

# CONSTITUTIONAL IRIDOLOGY ANALYSES WORKSHEET

*Iridology is the Study Of The Patterns And Markings In The Iris Of The Eye.* For over a hundred years, various Iridologists have studied these patterns and markings, correlating them with specific health problems, physical strengths and weaknesses and personality traits. Through these empirical observations, Iridologists have noted certain constitutional patterns. That is to say, people with similar eye patterns tend to have similar personality traits and health profiles. These observations are the basis for Constitutional Iridology Analysis.

Some people believe that the eye is a mirror of what is going on in the body right now and hence, have endeavored to use Iridology as a diagnostic tool to determine specific disease conditions. Constitutional Iridology is based on the premise that the patterns and markings in our eye are primarily genetically inherited. *Hence, in Constitutional Iridology, no attempt is made to diagnose any specific disease conditions.* Constitutional Iridology is used to help us understand our basic temperament so we can know how to balance our nutrition and lifestyle to obtain greater physical, mental and emotional fitness.

This purpose of this form is to inform you of the constitutional patterns and markings in your eye. *It is important to realize that the fact that you have a particular eye marking does not mean that you now have or that you ever will have the health problems Iridologists have traditionally associated with those markings.* This information is provided for your education and interest only. It is not intended as and must **NOT** be taken as a diagnosis for any disease condition. If you actually have any pre-existing medical conditions or suspect that you might, you should obtain the assistance of a licensed health practitioner for both diagnosis and treatment.

I have read and understand the above.

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Date

E-mail

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Signature

Printed Name

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Street Address

City

State

Zip Code

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Home Telephone

Work Telephone