



# Advanced Iridology Practitioner Online Course Practice Manual

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By:

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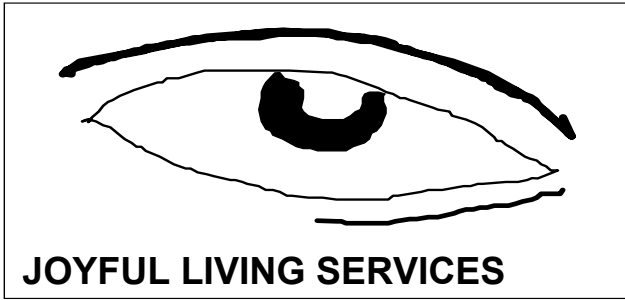
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Practitioner Online Course  
Sworn Notarized  
Statement*

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Required for certification by  
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I hereby make oath and say that the answers to all questions in the 6 practice sessions and were provided by me without direct assistance from any second party, and that all research involved in the Certification process are my exclusive work and not that of any second party.

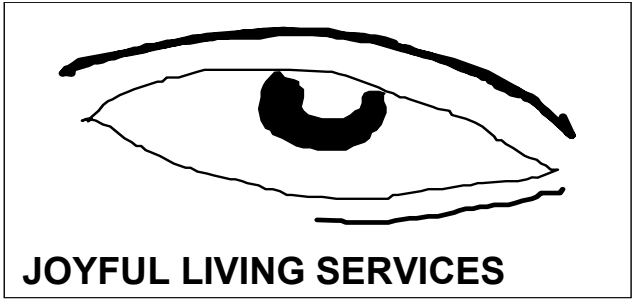
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Notary Stamp Here

NOTARIZED: Subscribed and Sworn before  
me this \_\_\_\_\_ day of \_\_\_\_\_ 20 \_\_\_\_  
My commission expires: \_\_\_\_\_ 20 \_\_\_\_

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*Practice #1*

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**Determine the Pupil Tonus Sign for each iris in the Photo Manual provided.**

- Mydriasis: Large Pupils
- Miosis: Small Pupils
- Hippus: Pulsating Pupils, Extreme Change from Mydriasis to Miosis
- Anisocoria: Unequal Pupil Diameters

	Left	Right
Iris 1:	_____	_____
Iris 2:	_____	_____
Iris 3:	_____	_____
Iris 4:	_____	_____
Iris 5:	_____	_____
Iris 6:	_____	_____
Iris 7:	_____	_____
Iris 8:	_____	_____
Iris 9:	_____	_____
Iris 10:	_____	_____



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Practice #2*

**Determine if there are any Deformations of the Pupils for each iris in the Photo Manual provided.**

- Frontal Flattening
- Ventral Flattening
- Lateral Temporal Flattening
- Medial Nasal Flattening
- Superior Temporal Flattening
- Superior Nasal Flattening
- Superior Temporal and Nasal Flattening
- Inferior Nasal Flattening
- Inferior Temporal Flattening

	Left	Right
Iris 1:	_____	_____
Iris 2:	_____	_____
Iris 3:	_____	_____
Iris 4:	_____	_____
Iris 5:	_____	_____
Iris 6:	_____	_____
Iris 7:	_____	_____
Iris 8:	_____	_____
Iris 9:	_____	_____
Iris 10:	_____	_____



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*Practice #3*

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**Determine the Placement of the Collerette for each iris in the Photo Manual provided.**

- Balanced/Normal Collarette
- Constricted/Tight Collarette
- Atonic/Floppy Distended Collarette

	Left	Right
Iris 1:	_____	_____
Iris 2:	_____	_____
Iris 3:	_____	_____
Iris 4:	_____	_____
Iris 5:	_____	_____
Iris 6:	_____	_____
Iris 7:	_____	_____
Iris 8:	_____	_____
Iris 9:	_____	_____
Iris 10:	_____	_____



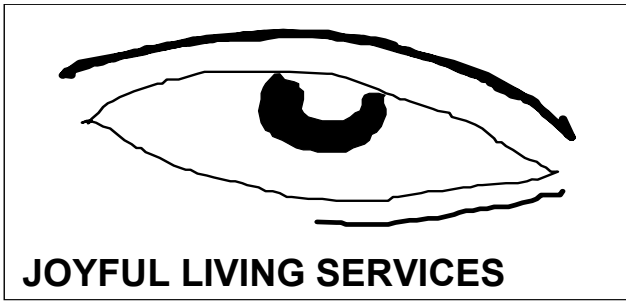
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*Course*  
*Practice #4*

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**Determine the Quality of the Collerette for each iris in the Photo Manual provided.**

- Thick and Ropey Collarette
- Thin and Wispy Collarette
- Absent (not visible) Collarette

	Left	Right
Iris 1:	_____	_____
Iris 2:	_____	_____
Iris 3:	_____	_____
Iris 4:	_____	_____
Iris 5:	_____	_____
Iris 6:	_____	_____
Iris 7:	_____	_____
Iris 8:	_____	_____
Iris 9:	_____	_____
Iris 10:	_____	_____

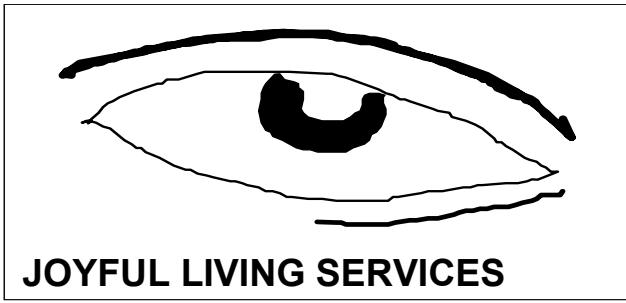


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Practice #5*

**Determine the Shape of the Collerette for each iris in the Photo Manual provided.**

- Jagged or Star Shaped Collerette
- Double Collerette
- Intermittant Collerette

	Left	Right
Iris 1:	_____	_____
Iris 2:	_____	_____
Iris 3:	_____	_____
Iris 4:	_____	_____
Iris 5:	_____	_____
Iris 6:	_____	_____
Iris 7:	_____	_____
Iris 8:	_____	_____
Iris 9:	_____	_____
Iris 10:	_____	_____



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*Practice #6*

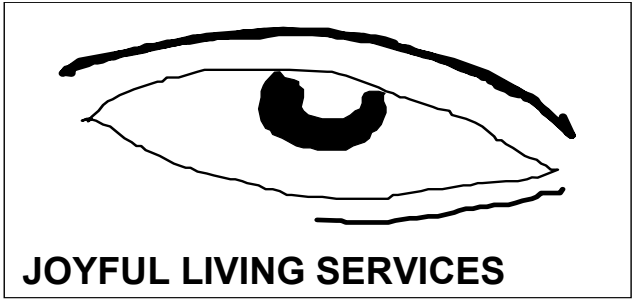
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**Determine if any of the following types of Collarettes are present for each iris in the Photo Manual provided.**

- Square Collarette
- Collarette with Frontal Indentation: Prolapses of Transverse Colon
- Meerschaum Collarette
- V-Line/Parallel Tracks Collarette
- Angle of Fuchs Collarette

	Left	Right
Iris 1:	_____	_____
Iris 2:	_____	_____
Iris 3:	_____	_____
Iris 4:	_____	_____
Iris 5:	_____	_____
Iris 6:	_____	_____
Iris 7:	_____	_____
Iris 8:	_____	_____
Iris 9:	_____	_____
Iris 10:	_____	_____



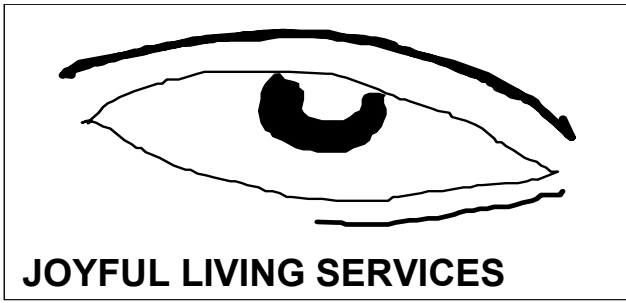


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Practice #7*

**Determine which pigments are present for each iris in the Photo Manual provided.**

- Straw Yellow: Disturbed urinary metabolism, often found close to the wreath
- Dirty Yellow: Long term inflammation or low-grade infection. At the top of the wreath, can be suggestive of chronic sinus congestion.
- Orange: Pancreas or liver disorders
- Fluorescent Orange: Gallbladder deficiencies
- Dark Brown Pigments: Hepatic or Pancreatic disturbances
- Rust: Blood sugar disorders/hepatic deficiency
- True Red: Kidney dysfunction
- Yellow Lipid Deposits in the Sclera (Pinguecula): Disturbed fat metabolism
- Brown Pigments in the Sclera of a Blue or Biliary Eye: Liver disorders
- Brown Pigments in the Sclera of a Hematogenic Eye: Usually normal
- Tarry Black: Liver imbalance, possible serious imbalance in the body

	Left	Right
Iris 1:	_____	_____
Iris 2:	_____	_____
Iris 3:	_____	_____
Iris 4:	_____	_____
Iris 5:	_____	_____
Iris 6:	_____	_____
Iris 7:	_____	_____
Iris 8:	_____	_____
Iris 9:	_____	_____
Iris 10:	_____	_____

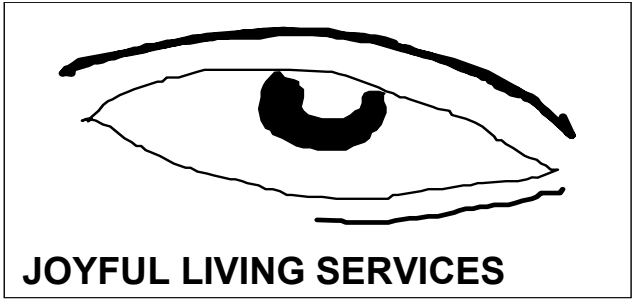


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*Practice #8*

**Determine which pigment terms are present for each iris in the Photo Manual provided.**

- Heterochromia: Additional color in the iris, often with one iris being brown and the other blue.
- Hypertrophic: Excessive development
- Hypertrophic Sectoral Heterochromia: Excessive development of color in an iris sector
- Partial Sectoral Heterochromia: Sector that is partially hyper-pigmented
- Central Heterochromia: Additional color in the center of the iris
- Hypotrophic: Under-developed or no development
- Hypotrophic Sector: Under-development of color in an iris sector

	Left	Right
Iris 1:	_____	_____
Iris 2:	_____	_____
Iris 3:	_____	_____
Iris 4:	_____	_____
Iris 5:	_____	_____
Iris 6:	_____	_____
Iris 7:	_____	_____
Iris 8:	_____	_____
Iris 9:	_____	_____
Iris 10:	_____	_____



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Practice #9*

**Determine which Level of Inflammation/Shading/Reactivity are present for each iris in the Photo Manual provided.**

- White or Light Iris Fibers
- Light Gray Fibers
- Dark Gray Fibers
- Black Fiber Areas
- Perifocal Lightening

	Left	Right
Iris 1:	_____	_____
Iris 2:	_____	_____
Iris 3:	_____	_____
Iris 4:	_____	_____
Iris 5:	_____	_____
Iris 6:	_____	_____
Iris 7:	_____	_____
Iris 8:	_____	_____
Iris 9:	_____	_____
Iris 10:	_____	_____

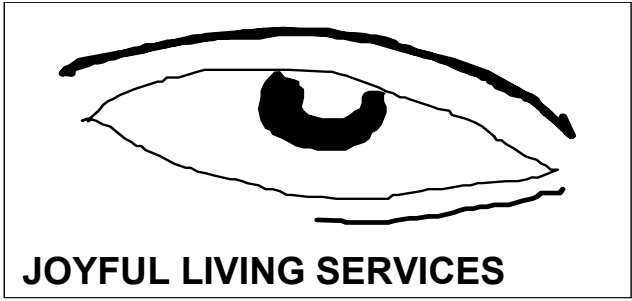


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*Practice #10*

**Determine which Iris Signs are present for each iris in the Photo Manual provided.**

- Rarification or Rarefaction of Fibers
- Lacuna (plural – Lacunae)
- Crypts
- Defect Signs
- Cords
- Reflective Signs
- Periforcal Lightening
- Transversals
- Vascularized Transversals
- Osseous Netting
- Radial Furrows
- Contraction Furrows
- Funnel
- Tophus/Tophi/Flocculations/Lymphatic Rosary
- Scurf Rim
- Uric Acid Sign
- Cholesterol Ring/Annulus
- Circulatory Ring
- Pinguecula
- Pterygium

	Left	Right
Iris 1:	_____	_____
Iris 2:	_____	_____
Iris 3:	_____	_____
Iris 4:	_____	_____
Iris 5:	_____	_____
Iris 6:	_____	_____
Iris 7:	_____	_____
Iris 8:	_____	_____
Iris 9:	_____	_____
Iris 10:	_____	_____



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Practice #11*

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**Determine the Resiliency for each iris in the Photo Manual provided.**

- Very Resilient: Strong Constitution
- Resilient: Medium Constitution
- Mildly Resilient: Medium-Weak Constitution
- Moderately Resilient: Weak Constitution

	Left	Right
Iris 1:	_____	_____
Iris 2:	_____	_____
Iris 3:	_____	_____
Iris 4:	_____	_____
Iris 5:	_____	_____
Iris 6:	_____	_____
Iris 7:	_____	_____
Iris 8:	_____	_____
Iris 9:	_____	_____
Iris 10:	_____	_____



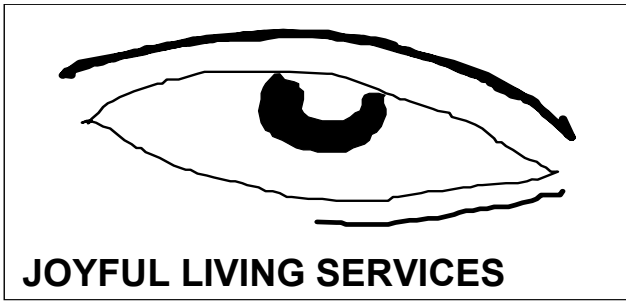
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Practice #12*

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**Determine the Iris Constitution for each iris in the Photo Manual provided.**

- Lymphatic Iris Constitution – Blue Eye
- Biliary Iris Constitution – Mixed Eye
- Hematogenic Iris Constitution – Brown Eye

	Left	Right
Iris 1:	_____	_____
Iris 2:	_____	_____
Iris 3:	_____	_____
Iris 4:	_____	_____
Iris 5:	_____	_____
Iris 6:	_____	_____
Iris 7:	_____	_____
Iris 8:	_____	_____
Iris 9:	_____	_____
Iris 10:	_____	_____

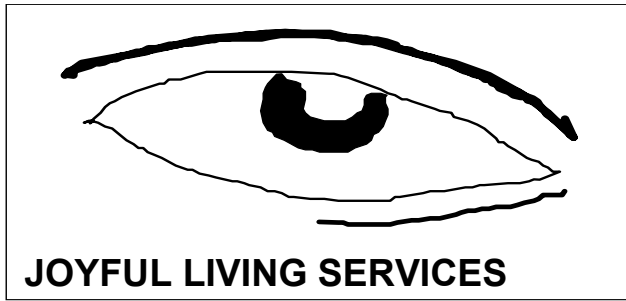


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Practice #13*

**Determine the Iris Constitution Subtype Based on Color for each iris in the Photo Manual provided.**

- **Lymphatic Iris Constitution/Blue Eye**
  1. Overacid
  2. Febrile
  3. Hydrogenoid
  4. Uric Acid Diathesis
  5. Scurf Rim
- **Biliary Iris Constitution/Mixed Eye**
  1. Ferrum Chromatose/Tiger Striping
  2. Hydrogenoid
- **Hematogenic Iris Constitution/Brown Eye**
  1. Ferrum Chromatose/Tiger Striping

	Left	Right
Iris 1:	_____	_____
Iris 2:	_____	_____
Iris 3:	_____	_____
Iris 4:	_____	_____
Iris 5:	_____	_____
Iris 6:	_____	_____
Iris 7:	_____	_____
Iris 8:	_____	_____
Iris 9:	_____	_____
Iris 10:	_____	_____



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Practice #14*

**Determine the Iris Constitution Subtype Based on Structure for each iris in the Photo Manual provided.**

- **Lymphatic Iris Constitution/Blue Eye**
  1. Neurogenic – Silky pattern
  2. Anxiety Tetanic – Circular grooves and radial furrows
  3. Polyglandular – Openings in glandular areas
  4. Connective Tissue – Loosely woven fibers
- **Biliary Iris Constitution/Mixed Eye**
  1. Neurogenic – Silky pattern
  2. Anxiety Tetanic – Circular grooves and radial furrows
  3. Polyglandular – Openings in glandular areas
  4. Connective Tissue – Loosely woven fibers
- **Hematogenic Iris Constitution/Brown Eye**
  1. Neurogenic – Silky pattern
  2. Anxiety Tetanic – Circular grooves and radial furrows
  3. Polyglandular – Openings in glandular areas
  4. Connective Tissue – Loosely woven fibers

	Left	Right
Iris 1:	_____	_____
Iris 2:	_____	_____
Iris 3:	_____	_____
Iris 4:	_____	_____
Iris 5:	_____	_____
Iris 6:	_____	_____
Iris 7:	_____	_____
Iris 8:	_____	_____
Iris 9:	_____	_____
Iris 10:	_____	_____





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Practice #15*

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**Determine if there is a Lipemic Diathesis Corneal Sign for each iris in the Photo Manual provided.**

- Lymphatic Iris Constitution/Blue Eye
- Biliary Iris Constitution/Mixed Eye
- Hematogenic Iris Constitution/Brown Eye

	Left	Right
Iris 1:	_____	_____
Iris 2:	_____	_____
Iris 3:	_____	_____
Iris 4:	_____	_____
Iris 5:	_____	_____
Iris 6:	_____	_____
Iris 7:	_____	_____
Iris 8:	_____	_____
Iris 9:	_____	_____
Iris 10:	_____	_____

Once you have completed this practice session manual, please have it notarized, then send it to: Joyful Living Services, P.O. Box 485, Weimar, CA 95736-0485, USA, for grading. Once you have heard back from us that you've passed the practice sessions you may apply for the Final Exam by contacting us at 530-878-1119, or by e-mail at [iridology@netzero.net](mailto:iridology@netzero.net). Please allow 2-3 weeks for grading.