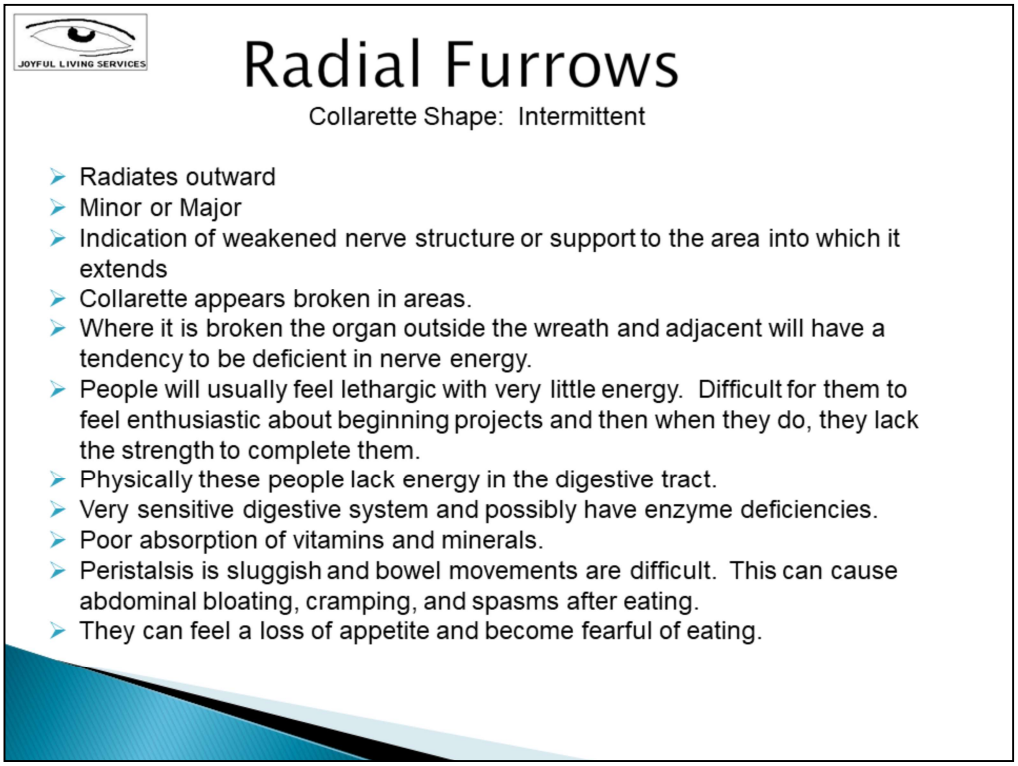
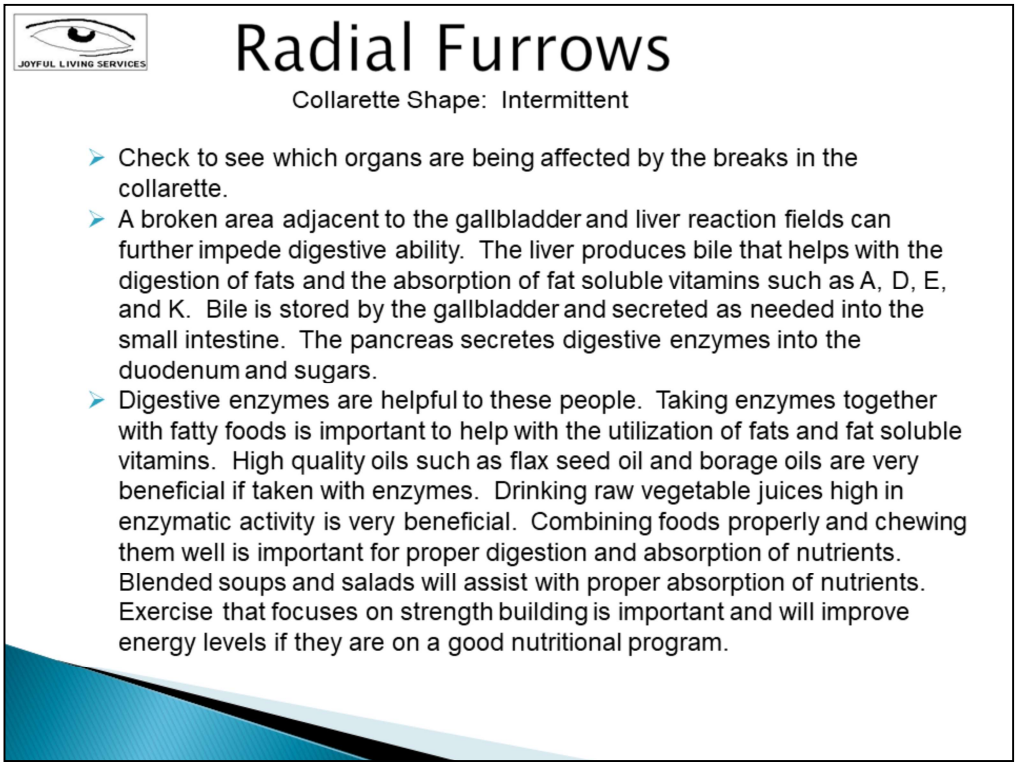
JOYFUL LIVING SERVICES
Radial Furrows



Intermittent Collarette

- Appears broken in areas. Where it is broken the organ outside the wreath and adjacent will have a tendency to be deficient in nerve energy.
- People will usually feel lethargic with very little energy. Difficult for them to feel enthusiastic about beginning projects and then when they do, they lack the strength to complete them.
- Physically these people lack energy in the digestive tract.
- Very sensitive digestive system and possibly have enzyme deficiencies.
- Poor absorption of vitamins and minerals.
- Peristalsis is sluggish and bowel movements are difficult. This can cause abdominal bloating, cramping, and spasms after eating.
- They can feel a loss of appetite and become fearful of eating.
- Check to see which organs are being affected by the breaks in the collarette.
- A broken area adjacent to the gallbladder and liver reaction fields can further impede digestive ability. The liver produces bile that helps with the digestion of fats and the absorption of fat soluble vitamins such as A, D, E, and K. Bile is stored by the gallbladder and secreted as needed into the small intestine. The pancreas secretes digestive enzymes into the duodenum and sugars.
- Digestive enzymes are helpful to these people. Taking enzymes together with fatty foods is important to help with the utilization of fats and fat soluble vitamins. High quality oils such as flax seed oil and borage oils are very beneficial if taken with enzymes. Drinking raw vegetable juices high in enzymatic activity is very beneficial. Combining foods properly and chewing them well is important for proper digestion and absorption of nutrients. Blended soups and salads will assist with proper absorption of nutrients. Exercise that focuses on strength building is important and will improve energy levels if they are on a good nutritional program.



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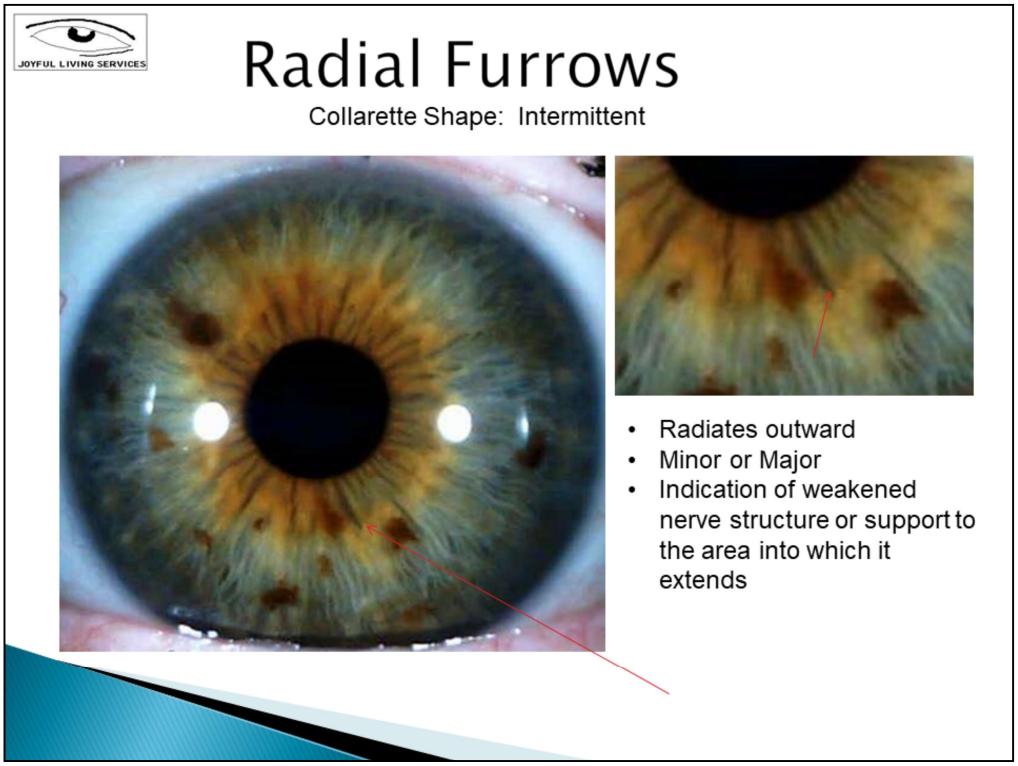

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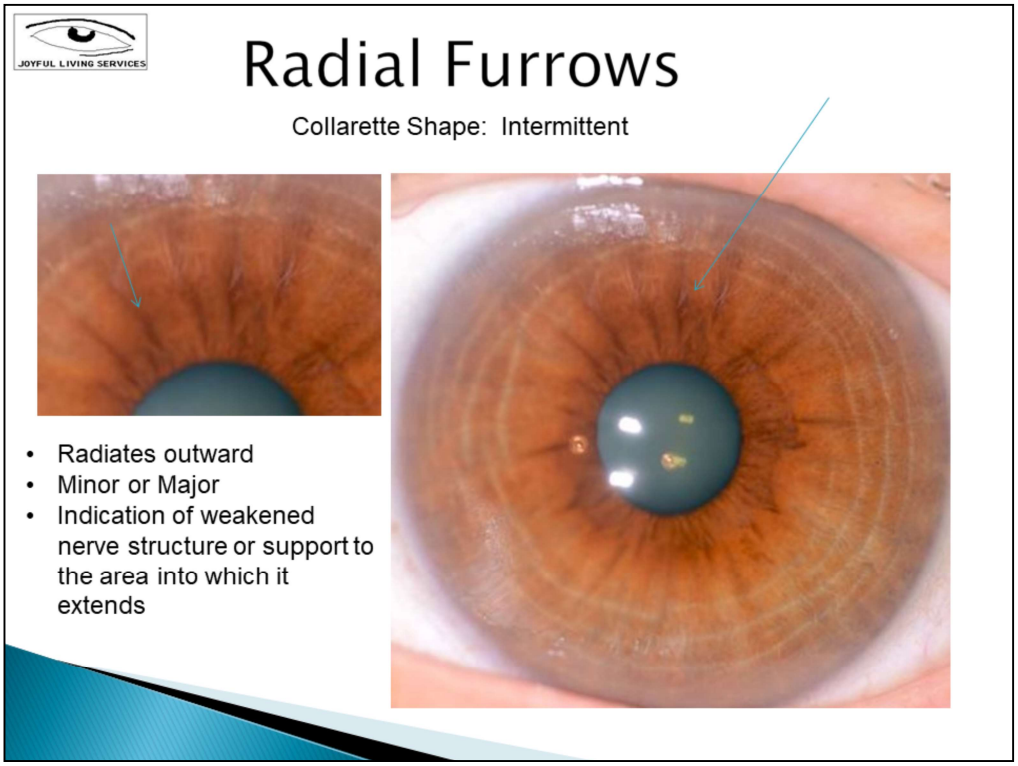

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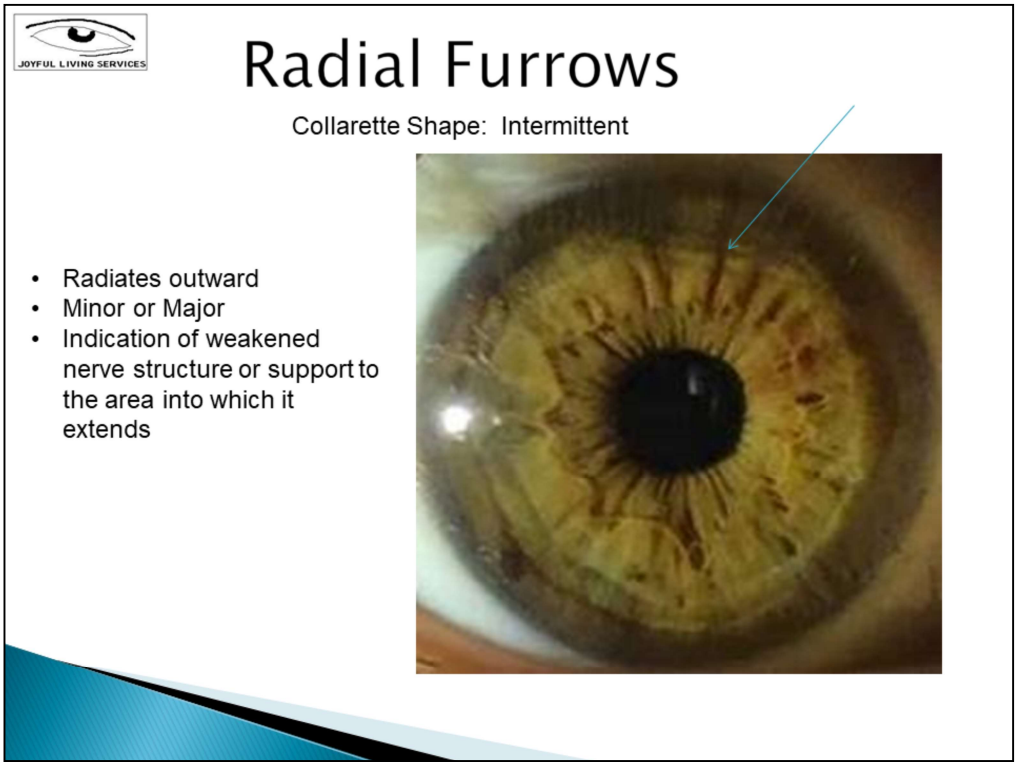

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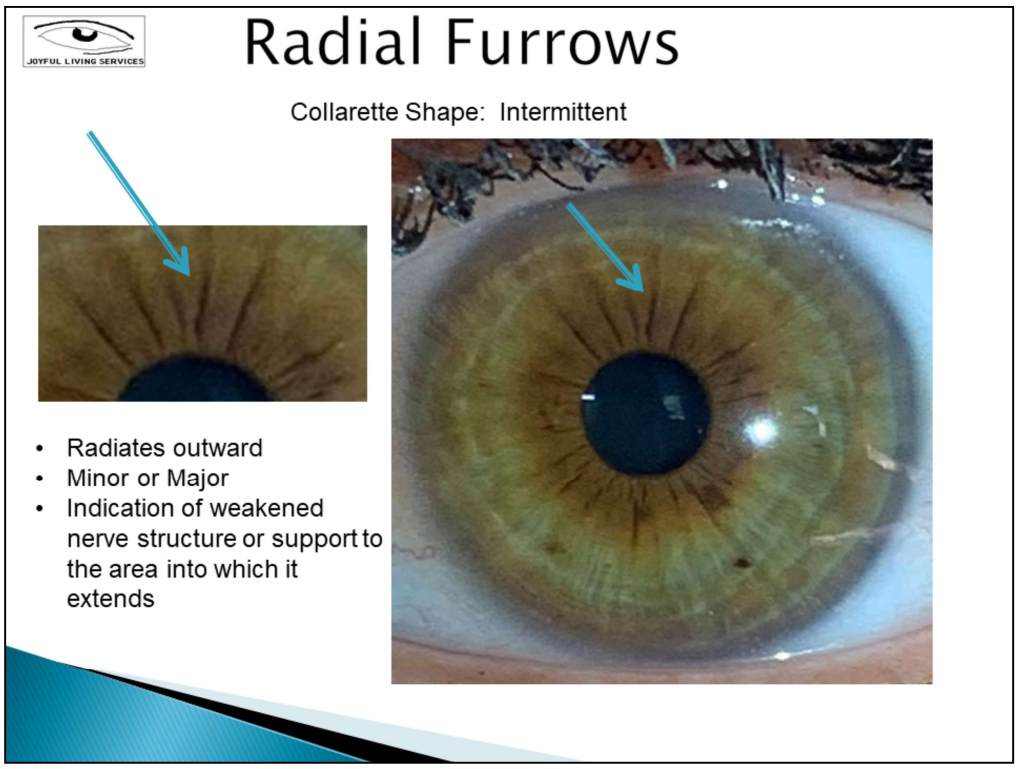

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