



Uña de Gato (Cat's Claw) Combination

Herbal blend for viral infections, gastrointestinal inflammation and leaky gut

The immune system is constantly working to protect the body against infection and toxins, and there are many herbs that have the capacity to enhance this natural immune function. Uña de Gato Combination contains three of these herbs, which gives it the ability to boost the infection-fighting potential of the immune system against a variety of problems.

All three of the herbs in this blend have strong anti-viral action and may be helpful for herpes, chronic fatigue syndrome or other chronic viral infections. They may also be beneficial for other immune-related disorders such as cancer and AIDS.

Uña de Gato Combination also has anti-inflammatory properties. This makes it potentially useful for chronic inflammatory disease such as diverticulitis, bursitis or arthritis. The principle herb in the blend, uña de gato or cat's claw is also helpful for maintaining intestinal health. It makes the blend useful for gastrointestinal problems like Crohn's disease, inflammatory bowel disorders, gastritis, irritable bowel syndrome and leaky gut syndrome.

Here are the benefits the specific herbs in this blend offer.

Cat's Claw (Uña de Gato)

The formula gets its name from uña de gato, a large woody vine from the Peruvian rainforest, also known as cat's claw because of the large, curved thorns it bears. Cat's claw has been used traditionally in Peruvian medicine for cancer, arthritis, gastrointestinal problems, diabetes and as a contraceptive.

Science has verified that uña de gato has beneficial effects on the immune system. It is anti-inflammatory, antioxidant and immune stimulating. It has some antiviral activity and has been documented to induce apoptosis (programmed cell death) in leukemic cancer cells. Cat's claw reduces the side effects of chemotherapy and AZT therapy for HIV, and is used in Europe for these purposes.

One of the major benefits of uña de gato is its ability to reduce intestinal inflammation and restore the integrity of intestinal membranes in leaky gut syndrome. This makes it helpful for inflammatory bowel disorders, Crohn's disease and other chronic problems in the gastrointestinal tract.

One of the alkaloids in cat's claw, hirsutine, helps lower blood pressure and has an anesthetic property on the bladder. The plant also has some effect on the mood-elevating neurotransmitters dopamine and serotonin.

Astragalus

Astragalus is an important tonic herb in Chinese medicine, believed to strengthen the wei chi, the protective energy that surrounds the body. Clinical research on the use of astragalus with cancer showed that cancer patients tended to recover faster and live longer after undergoing radiation or chemotherapy if they were also given astragalus. It increases white blood cell count, improves resistance and enhances digestion.

One of the constituents in astragalus, Astragalan B, has been shown to have antiviral properties. It appears to bind to viruses and helps the immune system recognize and destroy them. With strong affinity for the respiratory system, astragalus can be taken as a tonic by people who have a tendency to chronic respiratory illness.

Echinacea

Native Americans used echinacea as a cure for many conditions including: abscesses, boils, poison ivy, insect and spider bites, snakebites and toothaches. Later it became one of the most valued remedies of the Eclectic physicians, who used it for sepsis, boils, bacterial infections and putrid sore throat.

Today, echinacea has been well researched as an immune stimulant. It helps increase white blood cell counts and stimulate the immune system to fight infection. It also contains compounds that help prevent the spread of infection and can enhance white blood cell counts during chemotherapy.

Vitamin C

Vitamin C is well known for its abilities to enhance the immune system in fighting colds and viral infections.

Usage

The recommended dose for Uña De Gato Combination is 1 capsule one to three times a day. The formula should be used with caution by people with auto-immune disorders. Because cat's claw has contraceptive effects this blend should probably be avoided by women who are pregnant or who are trying to conceive.

Selected References

- Herb Therapy and Supplements: A Scientific and Traditional Approach* by Merrily A. Kuhn and David Winston
- PDR for Herbal Medicines* by Medical Economics Company
- The Comprehensive Guide to Nature's Sunshine Products* by Tree of Light Publishing
- The Essential Guide to Herbal Safety* by Simon Mills and Kerry Bone

For Educational Purposes Only

Seek appropriate professional assistance for all serious health problems. Handout prepared by Tree of Light Publishing
P.O. Box 911239, St. George, UT 84791 (www.treelite.com)
©2012 May be reproduced provided it is not altered in any way.