

Dr Rick Schlusel

In private practice in Auburn since 1992

Dr Rick's Care: A holistic approach described in Two Categories:

Evaluation and Care of the Human Frame: Chiropractic and Orthopedic (Muscle, Joint, Nerve, Fascia, Ligament, Tendon, and more.)

- Chiropractic Adjusting Techniques: Traditional (Diversified, Gonstead, Coupled Motion, etc), Drop Table, Activator and other low stress techniques. Whether you want a deep, powerful adjustment or you need a light touch without twisting or popping, Dr Rick uses the right technique to fit your needs and get the job done.
- Certified Chiropractic Sports Physician
- Fascial Release
- Sports Injuries & Rehabilitation
- Acute Injuries & Chronic Conditions
- Orthopedic and Injury

Alternative and Complementary Medicine.

- Applied Kinesiology
- Reiki (master level)
- CranioSacral Therapy
- Chakra and Energy evaluation and treatment
- Acupressure
- Therapeutic Nutrition & Cleansing Programs
- Holistic Evaluations & Treatments
- Natural Medicine: Foods, Herbs, Homeopathics, Supplements, and more

Glossary of Terms

Applied Kinesiology (AK): A holistic approach composed of many treatment modalities that address the health of your body. Includes an assessment of organs, glands, and other systems in devising treatments for symptom resolution (i.e. digestive problems, menopause, and migraines).

CranioSacral: A light touch, hands-on treatment that uses subtle rhythmic movement of the body to detect restrictions in the skull, nervous system, and throughout the body.

Acupressure: A light touch that directs energy along the meridians of the body as defined by Chinese medicine.

Reiki: A hands-on healing art that addresses the subtle energy system of the body and directs provides healing energy to areas that need it.

Holistic Evaluations & Treatments: Assesses and treats dysfunctioning organs, glands, and systems to restore function, balance, and health which help you to feel better.

Acute Injuries & Chronic Conditions: An acute illness or injury is one that has occurred recently, while a chronic condition is a long standing illness that is often the result of an older injury.

Work & Auto Injuries: Accidents that occur while on the job or as the result of a car crash respond well to chiropractic care.

Sports Injuries & Rehabilitation: Whether you are on a school sports team, an organized league, or if you just play hard on the weekends, it is important to care for your body so it can continue

to perform at the level you want it to. Dr. Rick can help you strengthen and recover from an injury.

Therapeutic Nutrition & Cleansing Programs: Dr. Rick helps determine the optimal diet for health maintenance, prevention, and healing. He can help assess which foods support and which inhibit your health. He is experienced in assessing toxicity and recommends the proper cleansing/detoxification program when needed.

Herbs & Supplements: Dr. Rick directly assesses your body's need for specific herbs and supplements, then defines a program that is easy for you to follow. The products he recommends are of the highest quality and many can only be obtained through a physician's office.

Medicare & Insurance Provider: For the benefit of his patients, Dr. Rick is an approved Medicare provider and provides billing to most major private health insurance companies.