

PART I: BASIC PATTERNS

Structure: ___ Very Tight ___ Tight ___ Moderate ___ Loose ___ Very Loose

Function: ___ Hot (White) ___ Warm ___ Moderate ___ Cool ___ Cold (Dk Gray)

True Color: ___ Pure Blue ___ Mixed Biliary ___ True Brown

Weakness: ___ Respiratory/Lymphatic ___ Digestive ___ Circulatory

Colors: ___ Yellow ___ Neon Orange ___ Dirty Orange ___ Brown ___ Reddish Brown

PART II: PERSONALITY (FIBER STRUCTURAL) TYPE

Basic Personality

___ **Emotional/Spontaneous**

(Many Lacunas, No Psori)

___ **Polyglandular (Daisy Petal)**

(Many Closed Lacuna Like A Flower)

___ **Analytical/Thinking**

(Many Psori, No Lacunas)

___ **Active/Kinesthetic**

(Straight/Fine Fibers, No Psori/Lacuna)

___ **Robust Neurogenic**

(Slight Wavy Fibers Like Combed Wet Hair)

___ **Delicate Neurogenic**

(Fibers Look Combed But Very Straight/Thin)

___ **Extremist/Innovator**

(Pigments and Lacunas)

Mixed Types

___ **Emotional/Kinesthetic**

(Few Tiny Lacuna, Straight Fibers)

___ **Analytical/Kinesthetic**

(1 or 2 Psori, Straight Fibers)

___ **Emotional/Extremist**

(Many Lacunas, Few Psori)

___ **Analytical/Extremist**

(Many Psori, Few Lacuna)

___ **Kinesthetic/Extremist**

(Few Tiny Lacuna, Few Tiny Psori)

___ **Emotional/Extremist/Innovator**

(Pigments, Lacunas, Psori)

PART III: MAJOR SIGNS/CONSTITUTIONAL SUBTYPES

___ **Stomach Halo**

(Poor Digestive Function)

___ **Anxiety/Tetanic**

("Nerve/Stress/Cramp Rings ")

(Tension & Stress)

___ **Lymphatic Rosary**

(Lymphatic Disturbances)

___ **Arcus Senilis**

(Lack Of Brain Circulation)

___ **Fuzzy Blue Edge**

(Anemia In Extremities)

___ **Radii Solaris**

(Toxic Leakage (Leaky Gut),

Parasite Activity)

___ **Uric Acid Type ("Acid Eye")**

___ Febrile "Hot" (Everywhere)

___ **Lipemic**

(Calcium/Sodium/Cholesterol/

Hardening of the Arteries)

___ **Scurf Rim**

(Underactive/Weakened Skin)

___ **Hazy Pupil**

(Vision Problems)

___ **Enlarged Pupil**

(Adrenal Fatigue)

___ **Tense Pupil**

(Uptight Inside)

___ **Irregular Pupil**

(Chiropractic Care-Cen. Nerv. Sys.)

PART IV: NERVE WREATH SIGNS

- Closeness To Pupil:** ___ Flaccid/Atonic ___ Balanced ___ (Constricted/Spastic
(Loose - Public) (Tight - Private)
- Colon Line:** ___ Pocketed ___ Cramped ___ Indented ___ Collapsed
(Diverticula) (Spastic) (Strictured) (Prolapsed)
- Special Signs:** ___ Thick/Pronounced ___ Thin/Washed Out ___ Discolored
(White-Acute) (Low Vitality) (Colored)
(Overactive/Irritation) (Underactive) (Overactive) (Toxic)

PART V: DOMINANT SIDE - STRONG SIDE

- ___ **Right Side/Left Brain/Yang** ___ **Left Side/Right Brain/Yin**
(Analytical/Male) (Intuitive/Feminine)

PART VI: SPECIFIC SIGNS

- | | |
|--|--|
| ___ Open Lacuna
(Inherent Weakness) | ___ Annoyance Line
(Irritation of Heart) |
| ___ Closed Lacuna
(Inherent Weakness) | ___ Asparagus Head
(Malignancy of Uterus/Cervix) |
| ___ Psora (pigments)
(Chemical Deposits) | ___ Asthenic Ridge
(Nerve Weakness, Headaches) |
| ___ Transversals
(Injury) | ___ Black Hair Pigment
(Cell Changes Within Gland) |
| ___ Red Lines In Iris
(Extreme Hot Spots-Hyperactive) | ___ Coral Formation
(Bronchitis, Asthma, TB) |
| ___ Red Lines In Whites
(Mental/Environmental Stress) | ___ Cryptiform Lacuna
(Cervical Polypus, Genital Drop) |
| ___ Fatty Deposits In Whites
(Poor Fat Digestion) | ___ Encapsulated Lacuna
Predisposition to Ulcer, Duo) |
| ___ Honeycomb or Grape Lacuna
(Severe Deficiency) | ___ Granular Pigment
(Liver Not Storing Iron Properly) |
| ___ Rib Leaf Lacuna
(Glandular Trouble) | ___ Iodine Lacuna
(Difficulty Storing Iodine) |
| ___ Stair Step Lacuna
(Severe Deficiency) | ___ Radial Plait
(Chronic Irritation, Cell Changes) |
| ___ Sinus Congestion
(Congestion/Deposits) | ___ Thyroxine Lacuna
(Thyroid Out Of Balance) |
| ___ Glasses, Contacts or Hazy Pupils
(Vision Problems) | ___ Tulip
(Head Pressure, Chronic Sinus) |

___ Other: _____

BODY SYSTEMS TO FOCUS ON
PAGE 1

Note: The markings in the eye correspond to the following systems of the body. The more markings associated with a particular system, the more you will want to pay attention to that system in developing your personal health and nutritional program. As indicated in the Constitutional Iridology Analyses Worksheet you signed, this information is intended solely to guide you in your nutritional and lifestyle choices and not as a prescription for treatment of any disease or condition.

_____ **Digestive System**

- ___ Stomach Halo
- Markings in:
 - ___ Liver
 - ___ Gallbladder
 - ___ Pancreatic Areas
- ___ Red Line In White Pointing To Liver Area
- ___ Fatty Deposits In Whites

_____ **Intestinal System**

- ___ Color Concentrated Inside Or Around The Nerve Wreath
- ___ Markings In Intestinal Zone
- Irregularity Of The Nerve Wreath:
 - ___ Tight
 - ___ Loose
 - ___ Irregular
 - ___ Collapsed
 - ___ Discolored
 - ___ Thin/Washed Out
 - ___ Thick/Pronounced
- ___ Radii Solaris Lines

_____ **Nervous System**

- ___ Nerve Rings
- ___ Radii Solaris Lines
- Irregularity Of The Nerve Wreath:
 - ___ Tight
 - ___ Thick
 - ___ Discolored
 - ___ Washed Out
 - ___ Thick/Pronounced
- Irregularities Of The Pupil Tonus:
 - ___ Tight
 - ___ Enlarged
 - ___ Irregular
- ___ Blood Shot Eyes

Additional Comments:

**BODY SYSTEMS TO FOCUS ON
PAGE 2**

_____ **Glandular System**

___ Leaf-rib Lacuna (a lacuna with ribs like a leaf inside) Anywhere In The Eye.

Markings In:

- ___ Pineal
- ___ Pituitary
- ___ Hypothalamus
- ___ Thyroid
- ___ Pancreas
- ___ Adrenal
- ___ Reproductive Areas
- ___ Enlarged Pupil
- ___ Puffy Eyes (Adrenal)

_____ **Urinary System**

___ Uric Acid Subtype

___ Lymphatic Rosary

Markings In:

- ___ Kidney
 - ___ Adrenal
 - ___ Reproductive
 - ___ Back Areas
- Red Lines In Whites Pointing Towards The:
- ___ Kidney
 - ___ Reproductive
 - ___ Back Areas
- ___ Yellow Discoloration In Eyes
- ___ Puffy Eyes (Edema)

_____ **Respiratory/Lymphatic System**

___ Lymphatic Rosary

Markings In:

- ___ Lungs
 - ___ Breast
 - ___ Throat
 - ___ Spleen
 - ___ Bronchial Areas
- Red Lines In Whites Pointing Towards The:
- ___ Lungs
 - ___ Breast
 - ___ Throat
 - ___ Spleen
- ___ Sunken Eyes

Additional Comments:

**BODY SYSTEMS TO FOCUS ON
PAGE 3**

_____ **Circulatory System**

- ___ Fuzzy Blue Edge (Anemia)
- ___ Arcus Senilis
- ___ Lipid Ring
- ___ Markings In Heart Area

_____ **Structural System**

- ___ Connective Tissue Weakness
- ___ Uric Acid Subtypes
- ___ Scurf Rim
- ___ Pupil Tonus Irregularities
- ___ Markings In Back Area
- ___ Red Lines In White Pointing To Back Area
- ___ Transversals In Skeletal Area

Additional Comments: