JOYFUL LIVING SERVICES

PROUD TO BE A CERTIFIED IRIDOLOGY INSTRUCTOR
IIPA
INTERNATIONAL IRIDOLOGY PRACTITIONERS ASSOCIATION
April-October
2020 - 2021

Pupil Tonus Practice

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Pupil Tonus Practice

- Mydriasis – Enlarged Pupils
- Miosis – Contracted Pupils
- Hippus – Pulsating Pupils
- Anisocoria – Unequal Pupil Diameters

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Pupil Tonus Practice

Deformations of the Pupil & their Positions

- Frontal Flattening – Upward Position
- Ventral Flattening – Downward Position
- Lateral Temporal Flattening – Outward Position
- Medial Nasal Flattening – Inward Position
- Superior Temporal Flattening – Upward and Outward Positions
- Superior Nasal Flattening – Upward and Inward Positions
- Inferior Nasal Flattening – Downward and Inward Positions
- Inferior Temporal Flattening – Downward and Outward Positions

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Elliptical Pupil Deformations

- Vertical Ellipse
- Horizontal Ellipse
- Frontal Diverging Ellipse
- Ventral Diverging Ellipse
- Right Oblique Ellipse
- Left Oblique Ellipse
- Unilateral Ellipse

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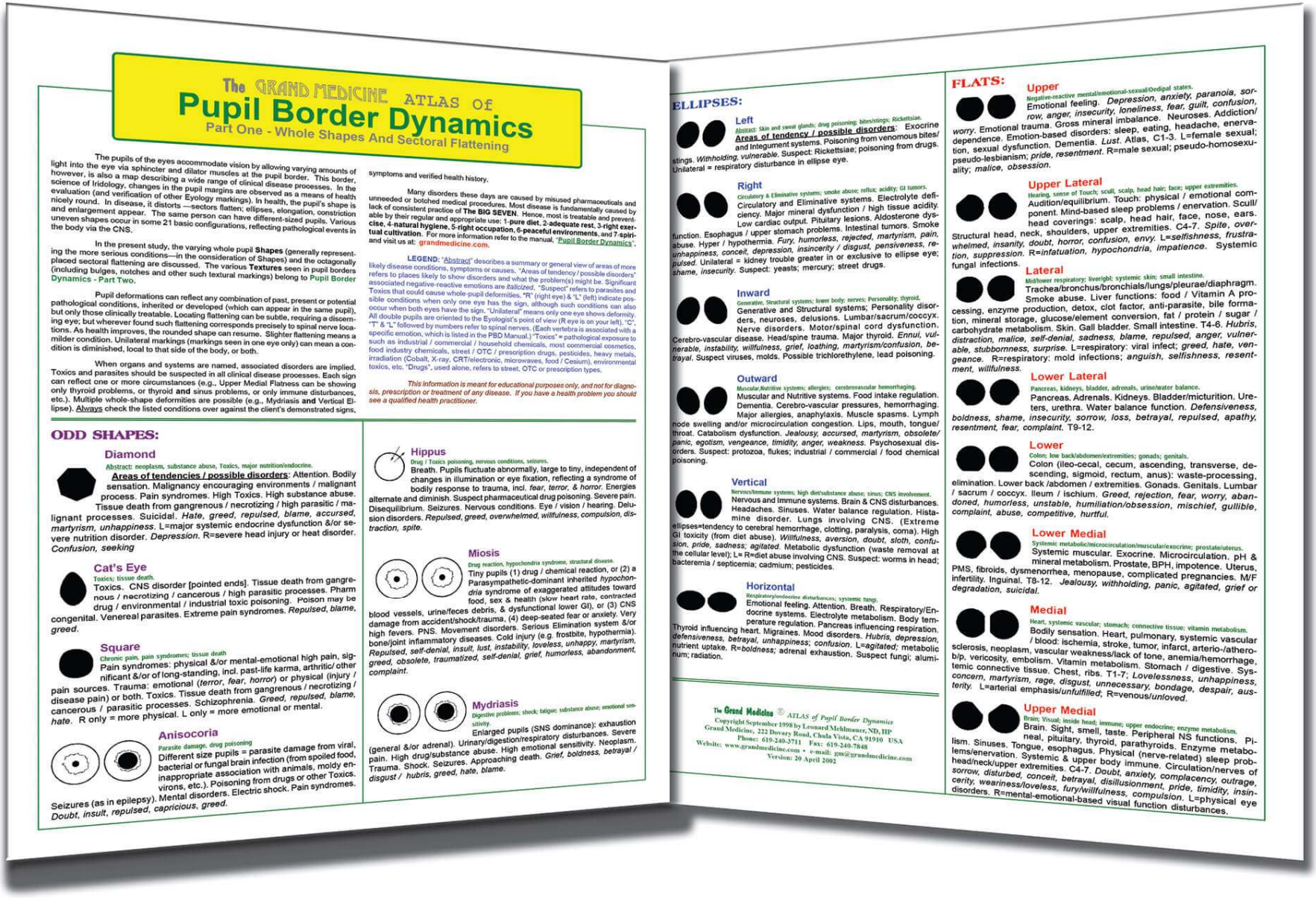

The GRAND MEDICINE ATLAS Of
Pupil Border Dynamics
Part One - Whole Shapes And Sectoral Flattening

The pupils of the eyes accommodate vision by allowing varying amounts of light into the eye via sphincter and dilator muscles at the pupil border. This border, however, is also a map describing a wide range of clinical disease processes. In the science of Iridology, changes in the pupil margins are observed as a means of health evaluation (and verification of other Eyology markings). In health, the pupil's shape is nicely round. In disease, it distorts —sectors flatten; ellipses, elongation, constriction and enlargement appear. The same person can have different-sized pupils. Various uneven shapes occur in some 21 basic configurations, reflecting pathological events in the body via the CNS.

In the present study, the varying whole pupil **Shapes** (generally representing the more serious conditions—in the consideration of Shapes) and the octagonally placed sectoral flattening are discussed. The various **Textures** seen in pupil borders (including bulges, notches and other such textural markings) belong to Pupil Border Dynamics - Part Two.

Pupil deformations can reflect any combination of past, present or potential pathological conditions, inherited or developed (which can appear in the same pupil), but only those clinically treatable. Locating flattening can be subtle, requiring a discerning eye; but wherever found such flattening corresponds precisely to spinal nerve locations. As health improves, the rounded shape can resume. Slighter flattening means a milder condition. Unilateral markings (markings seen in one eye only) can mean a condition is diminished, local to that side of the body, or both.

When organs and systems are named, associated disorders are implied. Toxics and parasites should be suspected in all clinical disease processes. Each sign can reflect one or more circumstances (e.g., Upper Medial Flatness can be showing only thyroid problems, or thyroid **and** sinus problems, or only immune disturbances, etc.). Multiple whole-shape deformities are possible (e.g., Mydriasis **and** Vertical Ellipse). Always check the listed conditions over against the client's demonstrated signs, symptoms and verified health history.

Many disorders these days are caused by misused pharmaceuticals and unneeded or botched medical procedures. Most disease is fundamentally caused by lack of consistent practice of **The BIG SEVEN**. Hence, most is treatable and preventable by their regular and appropriate use: 1-**pure diet**, 2-**adequate rest**, 3-**right exercise**, 4-**natural hygiene**, 5-**right occupation**, 6-**peaceful environments**, and 7-**spiritual cultivation**. For more information refer to the manual, "Pupil Border Dynamics", and visit us at: grandmedicine.com.

LEGEND: "Abstract" describes a summary or general view of areas of more likely disease conditions, symptoms or causes. "Areas of tendency / possible disorders" refers to places likely to show disorders and what the problem(s) might be. Significant associated negative-reactive emotions are *italicized*. "Suspect" refers to parasites and Toxics that could cause whole-pupil deformities. "R" (right eye) & "L" (left) indicate possible conditions when only one eye has the sign, although such conditions can also occur when both eyes have the sign. "Unilateral" means only one eye shows deformity. All double pupils are oriented to the Eyologist's point of view (R eye is on your left). "C", "T" & "L" followed by numbers refer to spinal nerves. (Each vertebra is associated with a specific emotion, which is listed in the PBD Manual.) "Toxics" = pathological exposure to such as industrial / commercial / household chemicals, most commercial cosmetics, food industry chemicals, street / OTC / prescription drugs, pesticides, heavy metals, irradiation (Cobalt, X-ray, CRT/electronic, microwaves, food / Cesium), environmental toxics, etc. "Drugs", used alone, refers to street, OTC or prescription types.

This information is meant for educational purposes only, and not for diagnosis, prescription or treatment of any disease. If you have a health problem you should see a qualified health practitioner.

ODD SHAPES:

Diamond
Abstract: neoplasms, substance abuse, Toxics, major nutrition/endocrine.
Areas of tendencies / possible disorders: Attention. Bodily sensation. Malignancy encouraging environments / malignant process. Pain syndromes. High Toxics. High substance abuse. Tissue death from gangrenous / necrotizing / high parasitic / malignant processes. Suicidal. *Hate, greed, repulsed, blame, accursed, martyrism, unhappiness.* L=major systemic endocrine dysfunction &/or severe nutrition disorder. *Depression.* R=severe head injury or heat disorder. *Confusion, seeking*

Cat's Eye
Toxics; tissue death.
Toxics. CNS disorder [pointed ends]. Tissue death from gangrenous / necrotizing / cancerous / high parasitic processes. Pharm drug / environmental / industrial toxic poisoning. Poison may be congenital. Venereal parasites. Extreme pain syndromes. *Repulsed, blame, greed.*

Square
Chronic pain, pain syndromes; tissue death
Pain syndromes: physical &/or mental-emotional high pain, significant &/or of long-standing, incl. past-life karma, arthritic/ other pain sources. Trauma: emotional (*terror, fear, horror*) or physical (injury / disease pain) or both. Toxics. Tissue death from gangrenous / necrotizing / cancerous / parasitic processes. Schizophrenia. *Greed, repulsed, blame, hate.* R only = more physical. L only = more emotional or mental.

Anisocoria
Parasite damage, drug poisoning
Different size pupils = parasite damage from viral, bacterial or fungal brain infection (from spoiled food, inappropriate association with animals, moldy environs, etc.). Poisoning from drugs or other Toxics. Seizures (as in epilepsy). Mental disorders. Electric shock. Pain syndromes. *Doubt, insult, repulsed, capricious, greed.*

Hippus
Drug / Toxics poisoning, nervous conditions, seizures.
Breath. Pupils fluctuate abnormally, large to tiny, independent of changes in illumination or eye fixation, reflecting a syndrome of bodily response to trauma, incl. *fear, terror, & horror.* Energies alternate and diminish. Suspect pharmaceutical drug poisoning. Severe pain. Disequilibrium. Seizures. Nervous conditions. Eye / vision / hearing. Delusion disorders. *Repulsed, greed, overwhelmed, willfulness, compulsion, distraction, spite.*

Miosis
Drug reaction, hypochondria syndrome, structural disease.
Tiny pupils (1) drug / chemical reaction, or (2) a Parasympathetic-dominant inherited *hypochondria* syndrome of exaggerated attitudes toward food, sex & health (slow heart rate, contracted blood vessels, urine/feces debris, & dysfunctional lower GI), or (3) CNS damage from accident/shock/trauma, (4) deep-seated fear or anxiety. Very high fevers. PNS. Movement disorders. Serious Elimination system &/or bone/joint inflammatory diseases. Cold injury (e.g. frostbite, hypothermia). *Repulsed, self-denial, insult, lust, instability, loveless, unhappy, martyrism, greed, obsolete, traumatized, self-denial, grief, humorless, abandonment, complaint.*

Mydriasis
Digestive problems; shock; fatigue; substance abuse; emotional sensitivity.
Enlarged pupils (SNS dominance): exhaustion (general &/or adrenal). Urinary/digestion/respiratory disturbances. Severe pain. High drug/substance abuse. High emotional sensitivity. Neoplasm. Trauma. Shock. Seizures. Approaching death. *Grief, boldness, betrayal / disgust / hubris, greed, hate, blame.*

ELLIPSES:

Left
Abstract: Skin and sweat glands; drug poisoning; bites/stings; Rickettsiae.
Areas of tendency / possible disorders: Exocrine and Integument systems. Poisoning from venomous bites/stings. *Withholding, vulnerable.* Suspect: Rickettsiae; poisoning from drugs. Unilateral = respiratory disturbance in ellipse eye.

Right
Circulatory & Eliminative systems; smoke abuse; reflux; acidity; GI tumors.
Circulatory and Eliminative systems. Electrolyte deficiency. Major mineral dysfunction / high tissue acidity. Low cardiac output. Pituitary lesions. Aldosterone dysfunction. Esophagus / upper stomach problems. Intestinal tumors. Smoke abuse. Hyper / hypothermia. *Fury, humorless, rejected, martyrism, pain, unhappiness, conceit, depression, insincerity / disgust, pensiveness, repulsed.* Unilateral = kidney trouble greater in or exclusive to ellipse eye; *shame, insecurity.* Suspect: yeasts; mercury; street drugs.

Inward
Generative, Structural systems; lower body; nerves; Personality; thyroid.
Generative and Structural systems; Personality disorders, neuroses, delusions. Lumbar/sacrum/coccyx. Nerve disorders. Motor/spinal cord dysfunction. Cerebro-vascular disease. Head/spine trauma. Major thyroid. *Ennui, vulnerable, instability, willfulness, grief, loathing, martyrism/confusion, betrayal.* Suspect viruses, molds. Possible trichlorethylene, lead poisoning.

Outward
Muscular,Nutritive systems; allergies; cerebrovascular hemorrhaging.
Muscular and Nutritive systems. Food intake regulation. Dementia. Cerebro-vascular pressures, hemorrhaging. Major allergies, anaphylaxis. Muscle spasms. Lymph node swelling and/or microcirculation congestion. Lips, mouth, tongue/throat. Catabolism dysfunction. *Jealousy, accursed, martyrism, obsolete/panic, egotism, vengeance, timidity, anger, weakness.* Psychosexual disorders. Suspect: protozoa, flukes; industrial / commercial / food chemical poisoning.

Vertical
Nervous/Immune systems; high diet/substance abuse; sinus; CNS involvement.
Nervous and Immune systems. Brain & CNS disturbances. Headaches. Sinuses. Water balance regulation. Histamine disorder. Lungs involving CNS. (Extreme ellipses=tendency to cerebral hemorrhage, clotting, paralysis, coma). High GI toxicity (from diet abuse). *Willfulness, aversion, doubt, sloth, confusion, pride, sadness; agitated.* Metabolic dysfunction (waste removal at the cellular level); L= R=diet abuse involving CNS. Suspect: worms in head; bacteremia / septicemia; cadmium; pesticides.

Horizontal
Respiratory/endocrine disturbances; systemic fungi.
Emotional feeling. Attention. Breath. Respiratory/Endocrine systems. Electrolyte metabolism. Body temperature regulation. Pancreas influencing respiration. Thyroid influencing heart. Migraines. Mood disorders. *Hubris, depression, defensiveness, betrayal, unhappiness; confusion.* L=*agitated;* metabolic nutrient uptake. R=*boldness;* adrenal exhaustion. Suspect fungi; aluminum; radiation.

The Grand Medicine © *ATLAS of Pupil Border Dynamics*
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Version: 20 April 2002

FLATS:

Upper
Negative-reactive mental/emotional-sexual/Oedipal states.
Emotional feeling. *Depression, anxiety, paranoia, sorrow, anger, insecurity, loneliness, fear, guilt, confusion, worry.* Emotional trauma. Gross mineral imbalance. Neuroses. Addiction/dependence. Emotion-based disorders: sleep, eating, headache, enervation, sexual dysfunction. Dementia. *Lust.* Atlas, C1-3. L=female sexual; pseudo-lesbianism; *pride, resentment.* R=male sexual; pseudo-homosexuality; *malice, obsession.*

Upper Lateral
Hearing, sense of Touch; scull, scalp, head hair; face; upper extremities.
Audition/equilibrium. Touch: physical / emotional component. Mind-based sleep problems / enervation. Scull/head coverings: scalp, head hair, face, nose, ears. Structural head, neck, shoulders, upper extremities. C4-7. *Spite, overwhelmed, insanity, doubt, horror, confusion, envy.* L=*selfishness, frustration, suppression.* R=*infatuation, hypochondria, impatience.* Systemic fungal infections.

Lateral
Midflower respiratory; liver/gbl; systemic skin; small intestine.
Trachea/bronchus/bronchials/lungs/pleurae/diaphragm. Smoke abuse. Liver functions: food / Vitamin A processing, enzyme production, detox, clot factor, anti-parasite, bile formation, mineral storage, glucose/element conversion, fat / protein / sugar / carbohydrate metabolism. Skin. Gall bladder. Small intestine. T4-6. *Hubris, distraction, malice, self-denial, sadness, blame, repulsed, anger, vulnerable, stubbornness, surprise.* L=respiratory: viral infect; *greed, hate, vengeance.* R=respiratory: mold infections; *anguish, selfishness, resentment, willfulness.*

Lower Lateral
Pancreas, kidneys, bladder, adrenals, urine/water balance.
Pancreas. Adrenals. Kidneys. Bladder/micturition. Ureters, urethra. Water balance function. *Defensiveness, boldness, shame, insecurity, sorrow, loss, betrayal, repulsed, apathy, resentment, fear, complaint.* T9-12.

Lower
Colon; low back/abdomen/extremities; gonads; genitals.
Colon (ileo-cecal, cecum, ascending, transverse, descending, sigmoid, rectum, anus): waste-processing, elimination. Lower back /abdomen / extremities. Gonads. Genitals. Lumbar / sacrum / coccyx. Ileum / ischium. *Greed, rejection, fear, worry, abandoned, humorless, unstable, humiliation/obsession, mischief, gullible, complaint, abuse, competitive, hurtful.*

Lower Medial
Systemic metabolic/microcirculation/muscular/exocrine; prostate/uterus.
Systemic muscular. Exocrine. Microcirculation. pH & mineral metabolism. Prostate, BPH, impotence. Uterus, PMS, fibroids, dysmenorrhea, menopause, complicated pregnancies. M/F infertility. Inguinal. T8-12. *Jealousy, withholding, panic, agitated, grief or degradation, suicidal.*

Medial
Heart, systemic vascular; stomach; connective tissue; vitamin metabolism.
Bodily sensation. Heart, pulmonary, systemic vascular / blood: ischemia, stroke, tumor, infarct, arterio-/atherosclerosis, neoplasm, vascular weakness/lack of tone, anemia/hemorrhage, b/p, vericosity, embolism. Vitamin metabolism. Stomach / digestive. Systemic connective tissue. Chest, ribs. T1-7; *Lovelessness, unhappiness, concern, martyrism, rage, disgust, unnecessary, bondage, despair, austerity.* L=arterial emphasis/*unfulfilled;* R=venous/*unloved.*

Upper Medial
Brain; Visual; inside head; immune; upper endocrine; enzyme metabolism.
Brain. Sight, smell, taste. Peripheral NS functions. Pineal, pituitary, thyroid, parathyroids. Enzyme metabolism/enervation. Systemic & upper body immune. Circulation/nerves of head/neck/upper extremities. C4-7. *Doubt, anxiety, complacency, outrage, sorrow, disturbed, conceit, betrayal, disillusionment, pride, timidity, insincerity, weariness/loveless, fury/willfulness, compulsion.* L=physical eye disorders. R=mental-emotional-based visual function disturbances.

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The Chart of Effects of Spinal Misalignments

"The nervous system controls and coordinates all organs and structures of the human body."
(Gray's Anatomy, 29th Ed., page 4).

Misalignments of spinal vertebrae and discs may cause irritation to the nervous system and affect the structures, organs, and functions which may result in the conditions shown below.

1C	Blood supply to the head, pituitary gland, scalp, bones of the face, brain, inner and middle ear, parasympathetic nervous system.	Headaches, nervousness, insomnia, head colds, high blood pressure, migraine headaches, nervous breakdowns, amnesia, chronic tiredness, dizziness.
2C	Eyes, optic nerves, auditory nerves, sinuses, mastoid bones, tongue, forehead.	Sinus trouble, allergies, crossed eyes, deafness, eye troubles, earache, fainting spells, certain cases of blindness.
3C	Cheeks, outer ear, face bones, teeth, trigeminal nucleus.	Neuralgia, neuritis, acne or pimples, eczema.
4C	Nose, lips, mouth, eustachian tube, tonsils.	Hay fever, catarrh, hearing loss, adenoids, tonsillitis.
5C	Vocal cords, neck glands, pharynx, shoulders, thyroid gland.	Laryngitis, hoarseness, sore throat or quinsy, pain in the upper arm/shoulder, thyroid conditions
6C	Neck, muscles, elbows	Stiff neck, whooping cough, croup. tennis elbow, colds.
7C	Arms from the elbows down, including hands wrists, fingers.	Pain in lower arms and hands.
1T	Esophagus, trachea.	Asthma, cough, difficulty breathing, shortness of breath
2T	Heart, including its valves and covering, coronary arteries, bronchioles.	Functional heart conditions and certain chest conditions, asthma, high/low blood pressure.
3T	Lungs, bronchial tubes, pleura chest breast	Bronchitis, pleurisy, pneumonia, congestion, influenza, asthma.
4T	Gall bladder, common bile duct	Gall bladder condition, jaundice, Shingles
5T	Liver, solar plexus, blood.	Liver conditions, fevers, anemia, poor circulation.
6T	Stomach	Stomach troubles, including nervous stomach, indigestion, heartburn, dyspepsia, ulcers.
7T	Pancreas, duodenum.	Ulcers, gastritis, blood sugar level.
8T	Spleen.	Lowered resistance
9T	Adrenal and supra-renal glands	Allergies, hives, energy level.
10T	Kidneys.	Kidney troubles, hardening of the arteries, chronic tiredness, nephritis, pyelitis.
11T	Kidneys, ureters.	Skin conditions such as acne, pimples, eczema, or boils.
12T	Small intestines, lymph circulation.	Rheumatism, gas pains, certain types of sterility.
1L	Large intestines, inguinal rings.	Constipation, colitis, dysentery, diarrhea, some ruptures of hernias.
2L	Appendix, abdomen, upper leg.	Cramps, appendicitis, thigh pain.
3L	Sex organs, uterus, bladder, knees	Bladder troubles, menstrual troubles such as painful or irregular periods, miscarriages, bed wetting, impotency, change of life symptom, many knee pains.
4L	Prostate gland, muscles of the lower back, sciatic nerve.	Sciatica, lumbago, difficult, painful, or too frequent urination, backaches.
5L	Lower legs, ankles, feet, sciatic nerve.	Poor circulation in the legs, swollen ankles, weak ankles and arches, cold feet, weakness in the legs, leg cramps, sciatica, varicose veins.
SACRUM	Hip bones, buttocks, groin.	Sacro-iliac conditions, spinal curvatures, groin pain.
COCCYX	Rectum, anus.	Hemorrhoids (piles), pruritis (itching), pain at the end of the spine on sitting.

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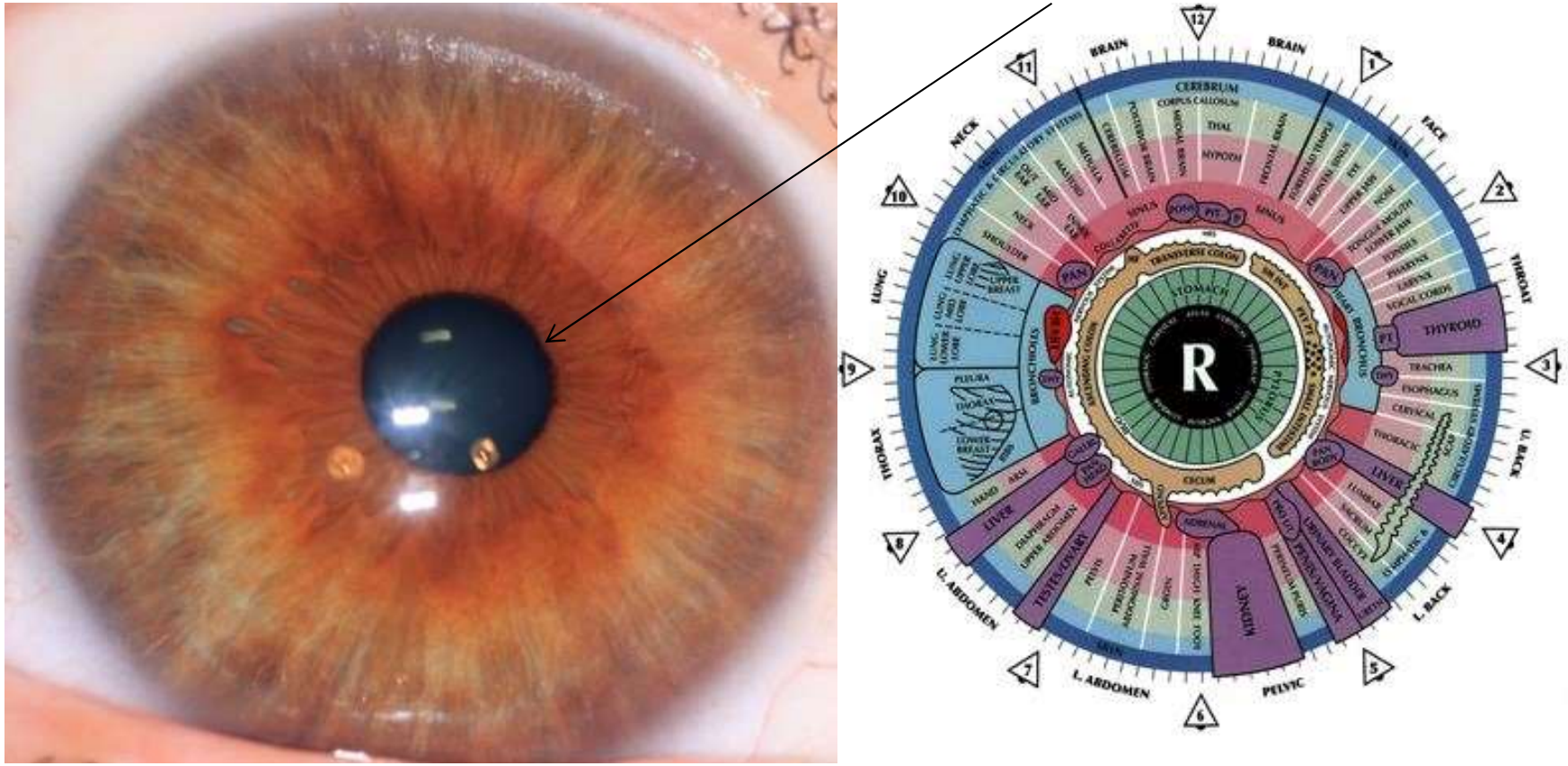
What is this called and what can it mean?



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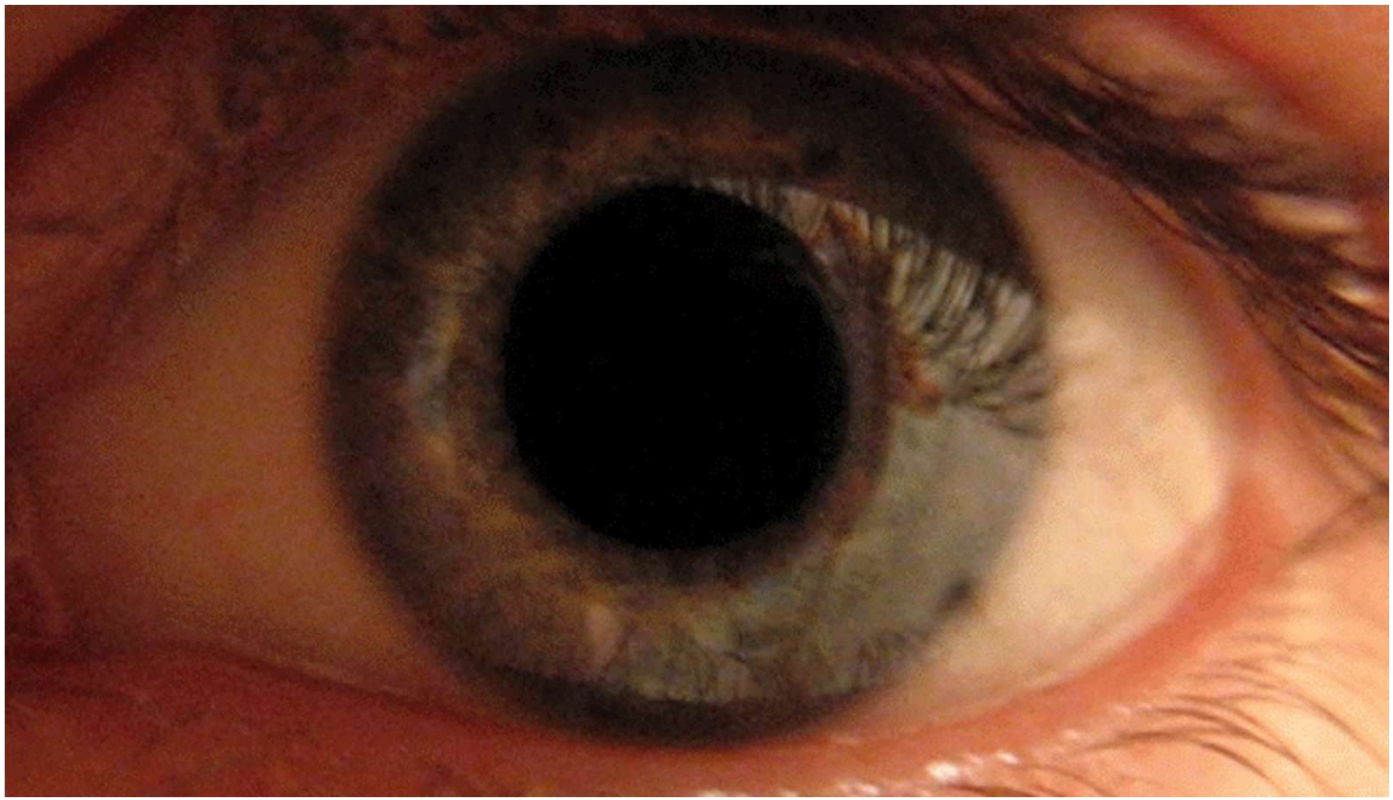

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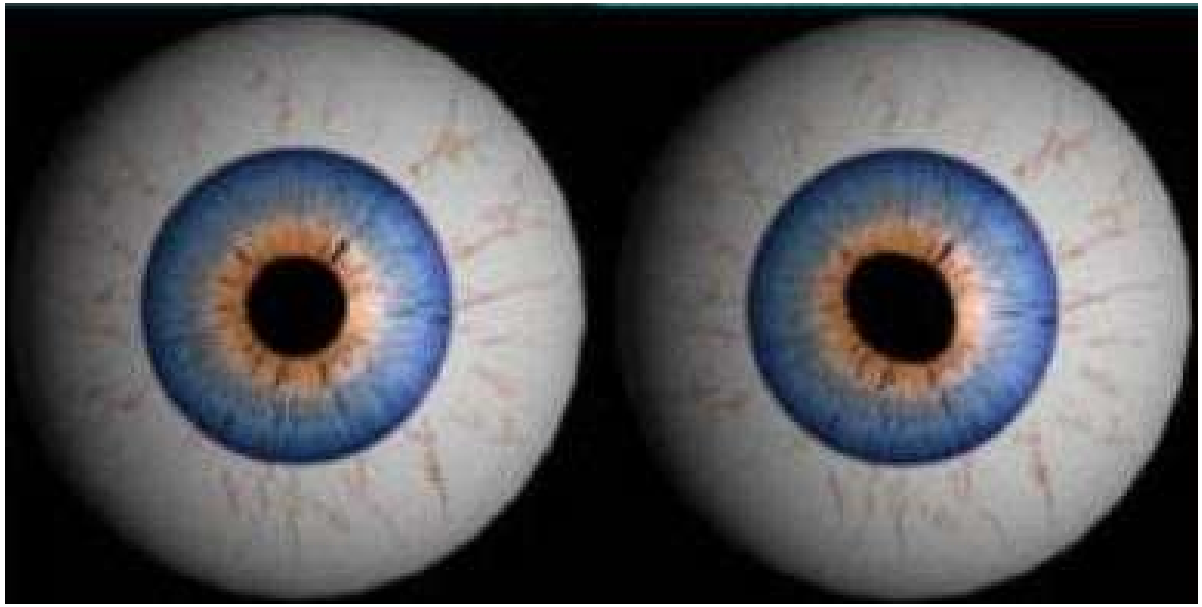

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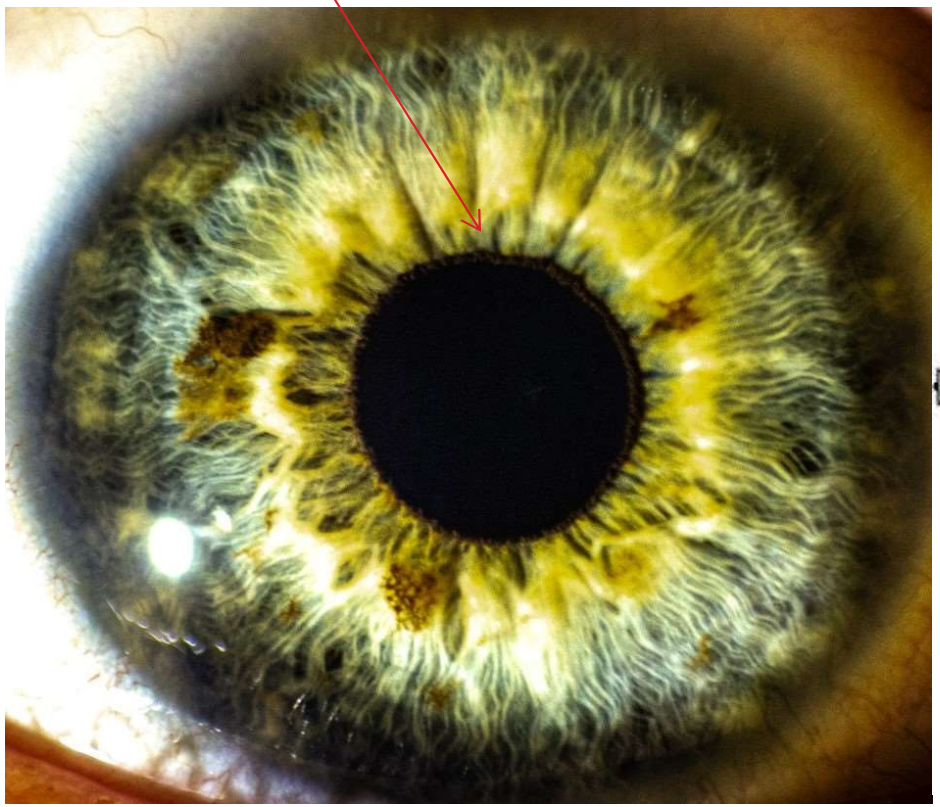

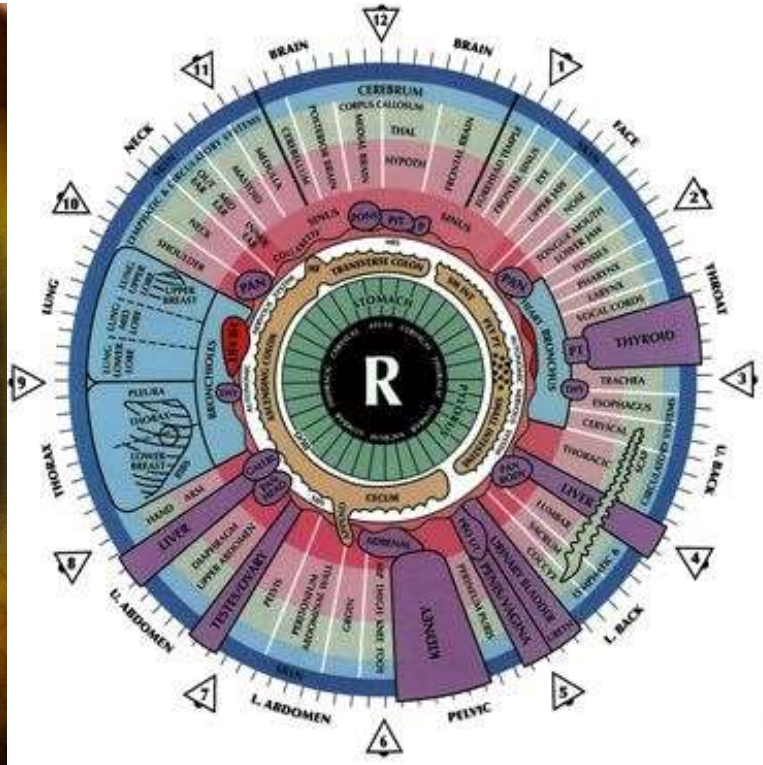

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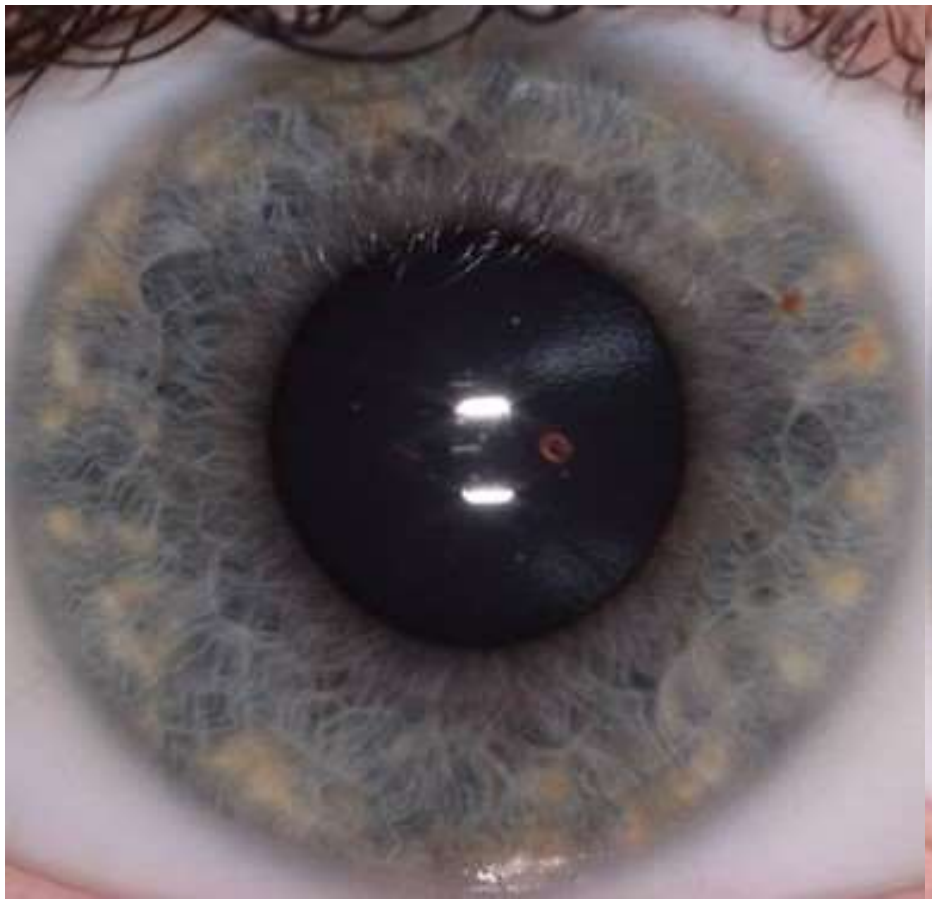

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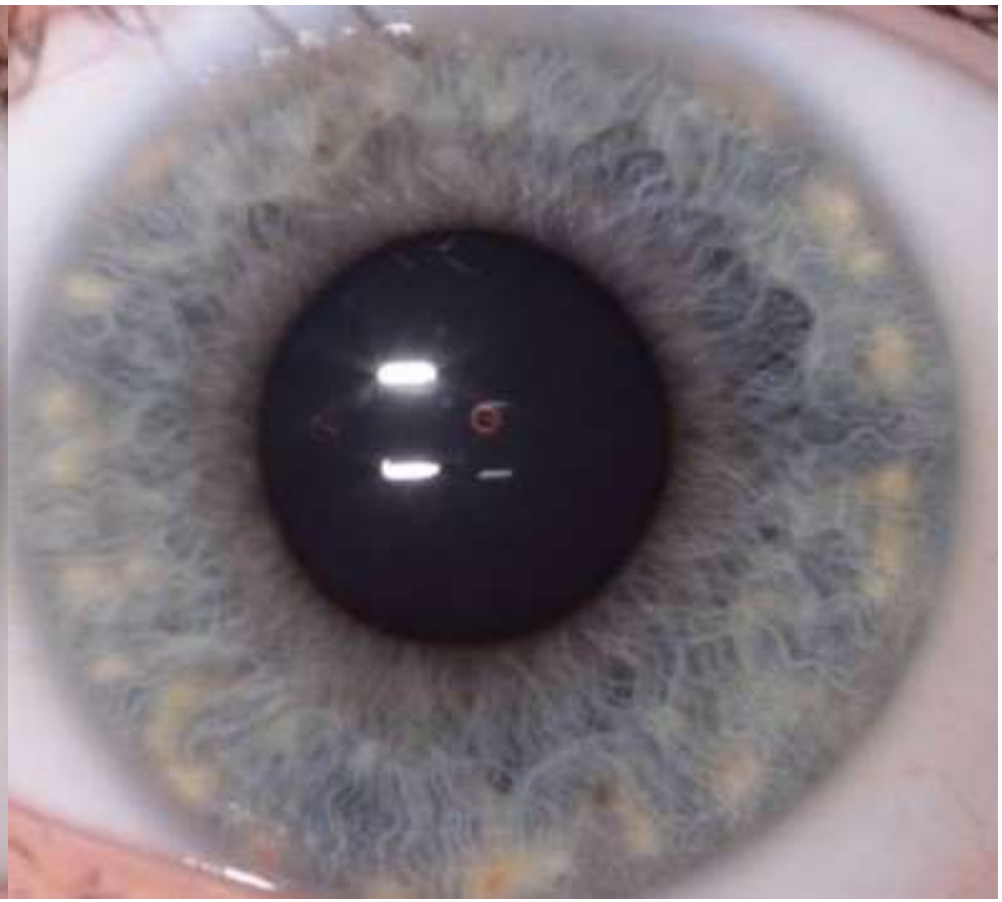

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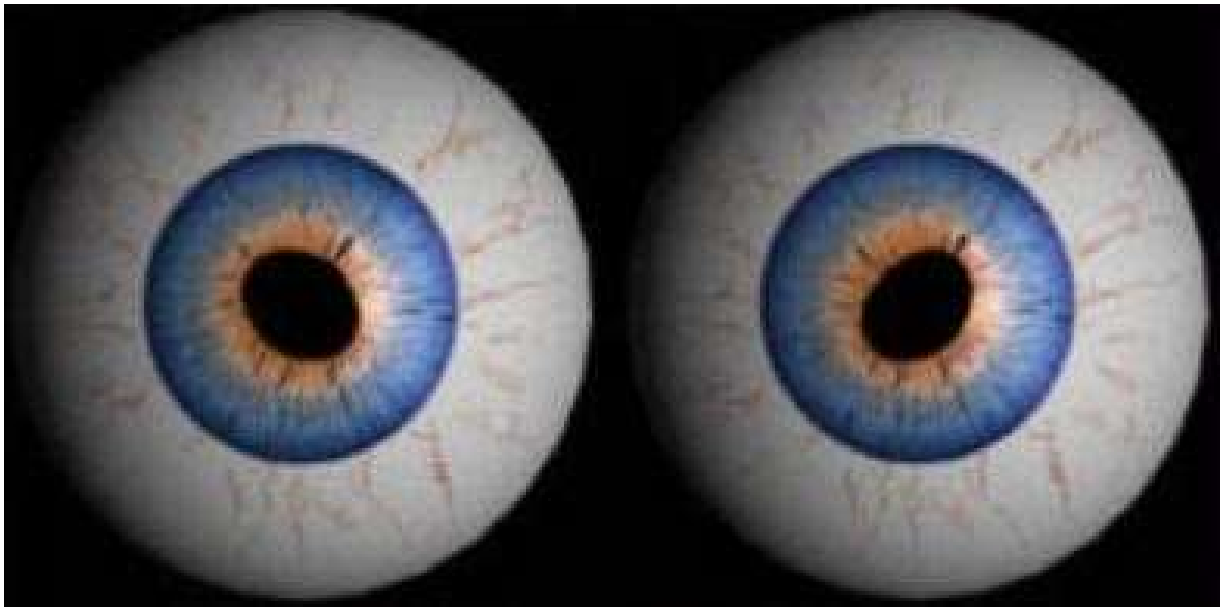

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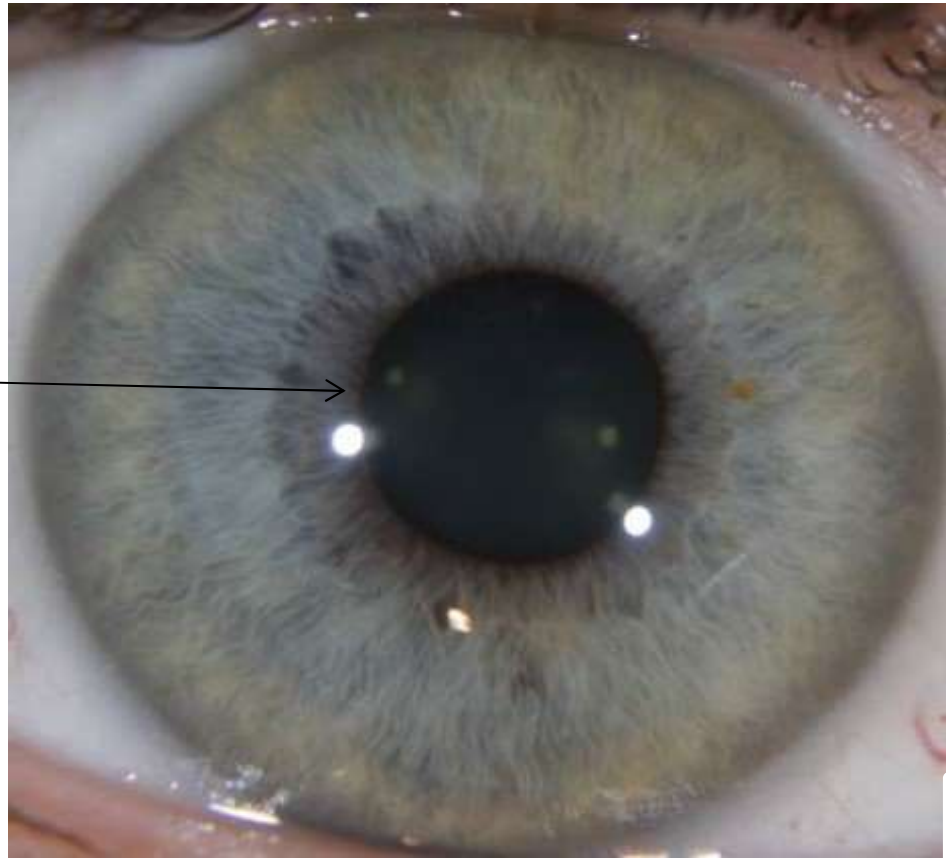

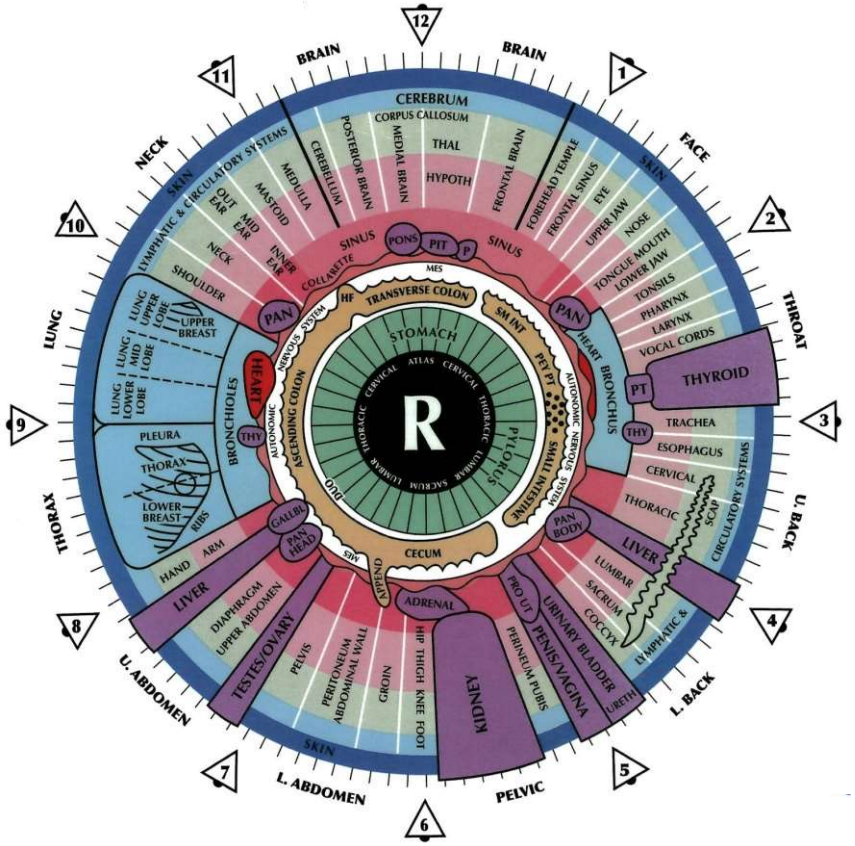

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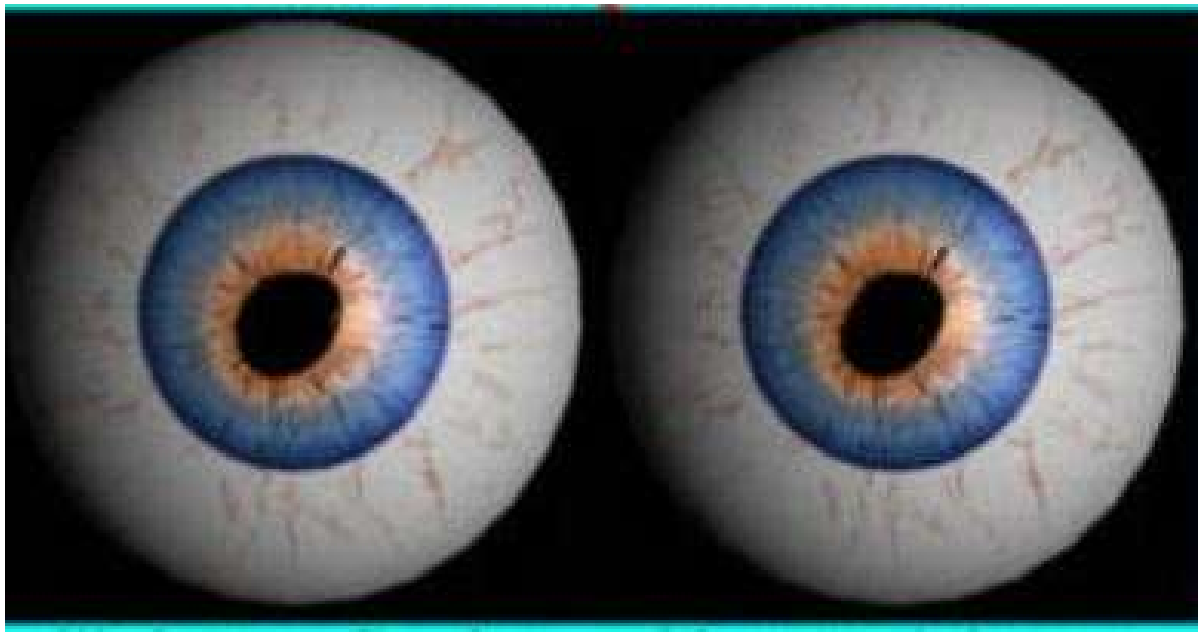

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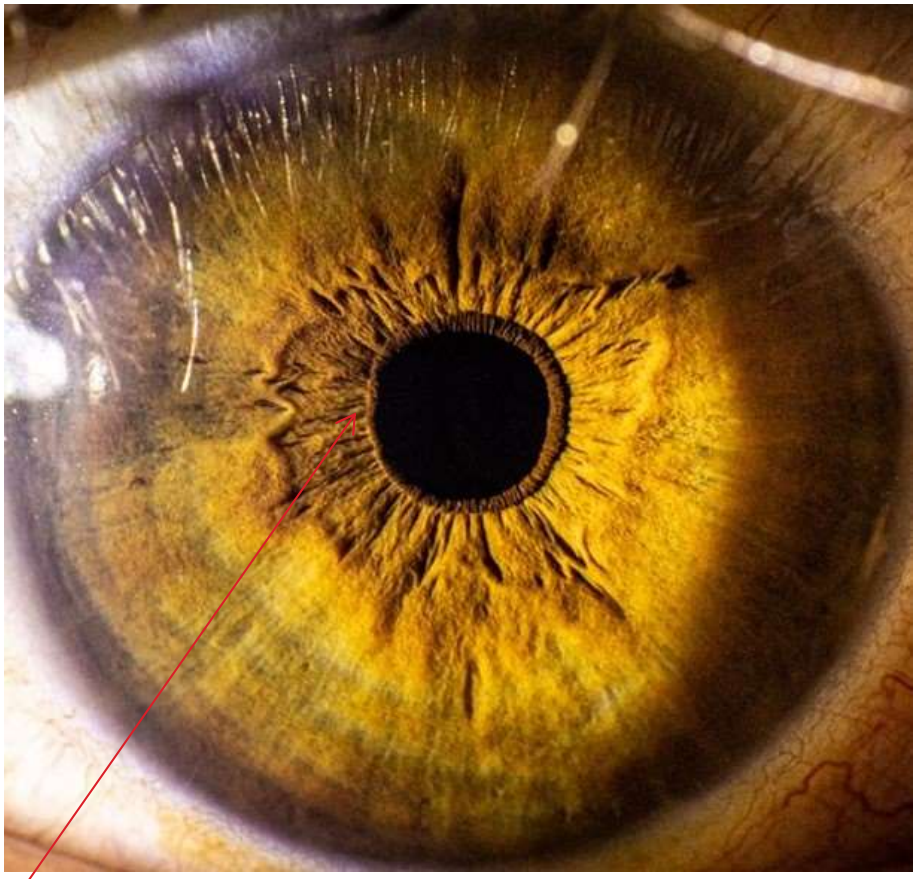

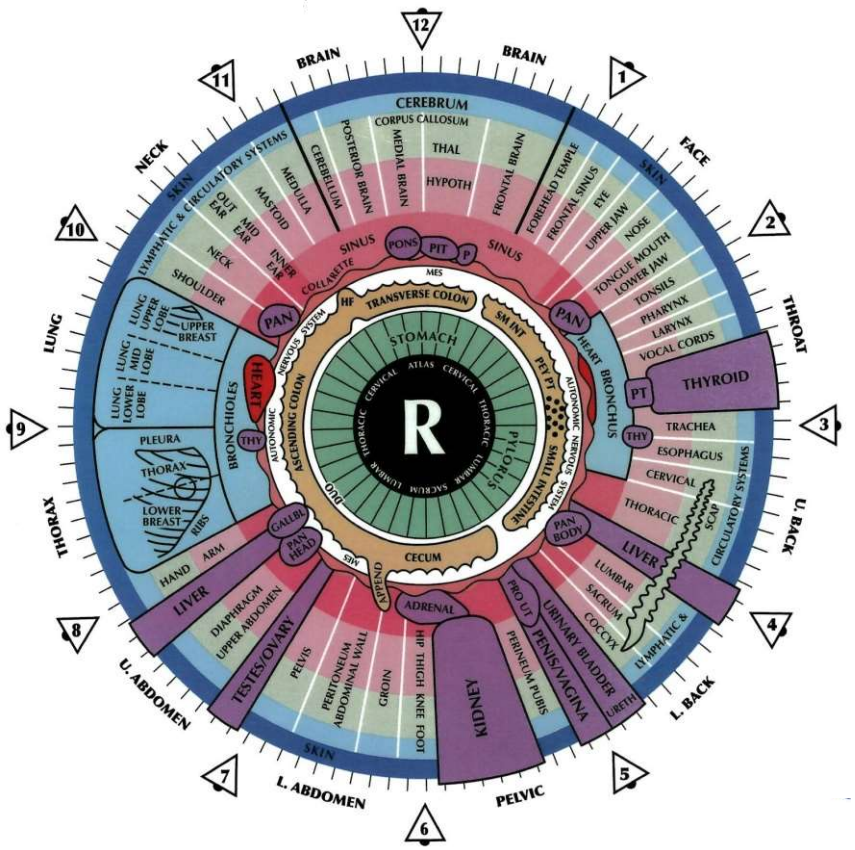

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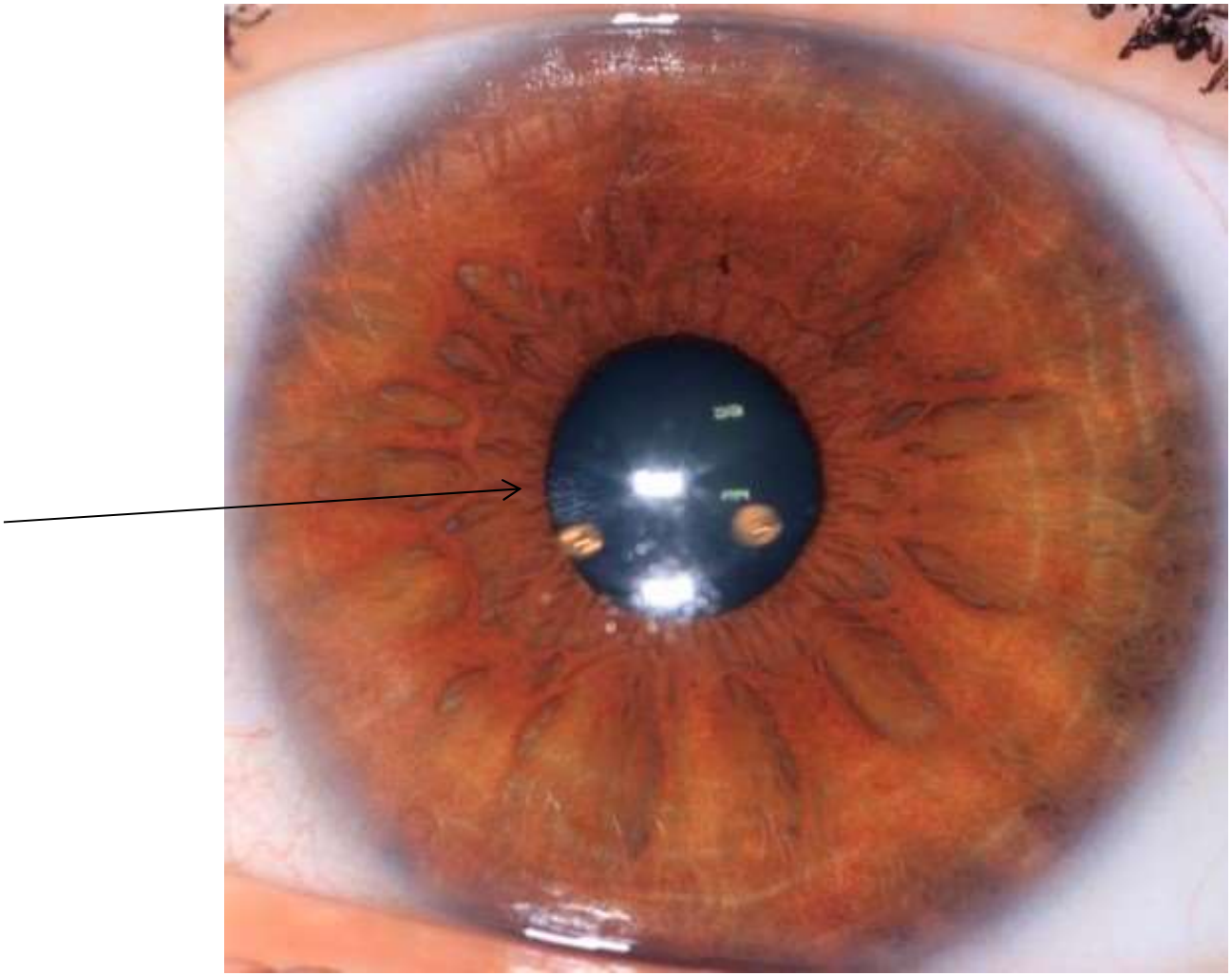

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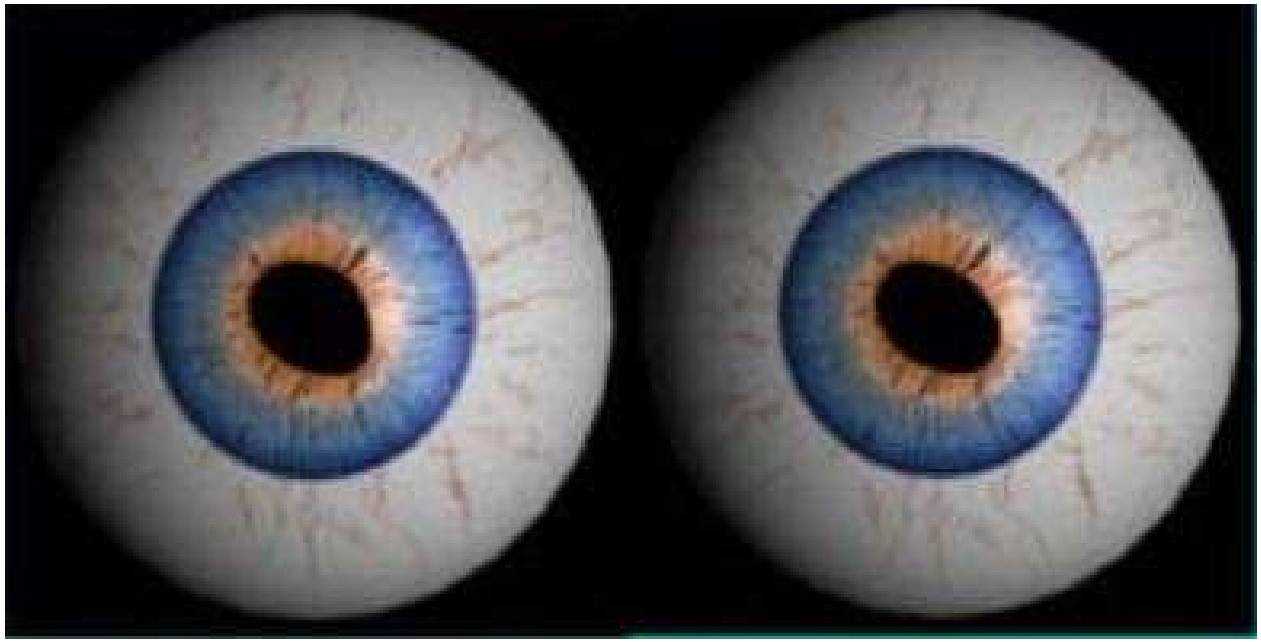

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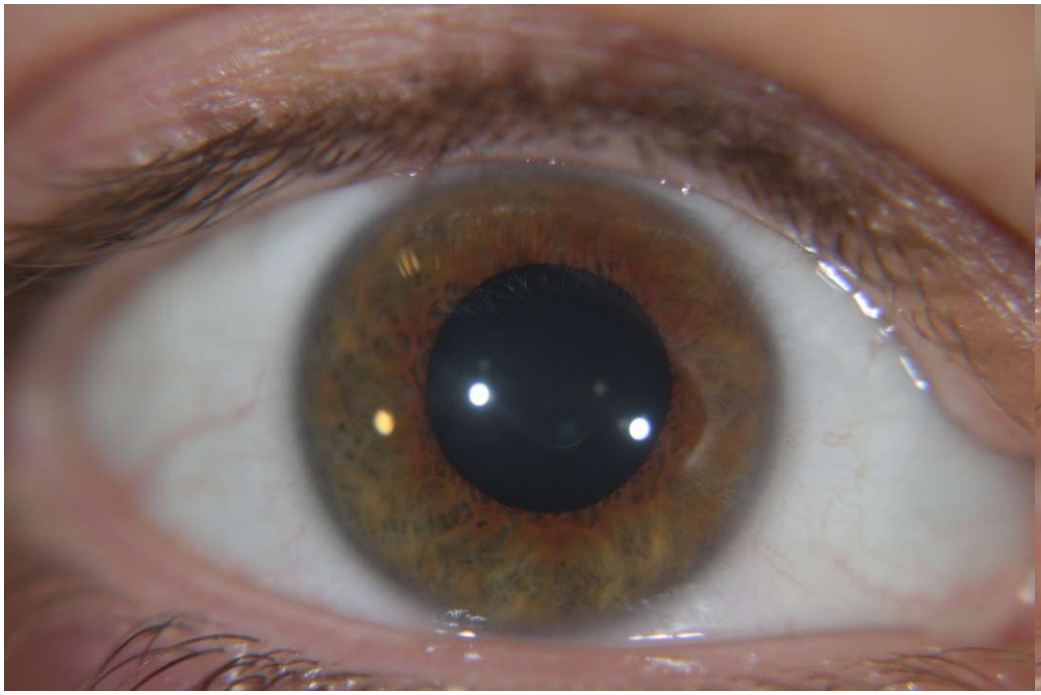

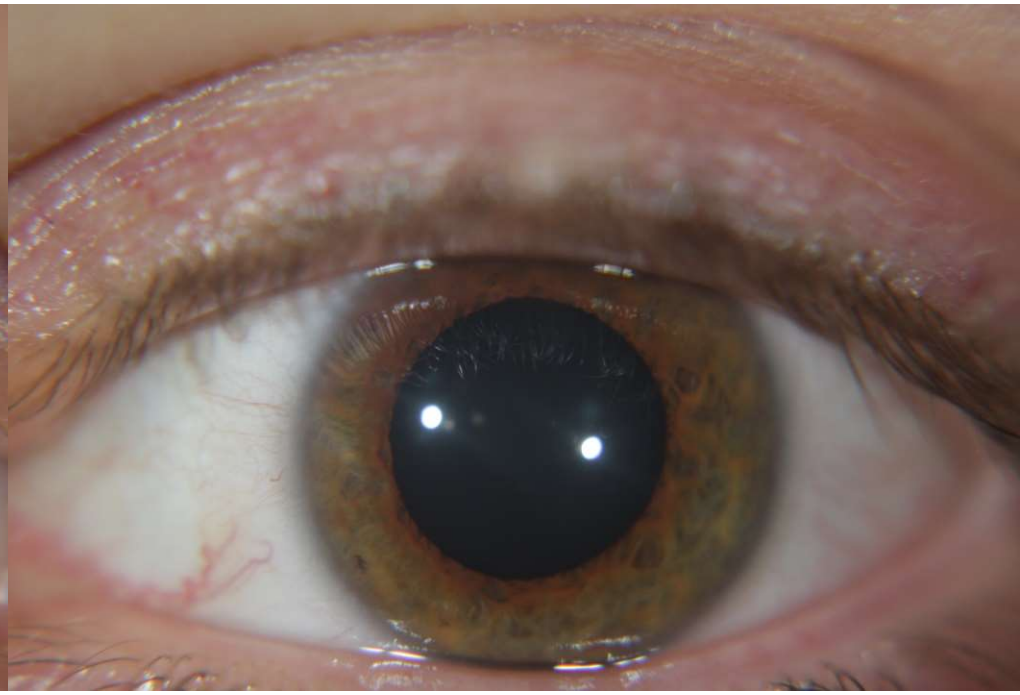

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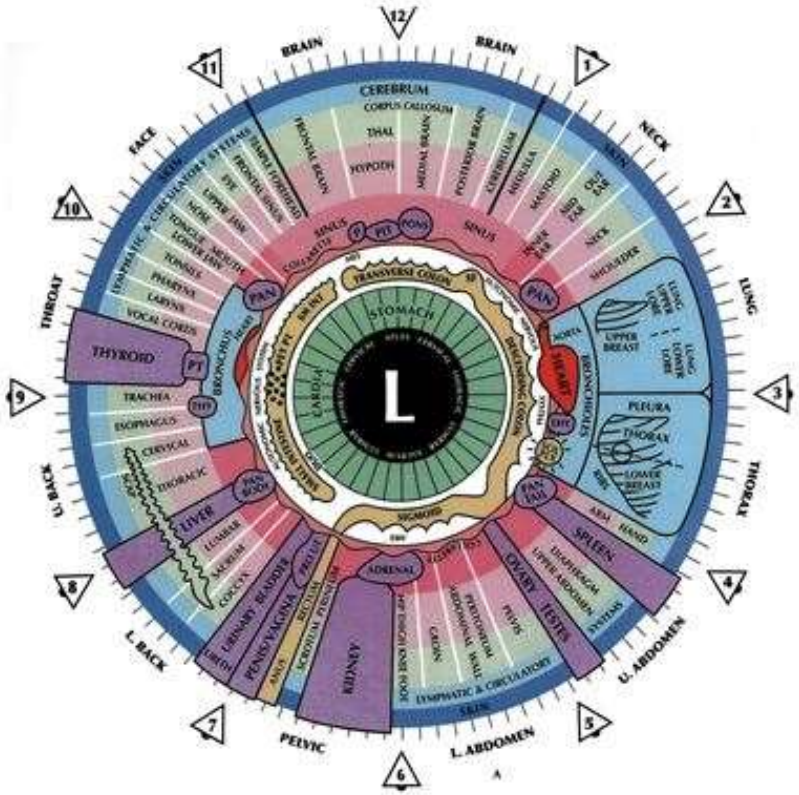
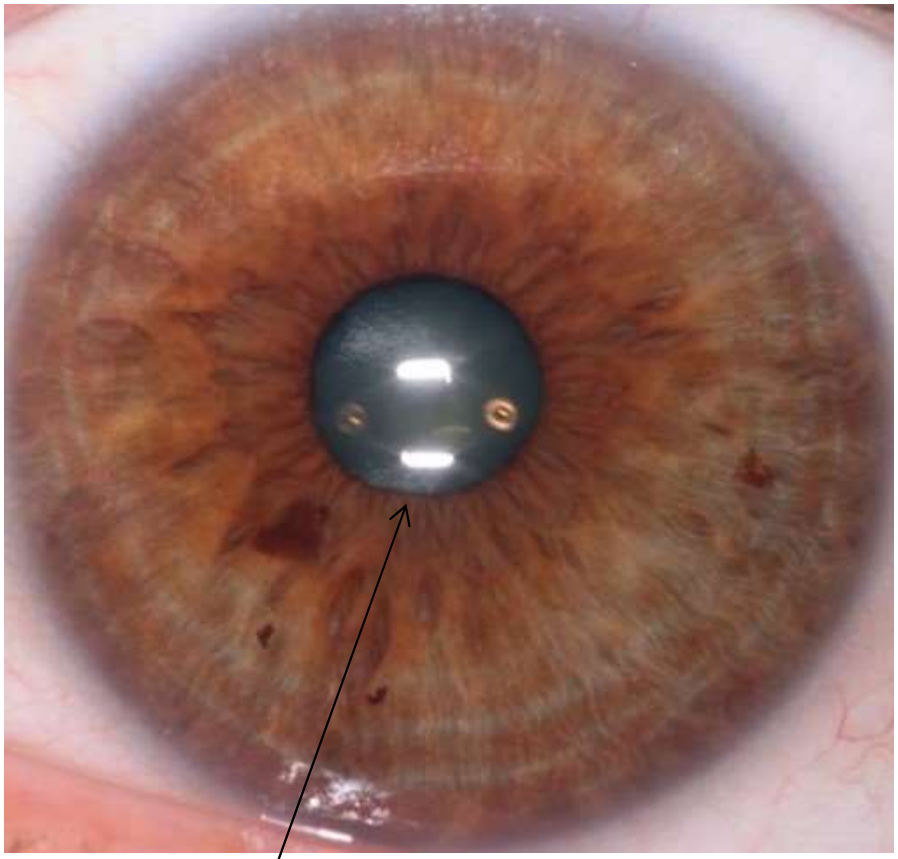
Pupil Tonus Signs

What is this called and what can it mean?





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Pupil Tonus Practice

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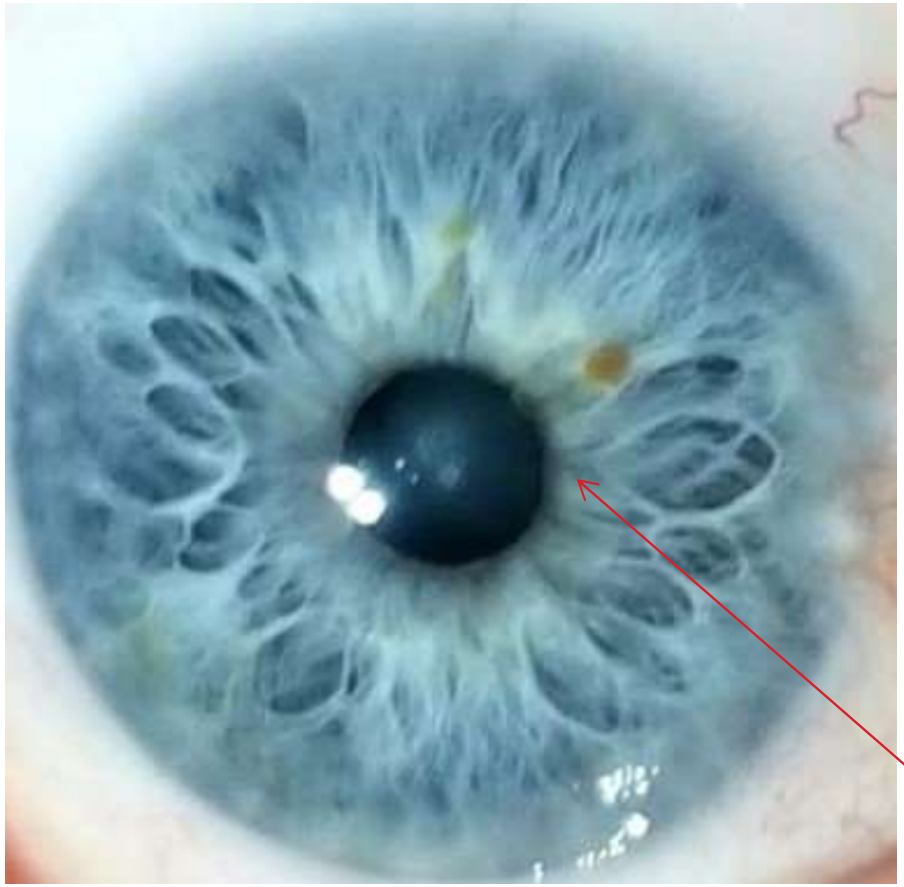

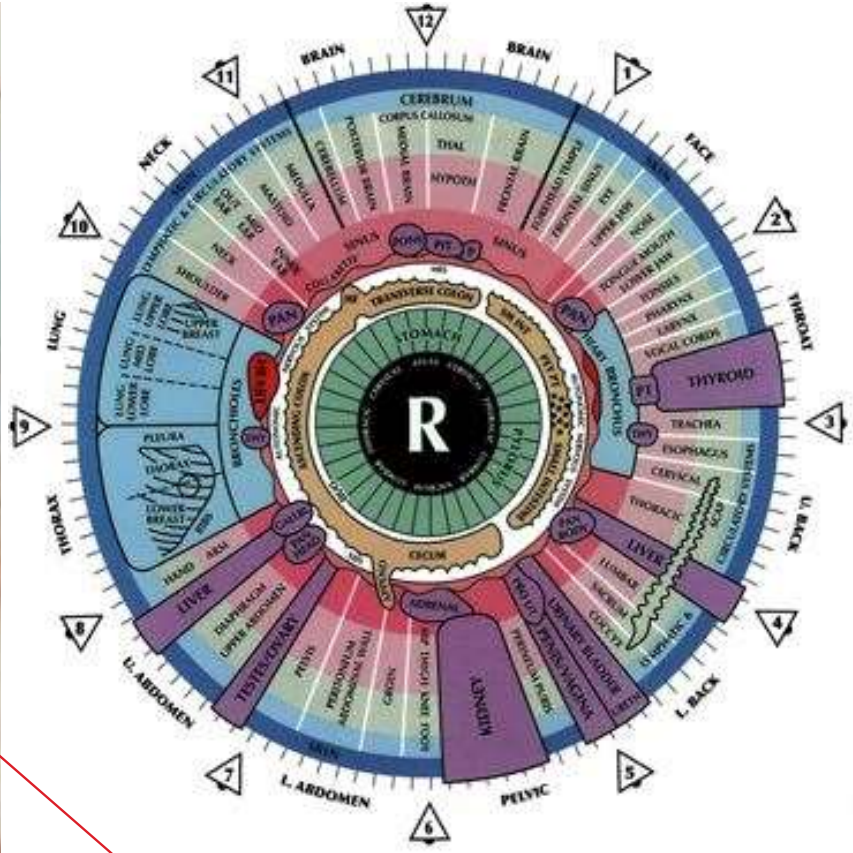

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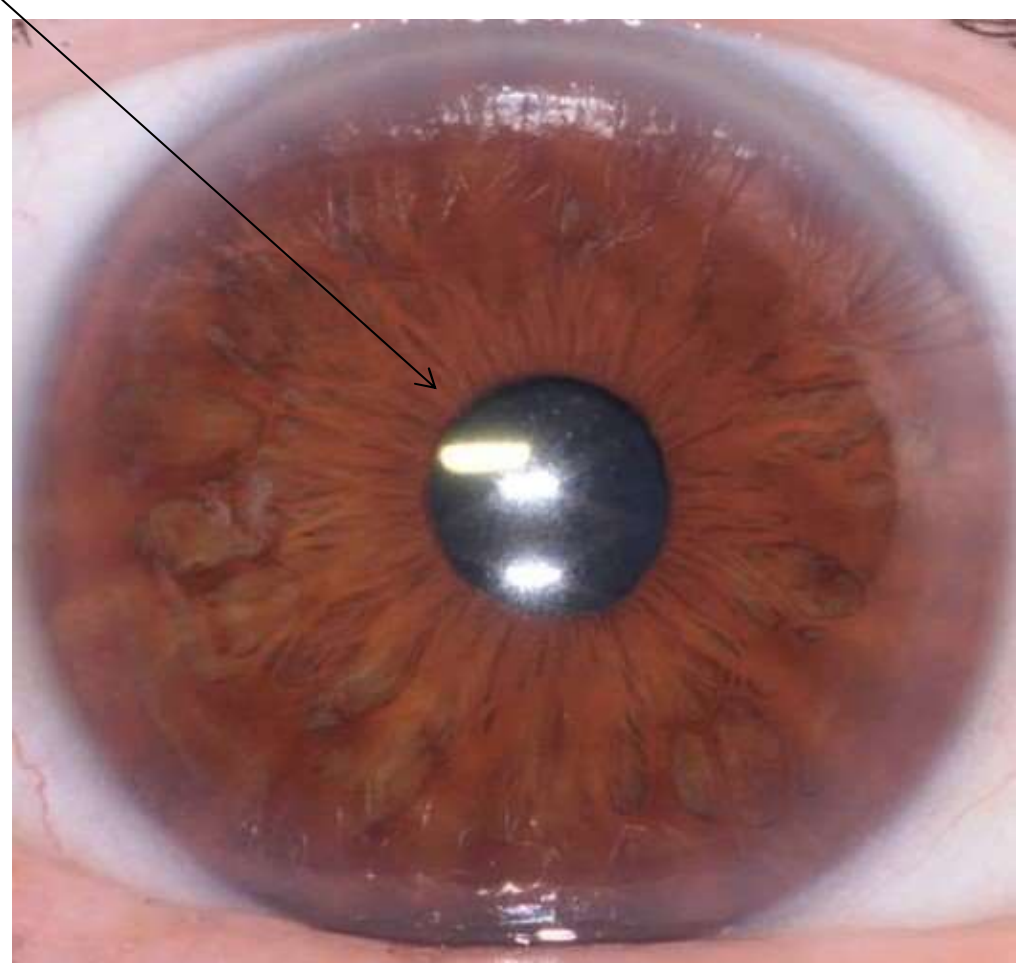

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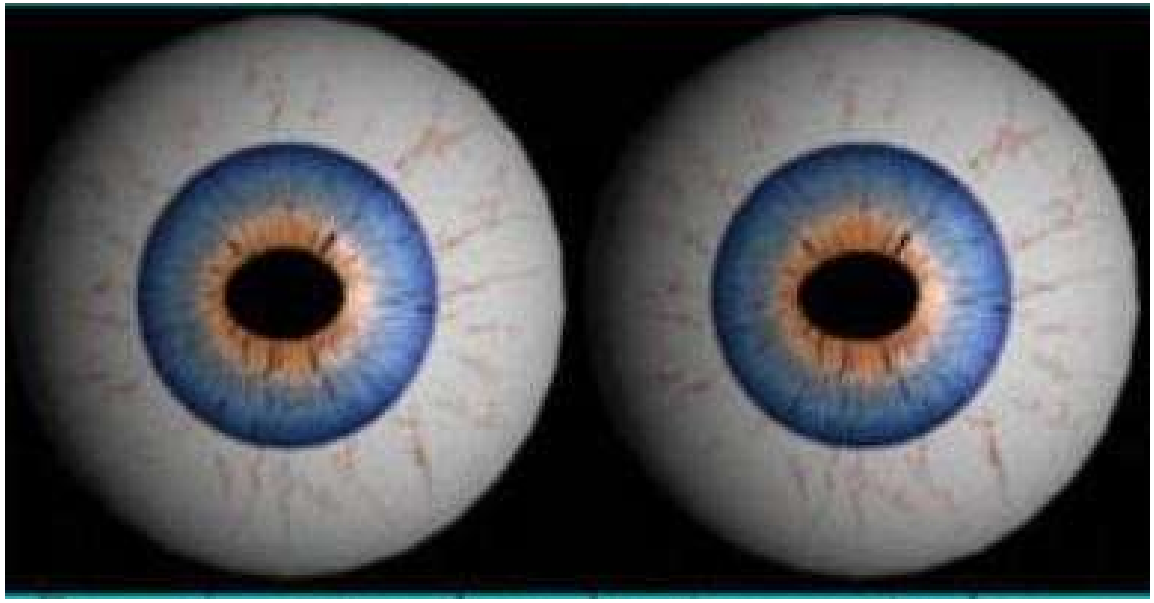

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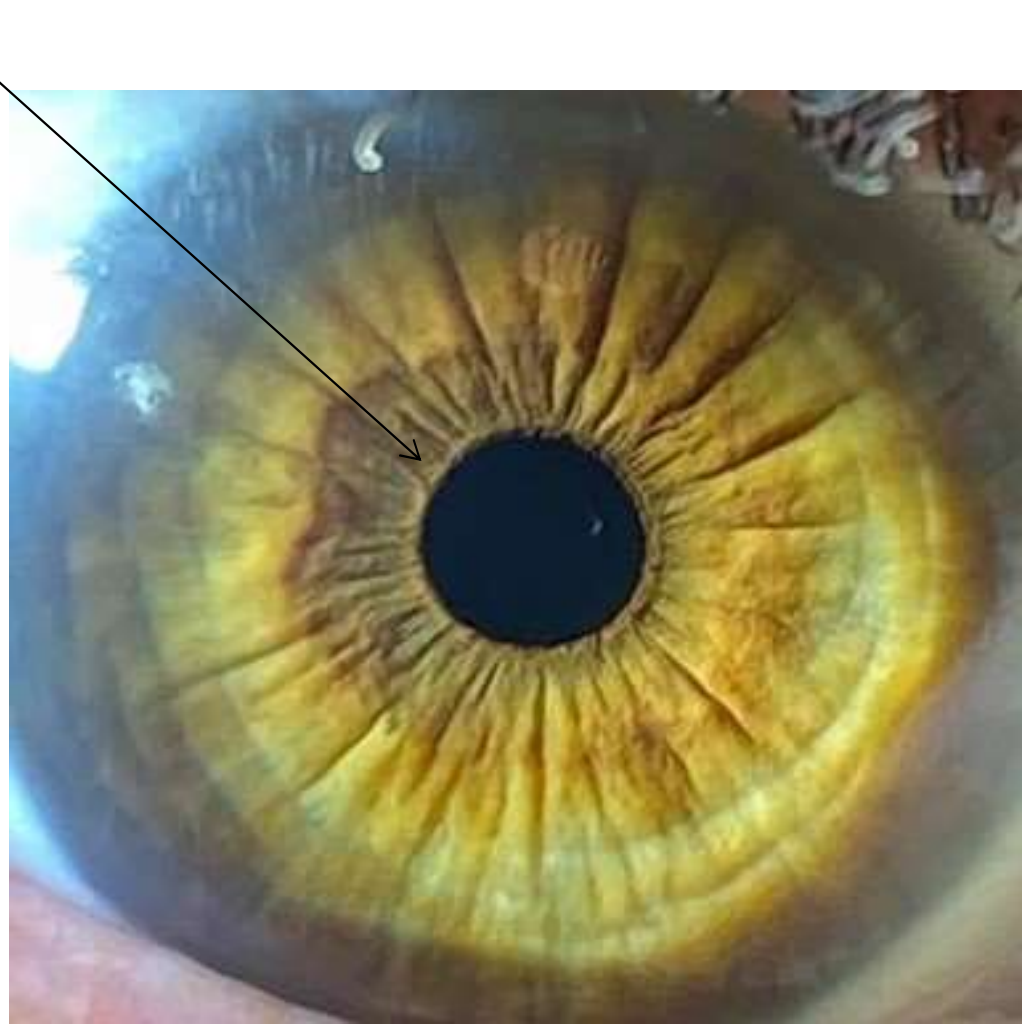

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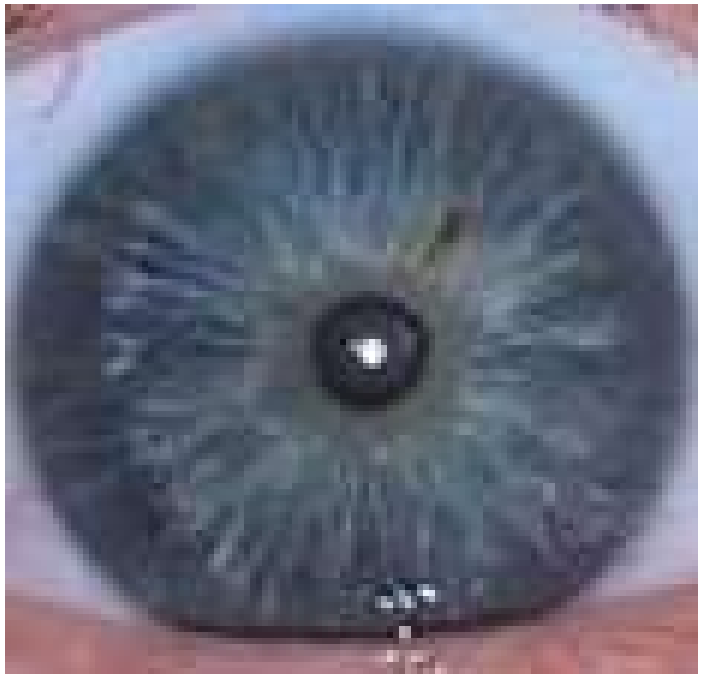

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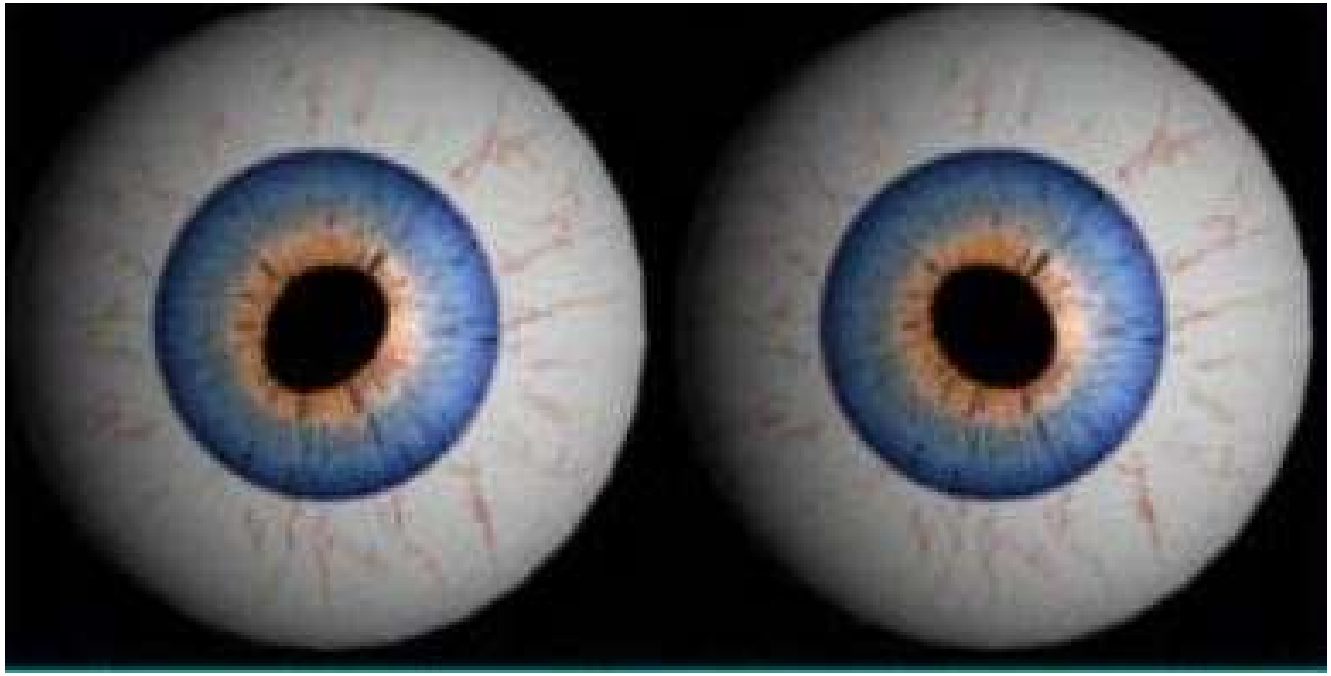

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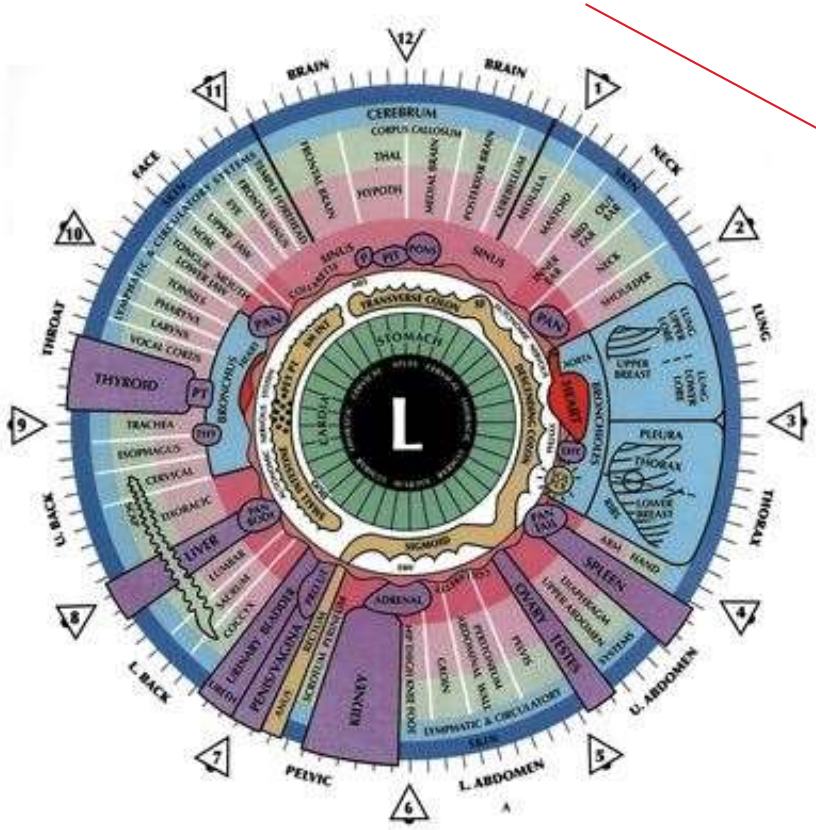

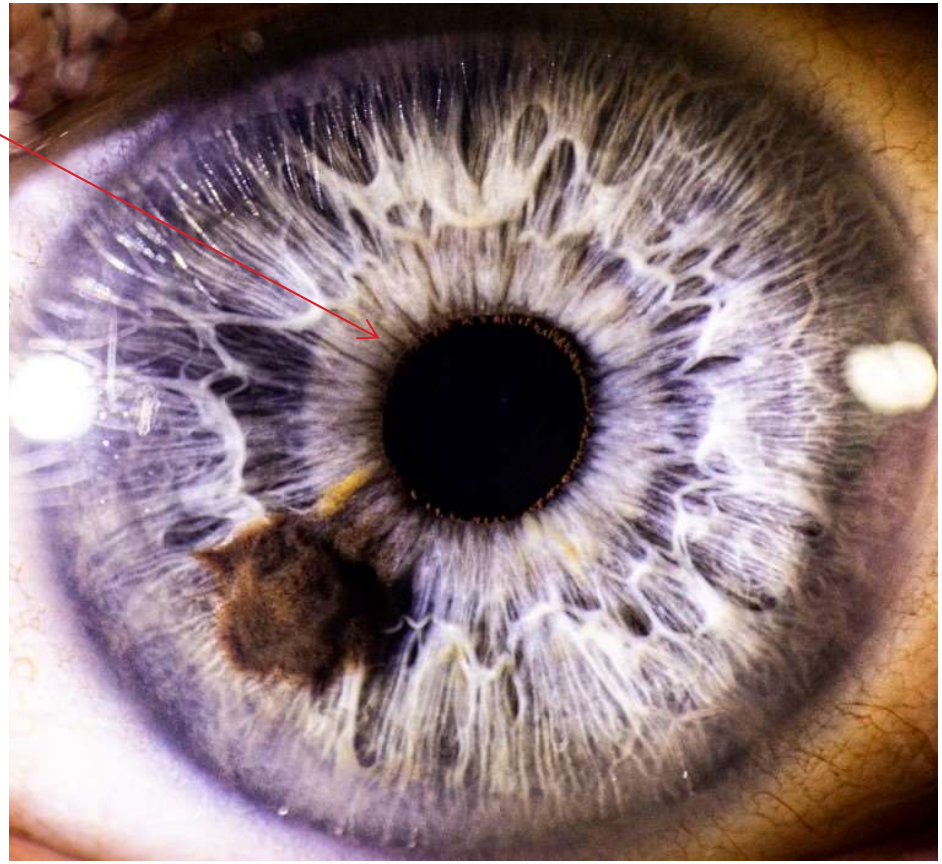

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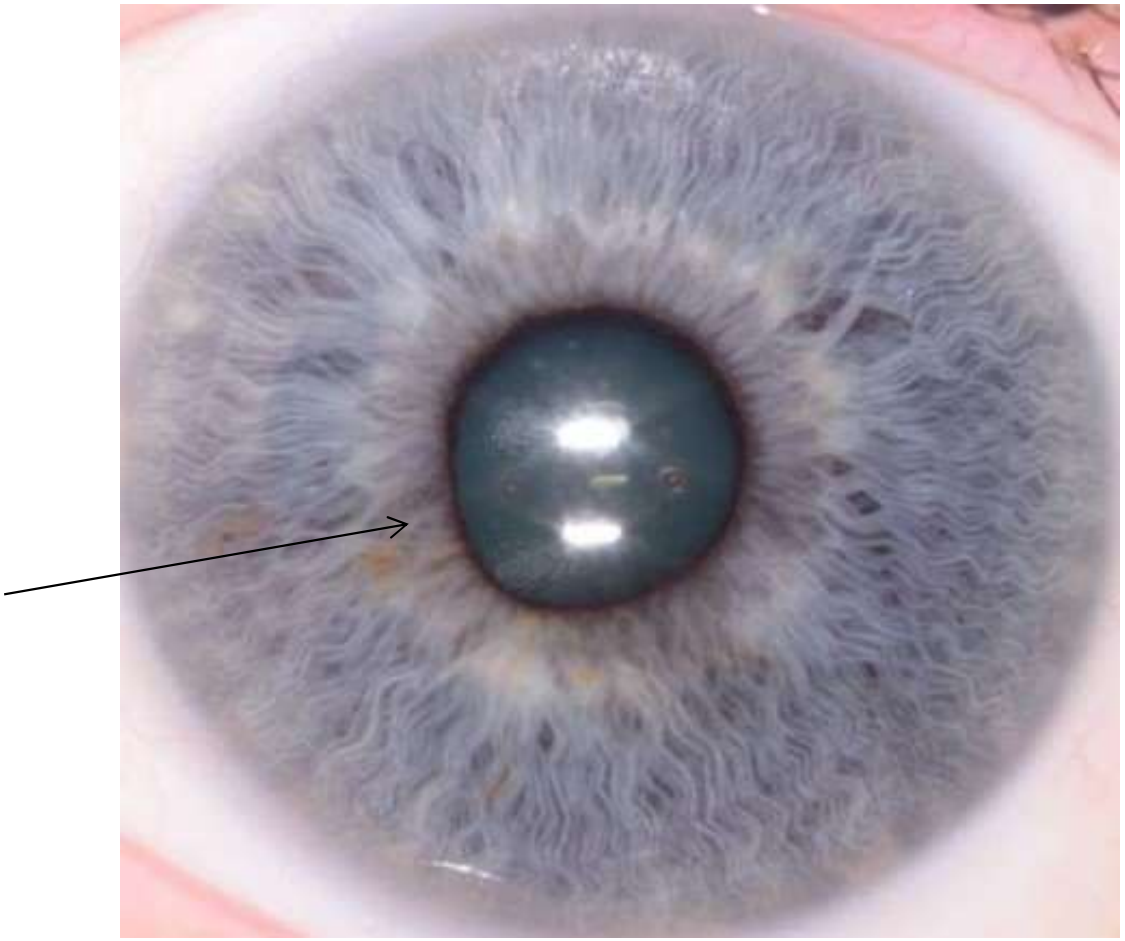

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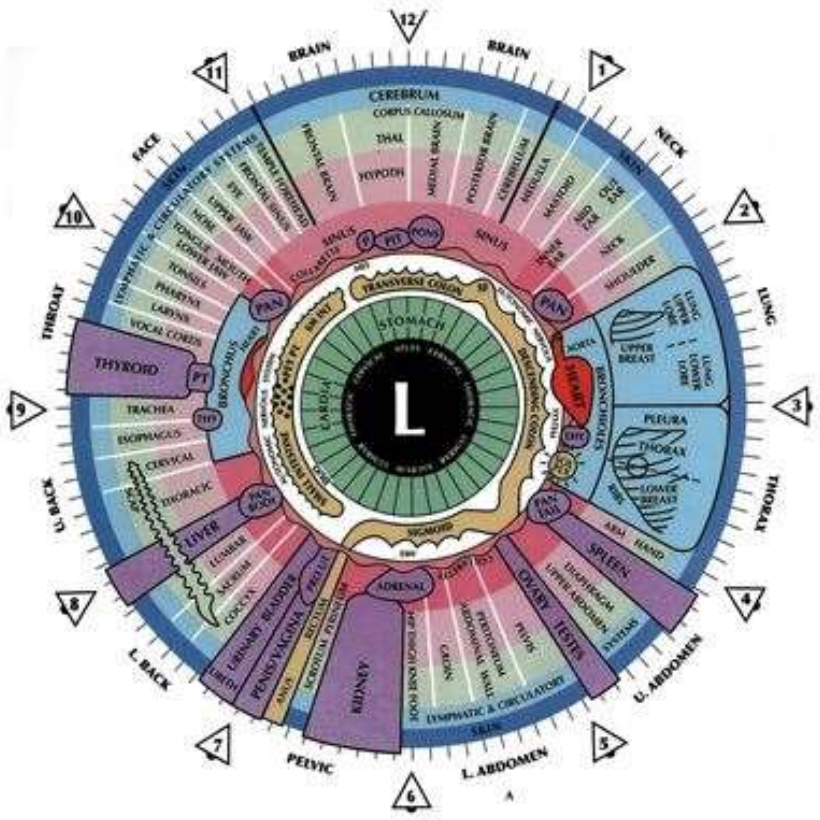

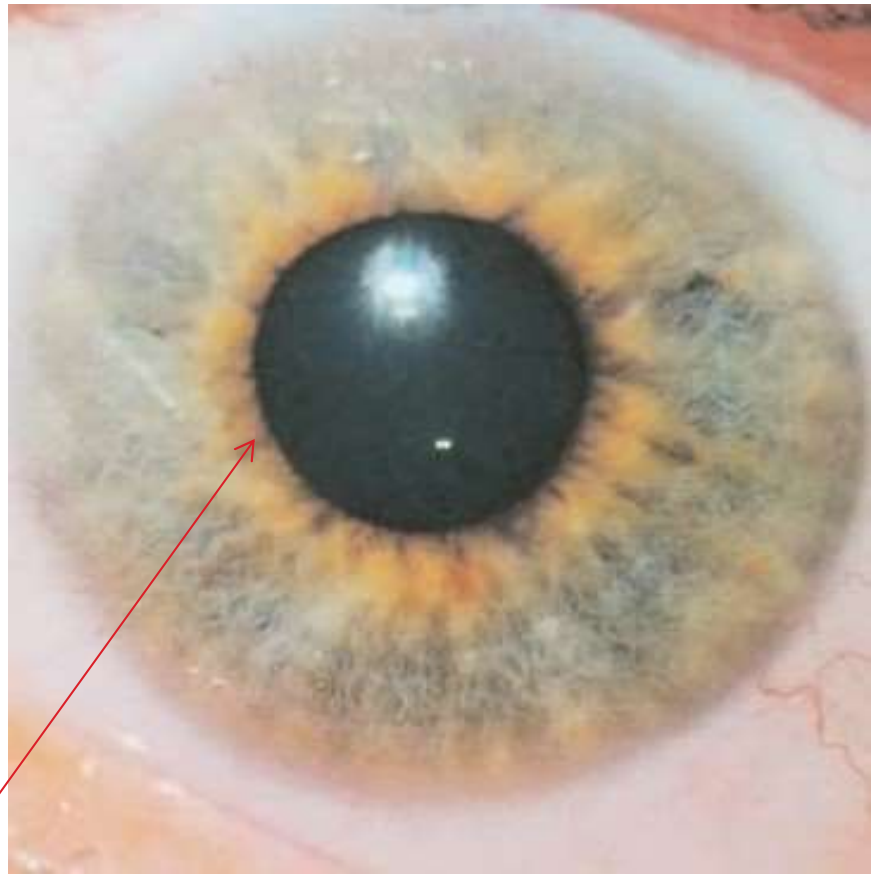

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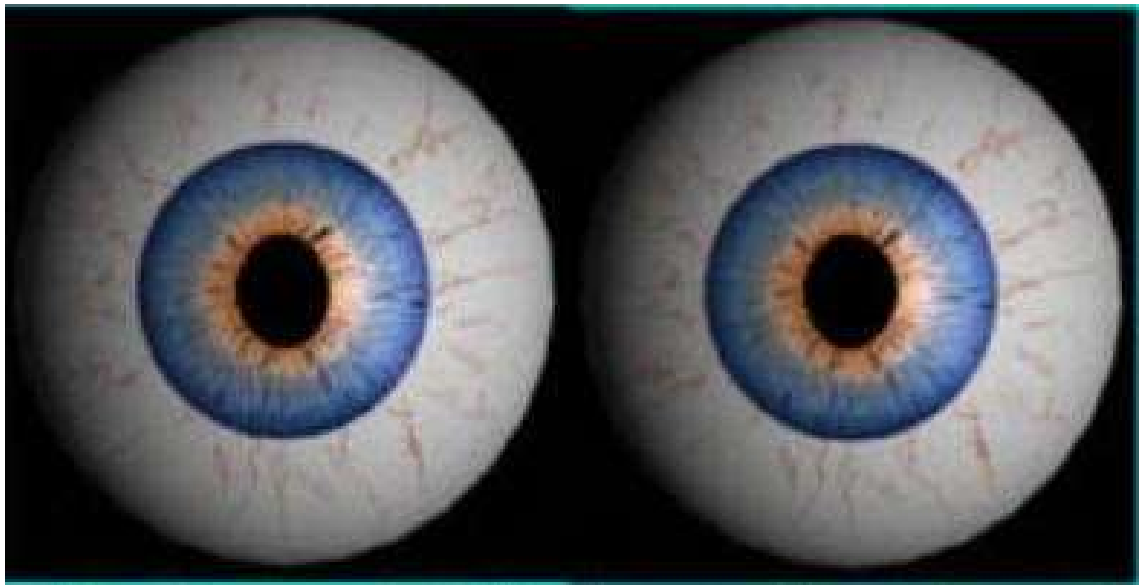

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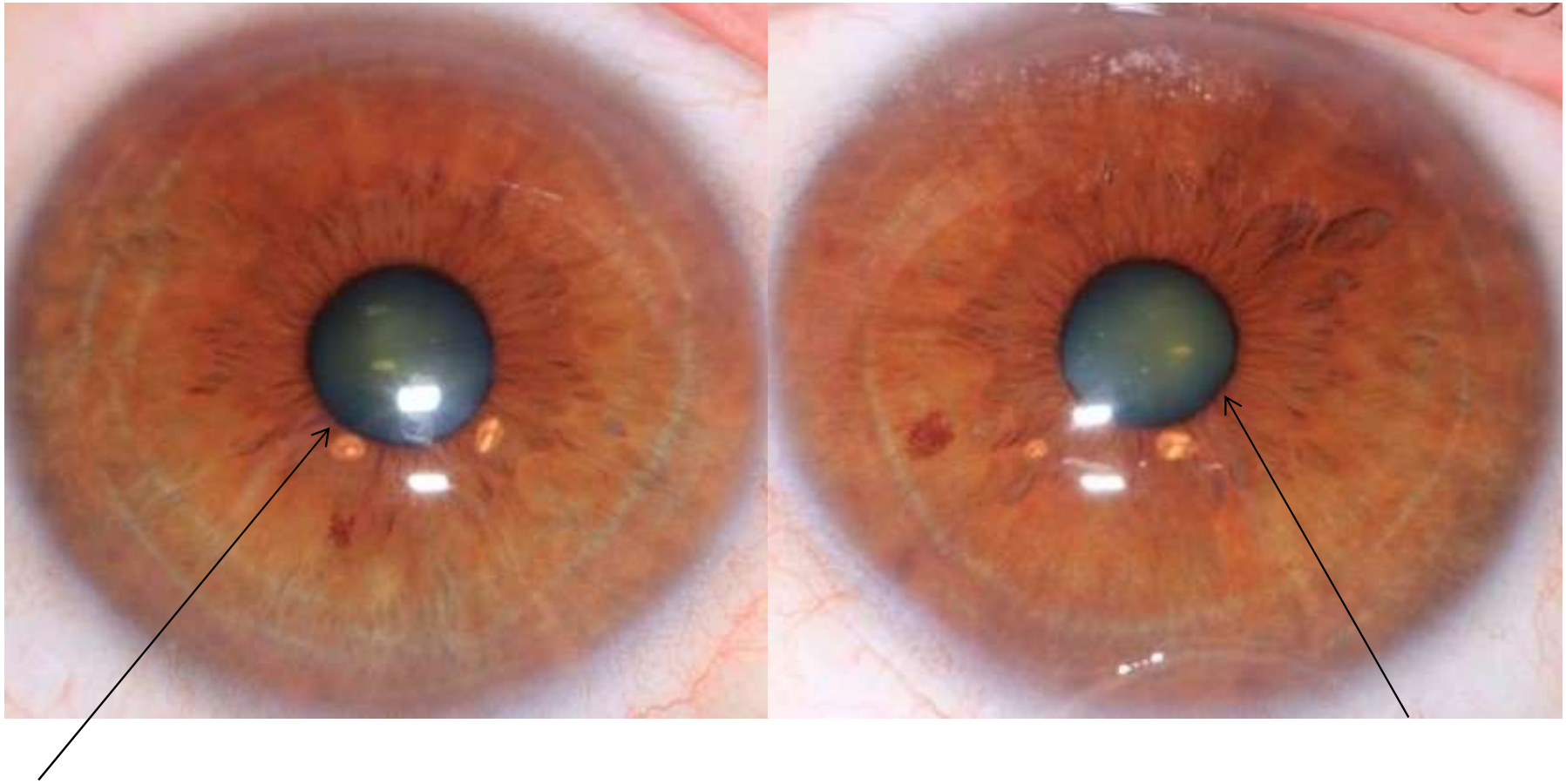

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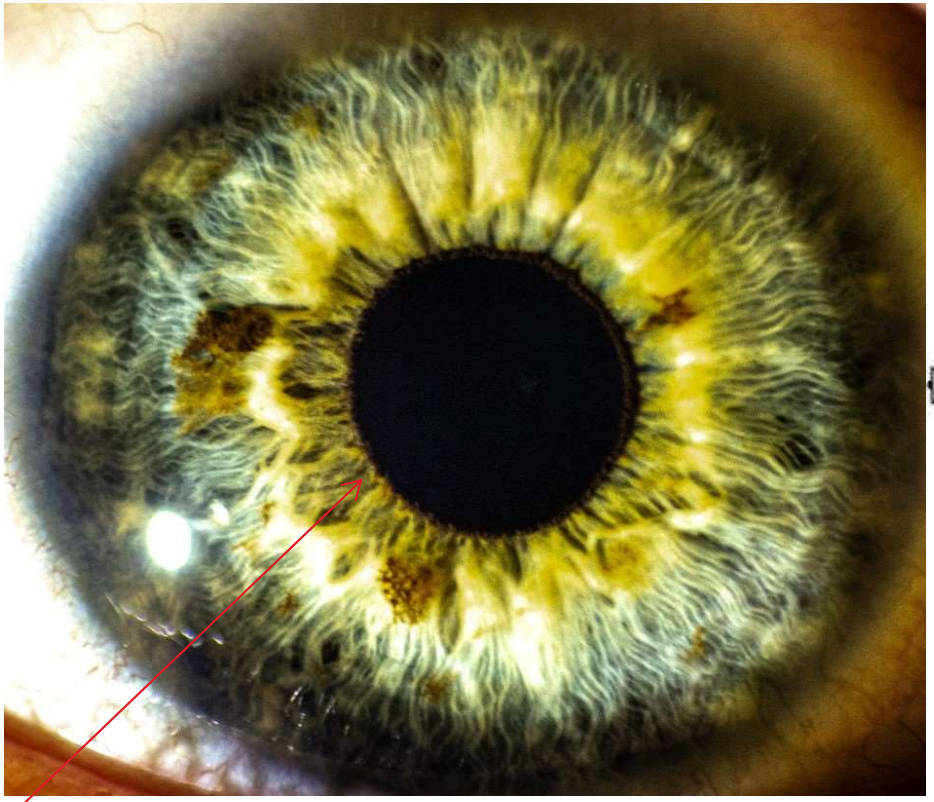

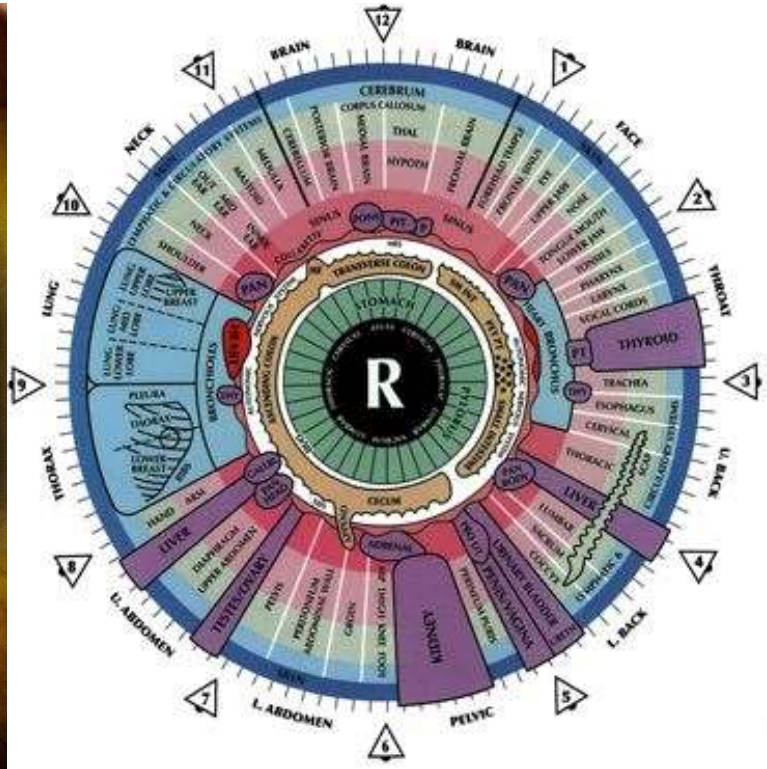

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