

# Become a Certified Women's Health Counselor Online and CD-ROM Course

Joyful Living Services is giving a Certified Women's Health Counselor Online and CD-ROM Course.

#### **Course Details**

This course contains 16 lessons on the web or on CD-ROM. The files are in PDF format and

are ready to download or are on CD-ROM. You will receive a certificate at the end of this course and you can carry the CWHC initials after your name once you have passed the course.

There is homework with each session and there is a test at the end of the course. The homework and test will be graded as you turn them in. They will need to be mailed, faxed, or e-mailed to us.



This course is on your own time so you can complete the lessons at your own pace. If you are going on vacation, are ill, or don't have the time every week to read the lesson and complete the homework you will not be penalized. Because this course is online and is on your own time, you are responsible for turning in your homework when it is done. You will receive your certificate once all the homework has been turned in and once your final exam is graded and passed at 85%.

#### Course Cost

This course costs \$300. The course can be paid in full up-front, in two payments, or monthly (whichever is easier for you). It can be paid by check, credit card, or bank wire. Once you have completed this course online, we will send you the CD-ROM for your library.

### **Special Double Course Discount**

If you would like to take two courses at the same time, you can take them for a discount of \$100. Both courses you choose will cost \$500 instead of the regular price of \$600. Let us know if you want to take advantage of this special double course discount when you register.

#### **Questions & Registration**

Fill out the attached registration form and mail it to us along with your payment to Joyful Living Services, P.O. Box 485, Weimar, CA 95736-0485, USA. You can also fill out the registration form, scan it, and e-mail it to us at <u>iridology@netzero.net</u>, call us by phone at 530-878-1119 or 800-704-9800. We will need your name, company if you have one, mailing address, phone, fax, e-mail, and payment information to complete your registration process.

#### Course Definition

Women's health refers to health issues specific to human female anatomy. These often relate to structures such as female genitalia and breasts or to conditions caused by hormones specific to, or most notable in, females. Women's health issues include menstruation, contraception, maternal health, child birth, menopause, and breast cancer. They can also include medical situations in which women face problems not directly related to their biology, for example gender-differentiated access to medical treatment. This course is designed to teach you about your body and how to keep it healthy as you live your life to its fullest.

#### Course Schedule

Session 1:	Introduction to Women's Health						
Session 2:	Birth Control Options and Side Effects vs. Herbal Birth Control and Herbal Programs						
Session 3:	Menstruation: Balance and Imbalance. Herbal Programs to Help Balance Hormones and Regulate Menses. What could be the causes of irregular periods?						
Session 4:	Breast Health and Diseases and Herbal Programs						
Session 5:	Heart Health and Herbal Programs						
Session 6:	Sexual Health and Herbal Programs						
Session 7:	Female Reproductive Health						
Session 8:	Menopause: Hot Flashes, Sweat Flashes, etc. Herbal Programs vs. Medical Intervention						
Session 9:	Fitness and Health: To Gym or Not To Gym? That is the Question.						
Session 10:	Pregnancy and Infertility. Herbal Programs vs. Medical Intervention						
Session 11:	on 11: Teen Health						
Session 12:	Mental Health						
Session 13:	Pre-Cancer Testing, Cancer, Chemo, Radiation, Alternative Herbal Programs						
Session 14:	Weight Control						
0							

- Session 15: Health and Beauty
- Session 16: Herbal Treatments by System
- Session 17: References
- Session 18: Final Exam, Certification, and Class Evaluation



## Become a Certified Women's Health Counselor Online and CD-ROM Course

Please fill out the following information to register for our Become a Certified Women's Health Counselor Course. Mail it to us along with your payment to Joyful Living Services, P.O. Box 485, Weimar, CA 95736-0485, USA or Scan and E-mail it to us at <u>iridology@netzero.net</u>, Yu can also contact us by phone at 530-878-1119 or 800-704-9800 M-F 8-5 PST. Please fill out one form for each registrant and for each course you are taking.

Name:							
Company:							
Address:							
Address:							
City, State:							
Zip Code:							
Country:							
Telephone:							
Fax:							
E-mail:							
Course Name:							
Payment By: (Plea	ase circle one)	VISA Ma	sterCard	American Expres	s Bank Wire	Check	Money Order
Payment Option: (	Please circle on	e) 1	1 payment	2 payments	s 3 payme	nts	4 payments
Credit Card #:			Exp. Date:				
Date Funds were	Wired (if bank wi		Check Number (if personal check mailed):				
Referred By:							