



Information for Graves Disease and Bulging Eyes

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(Hyperthyroidism with and/or without Bulging Eyes)

[MASTER GLAND CAPSULES \(120\)\(IMPROVED\)](#) to balance the glandular system.

[TS II WITH HOPS](#) plus additional [HOPS \(100\)](#) to slow the thyroid.

[TARGET TS II \(90\)](#) and/or [ALFALFA \(100\)](#) or [ALFALFA \(270\)](#) to balance the hypothalamus.

Reference: Information was taken from Recipes for Success.

To understand how to reduce the bulging eyes, we need to know why they bulge in the first place. I looked it up and this is an explanation I found:

1. What causes the bulging eyes: Enlargement of the extraocular muscle bodies and expansion of the orbital fatty connective tissues is apparent in patients with Graves Ophthalmopathy (GO)
 2. The clinical symptoms and signs of GO (The bulging eyes) can be explained mechanically by the discrepancy between the increased volume of the swollen orbital tissues and the fixed volume of the bony orbit.
 3. The expanded orbital tissues displace the globe forward and can block venous (blood) outflow from the orbit. These changes along with the local production of cytokines and other mediators of inflammation, result in pain, proptosis (bulging), periorbital edema, conjunctival injection (redness), and chemosis (swelling of the conjunctiva)
- So it sounds to me like you need an anti-inflammatory (thus the steroids) along with something to improve blood flow in a congested area. I suggest Chinese IF-C TCM concentrate at 1 twice daily. This formula targets inflammation from the neck up and works good for this.
 - Gingko concentrate Time released 2 per day to improve circulation to the smallest of capillaries.
 - Omega 3 fish oils 3 per day for inflammation.
 - MSM is a good anti-inflammatory and helps with circulation related problems to some extent so it wouldn't hurt to put 2 twice a day in the program.

To order products go to: <http://www.mynsp.com/generali/index.aspx>

Graves Disease Testimonial

By: Kelly Myrick

**Updated:
10/23/98**

I was diagnosed with Graves approximately 11 years ago. This is an overactive thyroid and therefore a hyperthyroid condition. It's one of the more common thyroid diseases. Both President and Mrs. Bush have it. The difference between them and myself: mine is gone and they will have the disease for the rest of thier lives. My doctor told me it can't go away but can be controlled with medication. He gave me one month's supply of medication and asked me to return so I can be checked out. I went home and thought there is no way I want to take medication for the rest of my life!

I thought of my friend Brenda who was in herbs and all that natural stuff. She was in the beginnings of her business. I gave her a call and let her know my situation. She told me what vitamins, minerals, and herbs I should take. I followed her instructions. I also decided not to take any of the medication.

I went back to the doctor one month later and he did a blood test. He told me the medication is working, you're borderline now. He also told me to keep taking my medication and return in 2 months. Well, I kept on my vitamins, minerals and herbs, and I didn't take any medication yet.

I returned to my doctor in two months. Again he ran a blood test. He told me: something must have happened during the test. There is no sign of Graves Disease. That darn doctor asked me to be tested again. I didn't want another needle! I told him I was taking vitamins, minerals and herbs, and not the medication. He told me the natural products wouldn't do a thing and I should be on my medication. My doctor was very annoyed with me.

So, back to the lab I went again to have more blood drawn. Again, no signs of Graves Disease. He asked me to come back in two weeks and to take my medication. Two weeks later I returned for a blood test again. I was beginning to feel like a pin cushion. The doctor told me there is still no sign of any thyroid disorder. I reminded him of what I was taking, which of course annoyed him again. He said "that stuff is just a bunch of garbage and doesn't help". I asked him: "Explain to me how does Graves Disease go away without the medication?" The doctor said he has never seen anything like this and is calling it remission. Being that I was in so called remission, he wanted me back in 3 months to be checked. I was still sticking with the herbs etc., I checked out normal again. He still couldn't believe the disease would just vanish, so he said I was still in remission. He had me come back in 3 months

again, then 6 months, 6 months again, then 1 year later, and a year later again. 11 years later, I'm still seeing him but every other year.

I'm convinced that Brenda, with all her knowledge of herbs, helped me to fight this disease and get rid of it. How can the doctor say 11 years later it's still in remission? How come other people with Graves Disease don't go into remission? Is it because the medical doctor does not believe in the natural way? I'm glad I was open minded enough to at least try the natural way before taking any drugs.

So you see, the Bushes will have Graves Disease forever and take the medication.

Me, I'm disease free, no drugs!!! Thanks Brenda!!!!!!!