



Red Yeast Rice Testimonial

MAILING ADDRESS:
19950 Sun Valley Road
Colfax, CA 95713

PHONE: 530-878-1119, **FAX:** 425-955-4639
E-MAIL: joyful@best.com
WEB PAGE: <http://www.joyfullivingservices.com>

My husband, Franco, has had elevated cholesterol since his late thirties. We believe it is genetic. Mine had always been low until after menopause. We controlled Franco's cholesterol with diet and exercise until his late sixties, when diet and exercise ceased to work.



His M.D. put him on a statin which did work for about three months and then he began to have side effects – leg aches and hardening of leg muscles. The medication was changed and again it did work for a while. Then his numbers began to rise again to 202.

By this time we had heard about Red Yeast Rice and my husband asked our M.D. about trying it. Since he is receptive to alternative medicine, he agreed. I asked about it for myself as well, since my cholesterol had gradually crept up to 218 and he agreed. We took it for three months, watched our diet (ate lots of fish and fiber) and increased our level of exercise.

Franco's total cholesterol went from 202 to 177 and mine from 218 to 200. This has made us believers and we will continue this regimen.

To order Red Yeast Rice go to: <http://www.mynsp.com/generali/index.aspx>