

# Is Cleaning Your Home Poisoning Your Family?

## Improve Your Family's Health by Keeping Your Home "Nature's Fresh"

Just looking at the labels of most commercial household cleaning products is enough to cause toxic shock! The warnings and cautions you see on most of these products should be enough to make any thinking person wary of using them.

The health problems associated with these chemicals include:

- ◆ Neurotoxic effects, which can cause depression, headaches, lack of mental concentration, mental confusion and even symptoms of mental illness
- ◆ Allergic effects, which contribute to allergies and asthma
- ◆ Respiratory irritation, which can cause coughing, sneezing, allergies and asthma
- ◆ Endocrine disrupters, which contribute to infertility, PMS, reproductive cancers and other glandular problems
- ◆ Liver and kidney toxicity



- ◆ Corrosive actions that can burn the skin and eyes
- ◆ Carcinogenic compounds that contribute to the development of cancer

The indoor pollution from these products is not only a hazard to your health, it's also a hazard to the environment. Come to this month's Herbal Hour and learn how to keep your home safer, healthier and environmentally-friendly using Nature's Fresh and other natural cleaning products.

**Join us at this month's Herbal Hour and learn how to keep your home clean the non-toxic Nature's Fresh way**



**Date:**

**Time:**

**Place:**

**For information call:**