

Joyful Living Services' News

P.O. Box 485 Weimar, CA 95736-0485

TELEPHONES: 530-878-1119 or 800-704-9800

FAX: 530-878-1119

E-Mail: iridology@netzero.net

Web Site: http://www.joyfullivingservices.com
BLOG: http://joyfullivingservices.blogspot.com/

eBay Store: http://stores.ebay.com/Joyful-Living-Services

MARCH 2012 VOL. 21, NO. 03



As you know, I spoke at the **2012 IIPA (International Iridology Practitioner's Association) 7**th **Annual Symposium** that was held in Las Vegas last month. What an incredible experience it was for me to speak to so many fantastic iridologists from all over the world. Not to mention the experience I had visiting Las Vegas. If you've never been to Las Vegas I highly suggest you don't miss the opportunity to experience it.

I spoke on Brachial Plexus Injuries – What is it and how does it show up in the Iris as well as Case Studies. I have some hardcopies left. If you would like me to mail you a hardcopy of the presentation please let me know. I will be happy to mail it to you. You can also download my talk at http://www.joyfullivingservices.com/IIPA/IIPAsymposiumpowerpointpresentation2012.pdf Once you

open the power point presentation be sure to go to "view" and "notes pages" so you can see the notes that accompany each slide to give you the history of each slide.

My purpose in going to the IIPA symposium this year was twofold. First of all I wanted to check out IIPA. I've always wanted to work on my own and not become involved in company politics so I wanted to see how IIPA worked and the politics of the organization. It was so refreshing to see how friendly and inviting everyone was from the IIPA organization, speakers, and the attendees. I can honestly say that IIPA is an organization that I want to become more involved in and that I am recommending all of you to join. The purpose of IIPA is to get the word about iridology out to the public and to help everyone use the same terminology. Basically to make sure we are all "on the same page". I don't have any problems with that. As a matter of fact I believe that it will help iridology become more reputable and bring it more out into the mainstream.



The second reason I wanted to speak at IIPA is to get the word out about Brachial Plexus Injuries. I have written



about Brachial Plexus Injuries in the last 3 newsletters. As you know my son was hurt at birth. Dealing with this injury has been an on-going issue for 8-1/2 years since he was born and will continue. There are now 12,000 babies every year who are hurt during the birthing process. It's really totally avoidable if doctors would become educated and would educate their patients and have women stand or squat during the birthing process rather than lay down. Once that baby becomes stuck then the birth becomes an emergency birth and the doctor has to pull that baby out of the birth canal. This is when the damage happens and the baby can become paralysed with permanent damage to the brachial plexus nerves in the shoulder. I hope you will look at my presentation and pass it on to every



woman you know. I hope you will inform pregnant women to speak with their doctors about this

as it may help avoid these injuries in the future. I hope you will watch the following videos:

There are 3 videos about Brachial Plexus Injuries I recommend for you to watch and pass on. They are:

The Many Faces of Brachial Plexus http://www.youtube.com/watch?v=dhvoM-nsqhs&feature=share

Brachial Plexus Injuries: http://www.ubpn.org/index.php?option=com_content&view=article&id=140&Itemid=137

Documentary: http://www.ubpn.org/index.php?option=com_content&view=article&id=141:new-bpi-documentary-now-available&catid=53:president&Itemid=139

The speakers at the symposium from left to right were Dr. Antonio Jimenez who spoke about his cancer research at



Hope4Cancer in Mexico, Kimberly Balas who spoke about Cholesterol and how the medical profession is not telling the truth about its causes, myself, Tony Cocilovo who spoke about Color Therapy, Dr. Ta-En Lo who spoke about Iris Changes after Treatment with his Cancer Research in Taiwan, Jackie Latimer who spoke about Face Analysis, Christos Miliankos who spoke about Following the Iris Markings Through the Generations, and Gino Bellinfante who spoke about Iridology and Sclerology in a Clinical Setting. Jack Tips also spoke about A New Way to Look at Detoxification but he was unable to be on the panel. All the speakers were fantastic!!

Because of all these talks I've now decided to study sclerology and use it in my practice. I would LOVE to start taking pictures of everyone's sclera. If you have seen me for an appointment I would like to

take pictures of your sclera at no cost to you. Please call me to make an appointment. We will take your sclera pictures and we will look them over and see what they can show us that correspond with your iris.

Become an Associate Member of IIPA

If you would like to learn more about iridology please become an Associate Member of IIPA through us. The cost is only \$50 and you will receive a monthly newsletter with articles about iridology as well as be able to attend conferences at a reduced rate. Plus you will learn more about iridology. I'm attaching the March IIPA newsletter in this month's e-mail along with this newsletter so you can see what IIPA has to offer.

New IIPA Members through Joyful Living Services

Congratulations to the following professionals who are now Associate Members of IIPA through Joyful Living Services

- 1. Maria Pina Bramante, B.A.
- 2. Dr. Cindy Cork
- 3. Denise Coyle
- 4. Dr. Anne Murray
- Loretta Ross. B.S.
- 6. Irina Kouchnir, B.S.



International Iridology Practitioners Association

Please let me know if you are interested in applying for this membership in IIPA and we will forward a membership form to you. It will open up the world of iridology to you and we highly recommend it.

Iridology Course and Vitamin D Comments



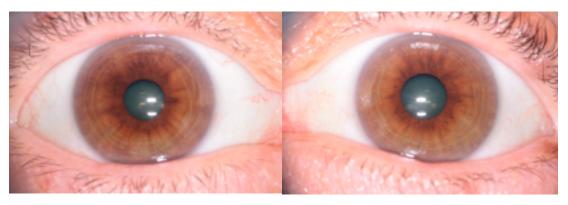
I am really enjoying the Beginning Iridology course, it is very structured and that's the way I like it! I am very happy that I am taking it from you, Brenda! I already finished the Beginner Course, I am doing homework now... and it is not easy, very challenging! I will know so much more, when I finish it! - Irina Kouchnir

Brenda - I took your suggestion last August and bumped up my whole family's Vitamin D and would you believe Bob and I haven't been sick ONCE since then? Alex had a slight head cold in Nov/Dec but he shook it in one day. Bob takes 800, I take 1200, and Alex gets 400 per day. - Janice Fera



For information on our courses go to: http://www.joyfullivingservices.com/education.html

Iridology Continuing Education Programs



There has been an enormous amount of interest in Iridology Continuing Education Programs through Joyful Living Services.

We are happy to announce that we have 2 Continuing Education Programs to follow our Iridology Certification.

1. IIPA Certification

To become Certified by IIPA (International Iridology Practitioner's Association http://www.iridologyassn.org) through Joyful Living Services complete the following:

- <u>Certified Iridologist Course</u> Complete and pass the 3 levels of iridology (beginning, intermediate, advanced, final exam) and become a Certified Iridologist approved by the Board of Registered Nursing and Joyful Living Services. Special Price: \$450 when 3 courses purchased together (normally \$900)
- <u>Sign up as an Associate Member of IIPA</u> When you sign up for our iridology courses and/or if you are already taking our iridology courses, you can sign up as an Associate Member of IIPA through Joyful Living Services. Speak to Brenda about this. Cost is only \$50.
- Anatomy and Physiology Course Complete and pass the Certified Anatomy and Physiology course.
 This course is approved by the Board of Registered Nursing and Joyful Living Services. A&P is required by IIPA for certification. All Iridologists need an understanding of how the various organs, glands and tissues interact. \$300
- Purchase and Study: "Iridology: A Handbook" by Kianna Smith. \$40
- <u>IIPA Exam</u>: Apply to take the IIPA Certification Exam. Apply through Joyful Living Services. Includes a 1-year membership to IIPA. \$100

Once the 4 items above are completed you will have a "<u>Double Certification</u>" through Joyful Living Services as well as through the International Iridology Practitioner's Association. A whole world of iridology will open up to you!! If you are already a Certified Iridologist through us, you can upgrade your certification by completing items 2, 3, and 4 above. To Register for the IIPA Certification Contact Brenda Generali at Joyful Living Services

2. Certified Iridologist Practitioner (CIP)

To become a Certified Iridologist Practitioner you will need to complete the following courses:

Anatomy and Physiology	NES 01	Credit 3
Certified Health and Nutrition Counselor Course by Joyful Living Services		Credit 3
Certified Herbal Counselor Course by Joyful Living Services		Credit 4
Natural Health Approaches 1	NES 03	Credit 5
Kinesiology	NES 32	Credit 3
Beginning Iridology by Joyful Living Services		Credit 3
Intermediate Iridology by Joyful Living Services		Credit 3
Advanced Iridology by Joyful Living Services		Credit 3
Herbal First Aid	NES 05	Credit 2
Starting your Business as a Natural Health Practitioner	NES 40	Credit 2

Total Semester Credit Hours: 31

Tuition: 1550.00 50.00 Per credit hour Award: Diploma in Iridology

Tuition includes manuals, testing, mentorship, DVD'S, CD'S, except certain text books

Graduates can apply for Board Certification with the ACHM, or the ANMC

Graduates are encouraged to be members of the: International Iridology Practitioners Association (IIPA)

To Register to Become a CIP Call Larry De Santis at New Eden School of Natural Health and Herbal Studies
At 1-630-403-8149 Email: info@newedenschool.com

Herb Talk – February 2012



Written by Valerie Greguire, CH, Natural Health Consultant www.myAnswers4Health.com

Healing Sore Joints Naturally - Product spotlight:

Joint Support Formula vs. Ayurvedic Joint Health formula

Nature's Sunshine has produced two formulas which help promote healing in sore inflamed joints. One formula is called Joint Support which consists of herbs which are commonly used in Western herbalism. The second formula is an Ayurvedic herbal formula which contains herbs commonly used in Eastern herbalism. Both formulas target sore inflamed joints and would be helpful for anyone suffering from these symptoms. There is however some subtle differences in the two formulas and their approach to healing the body.

Please join me by listening to a short (20 minute) pre-recorded call on how these formulas differ and why you would choose one formula over the other. To listen to the recorded call click the link below: http://www.joyfullivingservices.com/audio/joint20formulas.mp3

For those of you who do not have the time to listen to the call, here are some key points that I covered in my talk:

Joint Support Formula (#810-8)

This herbal blend was originally formulated by the late Dr. Paavo o. Airola (1918-1983). Dr. Airola was a Naturopathic physician and nutritionist who was well versed in herbal medicine. He worked for many years in natural medical centers in Sweden, Germany and Switzerland, helping patients with severe arthritis. His programs included natural diet with emphasis on juicing, exercise, detoxification programs and herbal therapies. Joint support formula was developed to support his approach to healing inflammatory joint conditions.

Key points of this formula include:

- Reduces inflammation and pain
- Reduces muscle spasms
- Cleanses the blood and cells around the joints of toxins
- Balancing the ph of the body
- Gently cleanses the kidneys and flushes out fluids which tend to accumulate around sore joints
- Provides a host of minerals and nutrients needed to repair the joints
- Contains some minor properties of improving circulation and mild digestive support

Characteristics of a person who would benefit from Joint Support formula:

- Would tend to have more of a dry, brittle body and likely to be thin
- Has a history of long term joint aches and pain which may now be degenerative
- Has a history of low water intake
- Has a history of poor diet with acid forming foods such as white flour, white sugar, coffee, lack of vegetables and fruits.
- Joints tend to "crack, snap and pop", may have history of low back ache
- History of urinary issues are likely

Ayurvedic Joint Health formula (#1296-1)

Ayurvedic medicine, which is the traditional health care system from India, has an emphasis on a balance of body, mind and spirit. It seeks to restore harmony and balance in our body due to imbalances created from pollution, stress, junk food, and busy lifestyles. So when we look at this formula we are going to see this approach reflected in the herbs which are used in this formula.

- Supports long term stress often experienced by those who suffer joint pain.
- Support normal function of joints and connective tissues
- Has a strong property to reduce inflammation and pain of both the joints and digestive system.
- Helps to cleanse the blood and flush fluids which tend to accumulate around sore joints
- Has a minor property to reduce muscle spasms
- Helps lower cholesterol and balance lipid ratios in the blood.
- Helps support strong immune function
- Supports healthy metabolism and thyroid function.

Characteristics of a person who would benefit from Ayurvedic Joint Health:

- Tendency to have a more watery body, weight gain, especially around the midsection is likely
- Has sore achy joints and muscles

- Likely to have high cholesterol and /or high blood pressure
- Likely to have issues with sugar balance or sweet tooth
- History of high stress, or pain induced stress

ingredient.

Likely to suffer from digestive complaints

Both of these formulas would benefit a person with sores joints and provide nutrients and properties to help promote healing. By understanding subtle differences in the formulas you can better choose which formula might be the best choice for a particular person.

Disclaimer: Supplement recommendations are not designed to treat a disease condition. Discussions are for educational purposes only. Supplements should be used to nourish and strengthen the natural function of the various body organs and systems so that they will have a greater capacity to heal themselves. It is not intended to replace your doctor's recommendations. Any questions or concerns that you have regarding existing medical conditions, or the use of medications with supplements, should be discussed with your nutritionally oriented medical doctor. Copyright 2012 Herbal Answers for Health

Organic Brown Rice Syrup: Hidden Arsenic Source – Submitted by Mary Ackerman

Did you see or hear about the news reports on ABC about organic brown rice syrup and that it contains hidden arsenic at levels that may be harmful to infants and toddlers? The news article said that organic powdered baby formula, intended for toddlers, contains brown rice syrup as a top



Last month, we bought a box of nut and fruit bars at Costco. While looking at the ingredients list on the wrapper of the bar I was eating, I noticed that the 2nd ingredient listed is brown rice syrup. Now I don't know whether to eat the rest of the bars or not.

If you haven't heard about this report, check it out at: http://abcnews.go.com/Health/Diet/arsenic-organics-rice/story?id=15642428&page=2#.T15-FRw0gpc

Healthy Eating by Leigh Vecchio, CHNC (Certified Health and Nutrition Counselor)

One of my friends asked me what kind of milk to buy for her granddaughter as she has read that there are hormones,



pesticides and antibiotics in milk. And she is right. Many of us are concerned about blood pressure, triglycerides, immune systems, weight, heart disease, depression and the list goes on. I am presently writing an article about these concerns but wanted to give you some suggestions about food now. All these foods can be purchased from my grocery store (Publix here in Florida). Basically the best thing to do is to purchase plant based foods and avoid all processed foods (found in boxes or cans) and soda pop. I hope this is helpful.

Milk
Aloe Vera juice....in gallon container
Odwalia super food-green grass drink
Bolthouse Farms carrot juice
Wild salmon not farm-raised
Amy's Organic Pizza

Horizon organic whole milk on the floor in produce found in the produce found in the produce

Many Processed Foods are made with a Coal Tar Derivative Chemical that Causes Hyperactivity in Children – Submitted by Kelly Sparry

Would you knowingly feed your children an ingredient derived from coal tar? That's exactly what you may be doing, if you let them eat any orange or yellow artificially-colored products including sodas, cheese-flavored products, flavored chips, pickles or a myriad of other foods and beverages. The industrial waste-derived coloring chemical tartrazine is a common ingredient in all these foods, underscoring the need to read food labels religiously. (Why would anyone put artificial colors into pickles? Read the labels, and you'll see!)

"Knowledge is important... Can't they just keep this horrible stuff out of our food??? Oh joy... one more thing for me to look for on a label. We need to keep those pharmaceutical companies in business. Take out the chemicals and the pharmaceutical companies will lose business. I think chemicals are here to stay. We are eating more organically..... at least trying to." Check out the link: http://www.organicconsumers.org/articles/article_24890.cfm

Support the California GMO Labeling Ballot Initiative – Submitted by Kelly Sparry

California is poised to be the first state with mandatory GMO labeling laws through the 2012 California Ballot Initiative process. Polls show support to get this initiative on the ballot & voted in. Over 80% of those polled supported mandatory labeling.



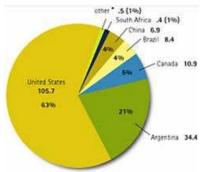
A win for the California Initiative would be a huge blow to biotech and a huge victory for food activists. Monsanto and their minions have billions invested in GMOs and they are willing to spend millions to defeat this initiative. California is the 8th largest economy in the world. Labeling laws in CA will affect packaging and ingredient decisions nation-wide. The bill has been carefully written to ensure that it will not increase costs to consumers or producers.

We Have the Right to Know – Submitted by Mary Lou Banahan

Hi Friends, I am passing this on from a friend of mine. I signed the letter! I'm asking for your help to get the FDA to

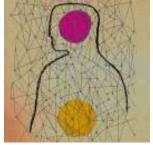
label our food. I feel it is important to know if there is any GMO (Genetically Modified Organisms) or GE (Genetically Engineered) in our food. Please click on the link below to get more information and help fight to get our food labeled. Thank you for your help. Remember to keep laughing and smiling throughout your day! Relax and enjoy each day to the fullest!! Go to: http://justlabelit.org/

92% of Americans want the FDA to label genetically engineered foods. Watch the new video from Food, Inc. Filmmaker Robert Kenner to hear why we have the right to know what's in our food. Will you join these individuals — and over half a million Americans — in contacting the FDA to require the labeling of genetically engineered (GE) foods? Go to: http://www.youtube.com/watch?v=jAP6ZtfP9ZQ



A Gut Check for Many Ailments – Submitted by Carol Pischel

What you think is going on in your head may be caused in part by what's happening in your gut.



A growing body of research shows the gut affects bodily functions far beyond digestion. Studies have shown intriguing links from the gut's health to bone formation, learning and memory and even conditions including Parkinson's disease. Recent research found disruptions to the stomach or intestinal bacteria can prompt depression and anxiety—at least in lab rats.

Better understanding the communication between the gut and the brain could help reveal the causes of and treatments for a range of ailments, and provide diagnostic clues for doctors.

To read the entire article, go to:

http://www.emailthis.clickability.com/et/emailThis?clickMap=viewThis&etMailToID=1400503279

The New CPR- Please Watch this! – Submitted by Lynne Sutter

NEW CPR PROCEDURE. PLEASE watch - and then share. This short video illustrates the best demonstration and gives the simplest explanation of exactly what to do if someone near you collapses and is presumably having a heart attack. You could very well save the life of a friend or loved one. Someone you share this video with might save your life..! Go to: https://ahsc.arizona.edu/node/730



Recipe of the Month - Potato Bread by Brenda Generali and Toastmaster Breads

I've been making this healthy bread since October 2010. It is delicious! Ingredients:

- 2 cups water (115o 125o F/43o-51o C (warm)
- ½ cup oil
- 2/3 cups Instant Potatoes (buds or flakes)
- 1-1/2 tsp. salt
- 3 Tblsp Sugar
- 4 cups bread flour
- 4 tsp. yeast

Set your bread machine for fast bake and enjoy your loaf of bread in an hour and a half!

CADI, eyePIX, SD8004, Used Iridology Cameras, and Iridology Station 5.1 Software

Go to the following links to learn about the cameras and software we sell:

CADI WV5533 Handheld Digital Iriscope, 8.0 Megapixel: http://www.joyfullivingservices.com/cadi8megapixel.pdf
EyePIX Handheld Iridology Camera, 10.0 Megapixel: http://www.joyfullivingservices.com/handouts/eyePIX.pdf
SD8004 Super Digital 18.1 MP Iridology Camera: http://www.joyfullivingservices.com/iridologystation5.1.html
New Iridology Cameras: http://www.joyfullivingservices.com/iridologycameras.html
Used Iridology Cameras: http://www.joyfullivingservices.com/usediridologycameras.html

Course Instructors

We are happy to let you know that we have several new instructors for our iridology, health & nutrition, herb, anatomy & physiology, and colon health courses. Go to: http://www.joyfullivingservices.com/certifiedinstructors.html for information.

JLS Certified Instructors and Distributors

We are happy to let you know that we have several distributors of our courses and products. You can find a distributor in your area by going to: http://www.joyfullivingservices.com/iridologydistributorlist.html. We offer distributorships for all our products and this includes all our courses and iridology and health supplies. If you are interested in becoming a distributor for us let Brenda know and we can discuss this possibility. There is no fee to become a distributor for us.

Referrals

Joyful Living Services offers referrals for our distributors who sell our products and courses, Certified Iridologists, Certified Herbal Counselors, Certified Health and Nutrition Counselors, Certified Anatomy & Physiology Professionals, Certified Colon Health Care Professionals, Certified Advanced Herbalism Professionals, Certified Muscle Response Testers, Chiropractors, Massage Therapists, Iridology Distributors, Nature's Sunshine Distributors, and more. Go to: http://www.joyfullivingservices.com/referrals.html to find the right professional for you.

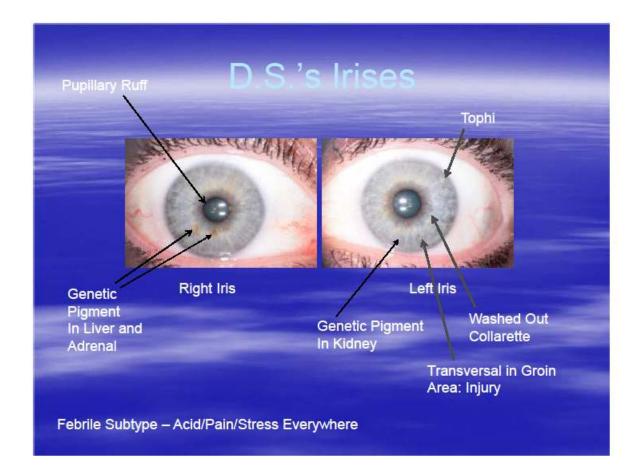
Online Shopping Cart

We are continuously updating our online shopping cart. You can order all our products online using PayPal. PayPal is a secure system that requires your e-mail address. It's free to use and was created by EBay. To find out about PayPal go to http://www.paypal.com. Go to: http://www.paypal.com. Go to: http://www.joyfullivingservices.com/products.html

Monthly Specials and Catalog

To view and download our monthly specials and updated catalog, click on the following links:

Monthly Specials: http://www.joyfullivingservices.com/handouts/jlsspecials.pdf
Updated Catalog: http://www.joyfullivingservices.com/handouts/jlsspecials.pdf



The Study of Iridology

This is a slide that I showed at the IIPA Symposium in Las Vegas last month. The iris photos are those of a 52 year old woman. The following are what is going on in her life now:

- Under tremendous stress 2 boys ages 9 and 10. 24/7 mom
- Extremely tired. Unable to watch a movie without keeping awake with snacking.
- Arthritis in spine, Pain in joints Swears by Glucosamine.
- Kidney stones last year had 2 in left kidney, 1 in ureter. Had to blast the 2 in the kidney. The one in the ureter was already gone.
- Just got out of the hospital again with 2 stones with 1 blocking ureter. She had an infection and they put in a "pic" line to her heart to administer intravenous antibiotics.
- Restless Leg Syndrome (RLS) Comes from the spine. Tried meds for months and none worked. Settled on Hydrocodone for 10-15 years (Vicadin) 2/night
- Black belt in Karate and has started Zumba dance twice a week. Always been an athlete, swimmer, baseball, softball, and gymnastics in Jr. High high school. Track and Field. Sprinter. Weight Lifting.
- Falls during sports has caused a lot of pain in the joints and spine. Sprained spine in the 1980's and started seeing chiropractors.
- Needs Liver Support (Milk Thistle), Removal of Uric Acid (Uva Ursi), Kidney Support, Softening of Kidney Stones (Hydrangea) as well as Adrenal Support, Joint Support such as those described in this month's newsletter, and Stress Management (herbal combination, relaxing baths, Yoga, Meditation, Reiki).
- Needs to drink ½ her weight in ounces of water per day.
- Needs to change diet from an acid diet to an alkaline diet.
- Needs to drink Dr. Jensen's Veal Joint Broth to help with the arthritis
- Needs regular massage and chiropractic adjustments

If you have any other suggestions as to what might help this client please write to me to iridology@netzero.net

Joint Health, Ayurvedic (100 caps)

Stock No.:1296-1

Benefits:

- · May help provide joint support and flexibility.
- · Provides nutritional support for the structural system.

How It Works:

Ayurveda, Sanskrit for "The Science of Life," is one of the world's oldest recorded systems of natural health. Nature's Sunshine's authentic Ayurvedic formulas were developed in concert with Indian Ayurvedic masters and are composed of herbs direct from India. This formula contains Ayurvedic herbs for joint and structural system support.

Ingredients:

Withania somnifera root, Commiphora mukul gum extract, Smilax china root, Boswellia serrata gum, Holarrhena antidysenterica bark, Paederia foetida leaf extract, Vitex negundo leaf extract, Tinospora cordifolia stem, Cyperus rotundus tuber, Apium graveolena seed, Boerhaavia diffusa root, Trachyspermum ammi fruit, Tribulus terrestris fruit and Trigonella foenum-graecum seed.

Recommended Use:

Take 2 capsules with a meal three times daily.

Product Variations:

How to Order:

Order online at www.naturessunshine.com or call 1-800-453-1422. Become a Member and save up to 40%, Get a 1 year free membership with a \$40 purchase.



Contact your local NSP Herb Specialist:

Joint Support (100 caps)

Stock No.:810-8

Benefits:

- · Provides nutrition to the joints and bones.
- · Supports the structural system.

How It Works:

This product features many herbs that support structural and joint health.

Alfalfa aerial parts help keep joints healthy and contain many trace minerals due to its unusually deep root system.

Horsetail stem and strobilus are noted for providing many trace minerals necessary for healthy joints and adjoining tissue.

Bromelain fruit enhances the efficiency of protein digestion needed for repairs.

Catnip leaves contain aromatic compounds that help the body maintain a balanced nervous system. Celery seed helps the body deal with excessive uric acid in the blood.

Black cohosh root helps prevent muscle spasms and supports the circulatory system. Yarrow aerial parts help the body's healthy inflammation response.

Capsicum fruit contains aromatic resins and influences the circulatory and digestive systems. Valerian root encourages the relaxation of the nervous system.

Hydrangea root extract provides both bitter and astringent compounds that support tissues. Yucca root extract contains saponins that support the body's inflammation response.

Ingredients:

Alfalfa aerial parts, horsetail stem and strobilus, bromelain, catnip leaves, celery seed, black cohosh root, yarrow aerial parts, capsicum fruit, slippery elm bark, valerian root, hydrangea root extract, yucca root extract, white willow bark, burdock root and sarsaparilla root.

Recommended Use:

Take 2 capsules with a meal three times daily.

NOTE: Pregnant or lactating women should consult their health care provider prior to taking this supplement.

Product Variations:

How to Order:

Order online at www.naturessunshine.com or call 1-800-453-1422. Become a Member and save up to 40%. Get a 1 year free membership with a \$40 purchase.



Contact your local NSP Herb Specialist

The SD8004 Super Digital Iridology Camera can also be used to take pictures of the sclera of the eye for Sclerology





The portable fully adjustable custom camera stand is made of heavy plate aluminum with a beautiful "Brite Dipped" face mount rather than the plastic found in other systems. This gives you unequaled beauty, strength, stability and longevity. It is easy to set up on any table, at any location for ultimate portability and comfort.





We use a highly regarded macro lens along with two flash units for a consistently better flash than from any fiber optic unit. This allows for greater depth of field and consistently clearer pictures. The lighting system gives you perfectly illuminated shots every time without flash spots on the iris.



The twin head focus light is embedded in the flash ring giving you ease in focusing while being easy on the client. Others claim a superior lighting system.

This one actually is.

Upresedentaded Clearity * Methodical Attention to Quality Control * Attentive Customer Service

I started comparing photos taken by all different cameras from all different price ranges. There was absolutely none that compared to the quality and clarity of the SD8004. When I got the camera, I was amazed and appalled at all I had missed with the magnifying glass and flashlight! There were so many more subtle markings and color variations that I could not have documented without the SD8004.

Denise Coyle

I live in Italy. My camera has been my best purchase yet. It takes such clear precise pictures and is really easy to use. I have recommended the SD8004 to three Italian colleagues, and I am proud to say that they are just as happy as I am. What touched me is the way Brenda and Chris made sure to follow up on our orders very closely, and are still always available to answer any questions.

Mara Bramante

Join Brenda Generali-Ackerman of Joyful Living Services for an

Find Out About Your Health Through The Iris of Your Eyes

Sunday, March 25th 12:30 p.m.



The study of the iris of the eyes is called "Iridology". By looking at the colors, structure, and markings in your iris we can tell what has happened in your body in the past, what is causing symptoms now, and what can possibly occur in the future. Iridology is like having a physical without needles. It's a great tool for prevention. Come learn about the color of your eyes, what some of the markings mean, and have pictures taken of your eyes by Brenda. A love offering will be gratefully received.

grand medicine SCLEROLOGY master class

Presenters: Leonard Mehlmauer and Nenita Sarmiento

San Diego, CA

26-29 April 2012 Thu- Sun, 9am - 5pm

Location:

222 Dovary Road Chula Vista, CA 91910

Class Fee: \$799US* Check, Amex, MC, Visa or MO

Lodging: Ramada Inn 91 Bonita Road, Chula Vista (a 9-minute walk to class 1-619-425-9999 for Grand Medicine group discount)

Prerequisite:

Sclerology Basics; GM Anatomy and Physiology (strongly recommended)

Seating is limited

Discount for attending back-to-back classes

IIPA Sanctioned School



This class is designed to provide detailed and "finished" information otherwise impossible to offer at the Sclerology Basics. Carefully prepared by Grand Medicine, this sophisticated course allows a more detailed and comprehensive grounding not only in the science itself but in its effective clinical use. As such, it can rightly be presented only to those who have prior study and real experience in the clinical practice of sclera evaluation.

Among the advantages of The Grand Medicine Scierology Master Class:

Advanced concepts from Grand Medicine's forthcoming book, ScleraForms; hands-on practice in the specifics of Eyology imaging—via camera, stand, and computer; participatory evaluation of many case histories; using clinical forms—with variations and creative changes (all forms provided and fully adaptable to your practice); focus on accurate markings ID + use of Sclerology in the clinical setting; what NOT to say and do in evaluations and in practice altogether; live hands-on exam and evaluation, start-to-finish—hi-tech and lo-tech; the secret of getting and keeping happy clients; synthesis: combining Intake, personal sense, photo images, signs and symptoms toward effective and comprehensive client / data evaluation.

Equipment to bring -- laser pointer, pen, paper, 3x or 4x magnifier & light



Registration: 619-240-3711 or gm@grandmedicine.com www.eyology.com

*\$75.00 non-retundable registration fee. Cancellation Policy: 75% return by Mar 25th; no return thereafter.

MODERN IRIDOLOGY SEMINAR

PRESENTED BY

JOHN ANDREWS

"First Visit to the USA since 2008"

AUGUST 1-2,2012 • 9am to 4pm

Somerset Inn

2601 W. Big Beaver Road Troy, MI 48084 1-800-228-8769

TOPICS COVERED:

- Modern Iridology Research Overview—New Findings
 & Information in Iridology for Practitioners and Students
- Natural Solutions for Hormonal Health—The Endocrine,
 Liver & Metabolic Systems in Modern Iridology
- Natural Solutions for Immune Health—The Immune &
 Intestinal Systems in Modern Iridology
- Natural Solutions in PNEI—Mind/Body Approaches in Modern Iridology

Orlando Craigslist ad, posted 2/8/12 [www.orlando.craigslist.org/bfs/2841048388.html/]: Vitamin Store with Web Store (Kissimmee-Orlando)

Date: 2012-02-08, 12:16PM EST

Reply to: bhfdb-2841048388@sale.craigslist.org

Is healthy living your passion? If yes, then why keep buying supplements when you can buy the whole store? Turn your lifestyle into a living. Earn money while you help yourself and others to lead a healthy life.

Do you work in a vitamin store and dream of being your own boss? Then, this is your dream come true.

Are you a health practitioner or the owner of a store in the health industry? Yes? This is your strategic acquisition.

I am selling my vitamin-supplement store and moving on. This is your chance to have your own bricks-and-mortar store along with an Internet store, selling first-rate vitamins and supplements plus iridology exams & ionic detoxification. You can even put your own name on 40 different products—more later as you grow the business.

Asking Price: Negotiable Gross Income: N/A Cash Flow: N/A

FF&E: \$19,000 included in sale Inventory: \$10,000 included in sale Real Estate: 900SF store, rented

Established: 2004 Employees: 1

Fantastic deal for someone who knows vitamins and naturopathic products and has a working knowledge of Spanish.

I paid \$310,000 for this store two years ago. It was grossing nearly \$500,000. Since then, sales have fallen by two-thirds. Bad economy? Bad management? Bad luck? Who knows? My loss is your gain if you have industry experience and business savvy and hables espanol.

The store is in an upscale suburban shopping center between Kissimmee and Orlando. It sits next to a dollar store and three doors from a supermarket. The other anchors include Home Depot, Longhorn, and Chick-fil-A.

The sale price is negotiable and includes:

- \$10,000 mol inventory
- \$19,000 Fixtures, Furniture & Equipment
- · one-year-old vinyl floor and wall paint
- · illuminated marquee sign
- arcade sign
- window decals
- · 7 years of goodwill and trust
- · house brand on 40 products
- web store
- Facebook listing



The premises are 900 square feet, of which only half is used by the store; the back half is an office and storage room. The rent is less than \$1,700 a month and includes water, CAM, and taxes. The lease has 22 month left and is renewable for 5 + 5.

The store manager has been with the company four years, and knows the business inside and out. She is familiar with all of the products, and skilled in iridology exams and ionic detox. Best of all, she's terrific with customers. She is willing to stay on if the terms are right.

See my store, and set your own price. I will accept the first reasonable offer. So, hurry on over.

- Location: Kissimmee-Orlando
- it's ok to contact this poster with services or other commercial interests
- PostingID: 2841048388