



Immune Stimulator

A powerful immune-stimulating formula for infections and cancer

The body has the natural ability to fight infections, both bacterial and viral, and to destroy abnormal cells, such as cancer cells. However, sometimes it needs some help in order to work properly. This is where a product like Immune Stimulator can be beneficial. Immune Stimulator contains phytochemicals and nutritive substances that enhance the action of the immune system.

Immune Stimulator not only strengthens the body's natural defenses against bacteria, viruses, molds, yeast, allergens, parasites and cancer cells, it also acts as a powerful antioxidant to reduce cellular damage. It may also promote the repair of DNA.

The primary ingredient in Immune Stimulator is **Beta-glucan**. Technically known as β 1,3/1,6-glucan, beta-glucan increases general immunity and strengthens resistance to infection by activating immune cells. Its primary action is on macrophages, which devour invading pathogens of all kinds.

The other important function of β -glucan is to get the various types of cells talking to each other to help create rapid activation of the immune response. β -3 talks directly to the immune cells, which rapidly turns those cells into effective war machines. This decreases the time lapse between the "enemy's attack" and the immune system's response. Faster battle-ready troops means the battle may be won more easily and quickly. This is the key to staying well and getting well faster when illness strikes.

Nature's Immune Stimulator is 70% Beta Glucans. The other ingredients in this blend are:

Arabinogalactan: This substance helps to increase friendly bacteria such as lactobacillus in the gastrointestinal tract and significantly decreases harmful bacteria like E. coli and salmonella. It increases white blood cell production and motivates the macrophages (those "big eater" cells) to do their work of killing microorganisms.

Colostrum is the milk-like fluid produced in mammalian mothers in the first 24 to 48 hours after birth, (in this case, cows). It provides life-supporting immune and growth factors. Bovine colostrum is nearly identical to human colostrum and works just as well for humans. Colostrum has been used by Ayurvedic physicians in India for thousands of years.

Reported benefits from using colostrum include improvement in lower GI disorders (like Crohn's disease, diverticulitis and irritable bowel syndrome), asthma, allergies, heart disease and cancer. Colostrum helps enhance normal cell growth, tissue repair and healing from trauma. It increases beneficial bacteria in the digestive system which helps protect against intestinal infections and yeast overgrowth.

Cordyceps is a fungus (mushroom) from China that has a powerful tonic effect on the body. It balances the body's energy and increases production of those all-important T-cells and B-cells. It also protects genes by helping to repair DNA. Studies show that cordyceps may even help the body to suppress tumor cells and slow them down. Cordyceps also strengthens the lungs and kidneys.

Reishi and Maitake Mushrooms help to activate macrophages. Reishi increases nature killer cell activity, restores normal T-cell function, and increases interferon production. Maitake has been used for centuries to prevent cancer.

These mushrooms have also been shown to help modulate the immune system (i.e., to bring it into balance), making them potentially beneficial for autoimmune disorders. They have antioxidant properties, help to lower blood pressure and inhibit platelet aggregation in the circulatory system (which causes blood clotting).

All three of these fungi—cordyceps, reishi and maitake—have potential benefits in immune diseases like cancer, AIDS, asthma, allergies, pneumonia and lowered resistance. Whole books have been written on the benefits of these medicinal mushrooms alone.

Suggested Use

Immune Stimulator can be taken at the first sign of a cold or infection to boost the immune system for faster recovery. Take 2 capsules every two hours, up to 10 capsules per day, with lots of water, until one starts to feel better. Because beta-glucan is too large to be readily absorbed into the bloodstream, Immune Stimulator works best when taken on an empty stomach.

For dealing with more chronic ailments such as cancer, heart disease, AIDS, chronic gastrointestinal problems, etc. take 1 capsule two to three times daily between meals. One can also take two capsules on an empty stomach at bedtime.

Caution: Immune Stimulator may aggravate auto-immune disorders, although it does contain many ingredients that help modulate the immune system and are beneficial for auto-immune conditions. If you have an auto-immune condition, start with 1 capsule per day and increase the dose slowly. Discontinue if an aggravation of symptoms occurs.

Selected References:

- Nature's Sunshine Declares War*—NSP National Convention lecture, Donita Wiggins, September 2000.
- Supplements for Immune Support by Heath* by Davis Havilick, [Health Supplement Retailer](#), September 2000.
- Supplement Spotlight: Colostrum* by Lisa Turner, [Vitamin Retailer](#), August 2000.
- β -Glucan: the Next Generation* by Aftab J. Ahmed, Ph.D., [Totalhealth](#), May/June 2000.
- The Wild Rose Scientific Herbal* by Terry Willard, Ph.D.

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