

*Intermediate Iridology
Correspondence
Course Practice
Manual*

By:

Brenda R. Generali, C.N.C.

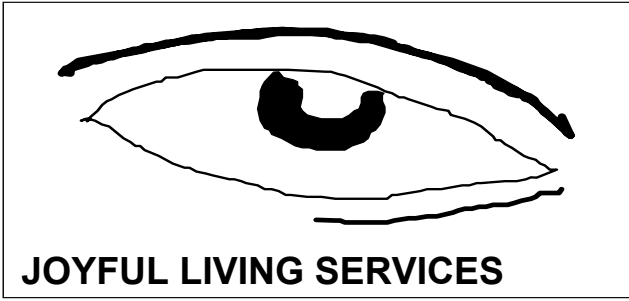
**Certified Nutritional Consultant
Certified Iridologist
Certified Herbalist
Nature's Sunshine Manager**

JOYFUL LIVING SERVICES

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*Intermediate
Iridology
Sworn Notarized
Statement*

Name _____ Degree
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if any: _____

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SWORN NOTARIZED STATEMENT
Required for certification by
Joyful Living Services

I hereby make oath and say that the answers to all questions in the 10 practice sessions were provided by me without direct assistance from any second party, and that all research involved in the Certification process are my exclusive work and not that of any second party.

Sign below in Notary's presence:

Notary Stamp Here

NOTARIZED: Subscribed and Sworn before
me this _____ day of _____ 20 ____
My commission expires: _____ 20 ____

NOTARY PUBLIC

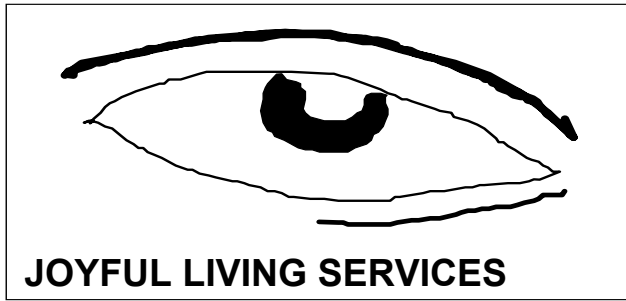


*Intermediate Iridology
Correspondence
Course
Practice #1*

For Each Iris, Determine If you find the following Iridology Signs. Answer YES or NO for Each Area.

Iris 1

- _____ Anemia in the Extremities (Venus Congestion-Blue Ring)
- _____ Arcus Sinilis (Brain Anemia-White Cap)
- _____ Assimilation Ring (Overacid Stomach)
- _____ Assimilation Ring (Underacid Stomach)
- _____ Body Acidity (Overacid Body Chemistry)
- _____ Bowel Pockets
- _____ Bowel Prolapses
- _____ Irritable Bowel Syndrome (IBS/Colitis)
- _____ Ballooned Bowel
- _____ Spastic Bowel
- _____ Bowel Stricture
- _____ Calcium Out of Solution (White Ring)
- _____ Cholesterol Ring (Yellowish Ring)
- _____ Constitution (Strong)
- _____ Constitution (Medium)
- _____ Constitution (Weak)
- _____ Drug Spots/Deposits/Psoric Itch Spots (Chemical Deposit)
- _____ Healing Signs (Program Showing Results)
- _____ Heart Trouble
- _____ Irritation of Nervous System (Stressed Out)
- _____ Lesions/Lacunae (Open) (Inherent Weaknesses)
- _____ Lesions/Lacunae (Closed) (Inherent Weaknesses)
- _____ Lymphatic Rosary (Allergies, Hayfever, Weakened Immune System)
- _____ Nerve/Stress/Sensitivity Rings (Stress Affecting Body)
- _____ Personality Typing (Introvert)
- _____ Personality Typing (Extrovert)
- _____ Poor Nerve Supply (Broken Autonomic Nerve Wreath)
- _____ Pupil (Enlarged)
- _____ Pupil (Small)
- _____ Pupil (Irregular)
- _____ Radii Solaris (Minor) - (Toxic Lines, Parasites, Liver Lines)
- _____ Radii Solaris (Major) - (Toxic Lines, Parasites, Liver Lines)
- _____ Scurf Rim (Poor Skin Elimination)
- _____ Sodium Ring/Venus Congestion (Hardening of the Arteries)



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For Each Iris, Determine If you find the following Iridology Signs. Answer YES or NO for Each Area.

Iris 2

- _____ Anemia in the Extremities (Venus Congestion-Blue Ring)
- _____ Arcus Sinilis (Brain Anemia-White Cap)
- _____ Assimilation Ring (Overacid Stomach)
- _____ Assimilation Ring (Underacid Stomach)
- _____ Body Acidity (Overacid Body Chemistry)
- _____ Bowel Pockets
- _____ Bowel Prolapses
- _____ Irritable Bowel Syndrome (IBS/Colitis)
- _____ Ballooned Bowel
- _____ Spastic Bowel
- _____ Bowel Stricture
- _____ Calcium Out of Solution (White Ring)
- _____ Cholesterol Ring (Yellowish Ring)
- _____ Constitution (Strong)
- _____ Constitution (Medium)
- _____ Constitution (Weak)
- _____ Drug Spots/Deposits/Psoric Itch Spots (Chemical Deposit)
- _____ Healing Signs (Program Showing Results)
- _____ Heart Trouble
- _____ Irritation of Nervous System (Stressed Out)
- _____ Lesions/Lacunae (Open) (Inherent Weaknesses)
- _____ Lesions/Lacunae (Closed) (Inherent Weaknesses)
- _____ Lymphatic Rosary (Allergies, Hayfever, Weakened Immune System)
- _____ Nerve/Stress/Sensitivity Rings (Stress Affecting Body)
- _____ Personality Typing (Introvert)
- _____ Personality Typing (Extrovert)
- _____ Poor Nerve Supply (Broken Autonomic Nerve Wreath)
- _____ Pupil (Enlarged)
- _____ Pupil (Small)
- _____ Pupil (Irregular)
- _____ Radii Solaris (Minor) - (Toxic Lines, Parasites, Liver Lines)
- _____ Radii Solaris (Major) - (Toxic Lines, Parasites, Liver Lines)
- _____ Scurf Rim (Poor Skin Elimination)
- _____ Sodium Ring/Venus Congestion (Hardening of the Arteries)

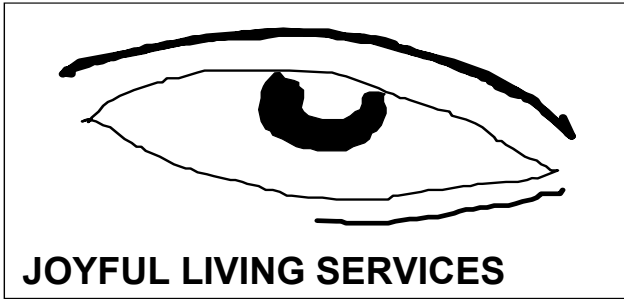


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For Each Iris, Determine If you find the following Iridology Signs. Answer YES or NO for Each Area.

Iris 3

- _____ Anemia in the Extremities (Venus Congestion-Blue Ring)
- _____ Arcus Sinilis (Brain Anemia-White Cap)
- _____ Assimilation Ring (Overacid Stomach)
- _____ Assimilation Ring (Underacid Stomach)
- _____ Body Acidity (Overacid Body Chemistry)
- _____ Bowel Pockets
- _____ Bowel Prolapses
- _____ Irritable Bowel Syndrome (IBS/Colitis)
- _____ Ballooned Bowel
- _____ Spastic Bowel
- _____ Bowel Stricture
- _____ Calcium Out of Solution (White Ring)
- _____ Cholesterol Ring (Yellowish Ring)
- _____ Constitution (Strong)
- _____ Constitution (Medium)
- _____ Constitution (Weak)
- _____ Drug Spots/Deposits/Psoric Itch Spots (Chemical Deposit)
- _____ Healing Signs (Program Showing Results)
- _____ Heart Trouble
- _____ Irritation of Nervous System (Stressed Out)
- _____ Lesions/Lacunae (Open) (Inherent Weaknesses)
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- _____ Lymphatic Rosary (Allergies, Hayfever, Weakened Immune System)
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- _____ Pupil (Irregular)
- _____ Radii Solaris (Minor) - (Toxic Lines, Parasites, Liver Lines)
- _____ Radii Solaris (Major) - (Toxic Lines, Parasites, Liver Lines)
- _____ Scurf Rim (Poor Skin Elimination)
- _____ Sodium Ring/Venus Congestion (Hardening of the Arteries)



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For Each Iris, Determine If you find the following Iridology Signs. Answer YES or NO for Each Area.

Iris 4

- _____ Anemia in the Extremities (Venus Congestion-Blue Ring)
- _____ Arcus Sinilis (Brain Anemia-White Cap)
- _____ Assimilation Ring (Overacid Stomach)
- _____ Assimilation Ring (Underacid Stomach)
- _____ Body Acidity (Overacid Body Chemistry)
- _____ Bowel Pockets
- _____ Bowel Prolapses
- _____ Irritable Bowel Syndrome (IBS/Colitis)
- _____ Ballooned Bowel
- _____ Spastic Bowel
- _____ Bowel Stricture
- _____ Calcium Out of Solution (White Ring)
- _____ Cholesterol Ring (Yellowish Ring)
- _____ Constitution (Strong)
- _____ Constitution (Medium)
- _____ Constitution (Weak)
- _____ Drug Spots/Deposits/Psoric Itch Spots (Chemical Deposit)
- _____ Healing Signs (Program Showing Results)
- _____ Heart Trouble
- _____ Irritation of Nervous System (Stressed Out)
- _____ Lesions/Lacunae (Open) (Inherent Weaknesses)
- _____ Lesions/Lacunae (Closed) (Inherent Weaknesses)
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- _____ Personality Typing (Introvert)
- _____ Personality Typing (Extrovert)
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- _____ Scurf Rim (Poor Skin Elimination)
- _____ Sodium Ring/Venus Congestion (Hardening of the Arteries)

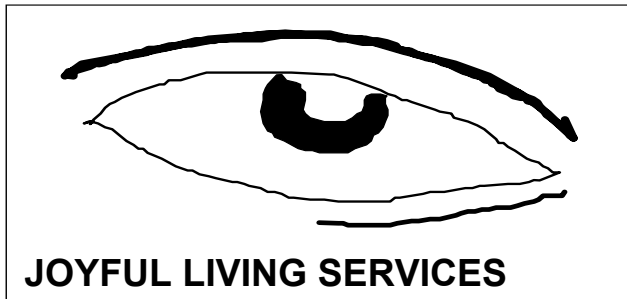


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For Each Iris, Determine If you find the following Iridology Signs. Answer YES or NO for Each Area.

Iris 5

- _____ Anemia in the Extremities (Venus Congestion-Blue Ring)
- _____ Arcus Sinilis (Brain Anemia-White Cap)
- _____ Assimilation Ring (Overacid Stomach)
- _____ Assimilation Ring (Underacid Stomach)
- _____ Body Acidity (Overacid Body Chemistry)
- _____ Bowel Pockets
- _____ Bowel Prolapses
- _____ Irritable Bowel Syndrome (IBS/Colitis)
- _____ Ballooned Bowel
- _____ Spastic Bowel
- _____ Bowel Stricture
- _____ Calcium Out of Solution (White Ring)
- _____ Cholesterol Ring (Yellowish Ring)
- _____ Constitution (Strong)
- _____ Constitution (Medium)
- _____ Constitution (Weak)
- _____ Drug Spots/Deposits/Psoric Itch Spots (Chemical Deposit)
- _____ Healing Signs (Program Showing Results)
- _____ Heart Trouble
- _____ Irritation of Nervous System (Stressed Out)
- _____ Lesions/Lacunae (Open) (Inherent Weaknesses)
- _____ Lesions/Lacunae (Closed) (Inherent Weaknesses)
- _____ Lymphatic Rosary (Allergies, Hayfever, Weakened Immune System)
- _____ Nerve/Stress/Sensitivity Rings (Stress Affecting Body)
- _____ Personality Typing (Introvert)
- _____ Personality Typing (Extrovert)
- _____ Poor Nerve Supply (Broken Autonomic Nerve Wreath)
- _____ Pupil (Enlarged)
- _____ Pupil (Small)
- _____ Pupil (Irregular)
- _____ Radii Solaris (Minor) - (Toxic Lines, Parasites, Liver Lines)
- _____ Radii Solaris (Major) - (Toxic Lines, Parasites, Liver Lines)
- _____ Scurf Rim (Poor Skin Elimination)
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For Each Iris, Determine If you find the following Iridology Signs. Answer YES or NO for Each Area.

Iris 6

- _____ Anemia in the Extremities (Venus Congestion-Blue Ring)
- _____ Arcus Sinilis (Brain Anemia-White Cap)
- _____ Assimilation Ring (Overacid Stomach)
- _____ Assimilation Ring (Underacid Stomach)
- _____ Body Acidity (Overacid Body Chemistry)
- _____ Bowel Pockets
- _____ Bowel Prolapses
- _____ Irritable Bowel Syndrome (IBS/Colitis)
- _____ Ballooned Bowel
- _____ Spastic Bowel
- _____ Bowel Stricture
- _____ Calcium Out of Solution (White Ring)
- _____ Cholesterol Ring (Yellowish Ring)
- _____ Constitution (Strong)
- _____ Constitution (Medium)
- _____ Constitution (Weak)
- _____ Drug Spots/Deposits/Psoric Itch Spots (Chemical Deposit)
- _____ Healing Signs (Program Showing Results)
- _____ Heart Trouble
- _____ Irritation of Nervous System (Stressed Out)
- _____ Lesions/Lacunae (Open) (Inherent Weaknesses)
- _____ Lesions/Lacunae (Closed) (Inherent Weaknesses)
- _____ Lymphatic Rosary (Allergies, Hayfever, Weakened Immune System)
- _____ Nerve/Stress/Sensitivity Rings (Stress Affecting Body)
- _____ Personality Typing (Introvert)
- _____ Personality Typing (Extrovert)
- _____ Poor Nerve Supply (Broken Autonomic Nerve Wreath)
- _____ Pupil (Enlarged)
- _____ Pupil (Small)
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- _____ Radii Solaris (Minor) - (Toxic Lines, Parasites, Liver Lines)
- _____ Radii Solaris (Major) - (Toxic Lines, Parasites, Liver Lines)
- _____ Scurf Rim (Poor Skin Elimination)
- _____ Sodium Ring/Venus Congestion (Hardening of the Arteries)



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For Each Iris, Determine If you find the following Iridology Signs. Answer YES or NO for Each Area.

Iris 7

- _____ Anemia in the Extremities (Venus Congestion-Blue Ring)
- _____ Arcus Sinilis (Brain Anemia-White Cap)
- _____ Assimilation Ring (Overacid Stomach)
- _____ Assimilation Ring (Underacid Stomach)
- _____ Body Acidity (Overacid Body Chemistry)
- _____ Bowel Pockets
- _____ Bowel Prolapses
- _____ Irritable Bowel Syndrome (IBS/Colitis)
- _____ Ballooned Bowel
- _____ Spastic Bowel
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For Each Iris, Determine If you find the following Iridology Signs. Answer YES or NO for Each Area.

Iris 8

- _____ Anemia in the Extremities (Venus Congestion-Blue Ring)
- _____ Arcus Sinilis (Brain Anemia-White Cap)
- _____ Assimilation Ring (Overacid Stomach)
- _____ Assimilation Ring (Underacid Stomach)
- _____ Body Acidity (Overacid Body Chemistry)
- _____ Bowel Pockets
- _____ Bowel Prolapses
- _____ Irritable Bowel Syndrome (IBS/Colitis)
- _____ Ballooned Bowel
- _____ Spastic Bowel
- _____ Bowel Stricture
- _____ Calcium Out of Solution (White Ring)
- _____ Cholesterol Ring (Yellowish Ring)
- _____ Constitution (Strong)
- _____ Constitution (Medium)
- _____ Constitution (Weak)
- _____ Drug Spots/Deposits/Psoric Itch Spots (Chemical Deposit)
- _____ Healing Signs (Program Showing Results)
- _____ Heart Trouble
- _____ Irritation of Nervous System (Stressed Out)
- _____ Lesions/Lacunae (Open) (Inherent Weaknesses)
- _____ Lesions/Lacunae (Closed) (Inherent Weaknesses)
- _____ Lymphatic Rosary (Allergies, Hayfever, Weakened Immune System)
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- _____ Personality Typing (Introvert)
- _____ Personality Typing (Extrovert)
- _____ Poor Nerve Supply (Broken Autonomic Nerve Wreath)
- _____ Pupil (Enlarged)
- _____ Pupil (Small)
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- _____ Radii Solaris (Minor) - (Toxic Lines, Parasites, Liver Lines)
- _____ Radii Solaris (Major) - (Toxic Lines, Parasites, Liver Lines)
- _____ Scurf Rim (Poor Skin Elimination)
- _____ Sodium Ring/Venus Congestion (Hardening of the Arteries)



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For Each Iris, Determine If you find the following Iridology Signs. Answer YES or NO for Each Area.

Iris 9

- _____ Anemia in the Extremities (Venus Congestion-Blue Ring)
- _____ Arcus Sinilis (Brain Anemia-White Cap)
- _____ Assimilation Ring (Overacid Stomach)
- _____ Assimilation Ring (Underacid Stomach)
- _____ Body Acidity (Overacid Body Chemistry)
- _____ Bowel Pockets
- _____ Bowel Prolapses
- _____ Irritable Bowel Syndrome (IBS/Colitis)
- _____ Ballooned Bowel
- _____ Spastic Bowel
- _____ Bowel Stricture
- _____ Calcium Out of Solution (White Ring)
- _____ Cholesterol Ring (Yellowish Ring)
- _____ Constitution (Strong)
- _____ Constitution (Medium)
- _____ Constitution (Weak)
- _____ Drug Spots/Deposits/Psoric Itch Spots (Chemical Deposit)
- _____ Healing Signs (Program Showing Results)
- _____ Heart Trouble
- _____ Irritation of Nervous System (Stressed Out)
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- _____ Lesions/Lacunae (Closed) (Inherent Weaknesses)
- _____ Lymphatic Rosary (Allergies, Hayfever, Weakened Immune System)
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- _____ Personality Typing (Introvert)
- _____ Personality Typing (Extrovert)
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- _____ Radii Solaris (Minor) - (Toxic Lines, Parasites, Liver Lines)
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- _____ Sodium Ring/Venus Congestion (Hardening of the Arteries)

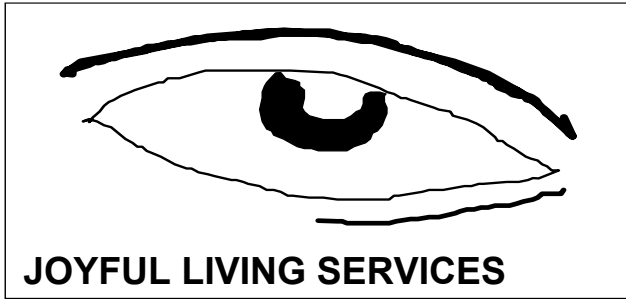


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Practice #1*

For Each Iris, Determine If you find the following Iridology Signs. Answer YES or NO for Each Area.

Iris 10

- _____ Anemia in the Extremities (Venus Congestion-Blue Ring)
- _____ Arcus Sinilis (Brain Anemia-White Cap)
- _____ Assimilation Ring (Overacid Stomach)
- _____ Assimilation Ring (Underacid Stomach)
- _____ Body Acidity (Overacid Body Chemistry)
- _____ Bowel Pockets
- _____ Bowel Prolapses
- _____ Irritable Bowel Syndrome (IBS/Colitis)
- _____ Ballooned Bowel
- _____ Spastic Bowel
- _____ Bowel Stricture
- _____ Calcium Out of Solution (White Ring)
- _____ Cholesterol Ring (Yellowish Ring)
- _____ Constitution (Strong)
- _____ Constitution (Medium)
- _____ Constitution (Weak)
- _____ Drug Spots/Deposits/Psoric Itch Spots (Chemical Deposit)
- _____ Healing Signs (Program Showing Results)
- _____ Heart Trouble
- _____ Irritation of Nervous System (Stressed Out)
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- _____ Nerve/Stress/Sensitivity Rings (Stress Affecting Body)
- _____ Personality Typing (Introvert)
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- _____ Poor Nerve Supply (Broken Autonomic Nerve Wreath)
- _____ Pupil (Enlarged)
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- _____ Radii Solaris (Minor) - (Toxic Lines, Parasites, Liver Lines)
- _____ Radii Solaris (Major) - (Toxic Lines, Parasites, Liver Lines)
- _____ Scurf Rim (Poor Skin Elimination)
- _____ Sodium Ring/Venus Congestion (Hardening of the Arteries)



*Intermediate Iridology
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Practice #2*

For Each Iris, Determine the level of inflammation in each elimination system.

Iris 1

System

Level of Inflammation

- Skin (Structural)
- Lymph (Immune)
- Kidneys (Urinary)
- Bowel (Elimination)
- Lungs (Respiratory)

Iris 2

System

Level of Inflammation

- Skin (Structural)
- Lymph (Immune)
- Kidneys (Urinary)
- Bowel (Elimination)
- Lungs (Respiratory)

Iris 3

System

Level of Inflammation

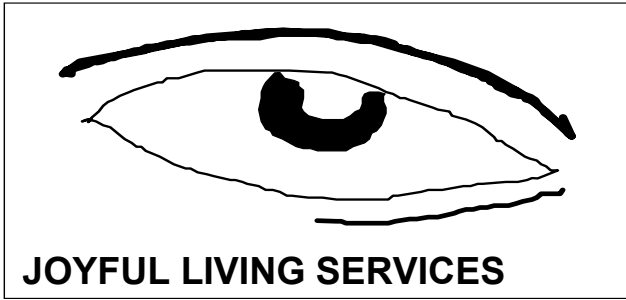
- Skin (Structural)
- Lymph (Immune)
- Kidneys (Urinary)
- Bowel (Elimination)
- Lungs (Respiratory)

Iris 4

System

Level of Inflammation

- Skin (Structural)
- Lymph (Immune)
- Kidneys (Urinary)
- Bowel (Elimination)
- Lungs (Respiratory)



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Practice #2*

For Each Iris, Determine the level of inflammation in each elimination system.

Iris 5

System

Level of Inflammation

- Skin (Structural)
- Lymph (Immune)
- Kidneys (Urinary)
- Bowel (Elimination)
- Lungs (Respiratory)

Iris 6

System

Level of Inflammation

- Skin (Structural)
- Lymph (Immune)
- Kidneys (Urinary)
- Bowel (Elimination)
- Lungs (Respiratory)

Iris 7

System

Level of Inflammation

- Skin (Structural)
- Lymph (Immune)
- Kidneys (Urinary)
- Bowel (Elimination)
- Lungs (Respiratory)

Iris 8

System

Level of Inflammation

- Skin (Structural)
- Lymph (Immune)
- Kidneys (Urinary)
- Bowel (Elimination)
- Lungs (Respiratory)



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For Each Iris, Determine the level of inflammation in each elimination system.

Iris 9

System

Level of Inflammation

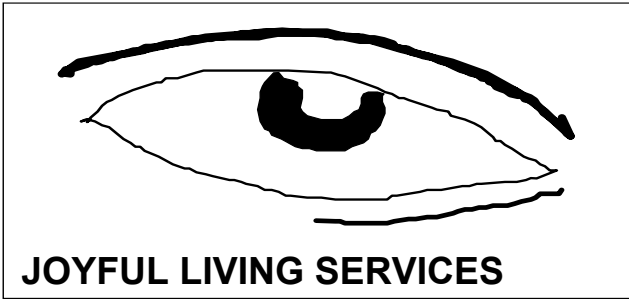
- Skin (Structural)
- Lymph (Immune)
- Kidneys (Urinary)
- Bowel (Elimination)
- Lungs (Respiratory)

Iris 10

System

Level of Inflammation

- Skin (Structural)
- Lymph (Immune)
- Kidneys (Urinary)
- Bowel (Elimination)
- Lungs (Respiratory)



*Intermediate Iridology
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Practice #3*

For Each Iris, Determine the pupil tonus. Note if there are any reflex signs and where they are.

Iris 1

Pupil Tonus _____

Reflex Sign _____

Reflex Sign _____

Reflex Sign _____

Reflex Sign _____

Reflex Sign _____

Reflex Sign _____

Reflex Sign _____

Reflex Sign _____

Iris 2

Pupil Tonus _____

Reflex Sign _____

Reflex Sign _____

Reflex Sign _____

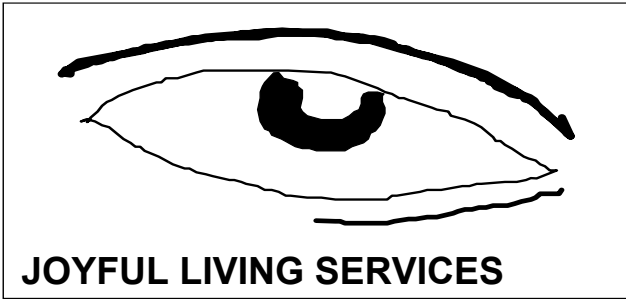
Reflex Sign _____

Reflex Sign _____

Reflex Sign _____

Reflex Sign _____

Reflex Sign _____



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Practice #3

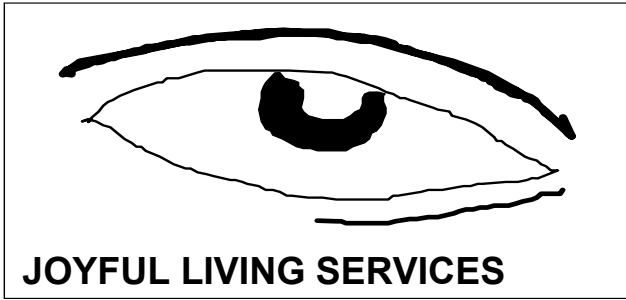
For Each Iris, Determine the pupil tonus. Note if there are any reflex signs and where they are.

Iris 3

- Pupil Tonus _____
- Reflex Sign _____
- Reflex Sign _____
- Reflex Sign _____
- Reflex Sign _____
- Reflex Sign _____
- Reflex Sign _____
- Reflex Sign _____
- Reflex Sign _____

Iris 4

- Pupil Tonus _____
- Reflex Sign _____
- Reflex Sign _____
- Reflex Sign _____
- Reflex Sign _____
- Reflex Sign _____
- Reflex Sign _____
- Reflex Sign _____
- Reflex Sign _____



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Practice #3

For Each Iris, Determine the pupil tonus. Note if there are any reflex signs and where they are.

Iris 5

Pupil Tonus _____

Reflex Sign _____

Reflex Sign _____

Reflex Sign _____

Reflex Sign _____

Reflex Sign _____

Reflex Sign _____

Reflex Sign _____

Reflex Sign _____

Iris 6

Pupil Tonus _____

Reflex Sign _____

Reflex Sign _____

Reflex Sign _____

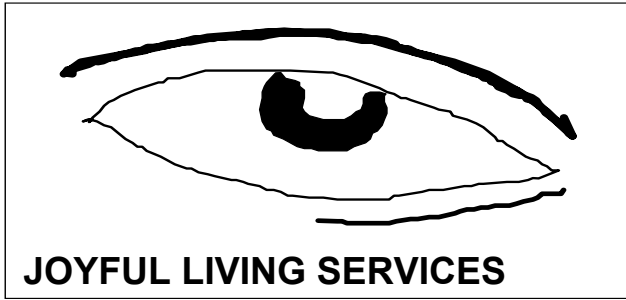
Reflex Sign _____

Reflex Sign _____

Reflex Sign _____

Reflex Sign _____

Reflex Sign _____



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Practice #3*

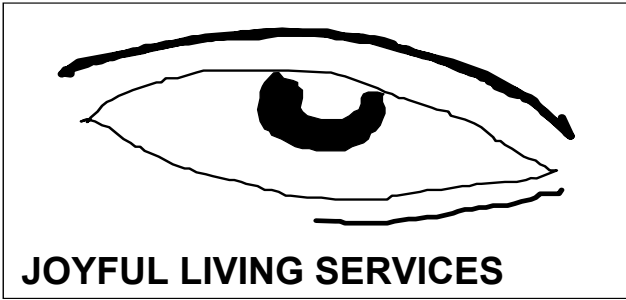
For Each Iris, Determine the pupil tonus. Note if there are any reflex signs and where they are.

Iris 7

- Pupil Tonus _____
- Reflex Sign _____
- Reflex Sign _____
- Reflex Sign _____
- Reflex Sign _____
- Reflex Sign _____
- Reflex Sign _____
- Reflex Sign _____
- Reflex Sign _____

Iris 8

- Pupil Tonus _____
- Reflex Sign _____
- Reflex Sign _____
- Reflex Sign _____
- Reflex Sign _____
- Reflex Sign _____
- Reflex Sign _____
- Reflex Sign _____
- Reflex Sign _____



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Practice #3*

For Each Iris, Determine the pupil tonus. Note if there are any reflex signs and where they are.

Iris 9

Pupil Tonus _____

Reflex Sign _____

Reflex Sign _____

Reflex Sign _____

Reflex Sign _____

Reflex Sign _____

Reflex Sign _____

Reflex Sign _____

Reflex Sign _____

Iris 10

Pupil Tonus _____

Reflex Sign _____

Reflex Sign _____

Reflex Sign _____

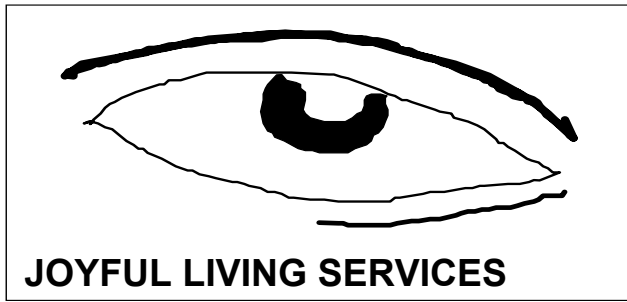
Reflex Sign _____

Reflex Sign _____

Reflex Sign _____

Reflex Sign _____

Reflex Sign _____



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Practice #4*

For Each Iris, Determine the Basic Patterns. Put an "x" next to the ones that relate.

Iris 1

- Structure: Very Tight
 Tight
 Moderate
 Loose
 Very Loose
- Function: Hot (white)
 Warm
 Moderate
 Cool
 Cold (Dk Gray)

Iris 2

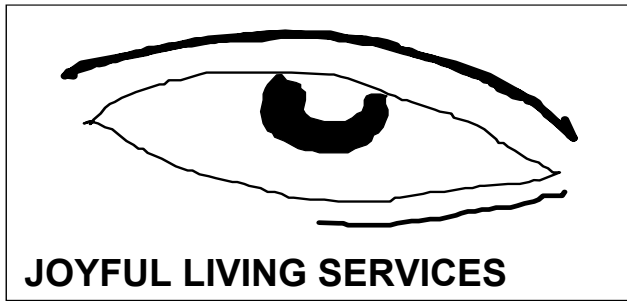
- Structure: Very Tight
 Tight
 Moderate
 Loose
 Very Loose
- Function: Hot (white)
 Warm
 Moderate
 Cool
 Cold (Dk Gray)

Iris 3

- Structure: Very Tight
 Tight
 Moderate
 Loose
 Very Loose
- Function: Hot (white)
 Warm
 Moderate
 Cool
 Cold (Dk Gray)

Iris 4

- Structure: Very Tight
 Tight
 Moderate
 Loose
 Very Loose
- Function: Hot (white)
 Warm
 Moderate
 Cool
 Cold (Dk Gray)



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Practice #4

For Each Iris, Determine the Basic Patterns. Put an "x" next to the ones that relate.

Iris 5

- Structure: Very Tight
 Tight
 Moderate
 Loose
 Very Loose
- Function: Hot (white)
 Warm
 Moderate
 Cool
 Cold (Dk Gray)

Iris 6

- Structure: Very Tight
 Tight
 Moderate
 Loose
 Very Loose
- Function: Hot (white)
 Warm
 Moderate
 Cool
 Cold (Dk Gray)

Iris 7

- Structure: Very Tight
 Tight
 Moderate
 Loose
 Very Loose
- Function: Hot (white)
 Warm
 Moderate
 Cool
 Cold (Dk Gray)

Iris 8

- Structure: Very Tight
 Tight
 Moderate
 Loose
 Very Loose
- Function: Hot (white)
 Warm
 Moderate
 Cool
 Cold (Dk Gray)



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Course
Practice #4*

For Each Iris, Determine the Basic Patterns. Put an "x" next to the ones that relate.

Iris 9

- Structure: Very Tight
 Tight
 Moderate
 Loose
 Very Loose
- Function: Hot (white)
 Warm
 Moderate
 Cool
 Cold (Dk Gray)

Iris 10

- Structure: Very Tight
 Tight
 Moderate
 Loose
 Very Loose
- Function: Hot (white)
 Warm
 Moderate
 Cool
 Cold (Dk Gray)



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Practice #5

For Each Iris, Determine the Basic Patterns. Put an "x" next to the ones that relate.

Iris 1

- True Color: _____ Pure Blue
 _____ Mixed Biliary
 _____ True Brown
 Colors: _____ Yellow
 _____ Neon Orange
 _____ Dirty Orange
 _____ Brown
 _____ Reddish Brown

Iris 2

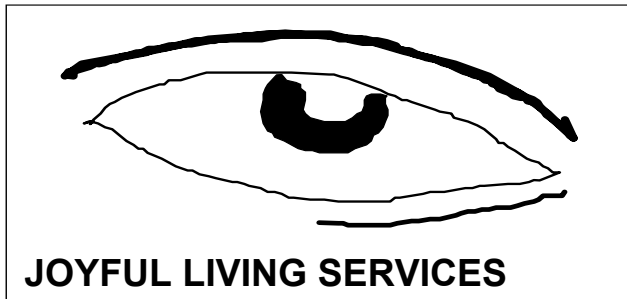
- True Color: _____ Pure Blue
 _____ Mixed Biliary
 _____ True Brown
 Colors: _____ Yellow
 _____ Neon Orange
 _____ Dirty Orange
 _____ Brown
 _____ Reddish Brown

Iris 3

- True Color: _____ Pure Blue
 _____ Mixed Biliary
 _____ True Brown
 Colors: _____ Yellow
 _____ Neon Orange
 _____ Dirty Orange
 _____ Brown
 _____ Reddish Brown

Iris 4

- True Color: _____ Pure Blue
 _____ Mixed Biliary
 _____ True Brown
 Colors: _____ Yellow
 _____ Neon Orange
 _____ Dirty Orange
 _____ Brown
 _____ Reddish Brown



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Practice #5*

For Each Iris, Determine the Basic Patterns. Put an "x" next to the ones that relate.

Iris 5

- True Color: _____ Pure Blue
 _____ Mixed Biliary
 _____ True Brown
- Colors: _____ Yellow
 _____ Neon Orange
 _____ Dirty Orange
 _____ Brown
 _____ Reddish Brown

Iris 6

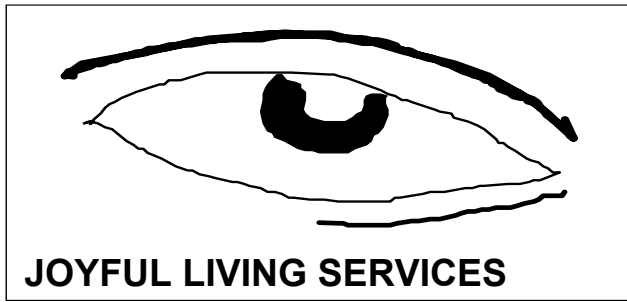
- True Color: _____ Pure Blue
 _____ Mixed Biliary
 _____ True Brown
- Colors: _____ Yellow
 _____ Neon Orange
 _____ Dirty Orange
 _____ Brown
 _____ Reddish Brown

Iris 7

- True Color: _____ Pure Blue
 _____ Mixed Biliary
 _____ True Brown
- Colors: _____ Yellow
 _____ Neon Orange
 _____ Dirty Orange
 _____ Brown
 _____ Reddish Brown

Iris 8

- True Color: _____ Pure Blue
 _____ Mixed Biliary
 _____ True Brown
- Colors: _____ Yellow
 _____ Neon Orange
 _____ Dirty Orange
 _____ Brown
 _____ Reddish Brown



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Practice #5*

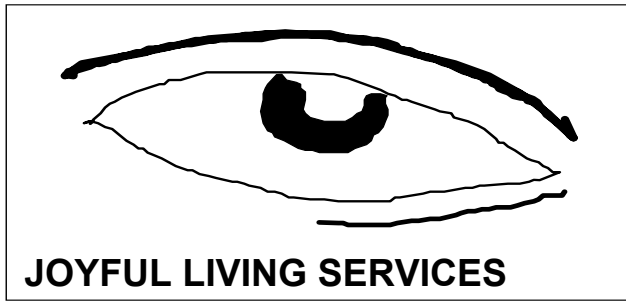
For Each Iris, Determine the Basic Patterns. Put an “x” next to the ones that relate.

Iris 9

- True Color: Pure Blue
 Mixed Biliary
 True Brown
- Colors: Yellow
 Neon Orange
 Dirty Orange
 Brown
 Reddish Brown

Iris 10

- True Color: Pure Blue
 Mixed Biliary
 True Brown
- Colors: Yellow
 Neon Orange
 Dirty Orange
 Brown
 Reddish Brown



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Practice #6*

For Each Iris, Determine the Personality (Fiber Structure) Typing. Put an "x" next to the ones that relate.

Iris 1

- Basic: Emotional Spontaneous
 Polyglandular (Daisy Petal)
 Analytical/Thinking
 Active/Kinesthetic (Robust)
 Active/Kinesthetic (Neurogenic)
 Extremist/Innovator
- Mixed: Emotional/Kinesthetic
 Analytical/Kinesthetic
 Emotional/Extremist
 Analytical/Extremist
 Kinesthetic/Extremist

Iris 2

- Basic: Emotional Spontaneous
 Polyglandular (Daisy Petal)
 Analytical/Thinking
 Active/Kinesthetic (Robust)
 Active/Kinesthetic (Neurogenic)
 Extremist/Innovator
- Mixed: Emotional/Kinesthetic
 Analytical/Kinesthetic
 Emotional/Extremist
 Analytical/Extremist
 Kinesthetic/Extremist

Iris 3

- Basic: Emotional Spontaneous
 Polyglandular (Daisy Petal)
 Analytical/Thinking
 Active/Kinesthetic (Robust)
 Active/Kinesthetic (Neurogenic)
 Extremist/Innovator
- Mixed: Emotional/Kinesthetic
 Analytical/Kinesthetic
 Emotional/Extremist
 Analytical/Extremist
 Kinesthetic/Extremist



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Practice #6*

For Each Iris, Determine the Personality (Fiber Structure) Typing. Put an "x" next to the ones that relate.

Iris 4

- Basic: Emotional Spontaneous
 Polyglandular (Daisy Petal)
 Analytical/Thinking
 Active/Kinesthetic (Robust)
 Active/Kinesthetic (Neurogenic)
 Extremist/Innovator
- Mixed: Emotional/Kinesthetic
 Analytical/Kinesthetic
 Emotional/Extremist
 Analytical/Extremist
 Kinesthetic/Extremist

Iris 5

- Basic: Emotional Spontaneous
 Polyglandular (Daisy Petal)
 Analytical/Thinking
 Active/Kinesthetic (Robust)
 Active/Kinesthetic (Neurogenic)
 Extremist/Innovator
- Mixed: Emotional/Kinesthetic
 Analytical/Kinesthetic
 Emotional/Extremist
 Analytical/Extremist
 Kinesthetic/Extremist

Iris 6

- Basic: Emotional Spontaneous
 Polyglandular (Daisy Petal)
 Analytical/Thinking
 Active/Kinesthetic (Robust)
 Active/Kinesthetic (Neurogenic)
 Extremist/Innovator
- Mixed: Emotional/Kinesthetic
 Analytical/Kinesthetic
 Emotional/Extremist
 Analytical/Extremist
 Kinesthetic/Extremist



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Practice #6*

For Each Iris, Determine the Personality (Fiber Structure) Typing. Put an "x" next to the ones that relate.

Iris 7

- Basic: Emotional Spontaneous
 Polyglandular (Daisy Petal)
 Analytical/Thinking
 Active/Kinesthetic (Robust)
 Active/Kinesthetic (Neurogenic)
 Extremist/Innovator
- Mixed: Emotional/Kinesthetic
 Analytical/Kinesthetic
 Emotional/Extremist
 Analytical/Extremist
 Kinesthetic/Extremist

Iris 8

- Basic: Emotional Spontaneous
 Polyglandular (Daisy Petal)
 Analytical/Thinking
 Active/Kinesthetic (Robust)
 Active/Kinesthetic (Neurogenic)
 Extremist/Innovator
- Mixed: Emotional/Kinesthetic
 Analytical/Kinesthetic
 Emotional/Extremist
 Analytical/Extremist
 Kinesthetic/Extremist

Iris 9

- Basic: Emotional Spontaneous
 Polyglandular (Daisy Petal)
 Analytical/Thinking
 Active/Kinesthetic (Robust)
 Active/Kinesthetic (Neurogenic)
 Extremist/Innovator
- Mixed: Emotional/Kinesthetic
 Analytical/Kinesthetic
 Emotional/Extremist
 Analytical/Extremist
 Kinesthetic/Extremist



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Practice #6*

For Each Iris, Determine the Personality (Fiber Structure) Typing. Put an "x" next to the ones that relate.

Iris 10

Basic:

- Emotional Spontaneous
- Polyglandular (Daisy Petal)
- Analytical/Thinking
- Active/Kinesthetic (Robust)
- Active/Kinesthetic (Neurogenic)
- Extremist/Innovator

Mixed:

- Emotional/Kinesthetic
- Analytical/Kinesthetic
- Emotional/Extremist
- Analytical/Extremist
- Kinesthetic/Extremist



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Practice #7*

For Each Iris, Determine the Nerve Wreath Sign and Dominant Side. Put an “x” next to the ones that relate.

Iris 1

- | | |
|---------------------|---|
| Closeness to Pupil: | _____ Flaccid/Atonic (Public) |
| | _____ Balanced |
| | _____ Constricted/Spastic (Private) |
| Colon Line: | _____ Pocketed/Spastic |
| | _____ Indented/Strictured |
| | _____ Collapsed/Prolapsed |
| Special Signs: | _____ Thick/Pronounced |
| | _____ Thin/Washed Out |
| | _____ Discolored |
| Dominant Side: | _____ Right Side/Left Brain/Yang
Analytical/Male |
| | _____ Left Side/Right Brain/Yin
Intuitive/Feminine |

Iris 2

- | | |
|---------------------|---|
| Closeness to Pupil: | _____ Flaccid/Atonic (Public) |
| | _____ Balanced |
| | _____ Constricted/Spastic (Private) |
| Colon Line: | _____ Pocketed/Spastic |
| | _____ Indented/Strictured |
| | _____ Collapsed/Prolapsed |
| Special Signs: | _____ Thick/Pronounced |
| | _____ Thin/Washed Out |
| | _____ Discolored |
| Dominant Side: | _____ Right Side/Left Brain/Yang
Analytical/Male |
| | _____ Left Side/Right Brain/Yin
Intuitive/Feminine |



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Practice #7

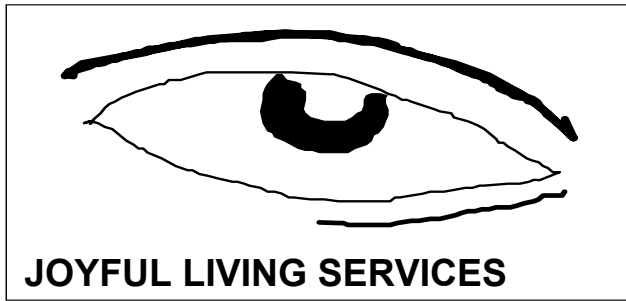
For Each Iris, Determine the Nerve Wreath Sign and Dominant Side. Put an “x” next to the ones that relate.

Iris 3

- | | |
|---------------------|--|
| Closeness to Pupil: | <input type="checkbox"/> Flaccid/Atonic (Public) |
| | <input type="checkbox"/> Balanced |
| | <input type="checkbox"/> Constricted/Spastic (Private) |
| Colon Line: | <input type="checkbox"/> Pocketed/Spastic |
| | <input type="checkbox"/> Indented/Strictured |
| | <input type="checkbox"/> Collapsed/Prolapsed |
| Special Signs: | <input type="checkbox"/> Thick/Pronounced |
| | <input type="checkbox"/> Thin/Washed Out |
| | <input type="checkbox"/> Discolored |
| Dominant Side: | <input type="checkbox"/> Right Side/Left Brain/Yang |
| | Analytical/Male |
| | <input type="checkbox"/> Left Side/Right Brain/Yin |
| | Intuitive/Feminine |

Iris 4

- | | |
|---------------------|--|
| Closeness to Pupil: | <input type="checkbox"/> Flaccid/Atonic (Public) |
| | <input type="checkbox"/> Balanced |
| | <input type="checkbox"/> Constricted/Spastic (Private) |
| Colon Line: | <input type="checkbox"/> Pocketed/Spastic |
| | <input type="checkbox"/> Indented/Strictured |
| | <input type="checkbox"/> Collapsed/Prolapsed |
| Special Signs: | <input type="checkbox"/> Thick/Pronounced |
| | <input type="checkbox"/> Thin/Washed Out |
| | <input type="checkbox"/> Discolored |
| Dominant Side: | <input type="checkbox"/> Right Side/Left Brain/Yang |
| | Analytical/Male |
| | <input type="checkbox"/> Left Side/Right Brain/Yin |
| | Intuitive/Feminine |



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Practice #8*

For Each Iris, Determine Major Signs/Constitutional Subtypes. Put an “x” next to the ones that relate.

Iris 1

- Stomach Halo (Poor Digestive Function)
- Radii Solaris (Toxic Leakage, Parasite Activity)
- Anxiety/Tetanic (Tension & Stress)
- Uric Acid Type (Acid Eye) (Febrile-Everywhere)
- Lymphatic Rosary (Hydregenoid-Lymph Disturb)
- Lipemic (Sodium/Calcium/Cholesterol/Fatty Dep)
- Arcus Sinilis (Lack of Brain Circulation)
- Scurf Rim (Underactive/Weakened Skin)
- Fuzzy Blue Edge (Anemia in Extremities)

Iris 2

- Stomach Halo (Poor Digestive Function)
- Radii Solaris (Toxic Leakage, Parasite Activity)
- Anxiety/Tetanic (Tension & Stress)
- Uric Acid Type (Acid Eye) (Febrile-Everywhere)
- Lymphatic Rosary (Hydregenoid-Lymph Disturb)
- Lipemic (Sodium/Calcium/Cholesterol/Fatty Dep)
- Arcus Sinilis (Lack of Brain Circulation)
- Scurf Rim (Underactive/Weakened Skin)
- Fuzzy Blue Edge (Anemia in Extremities)

Iris 3

- Stomach Halo (Poor Digestive Function)
- Radii Solaris (Toxic Leakage, Parasite Activity)
- Anxiety/Tetanic (Tension & Stress)
- Uric Acid Type (Acid Eye) (Febrile-Everywhere)
- Lymphatic Rosary (Hydregenoid-Lymph Disturb)
- Lipemic (Sodium/Calcium/Cholesterol/Fatty Dep)
- Arcus Sinilis (Lack of Brain Circulation)
- Scurf Rim (Underactive/Weakened Skin)
- Fuzzy Blue Edge (Anemia in Extremities)



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Practice #8

For Each Iris, Determine Major Signs/Constitutional Subtypes. Put an “x” next to the ones that relate.

Iris 4

- Stomach Halo (Poor Digestive Function)
- Radii Solaris (Toxic Leakage, Parasite Activity)
- Anxiety/Tetanic (Tension & Stress)
- Uric Acid Type (Acid Eye) (Febrile-Everywhere)
- Lymphatic Rosary (Hydregenoid-Lymph Disturb)
- Lipemic (Sodium/Calcium/Cholesterol/Fatty Dep)
- Arcus Sinilis (Lack of Brain Circulation)
- Scurf Rim (Underactive/Weakened Skin)
- Fuzzy Blue Edge (Anemia in Extremities)

Iris 5

- Stomach Halo (Poor Digestive Function)
- Radii Solaris (Toxic Leakage, Parasite Activity)
- Anxiety/Tetanic (Tension & Stress)
- Uric Acid Type (Acid Eye) (Febrile-Everywhere)
- Lymphatic Rosary (Hydregenoid-Lymph Disturb)
- Lipemic (Sodium/Calcium/Cholesterol/Fatty Dep)
- Arcus Sinilis (Lack of Brain Circulation)
- Scurf Rim (Underactive/Weakened Skin)
- Fuzzy Blue Edge (Anemia in Extremities)

Iris 6

- Stomach Halo (Poor Digestive Function)
- Radii Solaris (Toxic Leakage, Parasite Activity)
- Anxiety/Tetanic (Tension & Stress)
- Uric Acid Type (Acid Eye) (Febrile-Everywhere)
- Lymphatic Rosary (Hydregenoid-Lymph Disturb)
- Lipemic (Sodium/Calcium/Cholesterol/Fatty Dep)
- Arcus Sinilis (Lack of Brain Circulation)
- Scurf Rim (Underactive/Weakened Skin)
- Fuzzy Blue Edge (Anemia in Extremities)



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For Each Iris, Determine Major Signs/Constitutional Subtypes. Put an “x” next to the ones that relate.

Iris 7

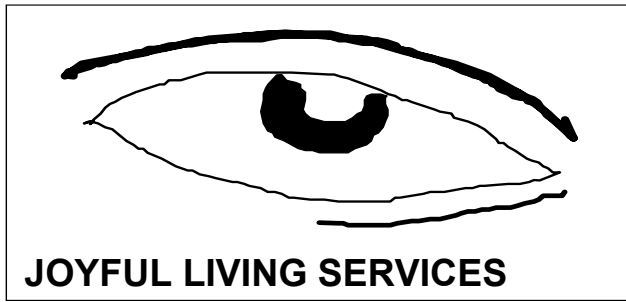
- Stomach Halo (Poor Digestive Function)
- Rarii Solaris (Toxic Leakage, Parasite Activity)
- Anxiety/Tetanic (Tension & Stress)
- Uric Acid Type (Acid Eye) (Febrile-Everywhere)
- Lymphatic Rosary (Hydregenoid-Lymph Disturb)
- Lipemic (Sodium/Calcium/Cholesterol/Fatty Dep)
- Arcus Sinilis (Lack of Brain Circulation)
- Scurf Rim (Underactive/Weakened Skin)
- Fuzzy Blue Edge (Anemia in Extremities)

Iris 8

- Stomach Halo (Poor Digestive Function)
- Rarii Solaris (Toxic Leakage, Parasite Activity)
- Anxiety/Tetanic (Tension & Stress)
- Uric Acid Type (Acid Eye) (Febrile-Everywhere)
- Lymphatic Rosary (Hydregenoid-Lymph Disturb)
- Lipemic (Sodium/Calcium/Cholesterol/Fatty Dep)
- Arcus Sinilis (Lack of Brain Circulation)
- Scurf Rim (Underactive/Weakened Skin)
- Fuzzy Blue Edge (Anemia in Extremities)

Iris 9

- Stomach Halo (Poor Digestive Function)
- Rarii Solaris (Toxic Leakage, Parasite Activity)
- Anxiety/Tetanic (Tension & Stress)
- Uric Acid Type (Acid Eye) (Febrile-Everywhere)
- Lymphatic Rosary (Hydregenoid-Lymph Disturb)
- Lipemic (Sodium/Calcium/Cholesterol/Fatty Dep)
- Arcus Sinilis (Lack of Brain Circulation)
- Scurf Rim (Underactive/Weakened Skin)
- Fuzzy Blue Edge (Anemia in Extremities)

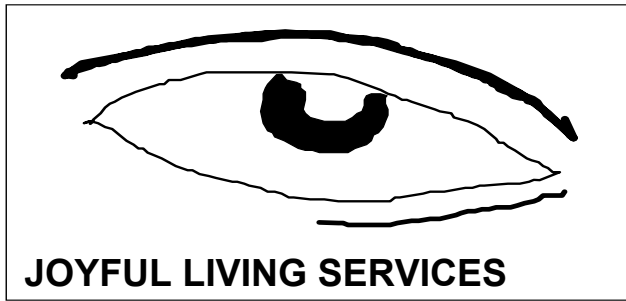


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Practice #8*

For Each Iris, Determine Major Signs/Constitutional Subtypes. Put an "x" next to the ones that relate.

Iris 10

- Stomach Halo (Poor Digestive Function)
- Radii Solaris (Toxic Leakage, Parasite Activity)
- Anxiety/Tetanic (Tension & Stress)
- Uric Acid Type (Acid Eye) (Febrile-Everywhere)
- Lymphatic Rosary (Hydregenoid-Lymph Disturb)
- Lipemic (Sodium/Calcium/Cholesterol/Fatty Dep)
- Arcus Sinilis (Lack of Brain Circulation)
- Scurf Rim (Underactive/Weakened Skin)
- Fuzzy Blue Edge (Anemia in Extremities)



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Practice #9*

For Each Iris, Determine Specific Signs. Put an "x" next to the ones that relate.

Iris 1

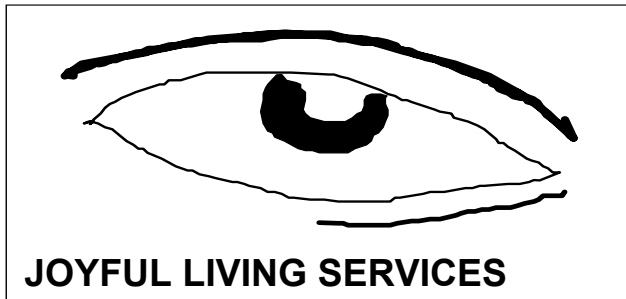
- Open Lacuna
- Closed Lacuna
- Psora
- Transversals
- Red Lines in Iris
- Red Lines in Whites
- Fatty Deposits in Whites
- Honeycomb Lacuna
- Ribleaf Lacuna
- Stair Step Lacuna
- Sinus Congestion
- Glasses or Contacts

Iris 2

- Open Lacuna
- Closed Lacuna
- Psora
- Transversals
- Red Lines in Iris
- Red Lines in Whites
- Fatty Deposits in Whites
- Honeycomb Lacuna
- Ribleaf Lacuna
- Stair Step Lacuna
- Sinus Congestion
- Glasses or Contacts

Iris 3

- Open Lacuna
- Closed Lacuna
- Psora
- Transversals
- Red Lines in Iris
- Red Lines in Whites
- Fatty Deposits in Whites
- Honeycomb Lacuna
- Ribleaf Lacuna
- Stair Step Lacuna
- Sinus Congestion
- Glasses or Contacts



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Practice #9

For Each Iris, Determine Specific Signs. Put an "x" next to the ones that relate.

Iris 4

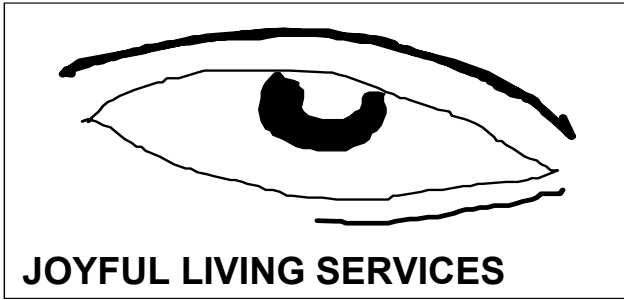
- Open Lacuna
- Closed Lacuna
- Psora
- Transversals
- Red Lines in Iris
- Red Lines in Whites
- Fatty Deposits in Whites
- Honeycomb Lacuna
- Ribleaf Lacuna
- Stair Step Lacuna
- Sinus Congestion
- Glasses or Contacts

Iris 5

- Open Lacuna
- Closed Lacuna
- Psora
- Transversals
- Red Lines in Iris
- Red Lines in Whites
- Fatty Deposits in Whites
- Honeycomb Lacuna
- Ribleaf Lacuna
- Stair Step Lacuna
- Sinus Congestion
- Glasses or Contacts

Iris 6

- Open Lacuna
- Closed Lacuna
- Psora
- Transversals
- Red Lines in Iris
- Red Lines in Whites
- Fatty Deposits in Whites
- Honeycomb Lacuna
- Ribleaf Lacuna
- Stair Step Lacuna
- Sinus Congestion
- Glasses or Contacts



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Practice #9

For Each Iris, Determine Specific Signs. Put an "x" next to the ones that relate.

Iris 7

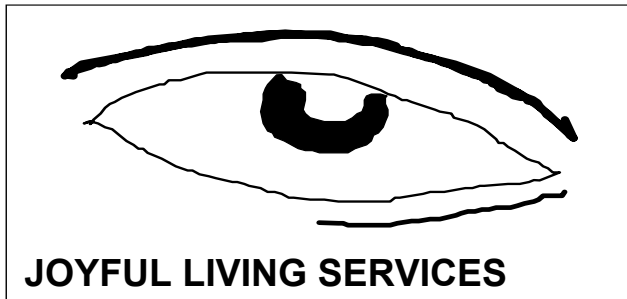
- Open Lacuna
- Closed Lacuna
- Psora
- Transversals
- Red Lines in Iris
- Red Lines in Whites
- Fatty Deposits in Whites
- Honeycomb Lacuna
- Ribleaf Lacuna
- Stair Step Lacuna
- Sinus Congestion
- Glasses or Contacts

Iris 8

- Open Lacuna
- Closed Lacuna
- Psora
- Transversals
- Red Lines in Iris
- Red Lines in Whites
- Fatty Deposits in Whites
- Honeycomb Lacuna
- Ribleaf Lacuna
- Stair Step Lacuna
- Sinus Congestion
- Glasses or Contacts

Iris 9

- Open Lacuna
- Closed Lacuna
- Psora
- Transversals
- Red Lines in Iris
- Red Lines in Whites
- Fatty Deposits in Whites
- Honeycomb Lacuna
- Ribleaf Lacuna
- Stair Step Lacuna
- Sinus Congestion
- Glasses or Contacts



Intermediate Iridology
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Course
Practice #9

For Each Iris, Determine Specific Signs. Put an "x" next to the ones that relate.

Iris 10

- Open Lacuna
- Closed Lacuna
- Psora
- Transversals
- Red Lines in Iris
- Red Lines in Whites
- Fatty Deposits in Whites
- Honeycomb Lacuna
- Ribleaf Lacuna
- Stair Step Lacuna
- Sinus Congestion
- Glasses or Contacts



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Practice #10*

For Each Iris, Determine which system is the weakest and note what you would suggest to strengthen that.

Iris 1

System:	Weakest?	Suggestions
Digestive:	_____	_____
Intestinal:	_____	_____
Nervous:	_____	_____
Glandular:	_____	_____
Urinary:	_____	_____
Respiratory:	_____	_____
Lymphatic:	_____	_____
Circulatory:	_____	_____
Structural:	_____	_____

Iris 2

System:	Weakest?	Suggestions
Digestive:	_____	_____
Intestinal:	_____	_____
Nervous:	_____	_____
Glandular:	_____	_____
Urinary:	_____	_____
Respiratory:	_____	_____
Lymphatic:	_____	_____
Circulatory:	_____	_____
Structural:	_____	_____



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Practice #10*

For Each Iris, Determine which system is the weakest and note what you would suggest to strengthen that.

Iris 3

System:	Weakest?	Suggestions
Digestive:	_____	_____
Intestinal:	_____	_____
Nervous:	_____	_____
Glandular:	_____	_____
Urinary:	_____	_____
Respiratory:	_____	_____
Lymphatic:	_____	_____
Circulatory:	_____	_____
Structural:	_____	_____

Iris 4

System:	Weakest?	Suggestions
Digestive:	_____	_____
Intestinal:	_____	_____
Nervous:	_____	_____
Glandular:	_____	_____
Urinary:	_____	_____
Respiratory:	_____	_____
Lymphatic:	_____	_____
Circulatory:	_____	_____
Structural:	_____	_____



*Intermediate Iridology
Correspondence
Course
Practice #10*

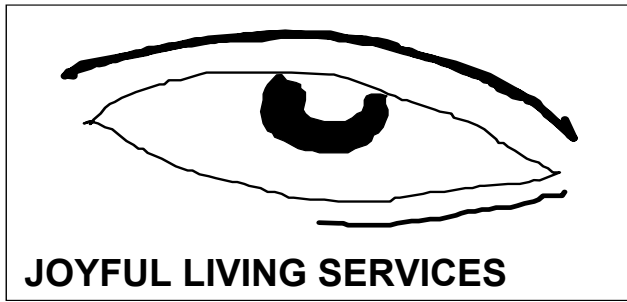
For Each Iris, Determine which system is the weakest and note what you would suggest to strengthen that.

Iris 5

System:	Weakest?	Suggestions
Digestive:	_____	_____
Intestinal:	_____	_____
Nervous:	_____	_____
Glandular:	_____	_____
Urinary:	_____	_____
Respiratory:	_____	_____
Lymphatic:	_____	_____
Circulatory:	_____	_____
Structural:	_____	_____

Iris 6

System:	Weakest?	Suggestions
Digestive:	_____	_____
Intestinal:	_____	_____
Nervous:	_____	_____
Glandular:	_____	_____
Urinary:	_____	_____
Respiratory:	_____	_____
Lymphatic:	_____	_____
Circulatory:	_____	_____
Structural:	_____	_____



*Intermediate Iridology
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Course
Practice #10*

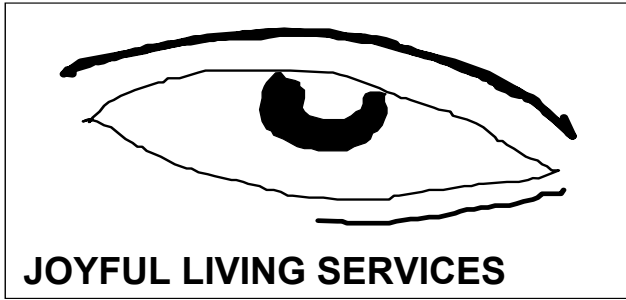
For Each Iris, Determine which system is the weakest and note what you would suggest to strengthen that.

Iris 7

System:	Weakest?	Suggestions
Digestive:	_____	_____
Intestinal:	_____	_____
Nervous:	_____	_____
Glandular:	_____	_____
Urinary:	_____	_____
Respiratory:	_____	_____
Lymphatic:	_____	_____
Circulatory:	_____	_____
Structural:	_____	_____

Iris 8

System:	Weakest?	Suggestions
Digestive:	_____	_____
Intestinal:	_____	_____
Nervous:	_____	_____
Glandular:	_____	_____
Urinary:	_____	_____
Respiratory:	_____	_____
Lymphatic:	_____	_____
Circulatory:	_____	_____
Structural:	_____	_____



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For Each Iris, Determine which system is the weakest and note what you would suggest to strengthen that.

Iris 9

System:	Weakest?	Suggestions
Digestive:	_____	_____
Intestinal:	_____	_____
Nervous:	_____	_____
Glandular:	_____	_____
Urinary:	_____	_____
Respiratory:	_____	_____
Lymphatic:	_____	_____
Circulatory:	_____	_____
Structural:	_____	_____

Iris 10

System:	Weakest?	Suggestions
Digestive:	_____	_____
Intestinal:	_____	_____
Nervous:	_____	_____
Glandular:	_____	_____
Urinary:	_____	_____
Respiratory:	_____	_____
Lymphatic:	_____	_____
Circulatory:	_____	_____
Structural:	_____	_____

BODY SYSTEMS TO FOCUS ON

PAGE 1

(Please complete one set of the following 3 pages for each set of irises we have provided in this course. You should submit 11 sets of this report to pass the intermediate course)

Note: The markings in the eye correspond to the following systems of the body. The more markings associated with a particular system, the more you will want to pay attention to that system in developing your personal health and nutritional program. As indicated in the Constitutional Iridology Analyses Worksheet you signed, this information is intended solely to guide you in your nutritional and lifestyle choices and not as a prescription for treatment of any disease or condition.

_____ Digestive System

- _____ Stomach Halo
- Markings in:
 - _____ Liver
 - _____ Gallbladder
 - _____ Pancreatic Areas
- _____ Red Line In White Pointing To Liver Area
- _____ Fatty Deposits In Whites

_____ Intestinal System

- _____ Color Concentrated Inside Or Around The Nerve Wreath
- _____ Markings In Intestinal Zone
- Irregularity Of The Nerve Wreath:
 - _____ Tight
 - _____ Loose
 - _____ Irregular
 - _____ Collapsed
 - _____ Discolored
 - _____ Thin/Washed Out
 - _____ Thick/Pronounced
- _____ Radii Solaris Lines

_____ Nervous System

- _____ Nerve Rings
- _____ Radii Solaris Lines
- Irregularity Of The Nerve Wreath:
 - _____ Tight
 - _____ Thick
 - _____ Discolored
 - _____ Washed Out
 - _____ Thick/Pronounced
- Irregularities Of The Pupil Tonus:
 - _____ Tight
 - _____ Enlarged
 - _____ Irregular
- _____ Blood Shot Eyes

Additional Comments:

BODY SYSTEMS TO FOCUS ON PAGE 2

_____ Glandular System

___ Leaf-rib Lacuna (a lacuna with ribs like a leaf inside) Anywhere In The Eye.

Markings In:

- ___ Pineal
- ___ Pituitary
- ___ Hypothalamus
- ___ Thyroid
- ___ Pancreas
- ___ Adrenal
- ___ Reproductive Areas

___ Enlarged Pupil

___ Puffy Eyes (Adrenal)

_____ Urinary System

___ Uric Acid Subtype

___ Lymphatic Rosary

Markings In:

- ___ Kidney
- ___ Adrenal
- ___ Reproductive
- ___ Back Areas

Red Lines In Whites Pointing Towards The:

- ___ Kidney
- ___ Reproductive
- ___ Back Areas

___ Yellow Discoloration In Eyes

___ Puffy Eyes (Edema)

_____ Respiratory/Lymphatic System

___ Lymphatic Rosary

Markings In:

- ___ Lungs
- ___ Breast
- ___ Throat
- ___ Spleen
- ___ Bronchial Areas

Red Lines In Whites Pointing Towards The:

- ___ Lungs
- ___ Breast
- ___ Throat
- ___ Spleen

___ Sunken Eyes

Additional Comments:

**BODY SYSTEMS TO FOCUS ON
PAGE 3**

_____ **Circulatory System**

- ___ Fuzzy Blue Edge (Anemia)
- ___ Arcus Senilis
- ___ Lipid Ring
- ___ Markings In Heart Area

_____ **Structural System**

- ___ Connective Tissue Weakness
- ___ Uric Acid Subtypes
- ___ Scurf Rim
- ___ Pupil Tonus Irregularities
- ___ Markings In Back Area
- ___ Red Lines In White Pointing To Back Area
- ___ Transversals In Skeletal Area

Additional Comments:

Once you have completed this practice manual, please have both the test and practice session manuals notarized. Then send both the completed “Advanced Iridology Test Manual” and the “Advanced Iridology Practice Manual” to: Joyful Living Services, P.O. Box 485, Weimar, CA 95736-0485, USA, for grading. Once you have passed this test you may apply for the “Final Exam” by contacting us at 530-878-1119, 800-704-9800, or by e-mail at iridology@netzero.net.