

# WHERE DO TOXINS COME FROM?



## TOXINS

In today's world, we are constantly exposed to toxic pollutants which can be found in the food we eat, the air we breathe, and the water we drink.

These toxic molecules produce an oxidative stress response in our bodies, which lead to common symptoms such as fatigue, brain fog, muscle and joint pain, headaches, inflammation, a weak immune system, and many more.

Toxins come from air pollution, smoking, drinking alcohol, consuming foods with pesticides, and applying beauty products are the most common ways toxins are absorbed.

Products such as shampoo, make-up, perfume, and deodorants often contain parabens, formaldehyde, and aluminum, which are very harmful to the human body.

# TESTIMONIALS

Caitlyn H.

★★★★★

So I decided to try this for the first time while working on my computer, and 20minutes into the session I felt a rush of mental energy, clarity and focus. I'm a person who struggles with ADHD and this does seem to help. Can't wait to do more sessions! I feel good!



Tykeia A. ✓

★★★★★

I love this System, after only 10 minutes I began to feel relief.



Peggy R. ✓

★★★★★

My son is in the final stages of recovery from subcutaneous sarcoidosis. It's very painful while the plaque is trying to make it out of his body. His eyes were yellow and hurting and also red before he did a treatment... his feet were bruised looking. He did a treatment and he sent me a pic of the nasty water and of his face, eyes and feet. The eyes were white. Yes clear white. His feet were normal color... I was stunned. He is doing a second one tonight... and I will be ordering one for...



Sharon W. ✓

★★★★★

I use this regularly and it takes the pain out of my feet and legs, I have more energy and after drying the dead skin on my feet is gone.



# Joyful Living Services

## WELLNESS CENTER

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## IONIC DETOX FOOT BATHS



“RELAX AND RELIEVE YOUR BODY! FEEL DETOXED AND CLEANSED!”

## WHAT ARE THE MOST COMMON BENEFITS OF THE IONIC DETOX?

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“ONE OF THE SAFEST AND EASIEST WAYS TO DETOX AND RELAX AT THE SAME TIME”

*The most common benefits of an ionic detox foot bath based off of previous testimonies are:*

- Stress reduction
- Improved sleep
- Pain relief
- Clearer skin
- Higher energy levels
- Positive moods
- Reduced swelling and inflammation
- Improved focus and mental clarity
- Improved metabolism.

## WHAT ARE THE MOST COMMON BENEFITS TO SOAKING FEET IN GINGER?

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*Ginger has been proven scientifically to help:*

- Increased circulation
- Aid in reducing inflammation
- Help improve metabolism
- Calm digestive discomfort
- Promote proper digestion

## HOW DOES THE IONIC DETOX FOOT BATH WORK?

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MATCHING UP FREE RADICALS

The process of **oxidative stress**, simply put, is when oxygen molecules split into single atoms with unpaired electrons called **free radicals**.

Now, electrons strive to be in pairs, so these **free radicals** scavenge the body seeking out other electrons to pair with. They will go as far as **stealing** electrons from enzymes, proteins, the amino acids in our **DNA** and many other essential molecules our cells need to function properly, causing significant damage in our bodies.

The **ionic detox foot bath** works by passing 24 volts of DC current through water containing an **electrolyte** like ordinary table salt. The powerful activator in the foot bath unit generates **negatively** charged flow electrons, which enter our bloodstream through our feet virtually by **osmosis**.

## IONIC FOOT BATHS OFFERED & THE BENEFITS

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1. **Eucalyptus Ionic Bath:** Soothing relief from overexertion and stiffness, muscle cramps/soreness and fatigue, calming and relaxing.
2. **Lavender Ionic Bath:** Calming and relaxing soak, soothing relief from exertion and stiffness, rejuvenates and nourishes.
3. **Ginger Ionic Bath:** Improves sleep quality, reduces inflammation, improves metabolism, reduces swelling, relieves anxiety, relieves pain.
4. **Ginger Bath:** Improves sleep quality, reduces inflammation, improves metabolism, reduces swelling, relieves anxiety, relieves pain.

