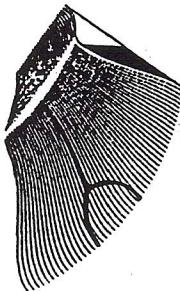


Iris Colour and Markings

Iris Marking	Name	Description	Meaning	Treatment
	Tulip	Two fibres separating toward the outer edge of the iris. Usually seen in the head zones, particularly in the sinus zone.	Indicates pressure in the head, usually in cases of chronic sinus problems.	Leave out all dairy food from your diet as these foods produce more mucous in the body. Fresh fruit and vegetables and garlic help. During an attack inhale eucalyptus and menthol oil.