

CERTIFIED HEALTH & NUTRITION COUNSELOR ONLINE COURSE:

- **References**

1. "Understanding Nutrition", Third Edition, Whitney Hamilton
2. "Prescription for Nutritional Healing", Second Edition, James F. Blach, M.D., Phyllis A. Balch, C.N.C.
3. "Alternative Medicine, The Definitive Guide", The Burton Goldberg Group
4. "Certified Natural Health Professional", Institute of the National Association of Certified Natural Health Professionals, Practicum
5. Miscellaneous Articles by the following Authors: Dr. Bernard Jensen, Lois and Jennifer Lively of Nature's Sunshine, Steven Horne of Nature's Sunshine, Jon Cotton of Total Health Secrets, Various Nature's Sunshine lectures, Dr. Jim Jenks of Nature's Sunshine, Various Health Food Stores.