



IL CRONORISCHIO
TIME RISK

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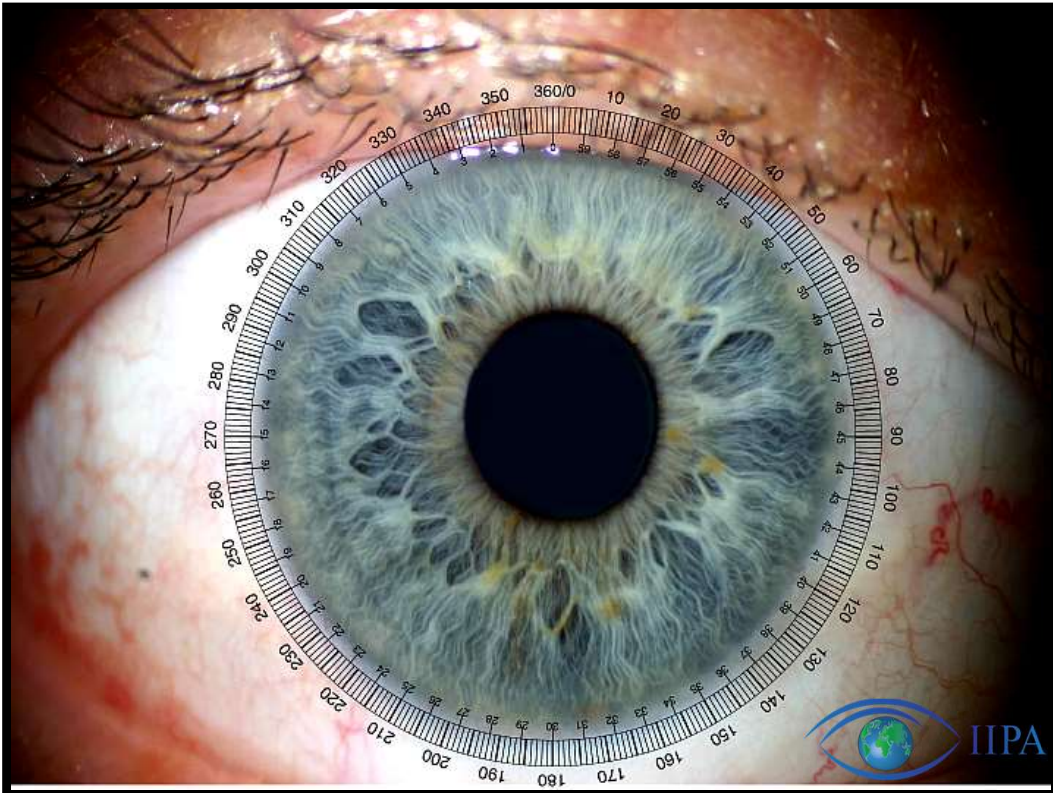


IIPA

From medium.com

(borrowed for this class)

The technique used for clearing trauma in Timerisk was not included. Dr. LoRito gives private instruction and certification to those interested in learning Timerisk.



When looking at this timeline, we can pinpoint each month of pregnancy with each 40 degrees of movement, in a counterclockwise movement. Starting at 360, at 320 degrees is where we find the first month of pregnancy, 280 will be the second month of pregnancy and so on.

The years of life are shown underneath, on the inside of the circle.

IL TEMPO

LO PERCEPIAMO INTERIORMENTE.

THE TIME

WE PERCEIVE IT INSIDE.



Time in relation to iridology is found on the collarette.

Block Universe – A place where change isn't real and there's nothing special about the present moment.

Timerisk

To better understand the meaning of Timerisk, let's understand what we can see in the iris.

- The **Border of the Collarete or BC** reflects the presence of time.
- This may present as an indentation, interruption or radial at the collarete.
- We use Timerisk as a method of understanding trauma or potential pathology of physical or psychological nature.
- An external stressor will eventually activate the organism's pathology.

Time is on the collarete.

IL CRONORISCHIO

LA CONDIZIONE DI MAGGIOR PERICOLO PER LA SALUTE, IN SEGUITO AL VERIFICARSI DI ANOMALIE QUANTITATIVE E - O TEMPORALI NELL'ECONOMIA DELLE FUNZIONI BIOLOGICHE

TIME RISK

A CONDITION OF GREAT DANGER TO HEALTH, SUBSEQUENT TO THE OCCURRENCE OF MEASURABLE DISTURBANCES AND/OR TRANSITIONS IN THE ECONOMY OF THE BIOLOGICAL FUNCTIONS.

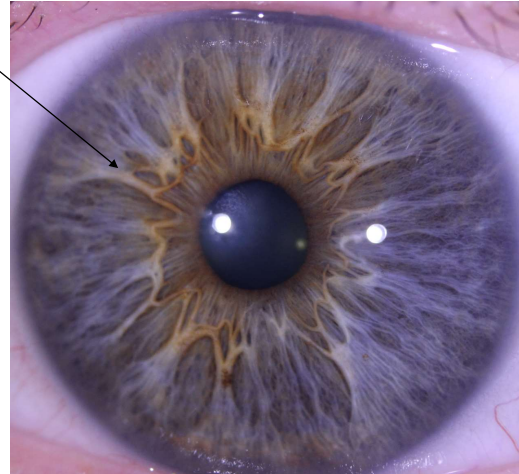


- We use this term to signify a certain period in life when it is possible that a physical or psychological event caused an alteration of the biological function that could stimulate a predisposing pathology.
- Definition of Timerisk: A condition of great danger to health, subsequent to the occurrence of measurable disturbances and/or transitions in the economy of the biological functions.
- Trauma/Danger; Which could stimulate a predisposing pathology.
- Time: Manifests itself on a terrain that is predisposing it. If an organ is weak, and a trauma occurs, it takes over the body.

Time



- Time manifests itself on a terrain that is predisposing it. If an organ is weak, and a trauma occurs, it takes over the body.



In the photo we see an actual Timerisk marking on the pancreas in the left eye. If this person had an actual weakness in the pancreas (sugar imbalance, pancreatitis) an occurrence of a trauma could further the manifestation of the problem making it worse.



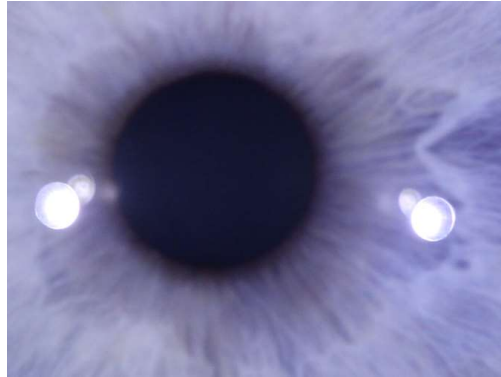
The picture shows us topography of the collarette border.

The border of the collarette BC, corresponds to the border between absorption and distribution of energy, dynamic energy of the individual, autonomic nervous system, membrane filter between the interior and exterior and the meeting place between the deep and superficial energies.

Border of the Collarette

- The BC is like a portrait of the psyche where the events of our lives are displayed.

Knowledge
brings you to
consciousness,
but
consciousness
does not allow
you to be free.
DLR



The introflection of the collarette in the photo shows the age of 45 years. The introflection has been there since birth. It did not just develop but a trauma occurred at age 45, in which my maternal grandmother died.



Picture showing our external world, and our internal world. Looking at the picture, think of the external world outside of the collarete and the collarete as the meeting point of the two energies, outside (external) energy and internal.

Timerisk factors

Endogenous:

- Areas of constitutional weakness – lacunae on border of collarette. Developing as we are developing.
- Changes in the immune axis – Thymus, Adrenals, and Pituitary
- Imbalance of the stress axis – HPA: Hypothalamus, Pituitary, Adrenal
- Organs or functions that draw interest due to pathological event: Trauma may have occurred while mother was pregnant with you which could cause a trauma in the month she was carrying you.
- Connections with the human brain determined before birth and awaiting synaptic alterations in relation to the learning process. Mental health. As the fetus is forming into a human shape the spirit is the last to manifest it to come in.

This gives us explanation of **endogenous** time (while in utero)

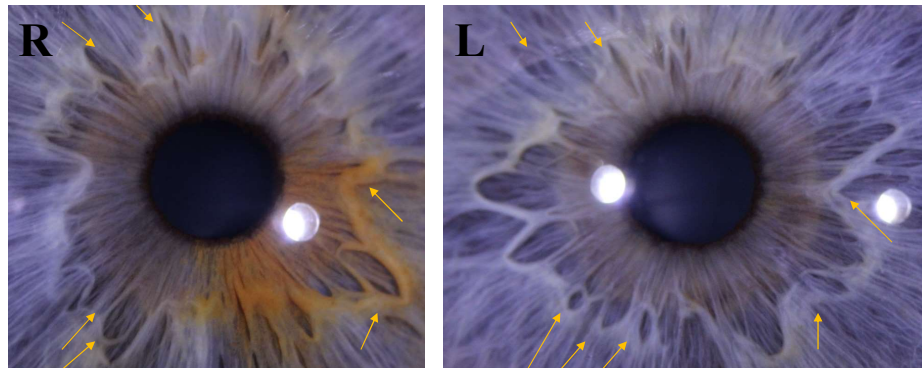
Endogenous: a time when an accident or trauma may have occurred.

- **Changes in immune axis-** thymus, adrenal, pituitary axis
- **Imbalance in the stress axis-** Hypothalamus, pituitary, adrenal axis.
- **Organs or functions that draw interest due to pathological event-** this means that a trauma may have occurred while the mother was pregnant with you which could later cause a trauma according to the term in which she was carrying you.
- **Connections with the human brain determined before birth and awaiting synaptic alterations in relation to the learning process-**this relates to our mental health. As the fetus is forming into its human shape, the spirit is the last to

manifest.

Endogenous factors

Found on the collarette

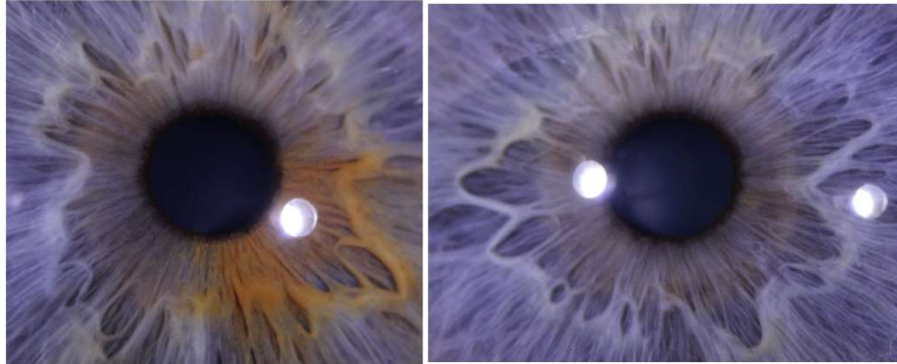


- Looking at the right eye we see lacuna on or in the collarette, referring to the time when an incident or trauma, may have occurred noted on the collarette.
- When looking at the left eye we see some of the same time markings. While some of the lacuna on the left show us a perifocal lacuna.
- These markings are all potential areas of trauma or physical concern. Perifocal signs telling us that more attention is needed now.

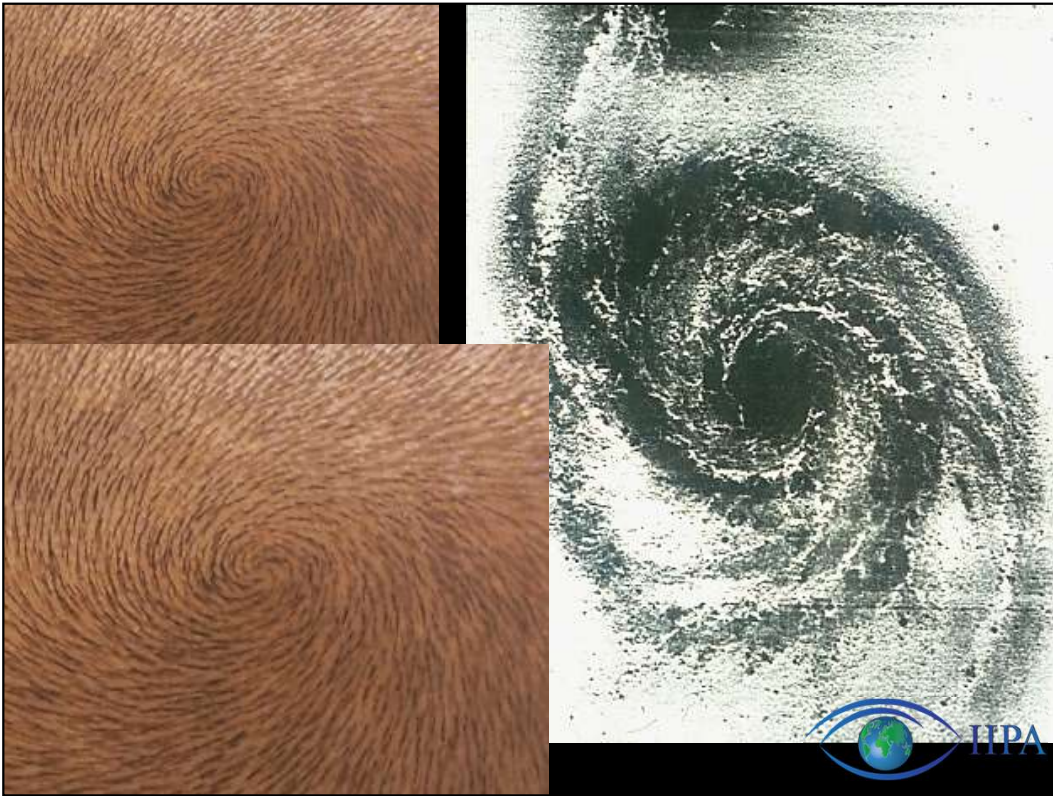
Timerisk factors

Exogenous: dependent on social events/ambient factors.

- Loss of affection
- Traumatic events/serious accidents
- Natural catastrophes



- A loss of affection or a traumatic event may trigger a physical response of the perifocal signs or other related signs. These are the areas we would want to address with our client.
- Happened after we were born.
- May trigger a physical response of the perifocal signs or other related signs.
- Everything that has happened or will happen already exists.
- The future might already exist and the 3 ways we separate time, past, present, and future are nothing more than an illusion created by our mind.



Time is a constant motion, like a wave that keep folding in on itself over and over.

IL TEMPO

- **ISTANTANEITÀ E DURATA**
- **SIMULTANEITÀ E SUCCESSIONE**
- **PASSATO , PRESENTE E FUTURO**
- **IRREVERSIBILITÀ**
- **MOVIMENTO**
- **RITMO**
- **VELOCITÀ**

THE TIME

- **INSTANTLY AND DURATION**
- **SIMULTANEOUSLY AND SUCCESSION**
- **PAST, PRESENT AND FUTURE**
- **IRREVERSIBILITY**
- **MOVEMENT**
- **RHYTHM**
- **SPEED**



- Instantly and duration = a beginning and an end.
- Simultaneously and succession= in unison or synchronized with continuity or flowing like a stream.
- Past, present and future is the flow of time, it is how we as humans relate to an incident that has happened, is happening or has yet to happen.
- Irreversibility= incapable of being changed
- Movement= as we move through time, every second is now in the past
- Rhythm= is the cycle that occurs every 7 years
- Speed= not everyone is in the same speed of time. Think of taking a trip to beach with your sweetheart when you are young. The days pass very quickly. Is this because we are in love. Are we both synchronized in time? What may seem slow and crawling to some may feel very sped up to you. When you are in ecstasy, you are with God.

IL CRONO ENDOGENO

THE ENDOGENOUS TIME

- DEBOLEZZA COSTITUZIONALE
- ASSE IMMUNITARIO
- ASSE DELLO STRESS
- ORGANO PIU' DEBOLE
- STRUTTURA DEL CAMPO MENTALE
- CONNESSIONI SINAPTICHE PRENATALI
- CONSTITUTIONAL WEAKNESS
- IMMUNE AXIS
- STRESS AXIS
- WEAKEST ORGAN
- STRUCTURE OF THE MENTAL FIELD
- PRENATAL SYNAPTIC CONNECTIONS



Endogenous occurs during birth, in utero.

Constitutional Weakness relates to developing as we are developing.

Structure of the mental field relates to a trauma that occurs at an early age but doesn't present until later in age. This may have to do with an abusive teacher in school. The parents did not cause the abuse, but it was so traumatic that it created problems later down the road for the now adult child to relate to teacher figures.

Prenatal synaptic connections refer to occurrences happening during brain development in utero affecting us after birth. Parent may be drinking and smoking and not taking care of themselves. May be very hap-hazard with their lives and have a hard shell. "That baby is gong to have to learn its way around like I did". This can affect the brain development of an unborn child.

IL CRONO ESOGENO THE EXOGENOUS TIME

- **PERDITE IMPROVVISE**
 - **INCIDENTI**
 - **LUOGO DOVE SI VIVE**
 - **LUOGO DI LAVORO**
 - **CATASTROFI NATURALI**
 - **STORIA DEL POPOLO**
- **SUDDEN LOSS**
 - **ACCIDENTS**
 - **PLACE OF LIVING**
 - **PLACE OF WORK**
 - **NATURAL DISASTERS**
 - **HISTORY OF THE PEOPLE**



Exogenous – Related to things after birth

- Sudden loss
- Accident
- Place of living
- Place of work
- Natural disasters

History of the people – family

- Family influence of disease

Disease is passed down generation to generation

- Familial patterns such as
- Heart disease
- Diabetes



Stress. The constant bombardment of stressful situations and the way we deal with those stressors impacts or lives in many ways. A stressor can be viewed as an antigen (toxin or other foreign substance) acting upon the central nervous system triggering a response that can be biological concerning the organs and their functions. Or it can produce a psychological reaction ranging from a mild behavior change all the way to a psychotic state.

Stressors

- A stressor is any event that can affect the psychological or physical balance within an individual.
- The reaction to an event is formulated from a host of responses; emotional, behavioral, mental, chemical, and hormonal. This response is defined as stress.
- Eustress* is when we are able to respond in the face of stress and reach a state of balance.
- Distress is the response to not being to maintain or to return to a state of balance.

Stress creates-

- A decrease of macrophage activity (slower response time of T-cells) –Recognizing Pathogens.
- An increase in catecholamine (reaction to stress) Hormones made by the adrenal glands
- A decrease in the volume of the thymus gland (the production of T-cell. B-cells, NK cells slows) – Natural Killer Cells
- A decline in monoaminergic activity (noradrenaline, serotonin, dopamine)

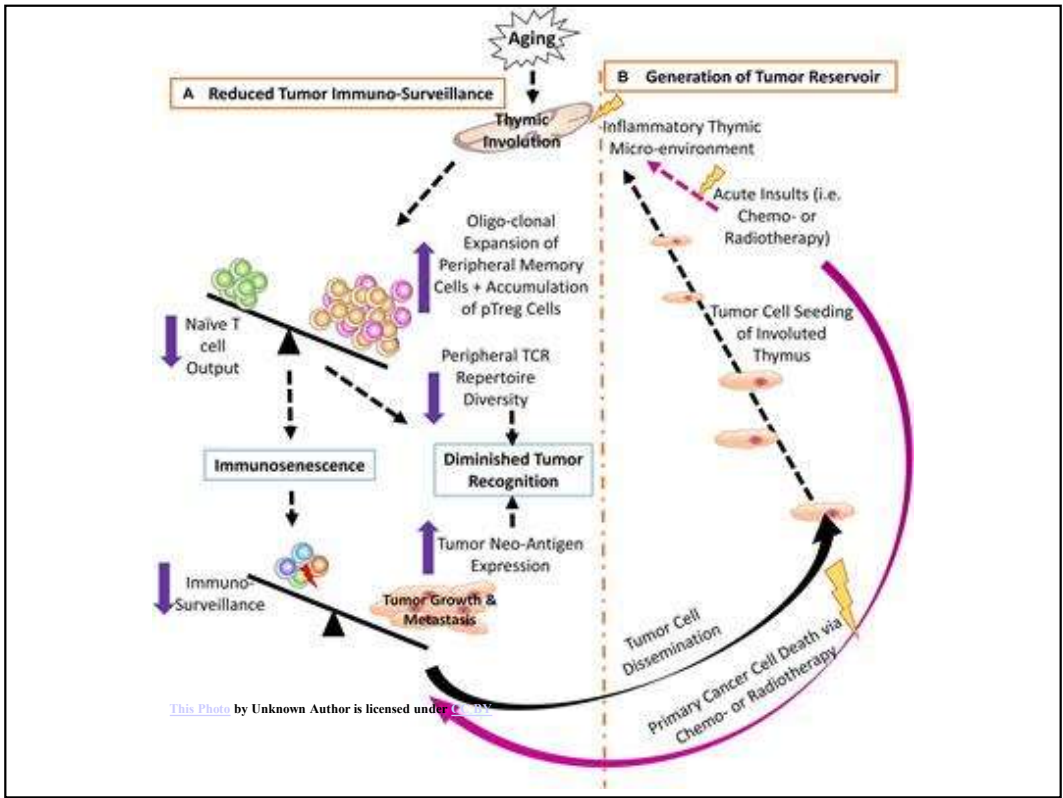


Diagram of stress axis. This shows the pathway of how disease is created through stress.

Stress creates-

- An inhibition of hypothalamus-pituitary-adrenal axis (your reaction to stress) Epinephrine/norepinephrine production – Not in balance
- An increase in acetylcholine activity creating a repercussion as far as the immune system is concerned.(neurotransmitter of the parasympathetic nervous system that contracts smooth muscle, dilates blood vessels and slows heart rate.)

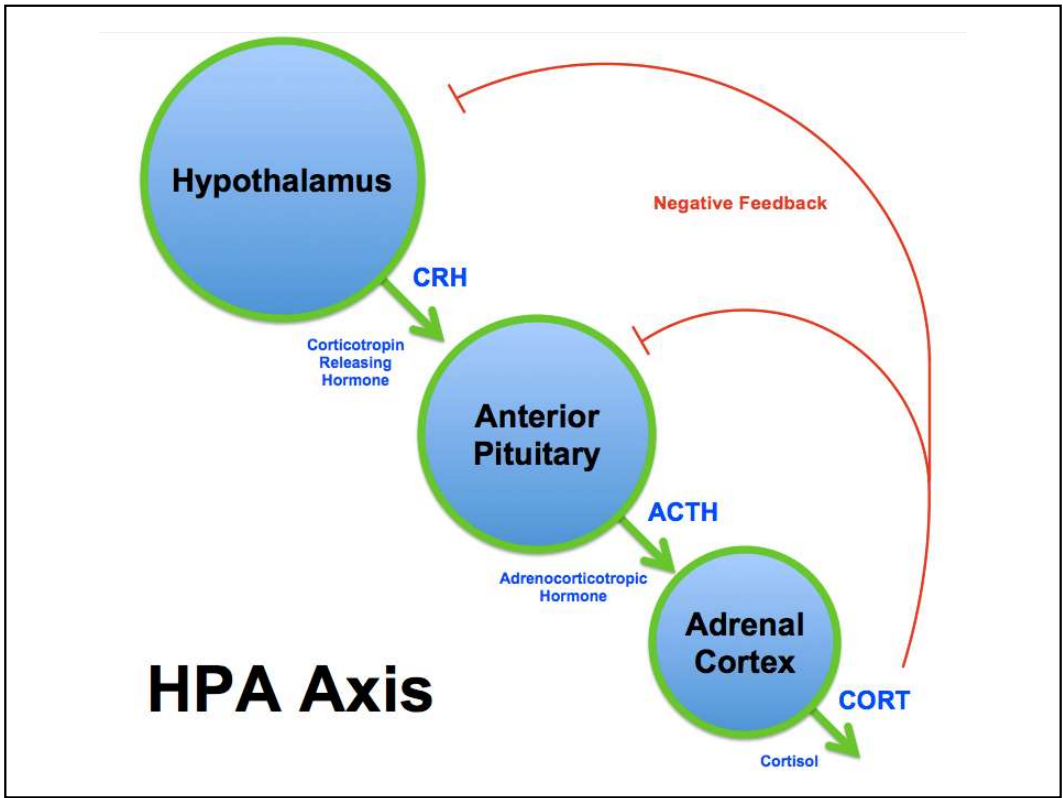


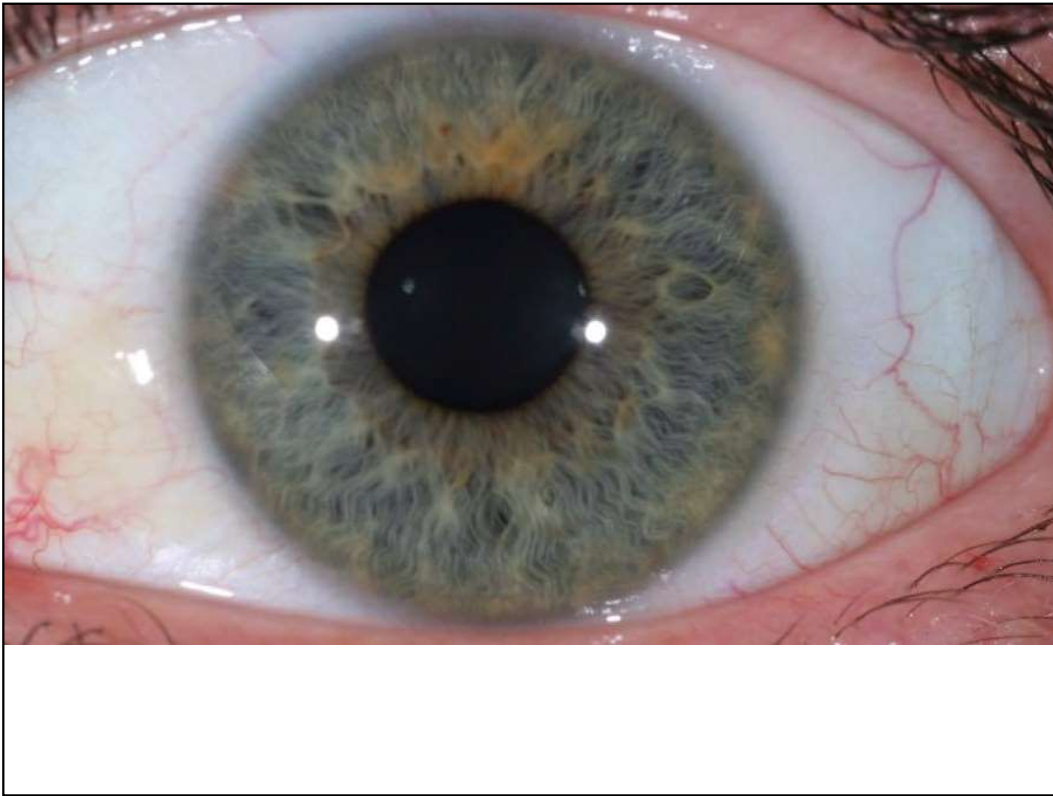
Diagram of the HPA axis.

Top 7 stressors

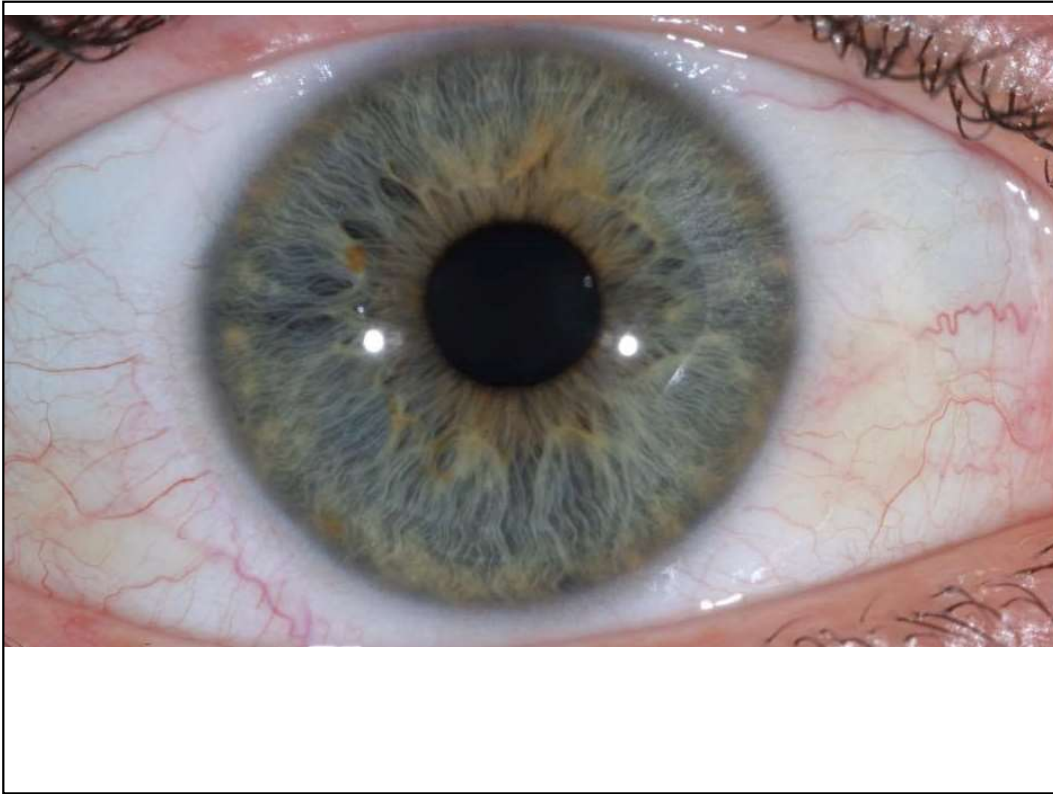
- 1. Death of a spouse
- 2. Divorce
- 3. Separation from a spouse
- 4. Imprisonment
- 5. Death of a close relative
- 6. Accident or illness
- 7. Marriage



To avoid the top three stressors, don't do number 7!



- We see the eyes of Christos Miliankos again as a case study for this Timerisk.
- 12 years old- pancreas (physical) Chris tell us that at 12 years he was teased and taunted by other children quite a bit about his size and his voice.
- At 30 years of age, Chris remembers this was a time when he was getting acquainted with his current wife Sandy after the trauma of loosing his first wife from a brain tumor.
- The lacuna we see in both eyes is still yet unknown to Chris. This marking could also be related to the emotion of grief or the physical heart area of nurture from both sides of the family.



Case study right eye:

- While we may find out in talking to our client about trauma during these times of age-related pains, we may also find that if the client is able to talk with their mother, we may find that these marks (signs) are related to an actual traumatic occurrence during the time she carried the child.
- If Chris did not experience a trauma or issue in his 45 year, maybe his mother experienced something in her 8th month of pregnancy while she carried him.

TEMPO TIME

• *LINEARE*
LINEAR

• *NON LINEARE*
NON LINEAR

PASSATO PAST

CONTEMPORANEITA'

PRESENTE PRESENT

CONTEMPORANEITY

FUTURO FUTURE



- Time is linear meaning it has a past; it is present, and it has a future.
- Nonlinear terms means that we have things happen that interfere with time.
- Comtemporaneity means belonging to the same period of time. It is existing and occurring during the same time period.

TEMPO ESPLOSO EXPLOSIVE TIME

• PASSATO E FUTURO COOPERANO
PAST AND FUTURE COOPERATE •

• INTEGRAZIONE

INTEGRATION •



- Explosive time- Our past was an experience. It exists as a memory. Our future is to be experienced.
- Integration is the combining of a past and a future (occurrence) coming together at one moment.

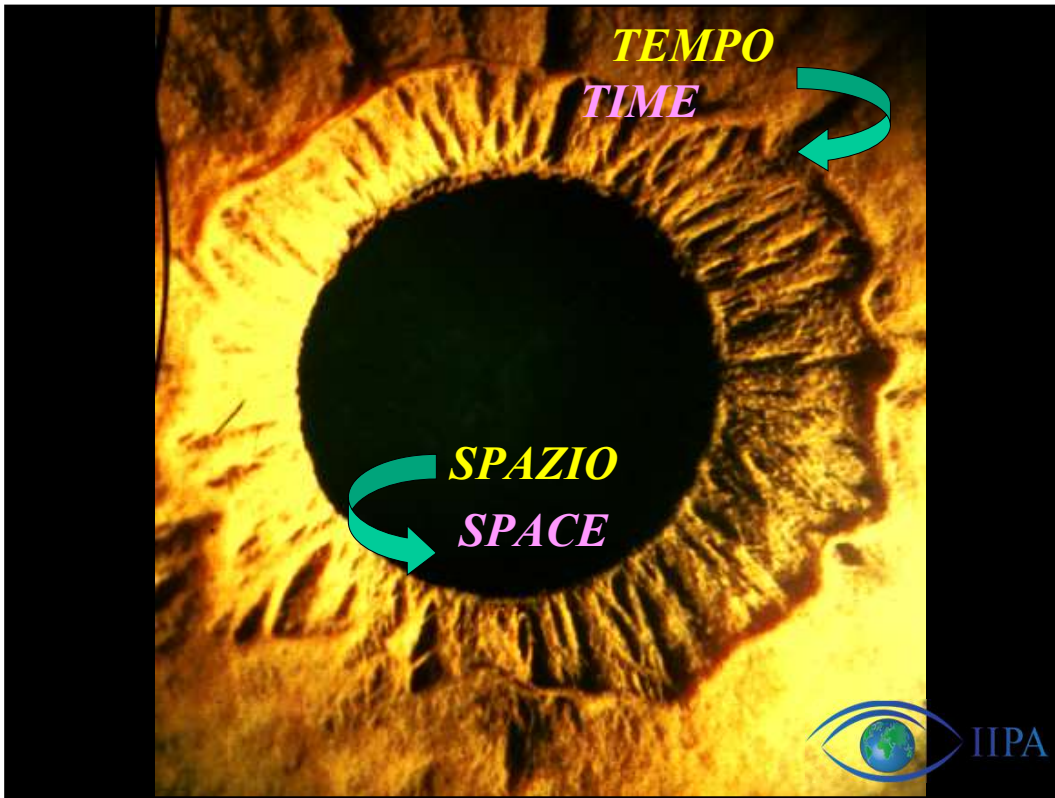
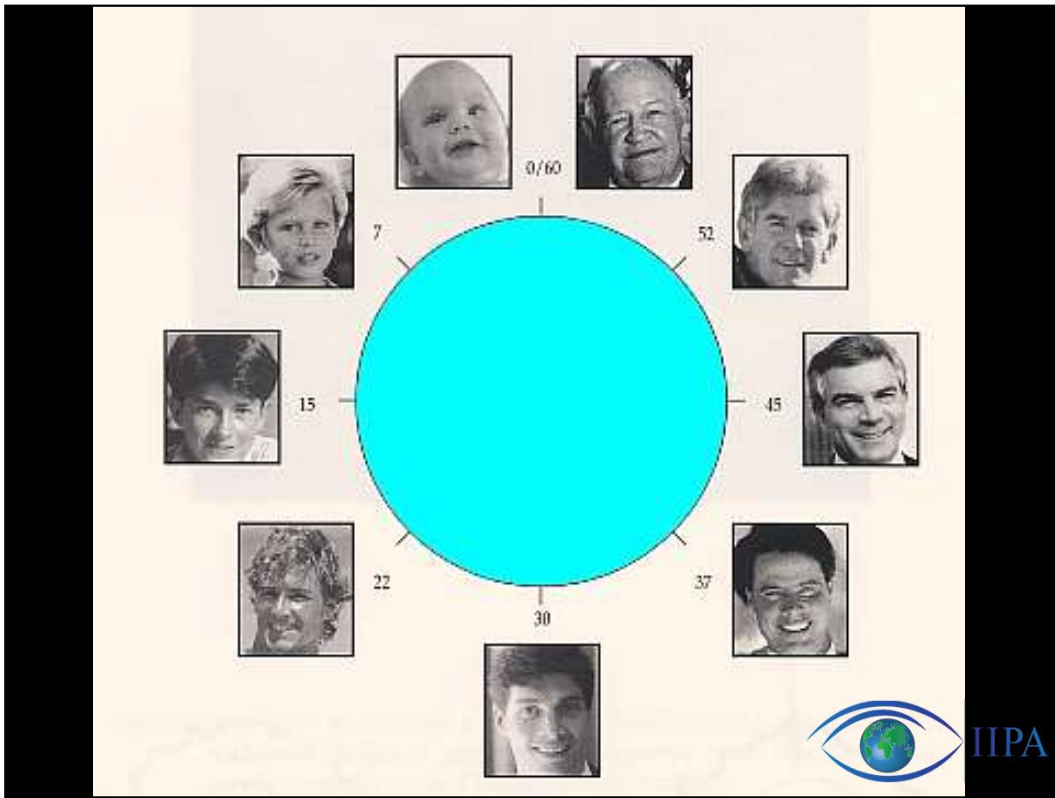


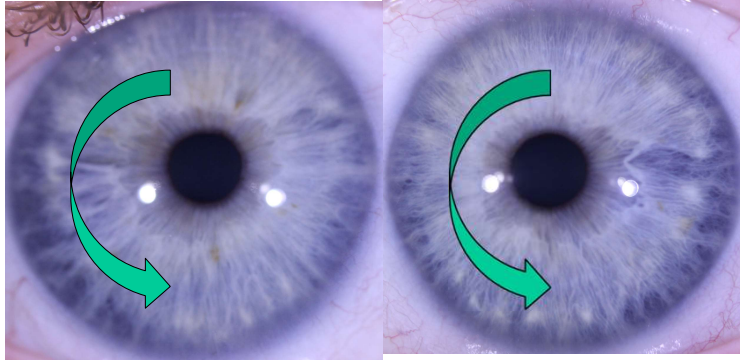
Photo showing space and time on the collarete.



Shows us the growth of man over time.

Time risk

- Counterclockwise direction is how we determine the events (trauma's) that happen in a person's life.
- They are recorded in the right and left eye and depend on their significance.



Always ask the age of the person before assessing trauma. Never look beyond their current age. Go backwards into the years, in other words start with the latest occurrence not the earliest. Ask questions about the age not the trauma. It is not important for you as an iridologist to know the exact trauma, but you should know how to help them work through some issues or refer them to get further help from a counselor or psychologist.

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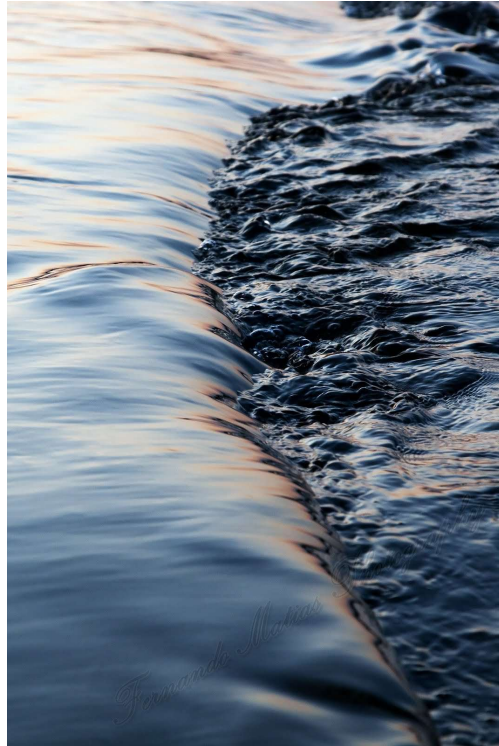


IL TEMPO THE TIME

- È l'incontro di una corrente che viene dal passato con la corrente che viene dal futuro.
- It is the encounter of a current that comes from the past with the current that comes from the future.
- In realtà le due correnti si incrociano in ogni punto
- In fact, the two currents intersect at any point
- Una corrente ci viene incontro e una corrente la portiamo con noi
- One current comes towards us and one current we bring within us



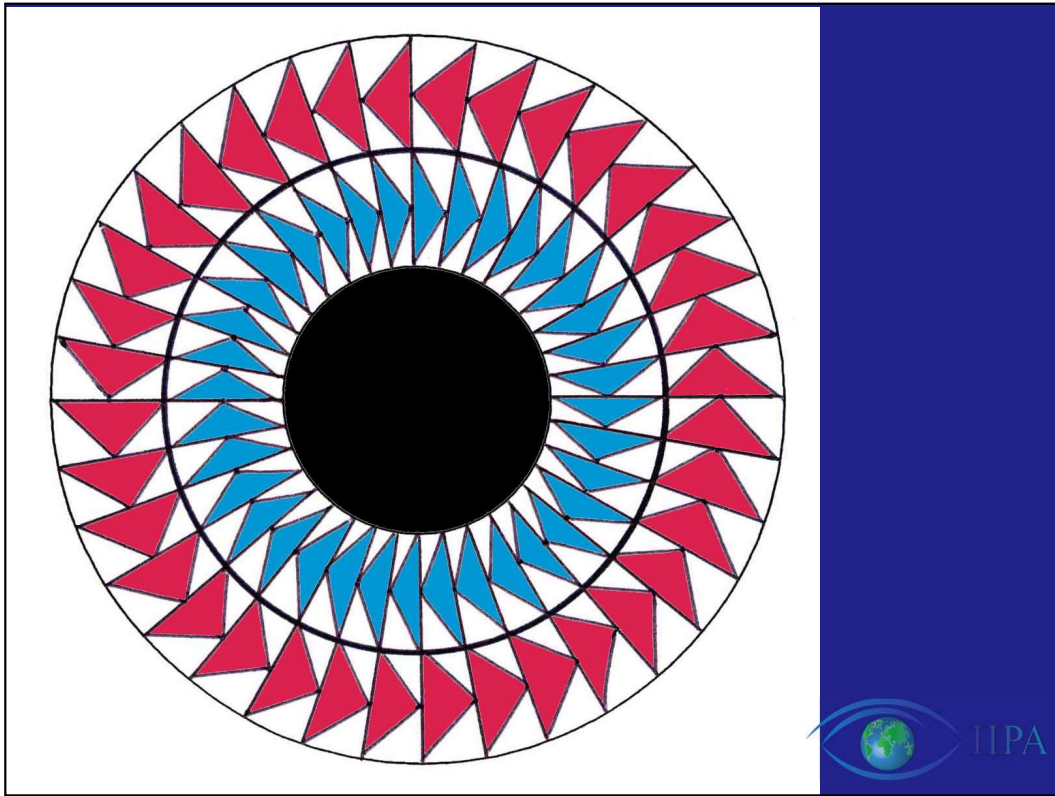
**Think about two
water currents
meeting at the
same place.**



IL TEMPO THE TIME

- **In ogni tranches temporale la nostra vita è la somma di due correnti:**
- **In each moment in time our life is the sum of two currents:**
 - **A una che va dal futuro al presente**
One that comes from the future to the present
 - **B una che va dal passato al presente**
One that comes from the past to the present

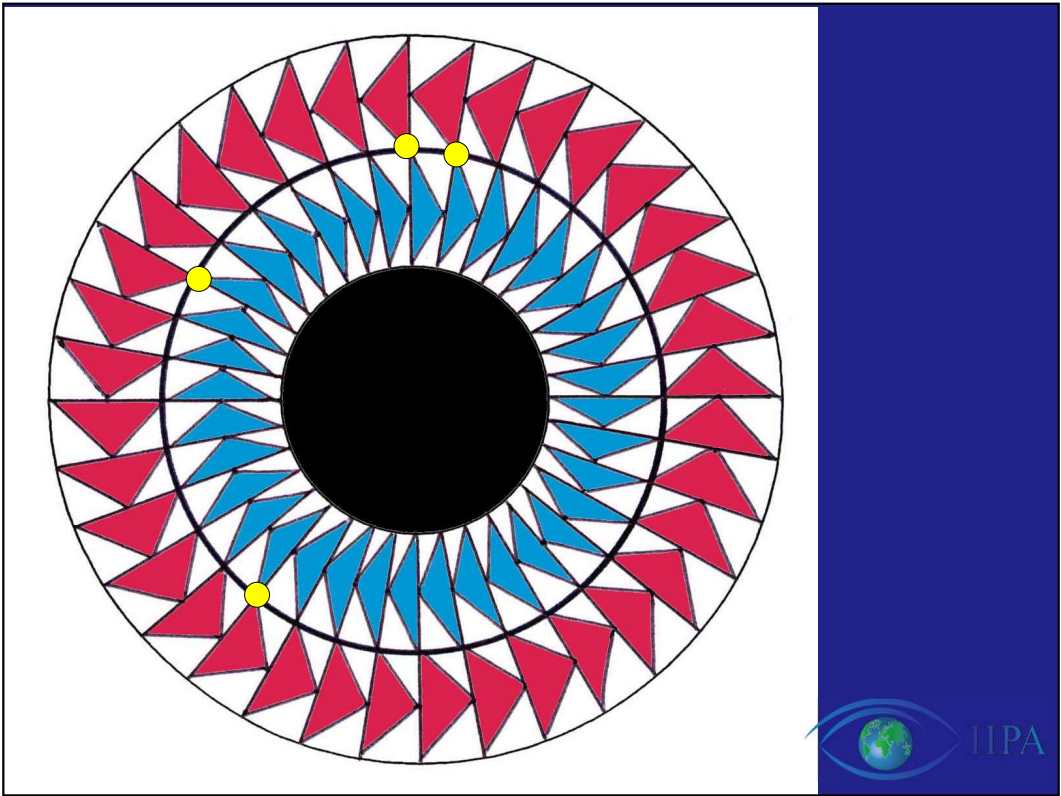




- The arrows in blue show us the movement of one current, while the red arrows show us the movement of another current.
- This is the flow of time and the meeting of the two currents.



...and they will meet



Picture of meeting points

IL TEMPO THE TIME

- **L'uomo è il risultato di entrambe queste correnti**
- **Man is the outcome of those two currents**
- **Fate accadere dal passato questo futuro che ci fluisce incontro.**
- **This future that we encounter flowing, happens from the past.**





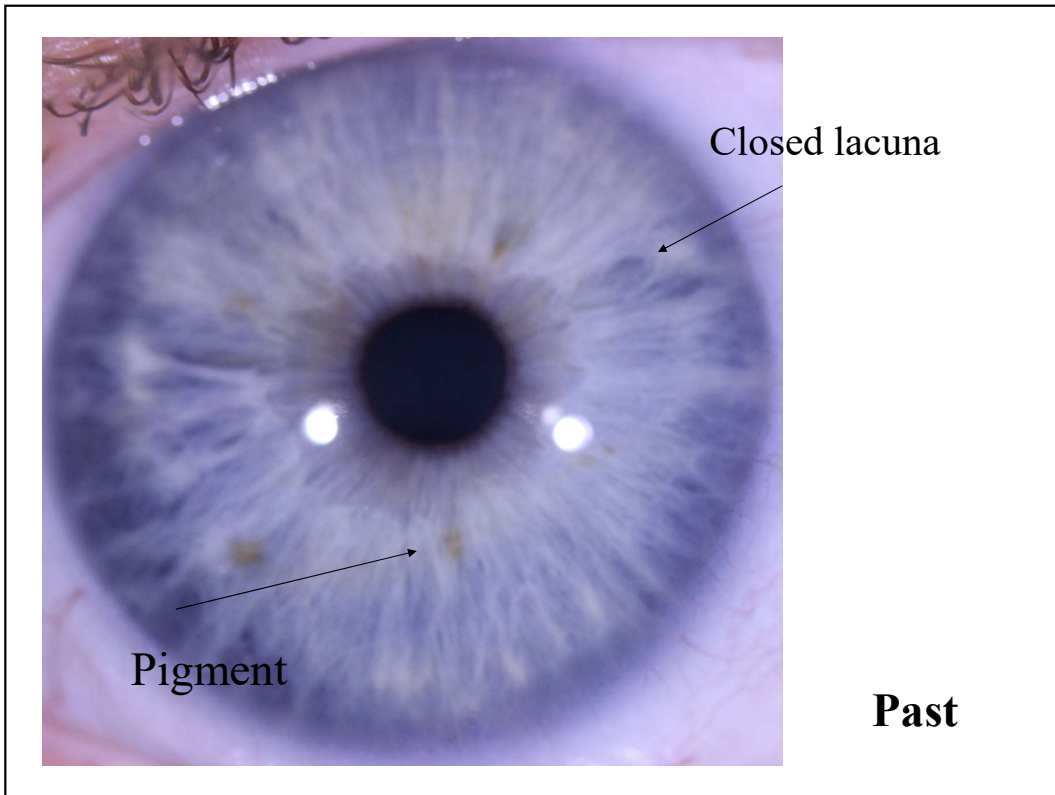
The signs (in the iris) relating to time

PASSATO - PAST

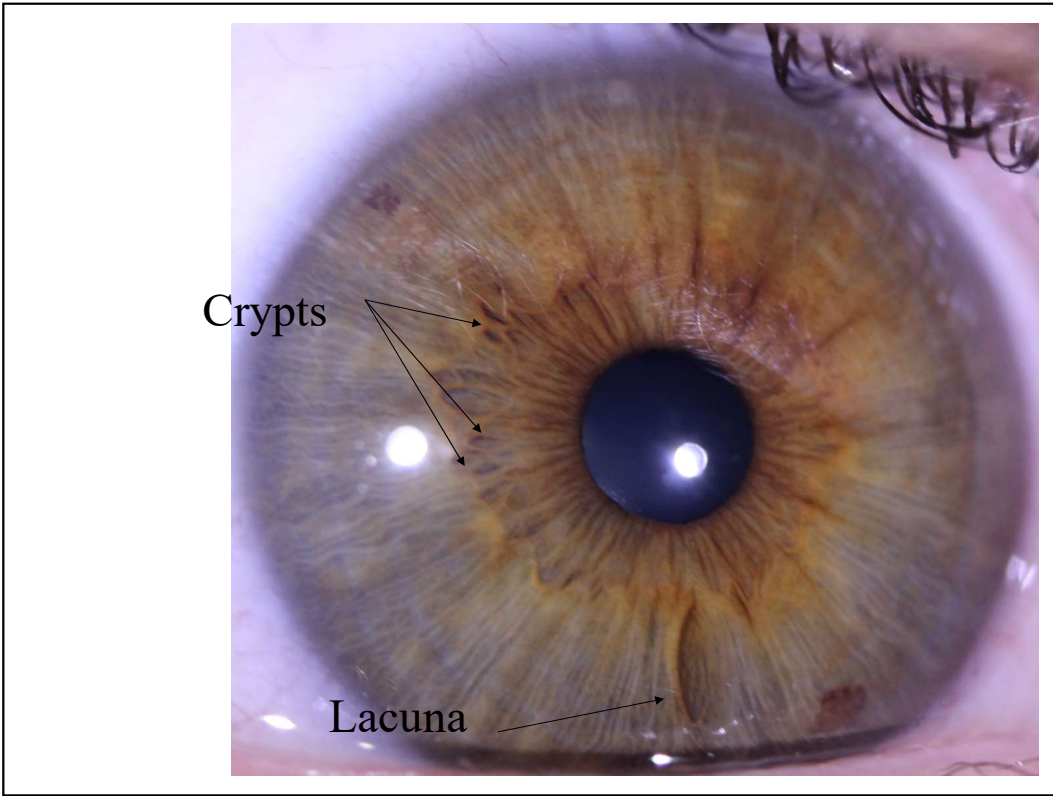
- LACUNA
 - CRIPTA
 - DISCROMIA
- LACUNA
 - CRYPT
 - PIGMENT



- Lacuna, crypt and pigments show us our past.
- We bring the past to us as in generational past. These markings do not fade. This is structure.



Picture of closed lacuna and pigment.



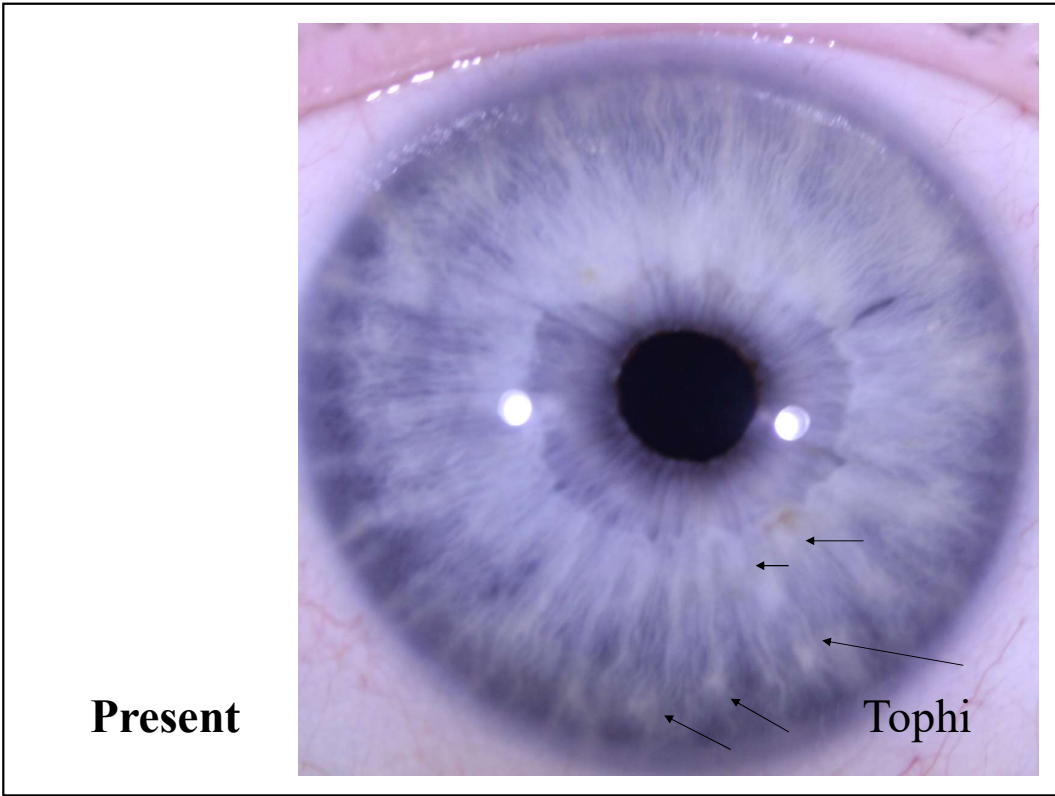
Picture of crypts and lacuna.

PRESENTE - PRESENT

- RADIALE - REFLEXIVE
- TRASVERSALE - TRANSVERSAL
- TOFI - TOPHI



Reflexive, transversal, and tophi show us the present.



Picture of tophi.

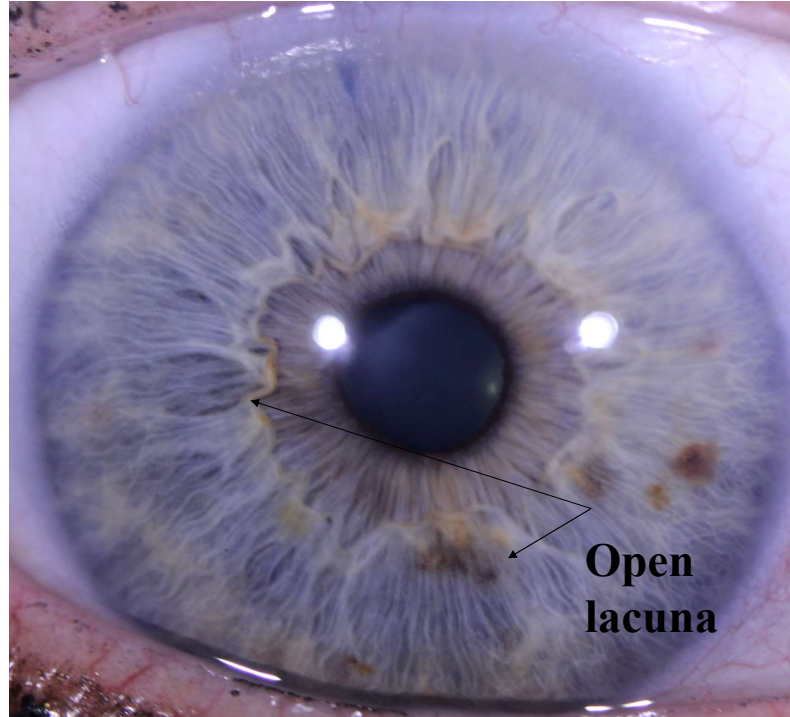
FUTURO - FUTURE

- FORMA APERTA - OPEN FORM
- LACUNA APERTA - OPEN LACUNA
- MEDUSA - MEDUSA



- An open lacuna or Medusa lacuna show us future.
- Knowing these signs, we are taught that it may be easier to repair or move through the issues related to these signs.

Future



Picture of open lacuna.



The most important signs that determine Timerisk are the indentation of the collarette and the interruption of its edge, followed by signs that can predict the pathogenesis arising from the stressful event, (lacuna, pigment).



Introflection picture.



Lacuna iris sign.



Picture of lacuna.

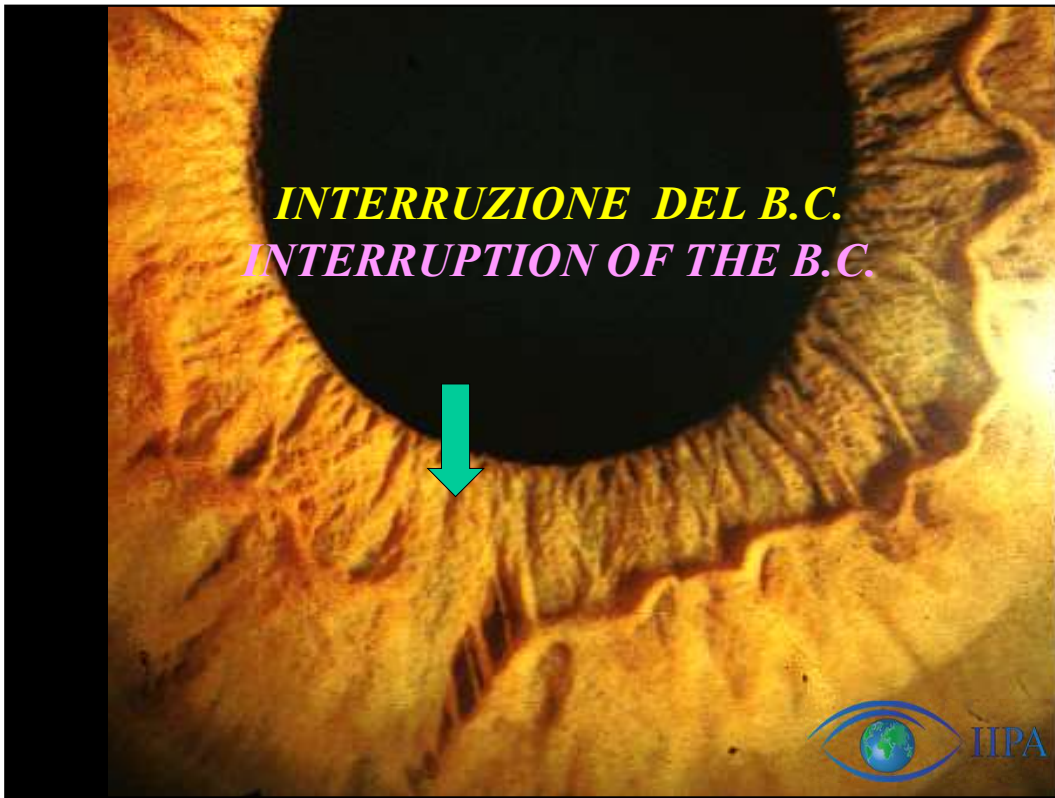
SEGNI IRIDOLOGICI

IRIDOLOGY SIGNS

- INTROFLESSIONE DEL B.C.
- LACUNA
- INTERRUZIONE DEL B.C.
- INTROFLECTION OF THE COLLARETTE
- LACUNA
- INTERRUPTIO OF THE B.C.



Interruption at the border of the collarette.



Picture of interruption.



SEGNI IRIDOLOGICI

IRIDOLOGICAL SIGNS

- INTROFLESSIONE DEL B.C.
- LACUNA
- INTERRUZIONE DEL B.C.
- RAGGIO MAGGIORE

- INTROFLECTION OF COLLARETTE
- LACUNA
- INTERRUPTION OF COLLARETTE
- MAJOR RADIAL FURROW

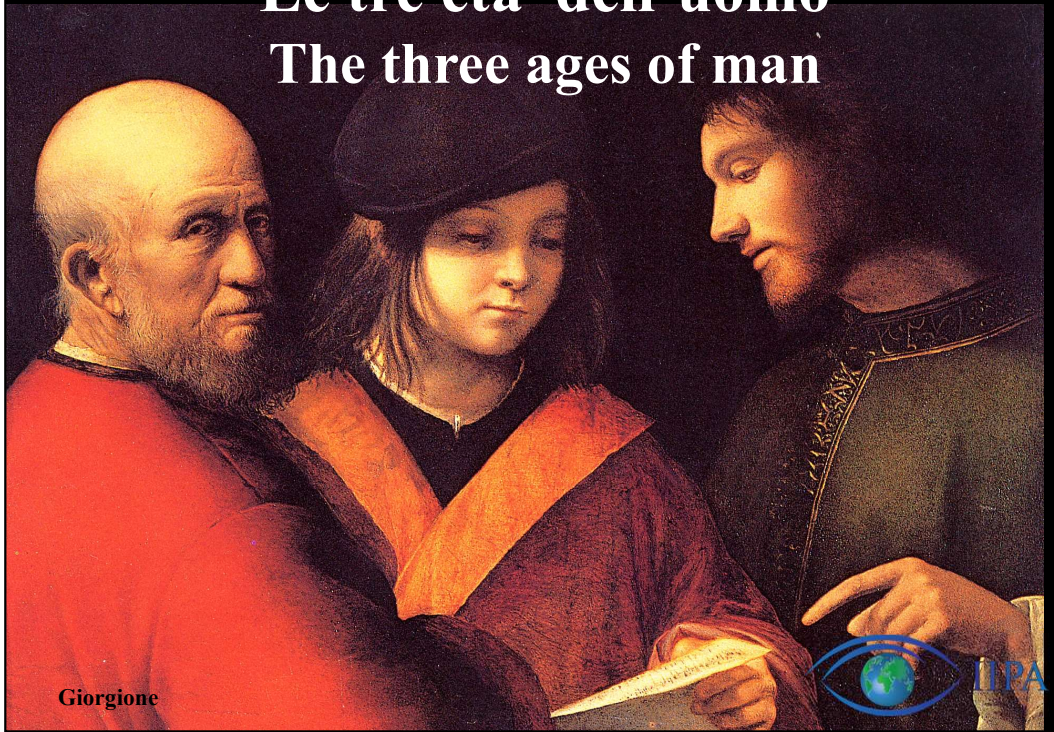


Major radial furrow.



Picture of radial furrow.

Le tre età dell'uomo The three ages of man



- A comment Dr. Lo Rito makes about time is, 'the life of man is experienced in the nine months of your creation; you live 60 years.'
- Abbiamo finito quella lezione- we finished that lesson!

Contact Dr. Daniele Lo Rito

- For further training and understanding in Timerisk.
- Please be very discreet when identifying the signs, you have learned about Timerisk.
- **Email:** danielelorito@libero.it
Website: www.irdosophia.com