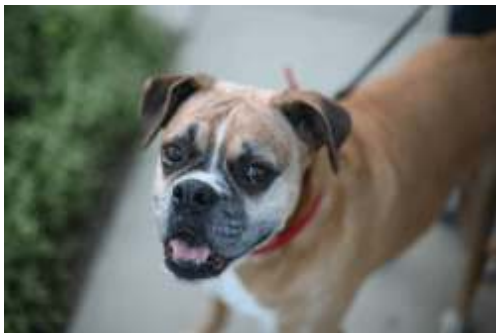
Calming and soothing to promote healing of –

* Chronic Anxiety Situational Anxiety (from storms, fireworks, etc.)

* Nervous disposition (easily frightened or startled)

* Stress (from being left alone too long or disharmony in the home)

About Serenity Blend, Chinese Herbal Formula for Dogs



Serenity Blend is a calming formula for those dogs suffering from general anxiety symptoms as well as those who are easily frightened or startled. It is also appropriate for use during stressful situations such as thunderstorms, July 4th fireworks, trips to the vet, competitive events, or traveling. Many dogs respond well to Serenity Blend when there is stress in the home from fighting, grieving, or illness. It has a soothing effect after a traumatic event such as a dog fight, and can be taken on a short-term or long-term basis.

Serenity Blend calms the emotions by balancing the meridians of the Heart, Spleen, and Liver. An imbalance in all three of these together is a common picture in nervous dogs.

In Chinese medicine, the Heart meridian is said to house the spirit. The spirit encompasses both emotions and mental functioning. As a reminder - Chinese organs are not the same as their western organs of the same name. The Chinese Heart moves the blood, but also controls the emotions. Emotional change can damage the Qi (energy) and blood of the Heart or can come about if the Heart Qi and blood are already weak.

Excessive worry in Chinese medicine damages the Spleen meridian which makes Qi (energy) from food. This can leave the dog feeling lethargic or having weak digestion. Qi is also the mother of blood. So if there is a lack of Qi, then there will also be a lack of blood to nourish the Heart. Heart blood deficiency and Spleen Qi deficiency lead to a susceptibility of fear.

Chinese medicine teaches that stress and "unfulfilled desires" cause the Qi of the Liver meridian to become stuck or stagnant. Like humans, dogs also have unfulfilled desires. Sometimes they are alone more than they'd like or they are unhappy because of noises from storms or fireworks. It may make them frightened to go in the car to see the vet or they may pick up on stress from people in their homes. Any of these situations result in stagnant Liver Qi.

Serenity Blend brings balance to all three of these meridians, bringing healing to the dog regardless of the initial cause of anxiety or stress.

The Chinese medicine treatment principles of this blend are to -

- * Alleviate Pain
- * Invigorate the Blood
- * Move the Qi
- * Invigorate Yang, Strengthen Tendons and Bones
- * Promote regeneration of Damaged Tissues
- * Calm the Spirit

Ingredients

Serenity Blend is made with these highest quality ingredients - Mu Li (Concha Ostreae), Huang Qi (Radix Astragali Membranacei), Suan Zao Ren (Semen Zizyphi Spinosae), Bai Zhu (Rhizoma Atractylodis Macrocephalae), Fu Shen (Sclerotium Pararadicis Poriae Cocos), Yuan Zhi (Radix Polygalae Tenuifoliae), Mu Xiang (Radix Aucklandiae Lappae), Dang Gui (Radix Angelicae Sinensis), Yu Jin (Tuber Curcumae), Da Zao (Fructus Zizyphi Jujubae), Dang Shen (Radix Codonopsis Pilosulae), Chai Hu (Radix Bupleuri), Bai Shao (Radix Albus Paeoniae Lactiflorae), Long Yan Rou (Arillus Euphoriae Longanae), Bo He (Herba Menthae Haplocalysis), Zhi Gan Cao (Radix Glycyrrhizae) in a base of pure vegetable glycerine, water, and organic alcohol (total alcohol content less than 4%).

Directions & Dosage

Treatment Course - As a general rule, the longer a dog has suffered with a health problem the longer it takes to resolve. Some conditions heal within a week or two. Others require longer treatment. If treatment is given for more than two weeks, we recommend treating for 8 days on and two days off.

Mix blend into food. Refrigerate when open.

Because of the sweet flavor of the glycerine in our blends, most dogs enjoy the taste. Some dogs may need the herbs to be mixed into wet food.

Dosage

- 1-25 pound dogs - 10-15 drops, 2-3x/day.
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- 61 pounds and up - 1-2 dropper-fulls, 2-3x/day.

A squeeze of the dropper bulb fills it about half way up. This is considered a "dropper-full". One dropper is approximately 45 drops.

Cautions & Contraindications

Not for use during pregnancy or if taking blood thinning medication. Consult a veterinarian before combining this product with any other medication.

Qi Blends Post Trauma Blend



Expedites healing in the treatment of-

- * Pain (following an accident, dog-fight, etc.)
- * Wounds
- * Broken Bones & Fractures
- * Traumatic Sprain, Strain, or Bruising
- * Swelling

About Post Trauma Blend, Chinese Herbal Formula for Dogs



Traumatic injury or wounds in Chinese medicine are said to create blood stasis. This means that the blood is static & stuck - it isn't flowing through the acupuncture meridians as it should. This concept of "blood" isn't the same as the blood we think of in Western medicine. Instead it is a vital substance necessary to nourish the body. Chinese medicine treats injuries from an accident (such as being hit by a car or a dog fight) with specific blood moving herbs that promote healing.

In addition to the blood becoming static, the flow of Qi (or vital energy) is also disrupted when there is an injury, which leads to Qi stagnation.

The Kidney in Chinese medicine is not the same as the western medicine Kidney. In Western medicine, an organ is simply an anatomical structure. In Chinese medicine the concept of each Internal Organ encompasses much more. There can be an anatomical structure, but there is also a corresponding emotion, tissue, sensory organ, and element. In the case of the Chinese Kidney the corresponding tissue is bone. Therefore, herbs which invigorate Kidney yang are used for the healing of tendons and bones.

Post Trauma Blend is formulated to strengthen Kidney yang, allow the Qi and blood to flow smoothly, and reduce the level of overall pain. This is the most effective way to heal injuries quickly.

The Chinese medicine treatment principles of the blend are to -

- * Alleviate Pain
- * Invigorate the Blood
- * Move the Qi
- * Invigorate Yang, Strengthen Tendons and Bones
- * Promote regeneration of Damaged Tissues
- * Calm the Spirit

Herbs to Calm the Spirit are included in the blend to address the stress and emotional after-effects of a traumatic incident.

Ingredients

Post Trauma Blend is made with these highest quality ingredients - Xu Duan (Radix Dipsaci), Gu Sui Bu (Rhizoma Drynariae), San Qi (Radix Pseudoginseng), Qi Ye Lian (Radix Schefflera Arboricola), Ru Xiang (Resina Olibani), Mo Yao (Resina Myrrhae), Dang Gui (Radix Angelicae Sinensis), Dan Shen (Radix Salviae Miltiorrhizae), Yan Hu Suo (Rhizoma Corydalis Yanhusuo), Ye Jiao Teng (Caulis Polygoni Multiflori), Zhi Gan Cao (Radix Glycyrrhizae) in a base of pure vegetable glycerine, water, and organic alcohol (total alcohol content less than 4%).

Directions & Dosage

Treatment Course - As a general rule, the longer a dog has suffered with a health problem the longer it takes to resolve. Some conditions heal within a week or two. Others require longer treatment. If treatment is given for more than two weeks, we recommend treating for 8 days on and two days off.

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Cautions & Contraindications

Not for use during pregnancy or if taking blood thinning medication.

Consult a veterinarian before combining this product with any other medication.

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Qi Blends, Digestive Blend



- * Pain or Irregular appetite due to digestive pain or discomfort
- * Bad Breath
- * Vomiting
- * Loose Stools
- * Inflammatory Bowel Disease
- * Excess Gas/Flatulence

About Digestive Blend, Chinese Herbal Formula for Dogs



Chinese medicine teaches that healthy digestion depends on the proper functioning of the Spleen and Stomach. (As a reminder, organs in Chinese medicine are not the same as the organs of Western medicine. The Chinese "Spleen" has very little to do with the anatomical spleen.)

The Spleen and Stomach make up a yin/yang pair. The Stomach's job is to "rot and ripen" food. This separates the pure essences of food (which become energy) from the turbid waste (which is excreted). The Spleen transforms the food into energy (or Qi) and transports this

Qi throughout the body.

Digestive problems occur when the Stomach and Spleen aren't functioning as they should. The Qi of the Stomach can become rebellious and flow upward leading to nausea and vomiting. Heat in the Stomach meridian causes foul smelling breath. Weakness in the Qi of the Spleen can lead to a build-up of turbid dampness that causes flatulence, bloating, or loose stools. Food can also become stuck or stagnant when the Spleen Qi is weak leading to loss of appetite, abdominal discomfort or pain, and bad breath.

It is common that a diet heavy in rich and fatty foods (like many commercial dog foods) damages the Qi of the Spleen and Stomach. Eating a healthy diet is crucial to restore good health.

Digestive Blend is a formulation of herbs that address the most common dysfunctions of the Spleen and Stomach seen in dogs.

The Chinese medicine treatment principles of the blend are to -

- * Harmonize Stomach
- * Fortify the Spleen
- * Eliminate Dampness
- * Disperse Stagnant Food
- * Regulate the Qi

Ingredients

Digestive Blend is made with these highest quality ingredients - Huo Xiang (Herba Agastachis Seu Pogostemi), Hou Po (Cortex Magnoliae Officinalis), Ban Xia (Rhizoma Pinelliae Ternatae), Chen Pi (Pericarpium Citri Reticulatae), Fu Ling (Sclerotium Poriae Cocos), Bai Zhu (Rhizoma Atractylodis Macrocephalae), Shan Zha (Fructus Crataegi), Shen Qu (Massa Medica Fermentata), Gu Ya (Fructus Germinatus Oryzae Sativae), Bai Zhi (Radix Angelicae Dahuricae), Da Zao (Fructus Zizyphi Jujubae), and Gan Cao (Radix Glycyrrhizae) in a base of pure vegetable glycerine, water, and organic alcohol (total alcohol content less than 4%)

Directions & Dosage

Treatment Course - As a general rule, the longer a dog has suffered with a health problem the longer it takes to resolve. Some conditions heal within a week or two. Others require longer treatment. If treatment is given for more than two weeks, we recommend treating for 8 days on and two days off.

Mix blend into food. Refrigerate when open.

Because of the sweet flavor of the glycerine in our blends, most dogs enjoy the taste. Some dogs may need the herbs to be mixed into wet food.

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Cautions & Contraindications

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Qi Blends, Healthy Lung Blend



This Chinese Herbal Remedy is for the treatment of:

- * Coughing
- * Wheezing
- * Panting
- * Shortness of Breath

About Healthy Lung Blend, Chinese Herbal Formula for Dogs



In Chinese medicine, coughing and wheezing can come from two root causes. One of them is a deficiency or weakness in the Qi of the Lung. This leads to weak sounding coughing, panting, or shortness of breath.

The second root cause is an excess. This is when there is a build-up in the energy of the Lung of something that shouldn't be there. An example of an excess pathogenic factor is phlegm which disrupts the flow of Qi in the Lung and leads to coughing and wheezing. Another excess pathogenic factor is heat that could come from an internal imbalance or could come from a virus or bacteria. Healthy Lung Blend is what is called a "harmonizing" formula. It treats deficiency and excess at the same time. There are herbs which supplement the Qi and treat the deficiency, as well as herbs that clear heat and transform phlegm, treating the excess.

The Chinese medicine treatment principles of the blend are to -

- Supplement Lung Qi
- Stop Cough
- Stop Wheezing
- Transform Phlegm
- Clear heat

Ingredients

Healthy Lung Blend is made with these highest quality ingredients - Chai Hu (Radix Bupleuri), Huang Qin (Radix Scutellariae Baicalensis), Dang Shen (Radix Codonopsis Pilosulae), Huang Qi (Radix Astragali Membranacei), Shu Di Huang (prepared Radix Rehmanniae), Sang Bai Pi (Cortex Radicis Mori Albi), Jie Geng (Radix Platycodi Grandiflori), Jing Jie (Herba Schizonepetae Tenuifoliae), Zi Wan (Radix Asteris Tatarici), Bai Qian (Radix Et Rhizoma Cynanchi Baiqian), Bai Bu (Radix Stemonae), Ban Xia (Rhizoma Pinelliae Ternatae), Chen Pi (Pericarpium Citri Reticulatae), Da Zao (Fructus Zizyphi Jujubae), Wu Wei Zi (Fructus Schisandrae Chinensis), Gan Cao (Radix Glycyrrhizae) in a base of pure vegetable glycerine, water, and organic alcohol (total alcohol content less than 4%).

Directions & Dosage

Treatment Course - As a general rule, the longer a dog has suffered with a health problem the longer it takes to resolve. Some conditions heal within a week or two. Others require longer treatment. If treatment is given for more than two weeks, we recommend treating for 8 days on and two days off.

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Qi Blends, Anti-Parasite Blend



Aids the body to –

- * Fight and eliminate intestinal parasites
- * Strengthen & Enhance Digestion

About Anti-Parasite Blend, Chinese Herbal Formula for Dogs



Anti-Parasite Blend is based on a classical Chinese formula which was originally used in young children with intestinal parasites. It is therefore gentle to the digestive system, balancing anti-parasitic herbs with herbs that strengthen and protect digestion. It is broad spectrum and used for a variety of parasitic infestations.

An important aspect of this herbal blend is the balance of two energies. The anti-parasitic herbs are used to kill the invading parasite, dispersing and moving the energy (or "Qi") to eliminate the parasite from the digestive tract. Other herbs in the blend are used to disperse stagnant food, ensuring that food is properly digested, and to strengthen and build the Qi of the Spleen.

In Chinese medicine, the Spleen is considered to be the key organ to regulate digestion. Keep in mind that the Spleen in Chinese medicine theory is not the same as its western counterpart. Each Chinese "organ" has a number of functions throughout the body having to do with an anatomical structure as well as corresponding emotions, tissues, sensory organs, and elements.

The main function of the Spleen is to transform food and drink into Qi. The Spleen is also responsible for transporting the Qi throughout the body. It separates "clear essence" which becomes Qi from "turbid waste" which is excreted. When the Spleen is functioning well, digestion will be good and energy will be strong.

The Chinese medicine treatment principles of the blend are to -

- * Kill parasites
- * Fortify the Spleen
- * Disperse Stagnant Food
- * Clear Heat

Due to the life cycle of intestinal parasites, a 30 day course of treatment is necessary even if the dog appears to be symptom-free after several days. Follow up courses of 7 days per month may be necessary in some cases. Anti-parasite blend is designed for the long term use necessary to completely rid the dog of worms. By harmonizing the dispersing and fortifying energies of the herbs in this blend, dogs should experience a free flow of energy without side effects.

Ingredients

Anti-Parasite Blend is made with these highest quality ingredients: Ku Lian Pi (Cortex Radicis Meliae Azerdachis), Bing Lang (Semen Arecae Catechu), Shen Qu (Massa Medica Fermentata), Rou Dou Kou (Semen Myristicae Fragrantis), Mai Ya (Fructus Germinatus Hordei Vulgaris), Mu Xiang (Radix Aucklandiae Lappae), Shi Jun Zi (Fructus Quisqualis Indicae), Huang Lian (Rhizoma Coptidis Chinensis), in a base of pure vegetable glycerine, water, and organic alcohol (total alcohol content less than 4%)

Directions & Dosage

Treatment Course - 30 days. Due to the life cycle of intestinal parasites, a full course of treatment is necessary even if all parasites appear to be gone after several days. If needed, follow up with treatment for seven days per month following the full initial course of treatment.

Mix blend into food. Because of the sweet flavor of the glycerine in our blends, most dogs enjoy the taste. Some dogs may need the herbs to be mixed into wet food.

Dosage

- 1-25 pound dogs - 10-15 drops, 2-3x/day.
- 26-60 pound dogs - 20-40 drops, 2-3x/day.
- 61 pounds and up - 1-2 dropper-fulls, 2-3x/day.

A squeeze of the dropper bulb fills it about half way up. This is considered a "dropper-full". One dropper is approximately 45 drops.

Cautions

Not for use during pregnancy, nursing, or by puppies under 6 months unless prescribed by a veterinarian. Consult a vet before combining this product with any other medication. If side effects occur or symptoms persist, consult your veterinarian.

Qi Blends, Bladder Blend



For the treatment of –

- *Painful Urination
- * Increased frequency and urgency to urinate
- * Dripping or Dribbling Urine

About Bladder Blend, Chinese Herbal Formula for Dogs



Painful or difficult urination is a common symptom seen in many dogs. This is partly because house training forces dogs to hold urine longer than they otherwise would. Also, many dogs eat a diet heavy in rich foods that are hard on their digestive systems, setting off a process that leads to bladder pain and problems.

In Chinese medicine, painful urination, urgency, dribbling urine, and other symptoms of bladder infections are caused by a build-up of dampness and heat in the Urinary Bladder.

Dampness comes about when the Qi (energy) of the Spleen is weak and deficient. (As a reminder, organs in Chinese medicine are not the same as the organs of Western medicine. The Chinese "Spleen" has very little to do with the anatomical spleen.) The Spleen transforms food into energy by separating the "clear essences" (which become energy) from the "turbid waste" (which is excreted). Rich, greasy, and fatty foods damage the Spleen. Turbid waste then builds up in the body in the form of dampness.

Frustration causes the Liver Qi to stagnate and gives rise to heat. Dogs become frustrated when they are left alone for too long, if they can't play all the time, or if there is stress in the household. The heat generated from the Liver combines with dampness from the Spleen and pours down into the Urinary Bladder meridian.

Damp-heat in the Urinary Bladder causes painful urination, dribbling urine, and urgency. Over time, damp and heat can congeal and cause crystals, sand, or stones to form. Bladder Blend includes herbs that are used to dissolve stones, but if you suspect your dog has

stones or if there is blood in the urine, please follow the advice and prescription of your veterinarian.

The Chinese medicine treatment principles of the blend are to -

- * Clear heat and eliminate damp from the Urinary Bladder
- * Unblock painful urinary dysfunction

Ingredients

Bladder Blend is made with these highest quality ingredients - Hua Shi (Talcum), Che Qian Zi (Semen Plantaginis), Jin Qian Cao (Herba Lysimachiae), Sheng Di (Uncooked Radix Rehmanniae), Bian Xu (Herba Polygoni Avicularis), Qu Mai (Herba Dianthi), Huang Bai (Cortex Phellodendri), Wang Bu Liu Xing (Semen Vaccariae Segetalis), Dong Kui Zi (Semen Abutili Seu Malvae), Bei Xie (Rhizoma Dioscorea Hypoglauca), Niu Xi (Radix Achyranthis Bidentatae), Bai Mao Gen (Rhizoma Imperatae Cylindrica), Hu Po (Succinum), Gan Cao (Radix Glycyrrhizae) in a base of pure vegetable glycerine, water, and organic alcohol (total alcohol content less than 4%).

Directions & Dosage

Treatment Course - For a dog with painful, dribbling urination, herbs should be administered for 15 days. For crystals, sand, or stones herbs can be given for 6 to 8 weeks. This blend is safe for long term use. If treatment is given for more than two weeks, we recommend treating for 8 days on and two days off.

Mix blend into food. Refrigerate when open.

Because of the sweet flavor of the glycerine in our blends, most dogs enjoy the taste. Some dogs may need the herbs to be mixed into wet food.

Dosage

- 1-25 pound dogs - 10-15 drops, 2-3x/day.
- 26-60 pound dogs - 20-40 drops, 2-3x/day.
- 61 pounds and up - 1-2 dropper-fulls, 2-3x/day.

A squeeze of the dropper bulb fills it about half way up. This is considered a "dropper-full". One dropper is approximately 45 drops.

Cautions & Contraindications

Not for use during pregnancy. Consult a veterinarian before combining this product with any other medication.

About Qi Blends Skin Soothe Itch for Dogs - Internal Drops & Topical Ointment



Chinese Herbal Medicine is a safe and effective method to treat dogs holistically.

Skin and coat problems are best treated by treating dogs with herbs both internally (in food) and topically (directly in the areas that itch).

The Qi Blends Internal Blend promotes healing from within for:

- * Internal imbalances leading to itching
- * Chronic, ongoing itchy skin
- * Itching with dry skin
- * Itching with flaky skin
- * Itching at various spots on the body

and

The Topical Ointment stimulates healing for -

- * Itching with dry or flaky skin
- * Itching at various spots on the body

About Skin Soothe Itch, Chinese Herbal Skin and Coat Program for Dogs. We recommend treatment both internally and topically.

According to the theories and principles of Chinese medicine, there are several pathogenic influences which can invade the body. One of these is "wind" which causes itching.

Commonly, wind comes about when there is a deficiency of blood that fills and nourishes the vessels and meridians. The blood described here is different from the blood we think of in Western medicine. A blood deficiency pattern does not mean the dog is anemic, but rather describes a pattern where the body and skin are not being sufficiently nourished by a vital "yin" essence of Chinese medicine. This may leave the skin looking flaky and dry. The lack of blood allows wind to make its way through the unfilled meridians and dried tissues. Deficiency of blood may come from heredity, poor diet, or environmental factors.

The source of wind can be from outside or inside the body. An example of the wind invading from outside the body would be if itching comes from exposure to an allergen or an irritant. Wind that is generated from within the body may come from a reaction to certain foods, from stress, or from an auto-immune response when there is an underlying deficiency of blood. Stressors for the dog may include fighting or illness in the household, frustration from being at home alone for long periods, and boredom.

The Chinese medicine treatment principles of Skin Soothe Itch are to -

- * Stop Itch
- * Extinguish Wind
- * Nourish Blood
- * Moisten Dryness in the tissues
- * Harmonize Spleen and Stomach (to protect digestion)
- * Calm the Spirit
- * Move the Blood freely through the channels and meridians.

Herbs to calm the spirit are used to address the exasperation the dog experiences once itching has set in.

Ingredients

Skin Soothe Itch - Internal Blend is made with these highest quality ingredients - Yi Yi Ren (Semen Coicis Lachryma-jobi), Zhen Zhu Mu (Concha Margaritiferae), He Shou Wu (Radix Polygoni Multiflori), Bai Xian Pi (Cortex Radicis Dictamni Dasycarpi), Dang Gui (Radix Angelicae Sinensis), Chuan Xiong (Radix Ligustici Wallichii), Chi Shao (Radix Rubrus Paeoniae Lactiflorae), Fang Feng (Radix Ledebouriellae Divaricatae), Jing Jie (Herba Schizonepetae Tenuifoliae), Wu Wei Zi (Fructus Schisandrae Chinensis), Mu Xiang (Radix Aucklandiae Lappae), Sha Ren (Fructus Amomi), Da Zao (Fructus Zizyphi Jujubae), and Zhi Gan Cao (Radix Glycyrrhizae) in a base of pure vegetable glycerine, water, and organic alcohol (total alcohol content less than 4%).

Skin Soothe Itch Topical Ointment is made with these highest quality ingredients - She Chuang Zi (Fructus Cnidii monnieri), Bai Bu (Radix Stemonae), Ku Shen (Radix Sophorae Flavescentis), Bo He (Herba Menthae Haplocalysis), and Bing Pian (Borneol) in a base of Organic Aloe Vera Gel (food grade), water, and organic alcohol (total alcohol content less than 15%). Made with 100% food-grade ingredients and will not harm dogs if licked.

Directions & Dosage

Internal Blend Treatment Course - As a general rule, the longer a dog has suffered with a health problem the longer it takes to resolve. Some conditions heal within a week or two. Others require longer treatment. If treatment is given for more than two weeks, we recommend treating for 8 days on and two days off.

Mix blend into food. Refrigerate when open.

Because of the sweet flavor of the glycerine in our blends, most dogs enjoy the taste. Some dogs may need the herbs to be mixed into wet food.

Dosage

1-25 pound dogs - 10-15 drops, 2-3x/day.

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61 pounds and up - 1-2 dropper-fulls, 2-3x/day.

A squeeze of the dropper bulb fills it about half way up. This is considered a "dropper-full". One dropper is approximately 45 drops.

OINTMENT

Before use, test on a small area of skin to assess reaction. If there are no unwanted effects, apply to larger areas as necessary. Apply directly to itchy areas of skin up to 5 times per day. This topical blend is made with only food grade ingredients and is safe for internal use if licked off the skin. Most dogs will choose not to lick this formula due to the bitter nature of the herbs.

For best results, use Skin Soothe Itch Internal Blend together with Skin Soothe Topical Ointment.

When treating skin conditions with Chinese medicine, herbal formulas are generally prescribed both internally and topically.

This topical ointment contains herbs which stop itching, heal skin, and penetrate the skin to regenerate flesh.

Chinese Herbs for Cats

Herbs for Asthma:

Empirical Lung Qi Support Kidney Not Grasping Qi

Common Name:

- Chronic Wheezing
- Chronic Respiratory Distress

Indications:

- Deficiency of Qi
- Deficiency Heat

Medicine Action:

- Tonifies qi and clears the Lung
- Arrests cough and relieves wheezing

Empirical Herbal Breath-Ezz (Phlegm-Damp)

Common Name:

- Chronic asthma
- Chronic Bronchitis
- Asthma

Indications:

- Wheezing/cough with lots of mucus
- Copious/thick white or clear mucus
- Noticeable rattle in chest
- Wheeze tends to be worse in morning
- Poor appetite
- Loose stools
- Lethargy and weakness

Medicine Action:

- Transform Phlegm to stop wheeze
- Strengthen the Spleen to dry Damp

Empirical Herbal Breath-Ezz (Phlegm-Heat)

Common Name:

- Asthma
- Wheezing

Indications:

- Signs of heat



Cough Support

Empirical Lung Qi Support Phlegm-Heat

Common Name:

- Chronic coughing
- Chronic bronchitis
- Chronic upper respiratory problems

Indications:

- A combo of Lung Heat and hot Phlegm cough
- Loud excess cough
- Wheezing may accompany cough
- Lots of panting, excess thirst & hunger
- Chest congestion (you may not hear it)
- Restlessness or agitation
- Your cat wants to lie in cool places
- A sense that your cat feels warm/hot
- Very red tongue

Medicine Action:

- Expel Phlegm and clear Heat
- Redirect Lung qi downward
- Stop cough

Empirical Lung Qi Support (Phlegm-Heat Cough):

What Causes Phlegm Heat Cough?

Traditional Chinese medicine states that Phlegm Heat is related to Lung Heat and Phlegm Damp. The properties of Heat are very drying and this causes Lung fluids to become very sticky and we say that the Phlegm starts to "congeal". Once congealed these fluids becomes what we call a combination of Phlegm and Heat. Have you ever had a cough where you felt like your lungs were on fire and you could not cough the phlegm up? You felt this because the phlegm had become sticky and was not easily expectorated. Phlegm Heat cough can also flare up from those cats that have chronic Phlegm Damp in the Lungs and particularly if the cat is eating food that has a tendency not to move through the digestive system.

Clinical Features of a Phlegm Heat Cough:

- Loud or hacking cough
- Mucus may not be present
- If there is mucus the color will be green/yellow
- Wheezing that is worse at night and morning
- Restlessness
- Cat seeks cool spots

Clinical Notes:

- The cough in this pattern may be associated with acute and chronic bronchitis, bronchiectasis, pneumonia, any upper respiratory breathing problems.
- Cats respond great to this formula, plus avoidance of heating foods (all processed foods)

Empirical Lung Qi Support (Phlegm-Damp Cough)

Common Name:

- Chronic coughing
- Bronchitis
- Upper respiratory problems

Indications:

- A very wet and deep cough pattern
- Deep sounding cough
- Chronic and reoccurring cough
- Presence of mucus in vomit (frothy white)
- Deep wet cough, rattle sounds in chest
- Loose stools
- Lots of fatigue, cat just wants to sleep
- Poor appetite

Medicine Action:

- Strengthen the Spleen, dry damp
- Transform Phlegm
- Stop cough

Empirical Lung Qi Support (Phlegm-Damp Cough)

Causes of a Phlegm Damp Cough:

The pattern that we call "Phlegm-Damp coughing" is one can result from an inappropriate diet and the pattern we commonly observe in cats that eat a diet rich in processed foods such as the over use of rice, wheat barley and oats. The other root cause is brought on by recurrent respiratory tract diseases such as bronchitis, sinusitis and which then subsequently has been treated by the use of multiple rounds of antibiotics.

Clinical Features of Phlegm Damp Cough:

- Chronic recurrent cough
- Profuse thin, white or clear mucus
- Noticeable rattle in the chest with cough
- Coughing tends to be worse at night and morning
- Poor appetite
- Occasional vomiting of clear fluids
- Loose stools
- Lethargy and weakness, lots of sleeping

Clinical Notes:

- The cough is this pattern may be associated with biomedical conditions such as upper respiratory tract infect, chronic bronchitis, bronchiectasis, or asthma.
- This pattern generally responds well to herbal treatment
- Dietary modification in particular is essential for good results. FRESH FOOD only during the course of treatment, which includes not using grain products. Fresh meat and organ meat with boiled or raw bones.

Empirical Lung Qi Support (Dry-Hacking Cough)

Common Name:

- Chronic bronchitis
- Collapsed trachea
- Coughs due to environment pollution
- Coughs associated with asthma
- Chronic dry hacking cough

Indications:

- This is a pattern of Dryness
- Chronic weak hairball type cough
- Dry cough with little or no mucus
- Fatigue
- Cat is getting thinner, losing weight
- Your cat will seem to be warm, wants cool spots

Medicine Action:

- Nourish Lung yin to stop cough
- Moisten the Lungs
- Transform sticky Phlegm

Empirical Lung Qi Support (Dry-Hacking Cough)

Causes of a Dry Hacking Cough:

When the "Yin" (the moistening abilities of the Lung) is damaged then a dry hacking cough may develop. This type of cough may be caused by multiple factors which include chronic and severe disease, long term exposure to cigarette smoke, excessive use of bronchodilators, steroid treatments, or as well as any prolonged exposure to hot or drying environments.

Clinical Features of Dry Hacking Cough:

- Chronic weak hairball type cough
- Dry cough with little or no mucus
- Fatigue
- Cat is getting thinner, losing weight
- Your cat will seem to be warm, wants cool spots

Clinical Notes:

- This pattern of coughing may be associated with biomedical conditions such as chronic bronchitis, bronchiectasis, silicosis, pharyngitis, atmospheric pollution, long term asthma, or a collapsed trachea.
- This type of coughing takes time to treat satisfactorily, plan on three months of herbs, expecting small improvements the longer you give the herbs.

Empirical Lung Qi Support (Blood Stagnation Cough)

Common Name:

- Chronic cough
- Trauma related cough
- Chronic obstructive airway diseases
- Chronic asthma
- Collapsed trachea

Indications:

- This is a poor Lung and Heart circulation cough:
- Recurrent, irritating cough
- Cough that may be worse at night
- Possibly mucus, but very small amount
- Cold legs and paws
- TONGUE COLOR: Lavender/Blue

Medicine Action:

- Resolve stagnant Blood in Lungs
- Stop Cough

What causes a Blood stagnation cough?

This type of cough can follow some sort of trauma, such as pulling the cat's collar too tight on the leash, or any sort of contusions to the chest etc.

The second cause is something we call Blood deficiency, which can be caused by dietary insufficiency, or poor blood circulation, mostly seen in cats with Congestive Heart Failure (CHF).

Clinical Features of a Blood stagnation cough:

- Recurrent irritating cough
- Nighttime coughing
- Cold limbs (due to poor circulation)
- Tongue will be lavender or bluish

Clinical Notes:

- This cough may be associated with biomedical conditions such as traumatic chest injury, collapsed trachea, chronic obstructive airways disease, and chronic asthma
- This is a late stage Lung disease pattern, and the formula used here works well with western medicines.

Diarrhea in Cats:

Empirical Pet Acute Diarrhea Tonic

Common Name:

- Diarrhea Dysentery (eating bad food)
- Salmonella infection
- Giardia
- Diarrhea due to bacterial problems

Indications:

- This is Damp Heat diarrhea;
- Rapid on-set diarrhea
- Painful diarrhea
- Blood in the stool
- Thick loose stool that smells bad
- Dry mouth accompanied by thirst
- Maybe fever or a feeling of heat

Medicine Action:

- Clears Damp Heat
- Hardens the stools

Chinese herbs are very targeted and focused and have a complex organizational system. So in order to help with your cat's loose stool (diarrhea) we need to first classify if the problem is of an **acute** nature (been happening for three weeks or less) or if it's of a **chronic** nature (been going on longer than three weeks, or also if the diarrhea regularly occurs intermittently).

Cats may experience the first type of diarrhea which is that of an acute nature and is broadly classified in Chinese medicine as the inflammation of the small intestines due to some sort of acute infectious agent (bacterial, protozoa). Traditional Chinese medicine says that your feline may have had an "external invasion of evils" (that would mean germs to me and you) and the resulting traditional medicine pattern is called "Damp Heat"... This first type of diarrhea has the hallmark of **very rapid onset....and it stinks really badly**. Traditional medicine says that your cat may be experiencing this **"Damp Heat" diarrhea**, has herbs that will harden the stool for this type of digestive disorder, clear the diarrhea to work very quickly and are incredibly effective. The purpose of these herbs is to clear heat, and transform damp. This is a formula that would be used for short term, which means that your cat would only use the formula for 7-10 days and by then the stools should be hardened by that time.

The second type of diarrhea is of a chronic nature and comes more from a place of deficiency. What this means is that the cat's body itself is unable to properly transform food. And because of some internal weakness, rather than consolidate the food into a nice formed stool, the food is passed through the digestive tract without the benefit of proper absorption, thus we have a watery type of diarrhea. This chronic type of diarrhea **may not have much of a smell**, and may even contain **undigested food particles** that can be seen within the stool itself. We call this diarrhea Spleen Qi deficiency diarrhea or a weak digestive system if you will. The formula that hardens stools for a pattern based on a deficiency may be required for a period of one to three months. Some of common western medicine terms for chronic diarrhea are known as **Colitis** and **Irritable Bowel Disease (IBD or IBS)**.

Empirical Pet Chronic Diarrhea Tonic

Common Name:

- Long standing loose stools
- Intermittent loose stools
- Irritable Bowls (aka IBS or IBD)
- Inflammation of the colon (aka Colitis)
- Old Pet loose stools

Indications:

- This is the chronic diarrhea condition....
- Stools may contain undigested food particles
- Stools may not have much of an odor
- Straining and painful diarrhea with blood

Medicine Action:

- Tonify the Spleen to properly
- Transform and transport food

Phlegm Heat Nasal Congestion

Indications:

- This pattern you would see signs of body heat:
- lots of panting
- more thirst than normal
- restless or agitated
- *nasal mucus is sticky (may not see it)*
- *nasal mucus (if you can see it) is yellow or green*
- your cat wants to lie in cool places
- cough may accompany nasal congestion

Medicine Action:

- Clear and transform Phlegm
- Clear and transform Heat
- Opens the nose

Chinese medicine uses three terms to refer to nasal congestion. The first two are called **bi yuan** and **bi zhi** and characterized by nasal discharge and nasal congestion (infectious type of congestion). The third pattern is defined by nasal congestion that occurs **SEASONALLY** and is accompanied by itchy eyes, itchy nose, sneezing or reverse sneezing. This herbal pattern is referred to as **bi qiu** and most likely is known to you as allergies. However Traditional Chinese medicine will call this particular presentation of nasal congestion *Lung Qi deficiency because there is weak wei qi (immune system)*.

Interesting enough canine nasal congestion regardless if it is of the infectious sort or of an allergy type appears to be a secondary condition to either coughing or wheezing. Because of this observation, these formulas will be used to clear the nasal passages and used as adjunct treatment to our cough and wheezing remedies. In other words if your cat is coughing and also has nasal congestion, you need to add a cough formula to the herbal treatment since it may actually be the post nasal drip down the back of the cat's throat that indeed is causing chronic coughing or wheezing!

Chronic nasal congestion is common and worrisome because in many of the instances our dogs have been on multiple antibiotic rounds of treatment only to find that when you stop the medicine the mucus once again returns. Consequently many pet owners search out herbal remedies since they have not met with much success by using modern western medicines (mostly overuse of antibiotics).

Chinese herbal medicine has many different patterns associated with nasal congestion. Listed below are a few of the most common we see;

Wind Cold Phlegm Nasal Congestion; Just like the words sound, the mucus is caused by either bacteria or viral invasions, such as a cold or a flu. Yes for sure cats do indeed catch this type of pattern and Kennel Cough is a good example and the mucus it generates. This pattern is an acute type of nasal congestion which means that your cat does not typically have this problem and just recently contracted a cattie germ of some sort but can't seem to get rid of it.

Phlegm Heat Nasal Congestion: The most common that we see and we believe that in the majority of the time it is caused by low quality foods or a diet loaded up with grains. Traditional Chinese medicine has a saying that "the digestion is the maker of Phlegm and the Lungs are the holder of Phlegm".

Lung Qi Deficiency Nasal Congestion: Another very common pattern that is observed in cats that experience long term chronic respiratory tract infections is weak wei qi. This pattern is usually seen in the cat that has had multiple respiratory infections, and there is also a seasonal pattern linked to the chronic nasal congestion. You might call it a weak immune system; TCM will call it weak "wei qi".

Kidney Deficiency Nasal Congestion: This type of nasal congestion is a very chronic pattern. The congestion has been around since the dog was very young and most of the time we will see wheezing and the nasal congestion. This will be the senior cat with graying hair, and seems to be aging quite rapidly.

Lung Qi Deficiency Nasal Congestion

Common Name:

- Chronic nasal congestion
- Allergies, Rhinitis, Sinusitis, Hay fever
- Weak immune system

Indications:

- This pattern is the Allergies nasal congestion:
- *Recurrent/seasonal nasal congestion*
- Shortness of breath, coughing, wheezing
- Clear watery nasal discharge
- Nasal and eye itching
- Sneezing or reverse sneezing
- Cat seems weak and tired
- History of allergies

Medicine Action:

- Warm and tonify the Lungs
- Expel Wind (itching)
- Tonify wei qi (immune system)

Chinese medicine uses three terms to refer to nasal congestion. The first two are called **bi yuan** and **bi zhi** and characterized by nasal discharge and nasal congestion (infectious type of congestion). The third pattern is defined by nasal congestion that occurs **SEASONALLY** and is accompanied by itchy eyes, itchy nose, sneezing or reverse sneezing. This herbal pattern is referred to as **bi qiu** and most likely is known to you as allergies. However Traditional Chinese medicine will call this particular presentation of nasal congestion *Lung Qi deficiency because there is weak wei qi (immune system)*.

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Kidney Deficiency Nasal Congestion: This type of nasal congestion is a very chronic pattern. The congestion has been around since the dog was very young and most of the time we will see wheezing and the nasal congestion. This will be the senior cat with graying hair, and seems to be aging quite rapidly.

Wind Cold Phlegm Nasal Congestion

Common Name:

- Nasal congestion
- Sneezing, reverse sneezing
- Sinusitis, Rhinitis, Allergies
- Cat Cold, Influenza

Indications:

- Look for signs of cold with this nasal congestion:
- Acute nasal congestion (just started)
- Lots of clear or white mucus
- Cat seems to be cold (seeks warm places)
- COLD, stuffy nose and shivering!

Medicine Action:

- Disperse Wind Cold
- Redirect Lung qi downward
- Open the nose

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Kidney Deficiency Nasal Congestion

Common Name:

- Lifelong nasal congestion
- Sneezing, reverse sneezing
- Sinusitis, Rhinitis, Allergies

Indications:

- This formula is for old dog nasal discharge:
- Lifelong nasal congestion
- Congestion worse in mornings and evenings
- Mucosa is pale and wet
- *Hind leg weakness*
- *Noticeable aging*

Medicine Action:

- Tonify and support Kidney (yin/yang)

Chinese medicine uses three terms to refer to nasal congestion. The first two are called **bi yuan** and **bi zhi** and characterized by nasal discharge and nasal congestion (infectious type of congestion). The third pattern is defined by nasal congestion that occurs **SEASONALLY** and is accompanied by itchy eyes, itchy nose, sneezing or reverse sneezing. This herbal pattern is referred to as **bi qiu** and most likely is known to you as allergies. However Traditional Chinese medicine will call this particular presentation of nasal congestion *Lung Qi deficiency because there is weak wei qi (immune system)*.

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Thyroid Support for Cats:

Empirical Thyroid (Strengthen) Tonic

Common Name:

- Sluggish thyroid
- Slow metabolism
- Hypothyroid

Indications:

- Fatigue, tired
- Fur loss, dry fur, scaly skin
- Pet may seem chilly or cold
- Muscle weakness, may have edema
- Slow metabolism, weight gain
- Pet may want to lay curled in a ball
- Tongue may have lots of saliva

Medicine Action:

- Tonify Kidney, Heart & Spleen
- Nourish Kidney Yin
- Tonify Qi

According to traditional Chinese medicine, a sluggish thyroid condition is characterized by what we call "**yang deficiency**".

Yang is the warming quality of the body as well as functionality. Yang energy is warming. Yang directs the active movement of the body.

Deficiency means too little of something. For example, a deficiency of energy can cause fatigue or lethargy. A deficiency of red blood cells in the blood can cause anemia. Not enough water in the intestines can cause constipation or small, dry stool.

If the thyroid under functions, your animal friend becomes easily tired. The skin dries and flakes and the hair may fall out in clumps. The skin will thicken and appear darker, especially flabby around the tail base. Your pet will seem to easily put on weight. Because of the lack of Yang Qi (energy) the bark or meow will become sound much weaker. Cold will seem to make your pet uncomfortable.

TCM Treatment for a deficient thyroid is aimed at warming the Kidney yang and strengthening the Qi and Blood of your pet.

Wheezing Formula

Empirical Hound E-Z Breathe Formula

Common Name:

- Wheezing
- Asthma
- COPD

Indications:

- Lung qi vacuity wheezing
- Kidney not grasping the qi
- Spleen Qi vacuity wheezing
- Liver Qi stagnation wheezing
- Phlegm Damp wheezing
- Phlegm Heat wheezing

Medicine Action:

- Dispel Wind and Cold
- Redirect Lung qi downward
- Expel Wind and Heat
- Clear Lung Heat
- Transform Phlegm

Wheezing condition in Chinese medicine refers to a sense of tightness, congestion, breathlessness or constriction of the chest added along with difficulty breathing inwards (inspiration).

The term asthma is commonly used when referring to wheezing, however true asthma is only one of a number of biomedical diagnoses that may fall into the Traditional Chinese medicine category of "wheezing".

Let's talk Chinese metaphors to describe your dog's wheezing...because that's why you're reading this, to get an understanding as to how we use herbs to treat TCM's definition of wheezing.

In Chinese medicine terms, wheezing is due to the failure of Lung qi to descend as it naturally should. There are two fundamental principles that explain this and one is to say that it is a condition of Lung qi excess or a condition of Lung qi deficiency.

Excess wheezing conditions are described as obstruction of the Lungs energetics by the contraction of an external pathogen (Wind plus Heat or Cold) or internally generated pathogens (Phlegm, Heat or qi stagnation).

Deficiency wheezing is said to occur when the Lung qi is too weak to descend by itself, or that the Kidney qi is unable to grasp qi in the chest and help the Lungs.

The causes of wheezing according to the principles of Traditional Chinese medicine are as follows:

- External pathogens (germs)
- Spleen deficiency (weak digestion)
- Phlegm Damp or Phlegm Heat (mostly diet related)
- Liver qi stagnation (emotional component to wheezing)
- Lung deficiency (chronic disease of the Lung)
- Kidney deficiency (Kidney and Lungs work together)

Clinically most of the time we see Phlegm Damp and Phlegm Heat wheezing, we believe it is attributed to diets that are too rich for the canines digestive system. The component of the diet that we think causes the most harm and helps create this Phlegm is the over-abundance of processed grains and over processed foods.

We use your survey to pick out the right herbs for the wheezing pattern that you describe your dog to be presenting with. We most likely we suggest two formulas, one for the acute wheezing, and then the second to help the dog transform the phlegm for more long term relief.

Lastly Hound Honey Wheeze away is our suggested adjunct to help the wheezing dog because it provides on the spot relief.

Pawhealer.com

Bookmark the following web site:

<http://www.pawhealer.com/>

You can then enter your pet's name, breed, age, sex, weight, and any questions you might have about your pet in the questions box.

CERTIFIED CHINESE HERBOLOGY ONLINE COURSE - SESSION 14 – QUESTION & ANSWERS

NAME: _____

ADDRESS: _____

CITY, STATE, ZIP, PC: _____

PHONE: _____

FAX: _____

E-MAIL: _____

Please be sure to fill out the information above, complete the test and e-mail or fax it back to us at iridology@netzero.net or 530-878-1119. We will grade your question & answer session and will let you know if we have any questions or concerns. Please use a separate sheet to do this assignment.

1. What does yin and yang mean?
2. What is the aim of any treatment with Chinese herbs?
3. What is Qi?
4. What are channels and collaterals?
5. How many primary channels are there?
6. Why choose Chinese herbs for dogs and cats?
7. The Spleen and Stomach make up a _____ pair. The Stomach's job is to "_____ " food.
8. Heat in the Stomach meridian causes _____.
9. From a Chinese medicine perspective Gracie suffers from?
10. As an animal ages the Qi (energy) and vital essences begin to _____.
11. Chinese medicine treats injuries from an accident with?
12. What are the dosages for the Qi blends?
13. In Chinese medicine, coughing and wheezing can come from what root causes?
14. What is glycerine?
15. The main function of the Spleen is to:
16. What course of treatment is necessary even if the dog appears to be symptom-free of parasites after several days?
17. In Chinese medicine, painful urination, urgency, dribbling urine, and other symptoms of bladder infections are caused by:
18. Skin and coat problems are best treated by treating dogs with herbs internally only. T/F
19. What are the Clinical Features of a Phlegm Heat Cough?
20. What are the Causes of a Dry Hacking Cough?
21. What are the two types of diarrhea that cats can have?
22. A sluggish thyroid condition is characterized by: