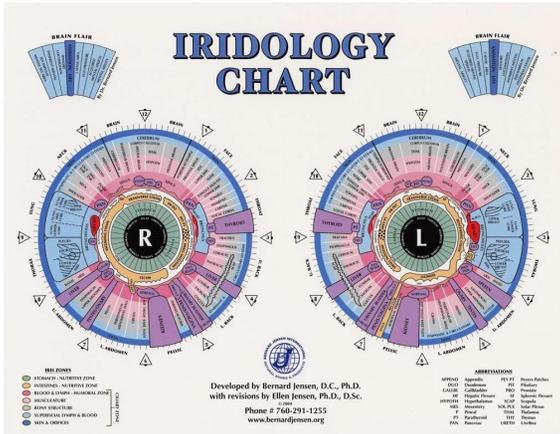


WHAT DOES IRIDOLOGY TELL US ABOUT THE BODY?



JENSENS IRIDOLOGY CHART

Iridology can tell us a plethora about the body. Iridology can tell us:

- Inherent strengths and deficiencies of **organs, glands, and tissues**
- Potential ability of an organ to react to **illness**
- Familial patterns of various syndromes and **pathologies**
- Certain foods that a person could have difficulties **digesting or utilizing**

HISTORY OF IRIDOLOGY

1333-1323 BC



In 1922 archaeologist Howard Carter discovered silver plates while exploring **King Tut's Tomb**. It is thought that the silver plates are some of the first lessons of iridology dating back thousands of years in Kemet. It was from there that iridology spread from Africa to Babylon, Tibet, China, Europe and other regions.

IGNATZ VON PECZLEY, 1826-1907 AD

If you believe the story, when **Ignatz Von Peczley** (who was a Hungarian physician) was a child, he was attempting to release a trapped owl when the bird broke its leg. He observed a dark mark in the owl's iris, which gradually turned white as the leg healed. Unfortunately, no one has been able to replicate this phenomenon. In 1881, he published a book called "Discoveries in the Field of Natural Science and Medicine, a Guide to the Study and Diagnosis from the Eye". In the book he built up the first known accurate chart of the eye.



DR. BERNARD JENSEN, DC, 1908 - 2001

In 1950 **Dr. Bernard Jensen** pioneered the science of iridology in the United States. He developed one of the most comprehensive iridology charts showing the location of the organs as they reflect in the iris of the eyes.



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IRIDOLOGY



"THE EYE OF THE ANIMAL, WHETHER IT IS HUMAN, DOG, CAT OR HORSE, IS NOT LIMITED FOR SEEING THE OUTSIDE WORLD; IRIDOLOGY TECHNICIANS USE IT AS A WINDOW TO SEE IMAGES WITHIN THE BODY."

WHAT IS IRIDOLOGY?

“IRIDOLOGY DOESN'T NAME THE DISEASE BUT IT SHOWS US WHAT AREAS NEED NURTURE OR WHAT BODY SYSTEMS NEED STRENGTHENING.”

Iridology is the study of the **color** and **structure** of the **iris** of the **eye** as it relates to the **genetic predisposition** and **health** of the body.

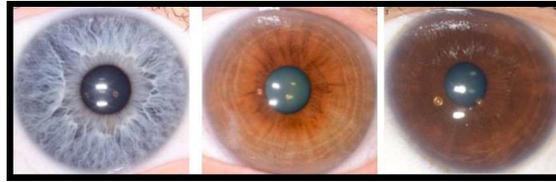
The eye is used as a form of communication between the iridologist and the client. The science is used as a nutritional guide that can assist us all toward a higher level of health.

HOW CAN IRIDOLOGY HELP ME?

By looking at the iris of the eye we can see genetic tendencies. Through learning about your genetic tendencies, you can learn:

- What you should eat & drink
- What type of exercise is beneficial
- What type of supplements you should take
- What kind of lifestyle works best for you
- Anything else that will help you live comfortably in your body.

TYPES OF IRISES



THERE ARE THREE IRIS TYPES:
BLUE, MIXED, AND BROWN

Blue: To the naked eye, people with a lymphatic constitution will look like they have blue eyes, green eyes, or hazel eyes. But under high powered magnification the lymphatic iris will appear predominantly blue. Or they will have various colored pigments that will cause the eye from a distance to look green or hazel.

Mixed: Under magnification a biliary iris will show an overlay of brown pigmentation with fibers from the underlying stroma showing through.

Brown: Under magnification the hematogenic iris will have lots of brown pigmentation in the anterior border layer covering all the iris fibers in the stroma.

IRIS TENDANCIES

IRIDOLOGY DOES NOT DIAGNOSE BUT INSTEAD ANALYZES OR ASSES PREDISPOSITIONS AND GENETIC INHERITANCE

Blue Eye Tendencies:

- Mucus arising from an overactive lymph system
- Overactive immune system
- Infection of the mucous membranes
- Common reaction sites: tonsils, adenoids, upper respiratory, lungs, sinuses, genitourinary tract, lining of stomach, intestines, and joints.

Mixed Eye Tendencies:

- Liver and gallbladder insufficiencies
- Weakness in pancreas function
- Disturbances such as constipation, diarrhea, flatulence, blood sugar highs and lows, liver, and gallbladder problems may all be present

Brown Eye Tendencies:

- Imbalance of blood composition, thick blood
- Inability to store essential minerals
- Disturbances in gastrointestinal tract: digestive, eliminative
- Tendency for anemia and circulatory insufficiency