

## DIABETES

1. Juvenile Diabetes: A severe, chronic form of diabetes caused by insufficient production of insulin resulting in abnormal metabolism of carbohydrates, fats, and proteins. Typically appears in childhood or adolescence and is characterized by increased sugar levels in the blood and urine, excessive thirst, frequent urination, acidosis and wasting. Requires medical attention and responds little to nutritional support.
2. Type II: A mild form of diabetes that typically appears in adults and is exacerbated by obesity and an inactive lifestyle. This disease often has no symptoms, is usually diagnosed by tests that indicate glucose intolerance, and is treated with changes in diet and an exercise regimen. Usually responds to nutritional support and weight management.

### PRIMARY PANCREAS/BLOOD SUGAR FORMULAS:

- SUGAR-REG (Pancreas/ Antioxidant)
- PRO-PANCREAS or TARGET P-14 (Pancreas/Minerals)
- BLOOD SUGAR FORMULA, AYURVEDIC
- NOPAL - Pancreas and liver support

### TO LOWER HIGH BLOOD SUGAR:

- ANAMU
- OLIVE LEAF EXTRACT
- NATURE'S NONI
- GARLIC, HIGH POTENCY
- GOLDEN SEAL - Lowers blood sugar similar to insulin

### OTHER SUPPLEMENTS:

- EVERYBODY'S FIBER, PSYLLIUM HULLS, LOCLO or HERBAL TRACE MINERALS - For soluble fiber
- CHROMIUM GTF - To stabilize blood sugar, often missing mineral
- ZINC - To promote the formulation of insulin
- MAGNESIUM COMPLEX - To improve insulin production
- VITAMIN E COMPLETE w/SELENIUM - For cell membrane permeability to insulin
- MEGA-CHEL - To support the Circulatory System
- XYLITOL PRODUCTS - Natural sugar is broken down without need for insulin
- GLYCO ESSENTIALS - For essential sugars
- CORDYCEPS or GINSENG, KOREAN (Used by Chinese for Diabetes)
- POTASSIUM COMBINATION - To boost insulin production
- IONIC MINERALS or MINERAL CHI TONIC - For vanadium
- EVENING PRIMROSE OIL - To improve circulation in small vessels
- HY-C - To build the Pancreas
- LICORICE ROOT - To balance blood sugar levels
- ULTIMATE GREENZONE, SUPER ALGAE or SPIRULINA - Protein & minerals
- JUNIPER BERRIES or UVA URSI - To aid Urinary System
- GRAPINE, HIGH-POTENCY (Powerful Antioxidant)
- MASTER GLAND - To balance the glands