JEWEL

NATURE

- Do you enjoy thinking things through?
- Do you break problems into smaller steps?
- Do you question assumptions often?
- Do you like sorting ideas into categories?
- Do puzzles and mental challenges energize you?
- Do you notice small details others miss?
- Do you prefer logic over intuition?
- Do you double-check your work?
- Do you dig into data before deciding?
- Do you enjoy analyzing information?

COMMUNICATION

- Do you prefer talking through ideas?
- Do you speak up confidently in groups?
- Do you think out loud when solving problems?
- Do you jump in to share your thoughts?
- Do you lead conversations naturally?
- Do you interrupt to make a point?
- Do you find speaking more energizing than writing?
- Do you enjoy debating ideas?
- Do you believe clear speech beats silent listening?
- Do you use your voice to influence others?

LEARN

- Do you learn best with charts and diagrams?
- Do you prefer reading instructions over listening?
- Do you use highlights and notes to remember?
- Do you reread materials to understand them?
- Do visual aids help you learn more?
- Do you struggle to remember spoken details?
- Do you revisit written text for clarity?
- Do images help you grasp ideas?
- Do you sketch or draw to think?
- Do visual examples stick with you?

GIFTS

- Do you naturally guide others toward goals?
- Do you break goals into clear steps?
- Do people look to you for direction?
- Do you trust your instincts when leading?
- Do you stay focused on your objectives?
- Do you set ambitious targets?
- Do you keep tasks on track?
- Do you enjoy steering team efforts?
- Do you communicate plans clearly?
- Do you make quick decisions when needed?

FEARS

- Do you fear losing control?
- Do you worry about making mistakes?
- Are you sensitive to criticism?
- Does feedback upset you?
- Does being micromanaged bother you?
- Do you avoid tight deadlines to prevent error?
- Do you dread being judged by others?
- Does uncertainty make you anxious?
- Do you dislike surprises you can’t manage?
- Do negative remarks discourage you?

LESSONS

- Do you find it hard to let others lead?
- Can you go with the flow when plans change?
- Do you welcome new ideas easily?
- Can you trust peers with tasks?
- Are you open to feedback?
- Can you admit when you are wrong?
- Can you delegate without worry?
- Do you adapt quickly to change?
- Can you accept mistakes as learning?
- Can you stay flexible under pressure?

FLOWER

NATURE

- Do you follow your feelings when choosing?
- Do you share your emotions openly?
- Are you comfortable being vulnerable?
- Do you trust your gut over pure logic?
- Do you enjoy spontaneous surprises?
- Do you use art or music to express feelings?
- Do your moods change often during the day?
- Do you value emotional connections more than facts?
- Do you bring calm to tense moments?
- Do you celebrate small joys freely?

COMMUNICATION

- Do you prefer images to explain ideas?
- Do you gesture broadly when you talk?
- Do diagrams help you make your point?
- Do you sketch to illustrate your thoughts?
- Do open, rounded gestures feel natural?
- Do colors and visuals engage you more than text?
- Do you draw to clarify complex ideas?
- Do you use visual charts in your teaching?
- Do you recall pictures more than words?
- Do gestures add meaning to your speech?

LEARN

- Do you learn best by listening?
- Do lectures or podcasts help you learn?
- Do you remember spoken instructions better?
- Do you speak aloud to process ideas?
- Do you notice tone and voice inflection?
- Do you ask people to repeat themselves?
- Do discussions stick more than reading?
- Do audiobooks work better for you?
- Do you rely on verbal feedback to learn?
- Do you find conversation more helpful than text?

GIFTS

- Are you naturally creative in new situations?
- Do you welcome fresh ideas quickly?
- Do you generate original thoughts on the spot?
- Do you trust spontaneous insights?
- Do you adapt creatively to challenges?
- Do you enjoy unplanned changes?
- Do you celebrate your imaginative moments?
- Do you help others see new possibilities?
- Do you use art or metaphor in problem-solving?
- Do you find inspiration in everyday life?

FEARS

- Do you fear being abandoned by others?
- Do you avoid situations that feel controlling?
- Are you anxious about separation?
- Do you worry about losing your freedom?
- Do you dread being micromanaged?
- Do you feel trapped in strict routines?
- Do you fear solitude or loneliness?
- Do you resist anything that smothers you?
- Do you avoid deep emotional demands?
- Do you equate closeness with loss of freedom?

LESSONS

- Do you trust yourself to decide well?
- Can you control impulses under stress?
- Do you stay focused on one task at a time?
- Do you accept responsibility for mistakes?
- Can you admit fault without blame?
- Do you keep to a steady routine?
- Do you ground yourself when overwhelmed?
- Do you respect others' viewpoints?
- Can you handle criticism constructively?
- Do you balance feelings with practical action?

SHAKER

NATURE

- Do you act boldly to reach your goals?
- Do you push yourself for constant progress?
- Do you prefer action over long planning?
- Do you feel restless when you're not busy?
- Do you enjoy taking on big challenges?
- Do you set ambitious, even extreme targets?
- Do you keep moving forward no matter what?
- Do you feel energized by constant activity?
- Do you thrive under pressure to move fast?
- Do you often leap before you look?

COMMUNICATION

- Do you use large gestures when speaking?
- Do you pace as you explain ideas?
- Do you mix movement with your words?
- Do gestures make your message clearer?
- Do you speak with your hands actively?
- Do you rely on visual and verbal cues together?
- Do you use facial expressions to reinforce points?
- Do you adjust posture to emphasize meaning?
- Do you think in action while you talk?
- Do you feel more engaging when you move?

LEARN

- Do you learn by moving and doing?
- Do you need hands-on practice to understand?
- Do you trust your gut when learning?
- Do you physically act out ideas to remember?
- Do you prefer experiments over theory?
- Do you use all your senses to study?
- Do you remember better after practicing?
- Do interactive methods help you most?
- Do you rely on your body's feedback?
- Do you become restless with passive learning?

GIFTS

- Do you invent new solutions easily?
- Do you explore unfamiliar topics eagerly?
- Are you driven by your own motivation?
- Do you maintain focus without outside pressure?
- Do you trust unconventional ideas?
- Do you push your creative limits regularly?
- Do you seek novel experiences to learn?
- Do you often start projects on your own?
- Do you feel at home in unknown territory?
- Do you enjoy testing your own boundaries?

FEARS

- Do you fear failing at your goals?
- Are you anxious about criticism?
- Do you resist being told what to do?
- Are you wary of getting too close to others?
- Do you avoid risks to prevent mistakes?
- Do you dread negative feedback?
- Do you keep people at arm's length?
- Do you hold back projects for fear of failure?
- Do you protect yourself against emotional harm?
- Do you feel controlled when guided too closely?

LESSONS

- Do you work steadily without burning out?
- Can you moderate your extremes?
- Do you build stable daily habits?
- Can you trust others with important tasks?
- Do you stay grounded under pressure?
- Do you consider others' feelings before acting?
- Are you consistent in your efforts?
- Do you seek balanced solutions instead of extremes?
- Can you stay stable when plans shift?
- Do you show respect by listening fully?

STREAM

NATURE

- Do you come across as warm and friendly?
- Do you trust your intuition in decisions?
- Are you sensitive to others' emotions?
- Do you stay calm in chaotic situations?
- Do you naturally nurture those around you?
- Do you build a supportive environment?
- Do you follow your gut in tough moments?
- Are you patient when someone needs support?
- Do you find fulfillment in helping others?
- Do you balance your needs with caring for others?

COMMUNICATION

- Do you use gentle touch to show empathy?
- Do you keep an open posture to invite trust?
- Do you lean in when listening to show interest?
- Do you adjust your stance to convey confidence?
- Do you mirror others' body language subtly?
- Do you place a hand on a shoulder to comfort?
- Do you close your posture when you need space?
- Do you gesture toward your heart for sincerity?
- Do you turn your body to set boundaries?
- Do you match your posture to the emotional tone?

LEARN

- Do you learn best by doing hands-on work?
- Do you grasp ideas through real-life tasks?
- Do you prefer workshops to lectures?
- Do you learn by trial and error?
- Do you need to touch things to understand them?
- Do practical projects reinforce your learning?
- Do you use role-play to practice skills?
- Do you apply new information immediately?
- Do you dislike passive, sit-and-listen formats?
- Do you teach best by showing others in action?

GIFTS

- Do you naturally mediate conflicts?
- Do you help find fair, balanced solutions?
- Do you aim to meet everyone's needs?
- Do you create routines that feel safe?
- Do you stay calm to steady others' emotions?
- Do you guide groups toward harmony?
- Do you maintain your own equilibrium under stress?
- Do you set up structures that keep things running smoothly?
- Do you encourage cooperation and respect?
- Do you provide a reliable foundation for others?

FEARS

- Do you resist unexpected changes?
- Do new beginnings make you anxious?
- Do you worry about making mistakes?
- Do you avoid action for fear of hurting someone?
- Do you hold back to prevent emotional pain?
- Do you delay first steps to ease anxiety?
- Do you replay errors in your mind afterward?
- Do you hesitate to speak up for fear of offending?
- Do sudden shifts leave you feeling unsettled?
- Do you fear rejection when reaching out?

LESSONS

- Do you set clear goals before taking action?
- Do you focus on one priority at a time?
- Do you check that your actions match your purpose?
- Can you tune out distractions to stay on track?
- Do you let go of tasks that drain your energy?
- Can you accept uncertainty without stress?
- Do you trust your instincts in big decisions?
- Are you comfortable sharing responsibilities?
- Do you value purposeful action over busywork?
- Can you release doubts and trust your path?